

Adebisi (Bisi) Alli, DO, MS, FACP, FAMWA, dipABLM

LEAN Six Sigma Black Belt

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EXECUTIVE PROFILE

Physician leader with over 10 years of full-time, direct patient care experience in tertiary/quaternary, academic healthcare systems. I have extensive experience orchestrating inter-professional, system-level, complex care management programs for optimal patient outcomes. I prioritize whole-person care and team-based, patient-centric, quality improvement strategies with national acknowledgements from the Association of American Medical Colleges, American College of Physicians, Institute for Healthcare Improvement, and Joint Commission.

Special interests: health equity, preventative and lifestyle medicine, goals of care and advance care planning, & women's health

EDUCATION

- University of Arizona College of Medicine–Phoenix (UofACOM-P)
Banner Good Samaritan Medical Center/Phoenix VA Health Care System, Phoenix, Arizona
 - Chief Residency in Internal Medicine 2014-2015
 - Internal Medicine Residency 2011-2014
- Michigan State University College of Osteopathic Medicine, Lansing, Michigan
 - Doctor of Osteopathic Medicine 2007-2011
- Wayne State University School of Medicine, Detroit, Michigan
 - Graduate Research Assistant--Department of Pathology 2006-2007
 - M.S., Basic Medical Sciences 2004-2005
- University of Michigan, Ann Arbor, Michigan
 - B.S., Biopsychology 2000-2004

LICENSURE & BOARD CERTIFICATIONS

- Arizona State Medical License–Active 2014 – Present
- American College of Lifestyle Medicine 2022 – Present
- American Board of Internal Medicine 2014 – Present

ACADEMIC & PROFESSIONAL APPOINTMENTS

- Clinical Assistant Professor, UofACOM-P with Banner University & Phoenix VA 2016 – Present
- Assistant Professor of Medicine, Mayo Clinic Alix School of Medicine, Scottsdale, AZ 2019 – 2022
- HEDIS Champion, Phoenix VA Health Care System, Phoenix, Arizona 2016 – 2018
- Associate Program Director, UofACOM-P with Banner University & Phoenix VA 2014 – 2018
- Medical Director, UofACOM-P with Banner University & Phoenix VA 2014 – 2018
- Chief Resident in Quality & Patient Safety—Inpatient & Outpatient 2014 – 2015

ADDITIONAL CERTIFICATIONS

- Korn Ferry Leadership U for Humanity; Leadership Development Program 2023
- T. Colin Campbell Center for Nutrition Studies through eCornell: Plant-Based Nutrition 2023
- American Heart Association, Advanced Cardiovascular Life Support, Basic Life Support 2022
- Women's Wellness Through Equity and Leadership Certification, American College of Physicians 2020
- Mayo Clinic Quality Academy Fellow: Gold eligible; Bronze, & Silver Level Certifications 2018
- VA-CASE LEAN SIX SIGMA Black Belt 2017
- Fellow, American College of Physicians 2017
- Goals of Care Conversation Intensive Leadership Program for Physicians 2017
- Battlefield Acupuncture, United States Air Force Acupuncture Center 2017
- Foundation of Servant Leadership Course 2016
- VHA Core Mentor Certification Program-Training on Mentorship and Coaching 2015
- Institute for Healthcare Improvement Open School Patient Safety: 100-106; QI: 101-103 2013-2014

CAREER & LEADERSHIP JOURNEY

Abbreviations: Phoenix VA Healthcare System = PVAHCS; Banner University Medical Center–Phoenix = BUMC-P
Lifestyle Medicine = LM; Internal Medicine = IM

PRINCIPAL, WellNEST Medicine™ 06/2022 - Present; Remote; Phoenix, AZ

- Launched preventative and lifestyle medicine (LM) company to promote health and wellness amongst patients and businesses
- Collaborate with nonprofit organizations to prioritize health equity through grant-funded, LM initiatives in communities
- Educate, coach, and provide whole food, plant-based meals to patients to prevent, treat, and even reverse chronic disease
- Received academic scholarship through the American College of Lifestyle Medicine towards dual board certification

FACULTY, American College of Physicians Quality Improvement Leadership Training Pre-Course & Peer Coaching Programs 01/2023 - Present; Remote

