



The Monthly Follow-Up

Election Results

Thank you to all who participated in our recent election! We had many amazing candidates this year, and we are so excited to introduce the 2022 IUSOC Medical Executive Board. Congratulations everyone!

Chair: Jason Kabir

Vice Chair: Mary Ann Etling

Chair-Elect: Olivia Bednarski

Vice Chair-Elect: Molly Frank

Operations: Aubrey Kenefick

Continuity of Care: Jon Class

Continuity of Care: Cynthia Wu

Finance and Fundraising: Myranda Grismore

Education: Christina Salgado

Education: Joey Ballard

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Marketing & Promotions: Amira Nafiseh

Records & Administration: Gunnar Goebel

Supplies: Paul Sohn

Community Relations: Nida Khan

Volunteer: Chloe Wahl

Women's Health: Lucy Brown

Women's Health: Tanvi Asthana

Research: Nirupama Devanathan

Quality Improvement: Mahmud Sam

Clinic Updates

- Pharmacy provided flu shots this past Saturday! Our Butler College of Pharmacy partners are always aiming to provide free medicines and vaccines to provide evidence-based care to our neighbors.
- Physical Therapy will be hosting their first Women's Health & Pelvic Floor PT day on 12/11.
- Law is back! They will be in the upstairs library and are happy to take neighbors for a variety of legal issues, from immigration, expungement, healthcare, and more.
- We continue to have monthly Ophthalmology and Psych/Mental Health days. Soon, we will also have Dermatology days! If anyone is interested in establishing new partner/specialty days, please reach out to the SOC Vice Chair at vicechairiusoc@gmail.com.
- Please make sure all neighbors are checking out with VIDA (undergrad volunteers) before they leave the church!
- We will be closed on Thanksgiving Saturday (11/27), Christmas Day (12/25), and New Years Day (1/1) will have limited capacity operations.
- SRFC Abstract submissions are open until 12/12. If student volunteers have specific write-ups they'd like to submit, guidelines are [here](#) and they should reach out to Eric Aksu for coordinating submissions and more information.



Words from Jim

There has been health care available for most people in Indianapolis all my life. Yet, needy people will not go where they don't feel welcome. Rights and responsibilities fade away when those who are in need of help feel shamed for their poverty, ignorance, illiteracy, or inability to show up in a timely manner. When Neighborhood Fellowship first began in 1996, most of us in the church already had a poverty background. We all could tell you the names of the best and worst clinics in the city. They were not ranked in our hearts on competence or outcome. They were, and still are, seen in the light of compassion, relationship, and how one is treated by the waiting room staff. So, the people of Neighborhood Fellowship and my neighbors carry the weight of not fitting in. We feel this burden because of our inability to measure up. Real or imagined, whatever standard we think is demanded is too high. We are demoralized. With that weight, many of my neighbors would allow their chronic conditions to become acute. Those neighbors would seek help, relief, or a ride from people in the church. Off we would go to the emergency departments. Only in the emergency was it worth marching past the stares of the security guards, guard dogs, secretaries, and other despondent patients that observed and even slowed our entry.

We would think "other communities don't have these obvious safety amenities." "Who are they protecting?" It wouldn't take long to imagine that they are protecting the staff from us. Despair drives such introspection and real divisions. There had to be a way to help people before the emergency.

Dr. Javier Sevilla and medical students started the IUSOC in February 2009, where treating people with dignity is the first step in the healing process. Relationship, kindness, and encouragement are the order of the day. Security is a distant second to a warm welcome and even a blessing. Neighbors have habitually been offered something to eat and drink. These neighbors are not just clients or patients. They are the reason that we have all come together. When that neighbor's felt need is addressed, each school in the IUSOC looks to care for the individual with their expertise. Health for our neighbors is the goal, not just helping solve a singular complaint. This kind of wrap around service is possible with the idealism that brought many of the students into medicine and healthcare to begin with. Of course we could do better, but if we are failing in any area, we are at least failing forward, while attempting to hold up people's dignity!

Jim Strietelmeier, pastor of the Neighborhood Fellowship Church, welcomes our neighbors and helps with volunteer huddle on Saturdays!

Alumni Spotlight

PAIGE SCHULTHEIS

Positions held: Vice Chair Elect (2019); Vice Chair (2020)

Where are you now? OBGYN Resident at IU School of Medicine

How have you taken your SOC experiences with you into next steps of training?

I have always loved interacting and communicating with others, and the SOC allowed me to grow in that role as Vice Chair and in my weekly interactions with our wonderful partners. Because of my focus on partner relationships, my time in the SOC influenced me not only as a physician, but also as a colleague. Multidisciplinary care is an integral part of achieving patients' goals, and I feel proud to say that the SOC is where I developed my ability to care for patients in this way.



2021 Partners Retreat



Some of the 2020 board members!

What is a quote our volunteers should follow?

"Be somebody that makes everybody feel like a somebody."

SOC Partner: Social Work

Social work has been serving neighbors in collaboration with our dedicated partners since 2011. We work to address and mitigate the harms of social and economic deprivation while cultivating trust, building relationships, offering supportive listening, and “meeting people where they are”. Through informal conversations, we work with neighbors to identify and address needs and barriers related to housing, transportation, food access, material resources, insurance and health resources, home safety, and other unique life situations.



Social work can assist neighbors with filling out applications (such as those for rental assistance or free phone services), offer referrals to other community services and organizations, and help neighbors access those referrals. We also host a resource table with hygiene items, snacks, and info sheets for neighbors to offer tangible support and engage neighbors in conversation. The social work team endeavors to adhere to the principles of anti-oppressive practice, use cultural humility, and to advocate for the structural change needed to address social determinants of health and realize social justice.



**Thank you for working to improve access
to community resources , Social Work!**

Ways to get Involved!

- Sign up to volunteer at comet.soic.iupui.edu
- Follow us at **iu_soc** on Instagram
- Make a donation to our Venmo (**IUSOC**) to contribute to our EMR, clinic phone, and medical supplies fund!

We are currently building a new clinic to be able to serve more in our community with the goal of expanding our operations from 1 day to 4 – 6 days a week! Learn more about our future space at **compassionclinics.org**

Have a story you would like
featured in a future newsletter?
Share using the QR Code!



Email us at iusoc@iupui.edu with any questions!