

# Regularization and the Bias-Variance Tradeoff

Park Effects: Estimate the park effect  $\alpha$  of each MLB ballpark, which represents the expected runs scored in one half-inning at that park above that of an average park, if an average offense faces an average defense

data all half-innings 2017-2019

Variables  $i$  is the index of the  $i^{\text{th}}$  half-inning  
 $y_i$  Runs scored in half-inning  $i$   
 $\text{PARK}(i)$

weather/day of the year

offensive team strength  
defensive team strength

$ot(i)$  = offensive team at half-ing  $i$

$dt(i)$  = defensive team

Model

$$y_i = \beta_0 + \alpha_{\text{PARK}(i)} + \varepsilon_i, \quad \mathbb{E} \varepsilon_i = 0$$

Model

$$y_i = \beta_0 + \alpha_{\text{PARK}(i)} + \beta_{ot(i)} + \gamma_{dt(i)} + \varepsilon_i$$

$$\beta_{\text{ot}(i)}$$

30 off. teams Phi, LAD, ...

$\text{ot}(i)$  = the off. team in half-ing i

$$\beta_{\text{LAD}}, \beta_{\text{Phi}}, \dots$$

Equivalently,

$$y_i = x_i^T \beta + \varepsilon_i$$

$X$  is a matrix whose  $i^{\text{th}}$  Row is defined by

row  $i$

$$x_i^T = [1, \underbrace{0 \text{ 's everywhere}}_{\text{except } 1 \text{ at part}(i)}, \underbrace{0 \text{ 's everywhere}}_{\text{except } 1 \text{ at ot}(i)}, \underbrace{0 \text{ 's everywhere}}_{\text{except } 1 \text{ at dt}(i)}]$$

$$x_i^T = [1, \overset{\text{intercept}}{\bullet}, \overset{\text{part} 1}{\bullet}, \dots, \overset{\text{part 30}}{0}, \overset{\text{off} 1}{\bullet}, \dots, \overset{\text{off 30}}{0}, \overset{\text{def} 1}{\bullet}, \dots, \overset{\text{def 30}}{0}]$$

$$\beta = \begin{pmatrix} \beta_0 \\ \beta_1 \\ \vdots \\ \beta_{30} \end{pmatrix}$$

$$\gamma = \begin{pmatrix} \gamma_1 \\ \gamma_2 \\ \vdots \\ \gamma_{30} \end{pmatrix}$$

## Problem: Multicollinearity

When home team is on offense,  $\text{Park}(i) = \text{ot}(i)$   
when road team is on offense,  $\text{Park}(i) = \text{dt}(i)$   
so it is tough to disentangle

$\alpha_{\text{park}(i)}$  from  $\beta_{\text{ot}(i)}$ ,  $\gamma_{\text{dt}(i)}$

Are the runs scored in this half-inning  
due to the offensive home team being  
good or the park being easy?

$$\underbrace{y_i}_{\text{Runs scored in halfinning } i} = \beta_0 + \underbrace{\alpha_{\text{park}(i)}}_{\text{Park effect}} + \beta_{\text{ot}(i)} + \gamma_{\text{dt}(i)} + \epsilon_i$$

To disentangle these effects, we need a huge number of instances of Road teams on offense to estimate  $\beta_{\text{ot}(i)}$  well, we need a huge number of instances of Home teams on offense

to estimate  $\alpha_{dt(i)}$ ,  $\beta_{dt(i)}$  well, with a good  
 $\rho_{dt(i)}$  and  $\gamma_{dt(i)}$  we can estimate  $\delta_{park(i)}$  well.

Our dataset of all half-innings from 2017-2019  
consists of  $\approx 121,000$  half-innings (Rows).