- Train-the-trainer and Physician Coach for physician-led practices and healthcare systems to co-create and implement initiatives towards SMART goals as a LEAN Six Sigma Black Belt
- Engage clinical teams to augment their QI expertise and capacity via validated coaching techniques
- Empower physicians to achieve professional and personal goals

MEDICAL REVIEWER, Everyday Health 01/2023 - Present; Remote

- Co-write and edit medical articles; provide expert medical advice on a variety of health topics for public consumption

MEDICAL ADVISOR, Blue Cross Blue Shields AZ Arizona Credentials Committee 06/2022-11/2022; Remote

- Audited clinicians and care facilities for insurance credentialing during monthly meetings; transitioned to LM practice

CONSULTANT, Divisions of Women's Health & Community Internal Medicine 07/2018- 01/2022

Department of Internal Medicine; Mayo Clinic; Scottsdale, Arizona

- Recruited to provide comprehensive adult primary care for a wide range of acute and chronic diseases
- Recruited to Division of Women's Health Internal Medicine to address unique priorities in women's healthcare
- Launched advance care planning pilot program for residents with expansion of initiatives across enterprise; recognized by Mayo Clinic Quality Academy for impact with 30% increase in patient discussions over two months from baseline zero & received top poster of 600 submissions
- Trained residents and medical students in evidence-based practices for optimal patient care consistent with HEDIS metrics
- Invited speaker for 2021 Mayo Clinic Internal Medicine Update in Sedona on topic re. *Outpatient Advance Care Planning Initiatives*

FACULTY, Quality Academy 09/2018 - 01/2022

Mayo Clinic; Scottsdale, Arizona

- Charged with teaching DMAIC principles across Mayo Clinic Arizona and mentored quality improvement projects for colleagues
- Led and received Gold belt level quality improvement designation with large interprofessional team across two time zones
- Invited panel speaker and presenter at the 2021 Mayo Clinic Quality Academy Conference
- Honored with two 2021 Top Poster Certificates out of 600 poster submissions

ASSOCIATE PROGRAM DIRECTOR, UofACOM-P Internal Medicine Residency Program 03/2015 - 07/2018

Affiliation with BUMC-P & PVAHCS, Phoenix, Arizona

- Led numerous sustained educational and administrative initiatives for continuous residency program improvement over three years for 100 resident program with multiple, tertiary/quaternary care hospital sites and several national award

MEDICAL DIRECTOR & CO-FOUNDER, VA Academic Patient Aligned Care Team Residency Clinic 06/2014 - 2018 & Post-Hospital Discharge Clinic UofACOM-P in affiliation with BUMC-P & PVAHCS, Phoenix, Arizona

- Recruited as the Medical Director to launch VA-Academic PACT Resident Clinic and continue clinical and operational oversight
- Aligned outpatient VA system and Internal Medicine Residency Program and championed dynamic team across multiple service lines
- Developed and implemented utilization review protocols, policies, and procedures for enhanced efficiency and consistency
- Expanded resident participation in VA-Academic PACT Resident Clinic by 700%, increased Veteran panel by 300%, doubled faculty support, and earned dedicated clinic space within four years of clinic launch with national awards
- Determined and implemented best practice workflows in the ambulatory setting to improve patient access and throughput, increase volume, eliminate redundancies, and improve physician and staff efficiencies
- Pioneered innovative care management program re. post hospital discharge clinic and shared medical appointments for hypertension, heart failure, using telehealth, care coordination, and education of patients and caregivers with substantially improved patient outcomes and reduced hospital utilization, and costs
- Collaborated with dermatology and psychology departments for improved experiences and outcomes for Veterans, Internal Medical residents, & psychology fellows
- Integrated cultures of Phoenix VA hospital and residency program through strategic relationships with residency program director, designated institutional officer, and VA Chief of Primary Care
- Lectured medical residents at Phoenix VA Health Care System and Banner University Medical Center–Phoenix
- Nominated 2016-2017 *Best Required Rotation* by residents at University of Arizona College of Medicine

DIRECTOR, VA Quality Improvement & Patient Safety Education Program 06/2014 - 07/2018
UofACOM-P, Phoenix, AZ

