

**PROFESSIONAL INFORMATION SUMMARY**

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**Office Information**

Arlington, Massachusetts

Phone, voicemail & fax: 888-316-2125

**Professional Credentials**

Ph.D., Clinical Psychology, University of Massachusetts Boston, 1997

Licensed Psychologist Provider, State of Massachusetts, License # 7763

Clinical Instructor in Psychology, Dept. of Psychiatry, Harvard Medical School and Cambridge Health Alliance

**Specialties**

- Assessment and treatment of the effects of child abuse and other major traumas
- Brief consultation to people who have experienced child abuse and their loved ones, including on the recovery process and treatment options (in their communities)
- Teaching on men with histories of sexual abuse, the biology of trauma and PTSD, traumatic memories, recovered memories, substance abuse, meditation

**Therapy clients**

- Men and women with histories of child abuse and other traumas – throughout clinical training and postdoctoral work as an individual therapist
- Late adolescents, college and graduate students – half-time practicum, New England Conservatory; full-time internship, UMass Amherst Health Services; postdoctoral work

**Approach to treatment**

- Stage-oriented trauma treatment model, in which safety, stabilization and healthy self-regulation capacities are the foundations for addressing other issues and needs
- Integrative use of interventions including cognitive-behavioral, psychodynamic, educational, body oriented and Eye Movement Desensitization and Reprocessing (EMDR),
- Comfortable with and respectful toward clients of diverse sexuality, ethnicity, religion and spirituality, and attentive to how these issues interface with treatment and development

**Therapy settings**

2008 to present, private practice in Arlington, Massachusetts

2004 to 2007, private practice at McLean Hospital office

2002 to 2004, private practice at 240 Concord Ave., Cambridge

1999 to 2003, fee-for-service clinician, The Trauma Center, Arbour Health System

1994 to 1996, Co-leader of group for male survivors of sexual abuse, Victims of Violence Program, The Cambridge Hospital, a teaching hospital of Harvard Medical School

1991 to 1997, half- and full-time internships and post doctoral fellowships, see “Clinical Training” on CV

1988 to 1991, group and milieu therapist, Day Hospital of Massachusetts Mental Health Center, a teaching hospital of Harvard Medical School

Please see curriculum vitae for additional information on education, clinical training, professional memberships, academic affiliations, etc.