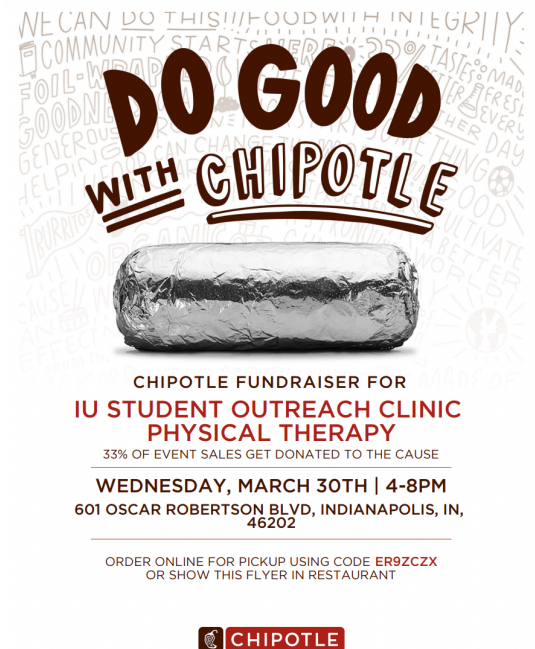




The Monthly Follow-Up

Clinic Updates

- SOC apparel is HERE! Pick up at Ruth Lilly Medical Library: Thursday, March 17 (tomorrow), 9 am to 4 pm & Tuesday, March 22, Ruth Lilly Medical Library, 12 pm to 8 pm.
- We have several students from IUSOC Medicine, OT, PT, and Women's Health presenting at the National Society for Student Run Free Conference next weekend. Make sure to follow @iu_soc on Instagram to see students in action at the conference!
- Women's Health PT clinic days are on April 2nd and April 9th - please refer patients!
- Follow PT's social media! Instagram - @iupt_iusoc and @uindypt_iusoc; Twitter - @iupt_iusoc
- Grab dinner at Chipotle on March 30th (between 4-8 PM) to support IUSOC! More details on flyer.



For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.

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What IUSOC Means to Me...

"The SOC impacted every piece of my journey to become a doctor. I not only learned so much about barriers to health and patient advocacy, but also (hopefully) became a better person learning from my incredibly empathetic, kind, selfless colleagues who showed me what it really means to be a caring leader. As I move on in my training journey, I hope to continue the culture of compassion that the SOC so vibrantly carries." - **Maria Khan (2021 Vice Chair, future Med-Peds physician)**



"My experiences with the SOC have entirely shaped how I want to practice medicine and the types of people I want to surround myself with. Over the past four years, our neighbors and volunteers have pushed me to become the best version of myself, inside and outside of medicine. I feel incredibly lucky to be a part of this community that has taught me humility, patience, and kindness." - **McKenzie Barber, (2021 Operations Chair, future OB/GYN)**

Congratulations to all of our MS4s matching this week!

We are immensely grateful for your fearless leadership, friendship, love, and support over the years. Your residency programs are so lucky to have you and we will miss you so much at the IUSOC and IUSM!



Alumni Spotlight

MELANIE WISEMAN, MD

Positions held: 2016 Women's Health Chair, 2017 Operations Director

Where are you now? Internal Medicine Board Certified Attending Physician and Chief of Residents for Internal Medicine Residency in Bethesda, Maryland

Melanie's advice for students: Do less, but better.

How have you taken your SOC experiences into next steps of training?

The interdisciplinary approach to patient care used at IUSOC helped me develop important skills and values that I have carried with me throughout my medical training and career. My experience at IUSOC taught me to listen aggressively. Prior to learning this concept, I would often be planning what I was going to say next while others were talking, and I often missed much of their message. I wasn't closely observing body language, paying attention to tone, or thinking thoroughly about the words they were saying. IUSOC helped me to develop and practice the skill of listening aggressively – to my patients, but also to my colleagues and neighbors. Every member of the team brings a unique perspective, innovative ideas, and different passions. Leading at IUSOC helped me to learn the value of multiple viewpoints and mindsets working towards a common goal. It taught me about compassionate leadership. To lead others effectively, you must care about them. To care about others, you need to get to know them. I lead more than 70 IM residents now as chief of residents. My co-chiefs and I developed a new communication curriculum for our IM residents that focuses on teaching communication tools to help physicians navigate difficult conversations with patients and families.

So much of what we do as doctors and leaders revolves around communication, though it often makes up so little of our formal training.

SOC Partner: Dermatology

Dermatology SIG is excited to be one of newest partners at SOC this academic year! We conducted a needs assessment last year to determine disparities in dermatologic care. Barriers included lack of knowledge and low perceived risk of skin cancer. To address this disparity, we provided educational resources and free sunscreen, and recruited Spanish interpreters to increase awareness of skin cancer prevention and promote healthy behaviors. In November, twelve volunteers signed up to educate neighbors about the ABCDE's of melanoma and the importance of sunscreen.

In preparation for establishment of Skin Clinic, four faculty and two resident physician volunteers were recruited to provide full body skin exams. We are working with Eskenazi faculty to create referral forms to establish continuity of care and perform a skin biopsy if neighbors have a suspicious mole or lesion on skin exam. We will provide "Dermatology Days" to neighbors every six months and monitor progress. While we are eager to open Skin Clinic in 2022, creating a solid infrastructure and making sure all bases are covered prior to opening date is necessary to provide high quality care to neighbors.

SOC Partner: Dermatology

"I remember one neighbor was concerned about her risk of melanoma given her history of basal cell carcinoma of the eyelid. She gave me the idea of providing free sunscreen to neighbors since she mentioned that high SPF sunscreens were costly. It has been a joy to serve our neighbors and keep them with healthy skin!"



Alejandra Méndez
Skin Clinic Chair



Sara Garcia-Dehbozorgi
President

"Unfortunately, underserved patient populations are at a higher risk of late stage melanomas due to multiple factors including lack of access to dermatology services. Our goal is to provide education and increase access to these services to help change this."

"While spending time at the SOC spreading melanoma awareness, many of the patients expressed how they really wanted further evaluation of their own skin. This makes me really excited for what the Skin Clinic will have to offer!"



Nudar Bhuiya,
Melanoma Awareness Chair

SOC Partner: Dermatology



Erica Aukerman,
Vice President

"It was a joy spending time getting to know our neighbors while they were waiting to get brought back. They seemed genuinely interested in learning more about the importance of skin protection and performing self-exams. A few people I spoke to had previously had pre-cancerous moles removed so they were very aware of the risks associated with skin cancer. I'm so glad the relationship between the Skin Clinic/SOC is forming and I can't wait to watch it continue to blossom and eventually be able to provide actual skin cancer screenings at the SOC."

"I was surprised to hear how many people thought that they didn't need to wear sunscreen. It is so fulfilling to provide sun safety information and help out members of my community!"



Taylor Schaetzle,
Secretary

Thank you for advocating to increase skin care resources and raise melanoma awareness, dermatology!

Ways to get Involved!

- Sign up to volunteer at comet.soic.iupui.edu
- Follow us at **iu_soc** on Instagram
- Make a donation to our Venmo (**IUSOC**) to contribute to our EMR, clinic phone, and medical supplies fund!

We are currently building a new clinic to be able to serve more in our community with the goal of expanding our operations from 1 day to 4 – 6 days a week! Learn more about our future space at **compassionclinics.org**

Have a story you would like
featured in a future newsletter?
Share using the QR Code!



Email us at iusoc@iu.edu with any questions!