- Formalized tri-legged curriculum for quality improvement and patient safety education across two hospital systems to promote awareness and causal analysis, with system level interventions and C-suite resident reporting for safe care delivery
- Spearheaded over 130 measured quality initiatives with new collaborations between medical trainees, faculty, and staff from baseline zero
- Designed, implemented and managed a system-wide population health programs, which utilized clinical and payor data with health informatics technology to substantially improve performance on HEDIS quality indicators and reduce cost of care.
- Promoted fair and just culture change across Phoenix VA Healthcare System, marked by 80% increase in engagement across service lines over four years
- Co-led HEDIS Performance Measures Committee with sustained optimization of outpatient metrics
- Secured two competitive federal grants for Chief Residents in Quality and Patient Safety (CRQS) through VA National Center for Patient Safety (NCPS), in partnership with the VA Office of Academic Affiliations Program
- Program recognized by Association of American Medical Colleges, American College of Physicians, Institute for Healthcare Improvement, and Joint Commission
- 2018 Honoree as 1st Place VISN Clinical Project re. *Adapting New TB Screening Protocols in Low Prevalence Environment project*
- 2017 Certificate for sustained progress in HEDIS Performance Measures

FACULTY CO-CHAIR, Arizona Osteopathic Medical Association Physician Task Force on End-of-Life Care 2017-2019
Arizona Hospital and Healthcare Association (AzHHA), Phoenix, AZ

- AzHHA received \$1 million award from the David and Lura Lovell Foundation over four years to increase awareness and priority discussions in end-of-life care by clinicians across Arizona
- Designed educational and strategic initiatives to increase training and prioritization of advance care planning programs
- Led and trained-the-trainer courses of approximately 575 clinicians across Arizona over two years with average self-assessment of competence pre-intervention 2.8 out of 5.0 vs. post-intervention 4.8 out of 5.0.

CO-DIRECTOR AND CO-FOUNDER, Diversity Mentorship Initiative 06/2014 - 07/2018

Affiliated with UofACOM-P, Midwestern University & National Medical Association—Arizona Chapter, Phoenix, AZ

- Led educational initiatives to promote matriculation and retention of underrepresented groups into medical school with continued postgraduate support, fostering a community of leaders
- Guided over 60 participants over four years with successful matriculation and retention from undergraduate school, medical school, postgraduate training, as well as healthcare-adjacent careers

VISN COORDINATOR, Goals of Care Training Life-Sustaining Treatment Decisions Initiative 06/2014 - 07/2018

Phoenix Veterans Affairs Health Care System, Phoenix, AZ

- Elected representative across Phoenix VA system for national VITALTalk training to augment outpatient end-of-life discussions
- Spearheaded training program to introduce and build multi-specialty impact of outpatient goals of care discussions
- Led goals of care programming across two hospital systems within residency program for faculty and trainee development to benefit dual patient populations

PRESIDENT, Housestaff Council; Banner University Medical Center-Phoenix, Phoenix, Arizona 06/2013 - 06/2014

CO-FOUNDER, Michigan State University-Lansing Eastern High School S.T.A.R.T. Mentorship Program, East Lansing, Michigan 08/2008 - 06/2011

SCRIBE LIAISON, Scribe Services; Michigan State University College of Medicine East Lansing, Michigan 08/2007 - 05/2009

RESEARCH ASSISTANT, Department of Pathology; Wayne State University School of Medicine 05/2004 - 05/2007 Detroit, Michigan

OFFICE ASSISTANT, St. John Hospital Imaging Services Detroit, Michigan 05/2004 - 05/2007

RESEARCH ASSISTANT, Department of Clinical Psychology, University of Michigan, Ann Arbor, Michigan 2002 - 2004

PEER ADVISOR, Undergraduate Research Opportunity Program (UROP) & UROP in Residence University of Michigan, Ann Arbor, Michigan 2002 - 2004

RESIDENT ADVISOR, University of Michigan, Ann Arbor, Michigan 2002 - 2004

RESEARCH & OFFICE ASSISTANT, BSA and Associates, Detroit, Michigan 08/1992 - 01/2007

UROP STUDENT, Department of Organizational Psychology, University of Michigan Ann Arbor, Michigan, Under Dr. Margaret Shih 11/2000 - 08/2002

UROP STUDENT, School of Social Work, University of Michigan, Ann Arbor, Michigan Under Dr. Beth Glover Reed 11/2000 - 08/2002

CLINICAL SERVICE

Lifestyle Medicine & Internal Medicine Practice	2022 - Present
Resident Continuity Clinic Practice	2014 - 2022
General Medicine Outpatient Practice	2011 - 2022
Urgent Care Access Clinic	2011 - 2022
General Medicine Inpatient Practice	2011 - 2015

