## Covariance Estimation for Multivariate Linear Models

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## 1 Intro

Let

$$Y = XB + E$$

where  $E \sim N(0, \Sigma)$ . Y and E are  $n \times q$  matrices, X is  $n \times p$ .

How can we estimate  $\Sigma$ ?

If  $n \leq p$ , we can use

$$\hat{\Sigma} = (Y - X\hat{B})^T (I/n)(Y - \hat{B})$$

where  $\hat{B}$  is the OLS estimator.

However, in high-dimensional settings,  $\hat{B}$  will not be unbiased. Hence

$$\mathbf{E}[(Y - X\hat{B})^T (I/n)(Y - \hat{B})] = \Sigma + \delta^T X^T X \delta$$

where  $\delta = B - \hat{B}$ . Hence we have a lot of extra bias if we use the residual covariance.

## 2 Debiased estimator

Rather than the sample covariance of the residuals, we propose computing

$$\hat{\Sigma}_0 = (Y - X\hat{B})^T \Xi (Y - \hat{B})$$

where  $\Xi$  is some  $n \times n$  contrast matrix.  $\hat{\Sigma}_0$  is a "debiased" estimator, where the matrix  $\Xi$  is chosen to minimize the effect of the bias from the error coming from the signal  $X(B - \hat{B})$ . Our final estimator may take the form

$$\hat{\Sigma} = \gamma((1 - \alpha)\hat{\Sigma}_0 + \alpha \operatorname{diag}(\hat{\Sigma}_0))$$

where  $\alpha$  controls the shrinkage of off-diagonals and  $\gamma$  controls overall shrinkage.

For now let us outline some heuristics for choosing  $\Xi$ . We have

$$\mathbf{E}[\hat{\Sigma}_0] = \mathbf{E}[E^T \Xi E] + \mathbf{E}[\delta^T X^T \Xi X \delta]$$

since the cross-term has zero expectation. Let us deal with the first term. Letting  $\Xi = V^T \Lambda V$ , We have

$$\mathbf{E}[E^T\Xi E] = \mathbf{E}[\Sigma^{1/2}Z^T\Lambda Z\Sigma^{1/2}] = \Sigma^{1/2}\mathbf{E}[Z^T\Lambda Z]\Sigma^{1/2}$$

where Z is a  $q \times n$  matrix with iid normal elements. We have

$$\mathbf{E}[Z^T \Lambda Z] = \sum_{i=1}^n \lambda_i \mathbf{E}[Z_i Z_i^T] = \sum_{i=1}^n \lambda_i I = \operatorname{tr}[\Lambda] I$$

where  $Z_i$  is the *i*th column of Z. Since  $tr[\Lambda] = tr[\Xi]$  we therefore get

$$\mathbf{E}[E^T \Xi E] = \operatorname{tr}[\Xi] \Sigma$$

Hence it makes sense to require  $\operatorname{tr}[\Xi] = 1$  so that  $\mathbf{E}[E^T \Xi E] = \Sigma$  and therefore  $\hat{\Sigma}_0$  is unbiased in a limiting case where we can estimate B perfectly.

Meanwhile, let us evaluate the trace of the bias term

bias = 
$$\operatorname{tr}\mathbf{E}[\delta^T X^T \Xi X \delta] = \operatorname{tr}[\Xi X X^T \mathbf{E}[\delta \delta^T]]$$

If we make the assumption that  $\mathbf{E}[\delta\delta^T]$  is some multiple of the identity, then we get

$$bias = tr[\Xi X X^T]$$

Finally, let us consider the variance of  $\hat{\Sigma}_0$ . The full expression of the variance is quite complex. Hence, we instead look only at the variance

$$\operatorname{Var}[E^T \Xi E] = \operatorname{Var}[\Sigma^{1/2} Z^T \Lambda Z \Sigma^{1/2}]$$

This is still difficult to analyze, so we neglect the  $\Sigma^{1/2}$  terms and consider

$$\operatorname{trVar}[Z^T \Lambda Z] = 2\operatorname{tr}[\Lambda^2] = 2\operatorname{tr}[\Xi^2].$$

Now we propose the method for choosing  $\Xi$ . We would like to require  $\mathrm{tr}[\Xi]=1$ , so that  $\hat{\Sigma}$  is unbiased in the case of perfect signal estimation, and we would like to minimize some combination of the bias and variance. This leads to the convex program

minimizetr
$$[\Xi XX^T] + \eta \text{tr}[\Xi^2]$$
 subject to  $\text{tr}[\Xi] = 1$ .

Let  $XX^T = \Gamma W \Gamma^T$  where W is diagonal. We claim that the minimizing  $\Xi$  also takes the form of  $\Gamma D \Gamma^T$  for some diagonal D. If we accept the claim, then the above program is rewritten as

minimize 
$$\sum_{i=1}^{n} d_i \lambda_i + \eta \sum_{i=1}^{n} \lambda_i^2$$
 subject to  $\sum_{i=1}^{n} \lambda_i = 1$ .

We can solve it by forming the Lagrangian

$$\sum_{i=1}^{n} d_i \lambda_i + \frac{\eta}{2} \sum_{i=1}^{n} \lambda_i^2 + \gamma \left( 1 - \sum_{i=1}^{n} \lambda_i \right) - \sum_i \mu_i \lambda_i$$

and from the KKT conditions we get

$$\begin{cases} 0 = \lambda_i = \frac{\mu + \gamma - d_i}{\eta} & \text{or} \\ 0 < \lambda_i = \frac{\gamma - d_i}{\eta} \end{cases}$$

Hence, we obtain  $\lambda_i = \left[\frac{\gamma - d_i}{\eta}\right]_+$ , and we can determine  $\gamma$  by the condition

$$\sum_{i=1}^{n} \lambda_i = \sum_{i=1}^{n} \left[ \frac{\gamma - d_i}{\eta} \right]_{+} = 1$$

Let  $\gamma(\eta)$  denote the solution to the above. We therefore form

$$\Xi(\eta) = V \operatorname{diag}\left(\left\lceil \frac{\gamma - d_i}{\eta} \right\rceil_{\perp}\right) V^T$$