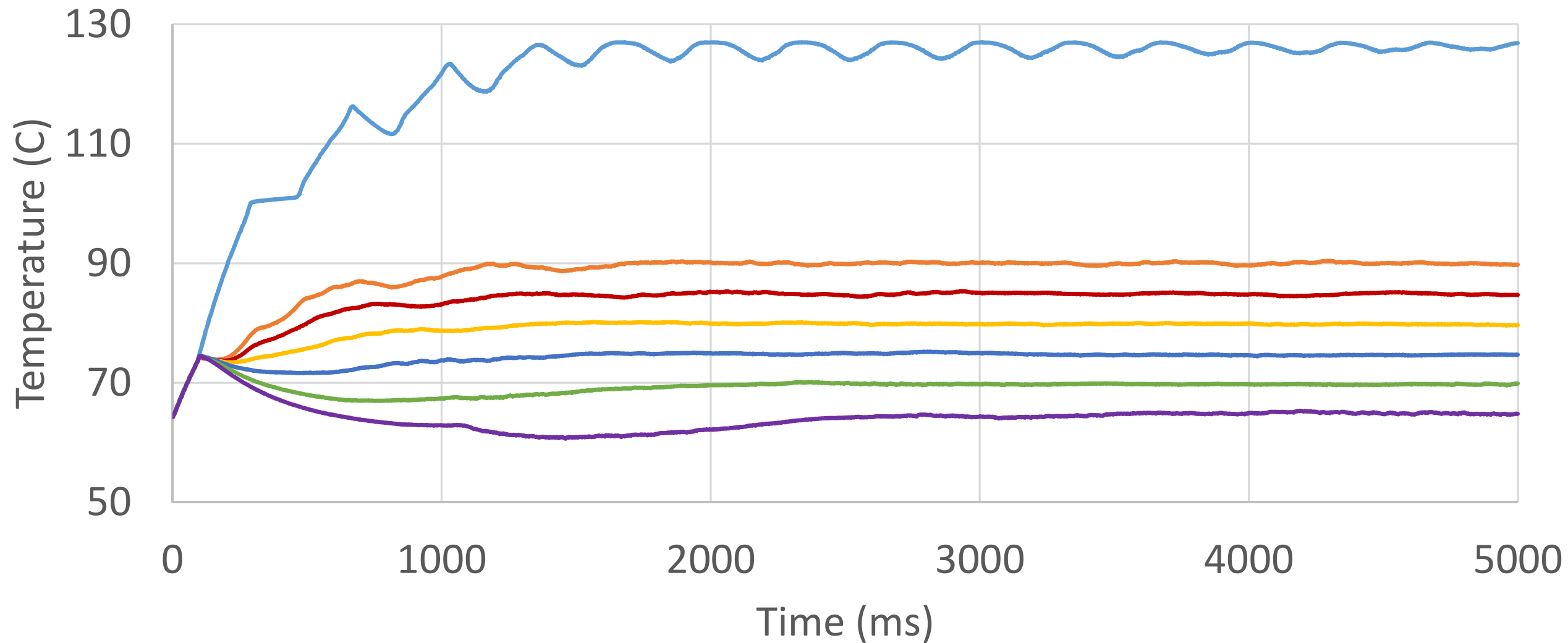Phased Workload: Temperature vs Time
(Hierarchical Adaptation Scheme)