COMMITTEE MEMBERSHIPS

2022 - PRESENT	Member, ACP Professional Development and Fulfillment Committee Steering Committee, AMWA Cardiometabolic Health & Obesity in Women: A Stakeholder Summit Expert Panelist, Defining Diagnostic Excellence for Emergency Medicine & Establishing Research Priorities Co-Chair, Us vs. HPV Global Webinar AMWA & GIAHCC Mayo Clinic
2020 - 01/2022	Member, Admissions Committee Mayo Clinic Alix School of Medicine
2018 - 01/2022	Member, Mayo Clinic Mortality Review Subcommittee Member, Mayo Clinic Patient Safety Subcommittee

Faculty, Mayo Clinic Quality Academy
Member, Clinical Competency Committee Internal Medicine Residency
Member, Readmissions Committee
Invited, Clinical Practice Committee

University of Arizona College of Medicine

2015 - 2018 Multiple Mini-Interviewer, Resident Advisory Admissions Committee
2017 - 2018 Member, Patient Safety and Quality Improvement
2014 - 2018 Member, Graduate Medical Education Committee
2014 - 2015 Member, Residency Admissions Interviewer
Member, Community Services & Social
2011 - 2014 Housestaff Council President

Phoenix VA Healthcare System

2016 - 2018 Chronic Pain Champion
Hypertension Champion
HEDIS Performance Measures Committee Member
2014 - 2018 Quality Executive Board Member

Michigan State University College of Medicine

2012 - 2014 Michigan Osteopathic Association OMM Clinic
2007 - 2011 Sigma Sigma Phi E-Board
Diversity Liaison, Student Osteopathic Medical Association
E-Board & Course Leader, Study Buddies
Student Liaison S.T.A.R.T. Mentorship Program
Community Integrated Medicine Volunteer

Wayne State University School of Medicine

2004 – 2006 Member, Black Medical Association of Pre-Med Students

University of Michigan

2000 - 2004 Black Pre-Med Club
Member, Pathways to Student Success and Excellence
2000 – 2001 Macy's Minorities in Medicine Program (Summer)

VOLUNTEER ACTIVITIES (RECENT)

2019- Present **Diversity Mentorship Initiative in Medicine** Co-Founder & Mentor
2018-2022 **Mayo Clinic CARES Program** Volunteer, Mayo Clinic Arizona; Scottsdale, Arizona

HONORS AND AWARDS

2022 **ACP National Women in Medicine Certificate of Appreciation** - American College of Physicians
2021 **ACP Arizona Women in Medicine Award** - American College of Physicians – Arizona Chapter
2020 **Exceptional Mentor Award** - American Medical Women's Association
2020 **I Stand With Her Awards** - She for She Nominee - Women in Medicine, Mayo Clinic
2020 **Inspiration Award** - Women's Physician Section, American Medical Association
2016 **Best Required Rotation** - VA Ambulatory, University of Arizona College of Medicine
2017 **Certificate of Appreciation for Improvement of SAIL Measures** - Phoenix VA Health Care System
2017 **Early Career Physician National Abstract Competition Winner** - ACP, Phoenix, AZ
2017 **Early Career Physician of the Year, Chapter Award** - American College of Physicians, Phoenix, Arizona
2017 **Nominee, Volunteerism & Community Service Award** - Arizona Chapter, American College of Physicians
2016 **Young Achievers in Medicine Recognition** - American College of Physicians

