

1. Project Overview

Project Title:

Bhameshwari Counselling Centre® – Professional Counselling & Mental Health Services

Location:

**Yamuna Vihar 102, Near, THDC Colony, Dehrakhas, Patel Nagar, Dehradun, Uttarakhand
248001**

GSTIN : 05AJZPD8704C1Z7

Sector:

Mental Health | Psychological Counselling | Behavioural Therapy | Guidance & Wellness

Registration:

- MSME Registered – Government of India
- Recognized & Approved Counselling Centre

Founding Director:

Dr. Devinder Dhalla (hc)

2. Introduction & Background

Bhameshwari Counselling Centre® (BCC®) operates under the Bhameshwari Group, a professionally registered organization working in the domains of **Psychology, Counselling, Social Welfare, and Mental Health Guidance**.

The centre was established with a clear vision:

 **To provide authentic, ethical, confidential, and result-oriented psychological counselling services** to individuals, families, couples, students, and institutions.

BCC® has grown into one of the **most trusted counselling centres in Uttarakhand**, serving thousands of clients with evidence-based and holistic counselling practices.

3. Founder & Director Profile

Dr. Devinder Dhalla (hc)

Counselling Psychologist | Behaviour Therapist | Wellness Facilitator

Professional Recognition:

- RCI Licensed Professional
- Registered & Approved Counsellor – Govt. of India
- Registered Medical & Therapy Assistant – Govt. of India
- IPHM (UK) Accredited Practitioner
- APA International Affiliate

Specialization Areas:

- Counselling Psychology
- Behaviour Therapy
- Anxiety, Stress & Depression Management
- Intrusive Thoughts & Emotional Regulation
- Relationship & Marital Counselling
- Career & Life Coaching
- Addiction Counselling (Mobile / Gaming)

Dr. Dhalla is widely known as "**Asha Ki Kiran**", having transformed the lives of individuals who had lost hope and direction.

4. Vision & Mission

Vision

To create a mentally healthy society by delivering **ethical, practical, and life-transforming counselling services** rooted in compassion and professionalism.

Mission

- To guide individuals from confusion to clarity
 - To promote emotional resilience and mental stability
 - To provide confidential, judgment-free counselling
 - To simplify psychological healing using real-life approaches
-

5. Counselling Services Offered

BCC® provides **structured, confidential, and evidence-based counselling services**, including:

- Individual Counselling (100% Confidential)
- Stress, Anxiety & Depression Counselling

- Couple & Relationship Counselling
 - Pre & Post Marital Counselling
 - Parent-Child Counselling
 - Career Counselling & Guidance
 - Anger Management
 - Intrusive Thoughts Management
 - Mobile & Gaming Addiction Counselling
 - Family Partnership Support
 - Specialized Therapies (CBT, MBCT, ACT, NLP)
-

6. Professional Credentials & Memberships

Key Certifications

- International NLP Practitioner Associate
- International Mental Health Ambassador
- Innovator of **GERT© & ® Therapy**

Professional Memberships

- Counsellors Council of India (CCI)
 - American Psychological Association (APA) – International Affiliate
 - Minnesota Psychological Association
 - Uttarakhand Psychological Association
 - Indian Counselling Association
-

7. Research & Academic Contributions

Dr. Dhalla has authored and co-authored **multiple international research papers**, including:

- *Generation Gap & Personality Profiles* – IJISRT
- *Learning without Mistakes – Action Research Study*
- *Anxiety Healing & Integrated Therapeutic Interventions*
- *Impact of Social Media on Teen Behaviour*

These publications reinforce BCC®'s **scientific credibility and academic authority**.

8. Awards & Recognition

- **Uttarakhand Ratna Award – 2019**

- **Achiever's Award – 2019** (By Hon. CM, Uttarakhand)
 - **Swarnajyoti Mahasamman – 2021**
 - **Youth Icon – 40 Leaders Under 40 (2023)**
 - **Gold Medalist – Uttarakhand Psychological Association**
 - Honored as **Corona Warrior** for pandemic service
-

9. Service Delivery Model

- Advance appointment-based counselling
 - Offline & Online sessions available
 - Confidential and ethical practice
 - Structured session duration & fee transparency
 - Family-friendly and non-judgmental environment
-

10. Impact & Client Trust

- **⭐ 4.8 Rating from 60+ Verified Reviews**
 - Recognized as **3 Best Rated™ Counselling Centre in Dehradun**
 - Verified, inspected, and quality-checked
 - Trusted by individuals, families, students, and professionals
-

11. Compliance & Ethical Disclaimer

Bhameshwari Counselling Centre® is **not a suicide prevention helpline**.

In emergency or high-risk cases, clients are advised to contact authorized medical or suicide prevention services immediately.

12. Contact & Appointment Information

 **Location:** Dehradun, Uttarakhand
 **Reception Desk:** +91 89233 01425

 **Email:** helpdesk.drdhalla@gmail.com

Linkedin :-

https://www.linkedin.com/in/drdevenderdhalla/?original_referer=https%3A%2F%2Fwww%2Egoogle%2Ecom%2F&originalSubdomain=in

Important Notes:

- Call before booking online appointments
 - Session fees are non-refundable once booked
-

Conclusion

Bhameshwari Counselling Centre® stands as a **benchmark institution in professional counselling and mental health services in Uttarakhand**. Under the leadership of **Dr. Devinder Dhalla (hc)**, the centre continues to deliver **ethical healing, psychological clarity, and life transformation** with unwavering dedication.

Color Code :- Primary: #196761

Secondary :- #f59f89