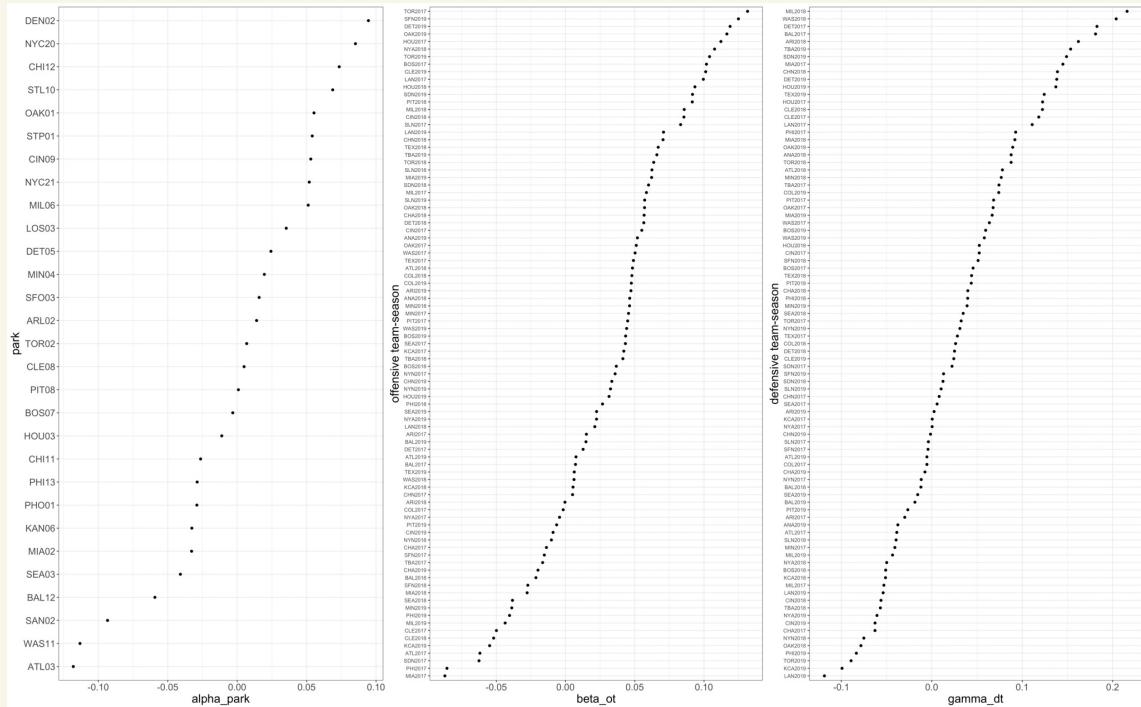
This may seem like a huge amount of  
data. But, with this multicollinearity, is it  
really?

## Simulation Study

Idea Pretend we knew  $\alpha, \beta, \gamma$   
Generate fake historical data  $y$   
(121,000 fake innings)  
Then estimate  $\alpha$  (and  $\beta, \gamma$ ) from this  
fake data.

Then compare  $\hat{\alpha}$  to "true"  $\alpha$  which  
we know.

\* Suppose the "true" coefficients are



Then, given those, let's generate  $y$  according to

$$y_i = \underbrace{\beta_0 + \alpha_{\text{par}(i)} + \beta_{\text{ot}(i)} + \gamma_{\text{df}(i)}}_{x_i^T \beta} + \varepsilon_i$$

$$y_i = \text{Round}\left(N\left(x_i^T \beta, 1\right)\right)$$

$$\mathcal{N}_+(x_i^\top \beta, 1) = x_i^\top \beta + \varepsilon_i$$

there exist some  $\varepsilon_i$  which satisfy the  
equation

$$\mathbb{E} \varepsilon_i = 0$$

$$\text{var}(\varepsilon_i) = 1$$

$$y = X\beta + \varepsilon$$

if we're only interested in point estimate  $\hat{\beta}$ ,  
we only need to know  $E[\varepsilon] = 0$   
and anything about the actual distribution of  $\varepsilon$   
is irrelevant.