2015 **Director Award** - Phoenix Veterans Affairs Healthcare System
2014 **First Place - Patient Safety/Quality Improvement** - Arizona Chapter, American College of Physicians
2014 **Nominee, Resident of the Year** - Arizona Chapter, American College of Physicians
2014 **Top Poster Presentation** - IHI 2014 20th Annual Scientific Symposium
2014 **Internal Medicine Resident Community Service** - Banner Good Samaritan Medical Center
2013-14 **Resident of the Year** - Internal Medicine Center, Banner Good Samaritan Medical Center
2013-14 **Dr. Stefan H. Kobiljak Jr. Scholarship** - Michigan State University College of Osteopathic Medicine
2010 **Dr. Stefan H. Kobiljak Jr. Scholarship** - Michigan State University College of Osteopathic Medicine
2009 **SOMA Minority Leadership Award** - SOMA
2009 **TOUCH Community Service Award** - Michigan State University College of Osteopathic Medicine
2009 **Edward N. Hodges III, J.D. Endowed Scholarship Fund** - Michigan State University COM
2008 **Acknowledgement of Three Years of Dedicated Service** - St. John Hospital
2007 **Thomas C. Rumble University Graduate Fellowship** - Wayne State University School of Medicine
2007 **Graduate Research Assistantship** - Department of Pathology, Wayne State University School of Medicine
2006 **Service Excellence Award** - St. John Hospital 2006 **Acorn Award** - St. John Hospital
2004 **Kaplan Scholarship** - Wayne State University Association of Pre-Med Students
2004 **Super Peer Award** - Undergraduate Research Opportunity Program, Determined by peers
2004 **Two-Year Peer Advisor Certificate of Recognition** - Undergraduate Research Opportunity Program
2004 **Successful Completion** - Scholars Program, Undergraduate Research Opportunity Program
2002 **Award** - Lakeshore Optimist Club of Grosse Pointe
2000 **Betty Campau Spirit Award** - University of Michigan, Determined by peers

MENTORSHIP FOR ACADEMIC PROMOTION

Shamsid-Deen, Nafis (Attending Physician) 10/2019 - Present

Outcome: Academic Pulmonary– Critical Care Attending Physician, Associate Program Director, Banner-University, Phoenix, AZ

Coleman, Ivorie (Attending Physician) 10/2019 - Present

Outcome: Academic Outpatient Attending Physician, Private Practice, Scottsdale, AZ

Renszel, Krystal (Attending Physician) 07/2015 - Present

Outcome: Academic Hospitalist; Mayo Clinic Quality Academy, Lean Sigma Six Green Belt, Scottsdale, AZ

Awuah, Paulina (Medical Student) 06/2015 - Present

Outcome: St. Rose Dominican Internal Medicine Residency Program, Las Vegas, NV

Benoit, Janeeka (Attending Physician) 06/2015 - Present

Outcome: Locums & Academic Hospitalist, Queens Hospital Center, Queens, NY

Thomas, Alyssa (Emergency Medicine Attending Physician) 06/2015 - Present

Outcome: Emergency Department Attending Physician, Houston Methodist Baytown Hospital, Houston, Texas

Parker, Brittane (Attending Physician) 07/2013 – Present

Outcome: Academic Hospitalist; Associate Program Director, Mayo Clinic, Scottsdale, AZ

Todsen, Jessica (Medical Resident) 02/2019 - 01/2022

Outcome: Internal Medicine Resident, Seattle, Oregon

Marallag, Mam (Chief Medical Resident) 06/2017 - 06/2018

Outcome: Academic Outpatient Attending Physician, University of Washington Medical Center, Seattle, WA

Ramanathan, Meera (Chief Medical Resident) 06/2017 - 06/2018

Outcome: Hospitalist, Chicago, Illinois

Chopra, Madhay (Intensivist) 06/2015 - 06/2018

Outcome: Banner University Medical Center -- Tucson, Pulmonary Fellowship

PROFESSIONAL MEMBERSHIPS AND SOCIETIES

01/2022-Present	Board of Directors , American Medical Women's Association
11/2022-Present	Member, Payer Strategy Subcommittee , American College of Lifestyle Medicine (ACLM)
2022 - Present	Member, Clinical Practice & Quality Improvement Committee , ACLM 2018 - Present
	National Representative , Women's Wellness Through Equality and Leadership Program
2022 - Present	AMWA Liaison , American College of Physicians
2015 - Present	Co-Founder & Mentor , Diversity Mentorship Initiative in Medicine
2011 - Present	Member , American College of Physicians (ACP) –Arizona Chapter
2020	Poster Chair , American College of Physicians–Arizona Chapter
2016	Poster Judge , Internal Medicine Meeting; ACP National
2017 - 2018	Member , Early Career Physicians Committee; ACP–Arizona Chapter
2008 - 2011	Member , American Medical Association
2016 - 2018	Member , Building the Next Generation of Academic Physicians
2015 - 2018	Mentorship Committee Chair ; National Medical Association Phoenix Chapter
2008 - 2011	Member , Michigan State Medical Society Ingham County Medical Society
2008 - 2009	Community Liaison , Student National Medical Association E-board

