

Sara E. Muschkin, MS, RDN, LD

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Education

Case Western Reserve University, Cleveland, Ohio

Graduated December 2016

Master of Science in Nutrition

GPA: 4.0, Summa Cum Laude

The Ohio State University, Columbus, Ohio

Graduated May 2015

Bachelor of Science in Human Nutrition: Dietetics

Minor in Spanish Linguistics

GPA: 3.6, Cum Laude

Professional Experience (CDR #86035184)

University Hospitals Seidman Cancer Center and Rainbow Babies & Children's Hospital, Cleveland, Ohio

Clinical Dietitian, August 2016 – November 2016; September 2017 – Present

- Provide MNT in outpatient clinic for patients with Sickle Cell disease and breast/GU/GYN/lung/brain cancer
- Responsible for nutrition therapy in outpatient pediatric hematology/oncology clinic for ages 0+
- Develop and lead educational cooking classes and seminars for breast cancer patients and survivors
- Coordinate with sales representatives and communicate with DME companies to set up CMNs for patients

University Hospitals Cleveland Medical Center Dietetic Internship, Cleveland, Ohio

Dietetic Intern, August 2015 – July 2016

- Completed 8 weeks in adult medical/surgical rotations at UH Cleveland Medical Center
- Taught a medically supervised weight loss class of 20+ bariatric surgery candidates
- Managed general hematology/oncology floor for 4 weeks while ensuring nutritional care for 40+ patients

Research and Development

Case Western Reserve University Coding Bootcamp, Cleveland, Ohio

- Gained proficiency in HTML, CSS, JavaScript, jQuery, Node, and My SQL
- Received award for "Meet Me in the Middle" built using JavaScript & Google Maps API; voted best project

Academy of Nutrition and Dietetics Outpatient Oncology Outcomes Research, Cleveland, Ohio

Graduate Student Research Assistant, August 2015 – August 2016

- Developed study to document the relationship between proactive and reactive nutrition care in oncology patients
- Collaborated with oncology experts to create a research proposal on the role of the dietitian and disease outcomes

Dr. Carolyn Gunther's Lab: Simple Suppers, The Ohio State University, Columbus, Ohio

Research Assistant, June 2014 – May 2015

- Taught food preparation skills and basic nutrition for children ages 4-10
- Conducted food frequency questionnaires, dietary recalls, and anthropometric measurements

Volunteer Experience

Naturhouse, Madrid, Spain

Intern, April 2017 – May 2017

- Analyzed composition and function of ingredients in dietary supplement formularies
- Standardized nutrition education material for clients based on global dietary guidelines

Project Coordinator, Nutrition Intern, Children's Hunger Alliance, Columbus, Ohio

Summer Feeding Intern, June 2013 – July 2014

- Created 1350 educational nutrition kits for CARES program and homecare providers
- Organized, collected, analyzed and reported data for 15 interns at various sites in the Summer Feeding Program

Local Matters, Columbus, Ohio

Nutrition Instructor, September 2013 – December 2014

- Taught children ages 4-10 gardening techniques, food preparation, and basic nutrition education
- Educated 15 adults about healthy eating practices in a cooking class during the holiday season

Camp Ho Mita Koda, Newbury, Ohio

Nutrition Counselor, June 2013, July 2014

- Created education material with an emphasis on carbohydrate counting for children ages 8-15 with diabetes
- Assisted in regular and gluten-free meal preparation and service for 100 campers and staff

Work Experience

Wesley Glenn Retirement Community, Columbus, Ohio

Dietary Aide, July 2012 – January 2013

- Ensured food safety and provided meals to over 20 residents in the rehabilitation and dementia units

Activities

Oncology Nutrition Dietetic Practice Group, January 2016 – Present

*Proficient in Spanish – Level C1