$\hat{\beta}$  is unbiased

$$E[\hat{\beta}]_{OLS} = E[(X^T X)^{-1} X^T y] = (X^T X)^{-1} X^T E[y]$$

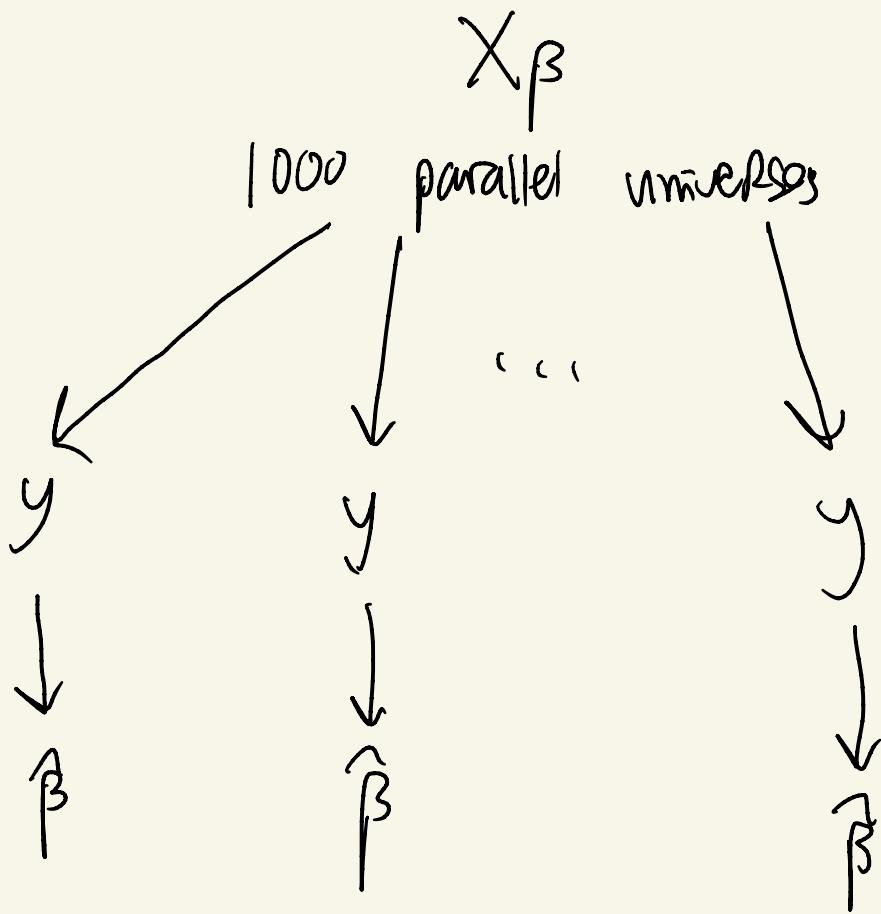
$$= (X^T X)^{-1} X^T E[X\beta + \varepsilon]$$

$$= [(X^T X)^{-1} X^T (X)\beta] + (X^T X)^{-1} X^T E[\varepsilon]$$

$$= \beta$$

$$\varepsilon \sim N(0, \sigma^2) \rightarrow CI \text{ on } \hat{\beta}$$
$$\hat{\beta} \pm 2\sigma$$