TEACHING

PVAHCS, BUMC-P, & Mayo Clinic; Arizona

Curriculum and Course Development

2022- Present	Promoting Health Equity through Lifestyle Medicine. WellNEST Medicine LLC, Phoenix, Arizona.
2021 - 2022	Inaugural Course Co-Director, Diversity, Equity, Inclusion, and Anti-Racism Curriculum Mayo Clinic Alix SOM; Scottsdale, Arizona
2021 - 2022	Goals of Care and Conversation Mayo Clinic Alix SOM; Scottsdale, Arizona
2019 - 2022	Faculty, Senior Sages, Mayo Clinic Alix School of Medicine (SOM); Scottsdale, Arizona
2017 - 2018	Site Director, ASU Engineering Senior Capstone Project, PVAHCS; Phoenix, Arizona
2016 - 2018	Course Director, Diversity Mentorship Initiative Conference - Monthly conference for residents and faculty; UACOM-P; Phoenix, Arizona
2014 - 2018	Course Director, Interprofessional Patient Safety and Quality Improvement - Monthly conference for system-wide trainees and employees; PVAHCS & BUMC- Phoenix; Phoenix, Arizona
2014 - 2018	Associate Program Director, VA Ambulatory Clinical & Quality Improvement Curriculum - PVAHCS & BUMC- Phoenix; Phoenix, Arizona
2014 - 2018	Goals of Care and Conversation PVAHCS & BUMC- Phoenix; Phoenix, Arizona

Additional Medical Educational Activities

2014 - Present	Clinical teaching of medical residents & students
2014 - 2018	Topic: How to start and sustain a QI project
2014 - 2018	LCME Accreditation Junior Faculty Committee University of Arizona College of Medicine
2016 - 2017	Doctoring Program Clinical Skills Evaluator Hypertension & HEDIS Primary Care Grand Rounds Sick vs. Not Sick Medical Student Discussion
2014 - 2015	Interprofessional Patient Safety and Quality Improvement Serial presentations Chief Resident Quality & Patient Safety Program Malnutrition in Alcohol Use Disorder Morning Report
2013 - 2014	Role of Albumin Treatment in Spontaneous Bacterial Peritonitis Journal Club
2012	Post-obstructive Diuresis Morning Report Leukocytoclastic Vasculitis Morning Report

PRESENTATIONS

National or International Invited

Alli. et. al. *ACP Quality Improvement Leadership Training: Best Practices in Engaging and Empowering Clinical Teams in Continuous Improvement*; American College of Physicians Internal Medicine Meeting; 4/2024; Boston, Massachusetts.

Alli A. *ACP MinibutMighty Series: Practical Tips for Building an Inclusive Community*; 4/2024; Boston, Massachusetts.

Alli. A. *Promoting Health Equity Through Lifestyle Changes for Disease Prevention, Treatment, and Reversal*; Tucson Osteopathic Medical Foundation; Southwestern Conference on Medicine Regional Conference; 3/2024.

Alli. et. al. *Finding the Right Mentor & Maintaining the Relationship through Key Conversations*. American Medical Women's Association Annual Meeting. 3/2024 (virtual).

Us vs. HPV Global Webinar (Moderator); American Medical Women's Association & Global Initiative against HPV and Cervical Cancer HPV Prevention Week (virtual); 1/2024, 1/2023

Lifestyle Medicine: An Antidote to Diabetes; United Negro College Fund STEM Scholars (virtual); 4/2023; Phoenix, Arizona

ACP Quality Improvement Leadership Training: Best Practices in Engaging and Empowering Clinical Teams in Continuous Improvement; American College of Physicians Internal Medicine Meeting; 4/2023; 2023 San Diego Convention Center, San Diego, CA

Harnessing Mentoring Relationships for Women; American College of Physicians Internal Medicine Meeting; 4/2023; San Diego Convention Center, San Diego, CA

Exploration of Bias and Its Impact on Teaching and Learning I-DARE Curriculum; Foundations Mayo Clinic (virtual) 11/2021; Rochester/Florida/Arizona

Talking Taboo: Our Own Health Matters (Moderator); Biennial Women Physicians & Scientists Mayo Clinic Alumni Association (MCAA) (virtual); 10/2021 Rochester/Florida/Arizona

Office Based Quality Improvement: Practical Tips for Primary Care; Mayo Clinic Updates in Internal Medicine (Rescheduled from 2020 due to COVID) 10/2021; Sedona, Arizona

