

# 2020 MENU PLAN 4-week rotation

\*Entrees include Soup And Dessert - Menus may be subject to change due to availability

2020	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1:</b> Jan 13-17 Mar 9-13 May 4-8 Jun 1-5 Jul 27-31 Sep 21-25 Nov 16-20 Dec 14-18	<i>Canadian Pea Soup</i> <b>Baked Ham with Pineapple</b> Scalloped Potatoes Steamed Carrots <i>Dessert /Fruit</i>	<i>Mushroom Barley</i> <b>Beef Stew with Vegetables &amp; Dumplings</b> Steamed Potatoes <b>Broccoli</b> <i>Dessert / Fruit</i>	<i>Mulligatawny</i> <b>Chicken Marengo</b> Parmesan Rice Steamed Peas <i>Dessert/Fruit</i>	<i>California Bean Soup</i> <b>British Bangers / Gravy</b> Mashed Potatoes Seasoned Turnip <i>Dessert/Fruit</i>	<i>Butternut Squash Soup</i> <b>Hearty Beef Meat Loaf with Gravy</b> <b>Potato O'Brien</b> <b>Steamed Corn</b> <i>Dessert/Fruit</i>
<b>Daily Sandwich - with soup /or fruit</b>	Egg Salad Sandwich	Ham & Cheese Sandwich	Deli Meat Sandwich	Turkey Sandwich	Tomato Cucumber Cheese Sandwich
<b>Week 2:</b> Jan 20-24 Mar 16-20 May 11-15 Jun 8-12 Aug 3-7 Sep 28-Oct 2 Nov 23-27 Dec 21-25	<i>Garden Vegetable</i> <b>Roast Beef &amp; Yorkshire Pudding /Gravy</b> Mashed Potatoes <b>Cauliflower</b> <i>Dessert/Fruit</i>	<i>Chicken Rice Soup</i> <b>Salisbury Hamburger Steak w/Mushroom Gravy</b> Risotto & Green Beans <i>Dessert/Fruit</i>	<i>Beef Barley Soup</i> <b>Meat Sauce Spaghetti</b> Mixed Vegetables <i>Dessert/Fruit</i>	<i>Cucumber &amp; Tomato Salad</i> <b>Roast Pork / gravy</b> <b>Roast Potatoes</b> Buttered Turnips <i>Dessert/Fruit</i>	<i>Carrot Ginger Soup</i> <b>Honey Garlic Chicken</b> <b>Steamed Rice</b> <b>Peas</b> <i>Dessert/Fruit</i>
<b>Daily Sandwich - with soup /or fruit</b>	Ham & Cheese Sandwich	Roast Beef Sandwich	Tuna Salad Sandwich	Turkey Sandwich	Deli Meat Sandwich
<b>Week 3:</b> Dec 30-Jan 3 Feb 24-28 Apr 20-24 Jun 15-19 Jul 13-17 Aug 10-14 Sep 7-11 Nov 2-6 Dec 28-Jan 1	<i>Ham &amp; Potato Soup</i> <b>Lemon Rosemary Roast Chicken /Gravy</b> <b>Herb Roast Potato</b> <b>Minted Green Peas</b> <i>Dessert/Fruit</i>	<i>Hearty Vegetable</i> <b>Swedish Meatballs/Gravy</b> Mashed Potato Glazed Carrots <i>Dessert/Fruit</i>	<i>Chicken Corn Chowder</i> <b>Baked Lasagna</b> <b>Garlic Toast</b> <b>Squash</b> <i>Dessert/Fruit</i>	<i>Green Salad</i> <b>Denver Baked Omelette</b> <b>Grilled Herb Tomato</b> <b>Green Beans</b> <i>Dessert/Fruit</i>	<i>Split Pea Soup</i> <b>Coconut Crusted Chicken</b> <b>Roast Potatoes</b> <b>Mixed Vegetables</b> <i>Dessert/Fruit</i>
<b>Daily Sandwich - with soup /or fruit</b>	Chicken Salad Sandwich	Egg Salad Sandwich	Ham & Cheese Sandwich	Chicken Sandwich	Deli Meat Sandwich
<b>Week 4:</b> Jan 6-10 Feb 3-7 Mar 2-6 Apr 30-May 1 May 25-29 Jun 22-26 Jul 20-24 Aug 17-21 Sep 14-18 Oct 12-16 Nov 9-13 Dec 7-11	<i>Corn Lentil Soup</i> <b>Roast Turkey Dressing &amp; Gravy</b> <b>Roast Potatoes</b> <b>Green Beans</b> <i>Dessert/Fruit</i>	<i>French Onion</i> <b>Bar B Q Baked Pork Chops</b> <b>Baked Potato</b> <b>Peas</b> <i>Dessert/Fruit</i>	<i>Chicken Gumbo</i> <b>Shepherd's Pie/Gravy</b> <b>Steamed Corn and Cabbage</b> <i>Dessert/Fruit</i>	<i>Broccoli Soup</i> <b>Chicken Stew</b> <b>Steamed Rice</b> <b>Seasoned Spinach</b> <i>Dessert/Fruit</i>	<i>Chicken Noodle Soup</i> <b>Beef Meatball Marinara With Spaghetti</b> <b>Mixed Vegetables</b> <i>Dessert/Fruit</i>
<b>Daily Sandwich - with soup /or fruit</b>	Roast Turkey Sandwich	Egg Salad Sandwich	Tuna Salad Sandwich	Ham & Cheese Sandwich	Chicken Salad Sandwich