Table 1: Distribution of dietary patterns by demographic variables.

| Demographic Variable | Local | Diverse-Local | Restricted-Imported | Imported | Overall | P-value |
| --- | --- | --- | --- | --- | --- | --- |
| Sample Size | 273 | 170 | 289 | 253 | 985 |  |
| Region: Outlying (%) | 248 (90.8) | 79 (46.5) | 11 (3.8) | 50 (19.8) | 388 (39.4) | <0.001 |
| Sex: Female (%) | 145 (53.1) | 88 (51.8) | 151 (52.2) | 145 (57.3) | 529 (53.7) | 0.601 |
| Median Age [IQR] | 52.00 [34.00, 61.00] | 34.50 [29.00, 47.00] | 32.00 [27.00, 43.00] | 40.00 [26.75, 55.00] | 38.00 [28.00, 55.00] | <0.001 |
| Age (%) |  |  |  |  |  | <0.001 |
| (0, 30] | 47 (17.2) | 59 (34.7) | 125 (43.7) | 89 (35.3) | 320 (32.6) |  |
| (30, 40] | 45 (16.5) | 52 (30.6) | 73 (25.5) | 44 (17.5) | 214 (21.8) |  |
| (40, 50] | 39 (14.3) | 19 (11.2) | 32 (11.2) | 35 (13.9) | 125 (12.7) |  |
| (50, 60] | 67 (24.5) | 20 (11.8) | 37 (12.9) | 40 (15.9) | 164 (16.7) |  |
| (60, 70] | 52 (19.0) | 14 (8.2) | 16 (5.6) | 30 (11.9) | 112 (11.4) |  |
| [70, Inf) | 23 (8.4) | 6 (3.5) | 3 (1.0) | 14 (5.6) | 46 (4.7) |  |
| Education: >HS (%) | 21 (7.7) | 22 (12.9) | 45 (15.6) | 63 (24.9) | 151 (15.3) | <0.001 |
| NCD: Reported (%) | 103 (37.7) | 28 (16.6) | 34 (11.8) | 63 (25.0) | 228 (23.2) | <0.001 |
| Smoking: Yes (%) | 92 (33.7) | 86 (50.6) | 86 (29.8) | 70 (27.8) | 334 (33.9) | <0.001 |
| Median BMI [IQR] | 34.60 [30.47, 40.12] | 31.05 [28.33, 36.33] | 33.13 [29.05, 38.79] | 35.04 [30.85, 40.56] | 33.83 [29.55, 38.82] | <0.001 |
| Exercise (%) |  |  |  |  |  | <0.001 |
| High | 102 (37.6) | 54 (31.8) | 77 (26.7) | 98 (39.0) | 331 (33.8) |  |
| Medium | 130 (48.0) | 83 (48.8) | 102 (35.4) | 97 (38.6) | 412 (42.0) |  |
| Low | 39 (14.4) | 33 (19.4) | 109 (37.8) | 56 (22.3) | 237 (24.2) |  |