Prioritizing Outpatient Advance Care Planning during a Pandemic; Neuroscience Grand Rounds Mayo Clinic (virtual); 10/2021 Phoenix, Arizona

Supporting Faculty and Facilitators to Successfully Host I-DARE (Inclusion, Diversity, Anti-Racism, and Equity) Discussions 10/2021 IDEA Innovation Showcase Mayo Clinic (virtual) Rochester/Florida/Arizona

Tips on Becoming a Physician Arizona State University, AMWA Student Meeting; 09/2021 (virtual)

Mayo Clinic Alix School of Medicine Curricular Response to I-DARE (Inclusion, Diversity, Anti-Racism, & Equity) 07/2021 during Pandemic Mayo Clinic Quality Conference (virtual)

Creating Safe Learning Environments to Explore a Diversity, Equity, Inclusion, & Anti-Racism Curriculum Group on Educational Affairs Annual Conference; 04/2021; (virtual)

Gender Equity and Leadership in Clinical Medicine; Swiss Society of General Internal Medicine Basel, Switzerland
Canceled in 2020 & 2021 due to COVID Pandemic

Improving Appointment Timeliness in Internal Medicine Residency Clinic; Institution for Healthcare Improvement (IHI)
30th Annual National Forum; 12/2018; Orlando, Florida

Oral

Adapting New TB Screening Protocols in Low Prevalence Environment Project Clinical Project Category 1st Place prize PVAHCS, VISN 22 Improvement Expo; 06/2018; Phoenix, Arizona

Standardizing a Patient Check-In Process within the Emergency Department: An Interprofessional Approach to Quality Improvement; ACP Internal Medicine Scientific Meeting 03/2017; San Diego, California

Patient Safety as a Consultative Service: Teaching to Evaluate Adverse Events and Near Misses; Association of American Medical Colleges Integrating Quality Meeting; 06/2016; Chicago, Illinois

Poster

Promoting Health Equity through Prepared Plant Based Meals; American College of Lifestyle Medicine Conference; 10/2023; Denver, Colorado.

Mayo Clinic Alix School of Medicine Curricular Response to I-DARE (Inclusion, Diversity, Anti-Racism, & Equity) during Pandemic; 10/2021; Mayo Clinic Quality Conference (virtual)

Regional

Invited

Lifestyle Medicine: An Antidote to Burnout; Maricopa Dpt. of Public Health (virtual); 7/2023; Phoenix, Arizona

Discussing Prognosis - ADAPT; Havyer RD, Lorenz A, Feely MA, Christensen A, Alli A, Kilpatrick M, Carey EC.; 10/2022; Midwest SGIM

Never Waste a Pandemic: Strategies to Increase Advance Care Planning Now; Tucson Osteopathic Medical Foundation; Southwestern Conference on Medicine Regional Conference; 10/2021; (virtual)

Creating Safe Learning Environments to Explore a Diversity, Equity, Inclusion, & Anti-Racism Curriculum; 04/2021
AAMC Central Group on Education Affairs; 04/2021 (virtual)

Transitioning out of the Hospital: Discussions of Advance Care Planning American College of Physicians - Arizona Chapter - Internal Medicine Scientific Meeting; 10/2020; (virtual)

Oral

Intersectionality and Patient Advocacy University of Arizona College of Medicine–Phoenix DEI Lecture Series; 6/2022 (virtual)

Effective Leadership for the 21st Century Building the Next Generation of Academic Physicians (BNGAP); Southwest Regional Conference; 03/2017; Tucson, Arizona

Standardizing our Process to Update Veteran Contact Information during Check-In into the Emergency Department: An Interprofessional Approach to Quality Improvement; Society for General Internal Medicine Mountain West Regional Meeting; 10/2016; Phoenix, Arizona

Patient Safety as a Consultative Service: An Innovative Curriculum; WIHI Web-based Talk show, Institution for Healthcare Improvement (IHI) 20th Annual Scientific Symposium on Improving the Quality and Value of Health Care; 02/2015; Orlando, Florida

