



The Monthly Follow-Up

From the Chair's Chair: The Year Ahead

Jason Kabir

Thank you, thank you, thank you. To borrow words used by Jim at the end of every morning huddle at Saturday clinic, let these be my first words to you of 2022. Thank you to those of you who stuck with the SOC in 2021 as we reimagined the clinic in many ways. We faced many challenges but overcame them with the strength of our community. Thank you to those of you who supported the clinic in years past to get us where we are today. We now stand on the shoulders of your work to improve the care of our neighbors and the learning environment for our students.

Thank you to those of you who look forward to volunteering at the SOC for the first time in 2022. I can't wait to see the impact you'll have. Thank you for giving your love and talent to this neighborhood we all care for so much.



From the Chair's Chair

JASON KABIR

I challenge each of you to expand upon the ways you serve our neighbors this year. Whether you see yourself as a doctor or not, that is how our neighbors see us – as their doctors. With that comes great responsibility. Our neighbors put a lot of trust in us, so take ownership for the care you provide them. Remember that for many of our neighbors, if you don't advocate for their health and wellbeing, no one else will. Let that drive the work you do for our neighbors.

While we put our neighbors first with everything we do at the SOC, let's not forget to take care of each other this year as well. The work we do is not easy. There is no shame in asking for help or turning to a friend if you ever feel overwhelmed, frustrated, or disappointed. You never have to look far within the SOC family to find someone who cares, and know that you can always find a listening ear on me. Let's also not forget to share in our joys together this year. I hope that we can all grow together as providers, advocates, leaders, and educators this year.

I am filled with hope as we begin the new year together at the SOC. I am inspired by the work put in daily by our incredible executive board, team members, and volunteers. Whether it be spending several hours to get a neighbor connected to a resource they need or simply calling to check in with neighbors, the incredible work you do is noticed and felt by the community. I could not be surrounded by more outstanding individuals, and I am excited to support you and work alongside you in our endeavors this year. Thank you, thank you, thank you.

Alumni Spotlight

SHAE JANSEN

Positions held: 2018 & 2019 Education Co-Chair

Where are you now? OB/GYN Resident at IU School of Medicine

How have you taken your SOC experiences with you into next steps of training?

The wisdom Pastor Jim shared in his weekly introduction shaped the trajectory of how I build relationships with patients. Jim encourages us to exchange stories with our neighbors – to listen to one of their stories and share a story in return. This rhythm of sharing stories fosters relationships that allow us to learn about our patients' values, priorities, barriers, and injustices. Our SOC neighbors taught me to ask my patients better questions, listen more carefully, create health care plans that prioritize patients' values, and identify ways to advocate for bridging gaps in health care journeys. While meeting patients in residency, I am often reminded of our neighbors' stories, and thank them in my heart for what they taught me.

Shae's advice for students:

Meet each neighbor with a mission that you have something to learn from them.

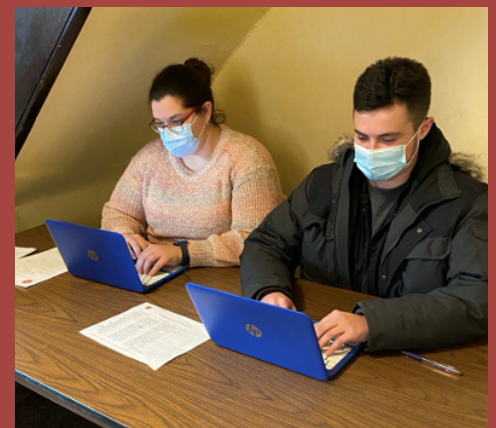
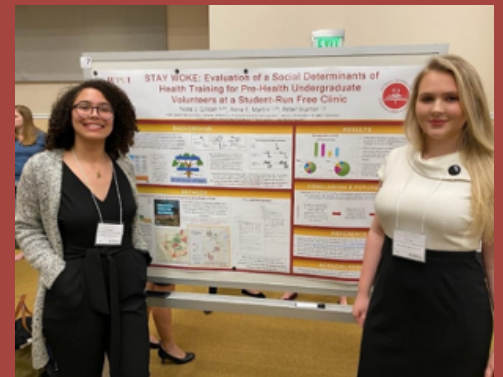




VIDA (Volunteer Initiatives Domestic and Abroad) Health Partnerships forms IUPUI's largest undergraduate university student organization and contributes on behalf of the IUPUI Student Foundation. VIDA volunteers, majority of whom are pre-health profession students, operate front desk registration weekly at the SOC. This entails collecting and recording patient information on the EMR system and the clinic-wide spreadsheet to track patient intake and clinic flow. Often making the first interactions, we continually strive to provide a warm welcome to all neighbors with positivity, kindness, and respect.

Our experienced Clinic Managers (CMs) ensure VIDA efficiently carries out our front desk duties and frequently collaborate with all partners at clinic, particularly Nursing and Medicine CMs, to help direct and connect neighbors to the appropriate health partner based on their needs. VIDA's involvement also extends outside the clinic. For example, VIDA SOC leaders have designed multiple research projects, such as a Social Determinants of Health training in 2020, and a virtual Health Literacy and Disparities intervention in 2021 for VIDA volunteers, which were presented at forums including the SSRFC and the IU School of Medicine Education Day.

Upon VIDA's post-COVID transition back into clinic, our role evolved to include a new patient check-out system that was developed and implemented in collaboration with Medicine in October 2021. This initiative significantly expanded VIDA's involvement at the IU-SOC each week both in time and number of staffed volunteers. This system is also continually evolving to help bridge gaps more effectively in patient flow, such as collecting missing patient information and connecting neighbors to any partner or service they needed before leaving the clinic. Additionally, VIDA has been working on an ongoing project to track check-in and check-out times to help evaluate patient wait times in collaboration with Medicine and Nursing partners.



Thank you for all you do to help ensure that clinic runs smoothly, VIDA!

Ways to get Involved!

- Sign up to volunteer at comet.soic.iupui.edu
- Follow us at **iu_soc** on Instagram
- Make a donation to our Venmo (**IUSOC**) to contribute to our EMR, clinic phone, and medical supplies fund!

We are currently building a new clinic to be able to serve more in our community with the goal of expanding our operations from 1 day to 4 – 6 days a week! Learn more about our future space at **compassionclinics.org**

Have a story you would like
featured in a future newsletter?
Share using the QR Code!



Email us at iusoc@iupui.edu with any questions!