

Allycare Assessment Report

Name:

N/A

Gender:

female

Date of assessment:

N/A

Age:

N/A

✓ Health Score

This score is based on the assessments you've completed. Offering a clear snapshot of your current health and fitness. Use it to track progress and target areas for improvement.

Health Status

{healthScore}

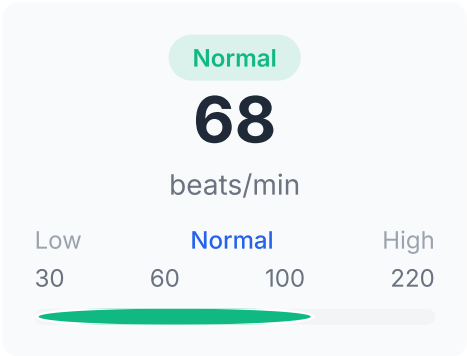
Good

Great

Key Body Vitals

♥ Heart Rate

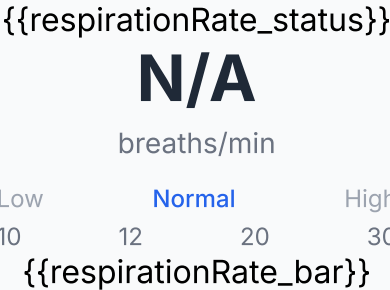
The heart rate is the number of times heart beats in a minute. A normal resting heart rate for adults ranges from 60 to 100 beats per minute.



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Respiration Rate

The respiration rate is the number of breaths taken per minute. It is typically measured at rest by counting the chest rises for one minute.



Body Composition Analysis