BIBLIOGRAPHY

Abstracts available upon request

Peer-reviewed Articles

1. Kennard A, Lindo FM, Ring M, Alli B, Khan N, Potter-McQuilkin D et al. *Lifestyle Medicine and Vasomotor Symptoms: An Analytic Review*. American Journal of Lifestyle Medicine. 2024. doi:10.1177/15598276241232359
2. **Alli A.** *Increasing Inclusion, Diversity, Anti-racism, and Equity with a Medical School Curriculum Quality Improvement Project*. Published. Journal for Healthcare Quality. 1/2023
3. Feely M., Lorenz A., Christensen, A. Havyer R., **Alli A.**, Molly Kilpatrick, Elise Carey. *A Rapid Response to Institutional Needs in Time of Pandemic: Development and Dissemination of COVID-19 Communication Resources*. Published. BMJ Supportive and Palliative Care. 12/2022
4. **Alli A.** *Providing Fertility-Sparing Options for Uterine Fibroids*. Published. Journal of Women's Health. Nov 2022.1526-1528.2022. <http://doi.org/10.1089/jwh.2022.0368>
5. Shrestha R, Flug JA, Dahiya N, **Alli A**, Long JR. *Chaput tubercle avulsion: Sonographic appearance and diagnosis*. PM R. 2022 Apr;14(4):515-517. doi: 10.1002/pmrj.12786. Epub 2022 Mar 23.
6. **Alli A.** *3 Key Steps to Prevent Caregiver Burnout*. Published. Healthy Aging. 2/2022
7. **Alli A**, Lin T, Thorndyke LE, Parekh R, Nunez A. *Advancing Women to Leadership Positions Through Individual Actions and Institutional Reform*. Pediatrics. 2021 Sep; 148 (Suppl 2) PMID: 34470879 DOI: 10.1542/peds.2021-051440D. 4. **Alli A**, Thorsteinsdottir B, Carey EC, Havyer RD. *Never Waste a Pandemic: Strategies to Increase Advance Care Planning Now*. Mayo Clin Proc Innov Qual Outcomes. 2021 Oct; 5 (5):946-950 Epub 2021 Sept 20 PMID: 34568768 PMCID: 8450270 DOI: 10.1016/j.mayocpiqo.2021.08.001.
8. **Alli A.** *Helping Patients to Adopt Healthier Lifestyles*. 2010 Spring TRIAD Journal of the Michigan Osteopathic Association. 2010; 21(2).
9. Amin RH, Mathews ST, **Alli A**, Leff T. *Endogenously produced adiponectin protects cardiomyocytes from hypertrophy by a PPARgamma-dependent autocrine mechanism*. Am J Physiol Heart Circ Physiol. 2010 Sep; 299 (3):H690-8 Epub 2010 July 09 PMID: 20622112 PMCID: 2944479 DOI: 10.1152/ajpheart.01032.2009.

Audio/Video/CD-ROM/etc.

1. **Alli A**, *Involving one member of a patient's family can benefit the patient and boost work efficiency*. American College of Physicians (ACP) Internist Internal Medicine Pearls from I.M. Peers <https://acpinternist.org/archives/2022/07/incorporating-families-into-the-care-team.htm>. 2022.
2. Christensen A, Lorenz A, Feely MA, Havyer RD, Kilpatrick M, **Alli A**, Carey EC. Ask-Tell-Ask <http://intranet.mayo.edu/charlie/center-palliative-medicine/files/2020/05/5.-Ask-Tell-Ask-Single-Slide-1.pdf.2020>
3. Lorenz AK, Christensen A, Feely MA, Havyer R, **Alli A**, Kilpatrick M, Carey EC. COVID-19: Clinical Communication Tools <http://intranet.mayo.edu/charlie/center-palliative-medicine/covid-19-communication/.2020>
4. Havyer RD, Lorenz A, Feely MA, Christensen A, **Alli A**, Kilpatrick M, Carey EC. Discussing Prognosis - ADAPT <http://intranet.mayo.edu/charlie/center-palliative-medicine/files/2020/06/2.-Discussing-Prognosis-ADAPT.pdf.2020>
5. Christensen A, Lorenz A, Feely MA, Havyer RD, Kilpatrick M, **Alli A**, Carey EC. Exploring Patient Values <http://intranet.mayo.edu/charlie/center-palliative-medicine/files/2020/05/5.-Exploring-Patient-Values-1.pdf.2020>
5. Lorenz A, Feely MA, Christensen A, Havyer RD, Kilpatrick M, **Alli A**, Carey EC. Finding and Documenting Advance Directives in EPIC <http://intranet.mayo.edu/charlie/center-palliative-medicine/files/2020/05/EPIC-ACP-Document.pdf.2020>
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