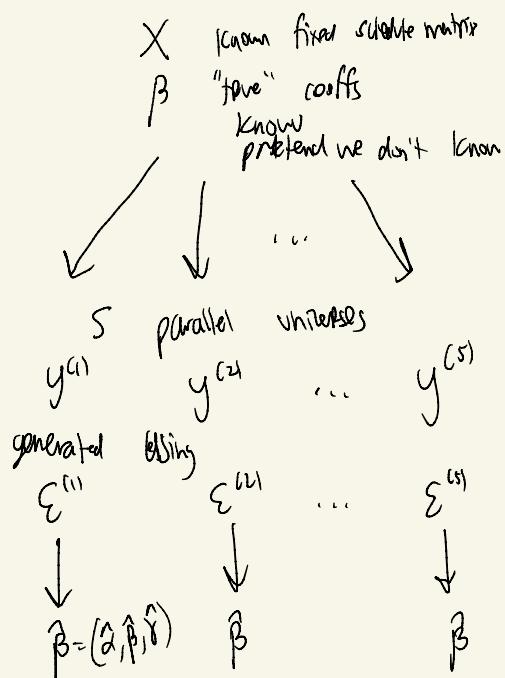
$$y = X\beta + \epsilon$$



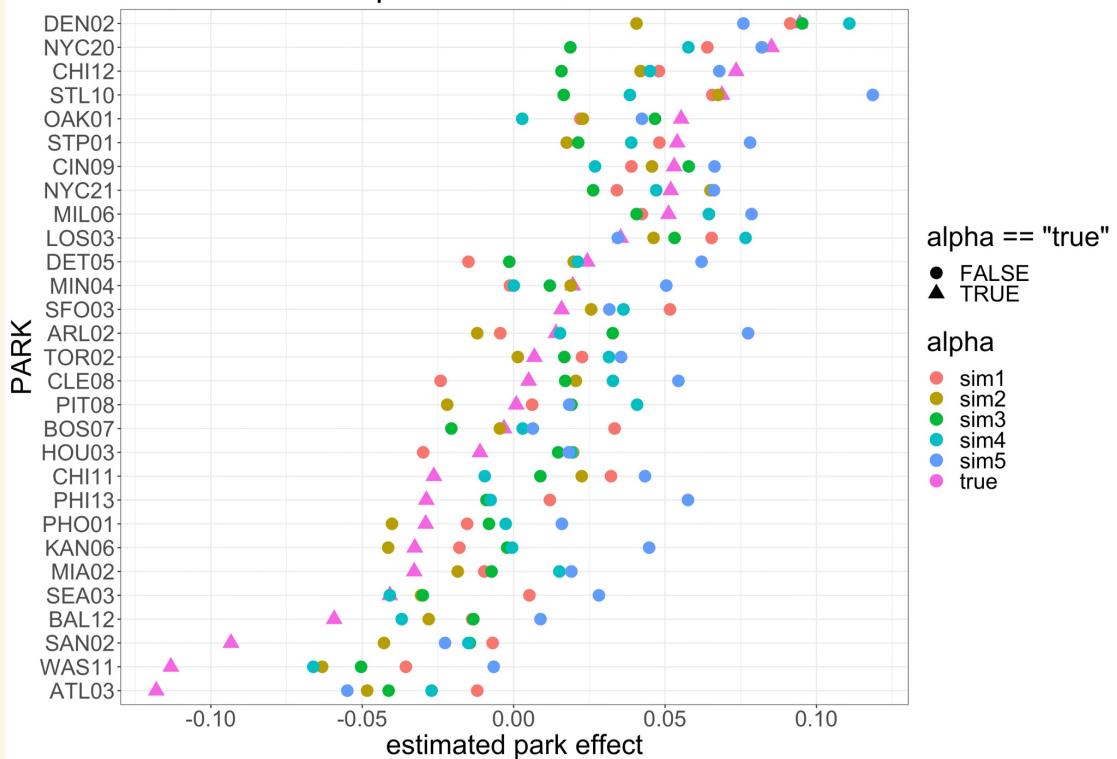
Where did  $x_i^T$  come from?  $\rightarrow$  used the actual X matrix (the actual schedule)

Where is  $\varepsilon_i$ ?  $\rightarrow$  implicit in the N

- \* Now we have "true" known coefficients  $(\beta, \gamma, \alpha)$ , we have the observed schedule matrix  $X$ , the fake generated runs stored vector  $y$ .
- \* Using our fake historical dataset  $(X, y)$ , let's use linear regression to estimate the coefficients,  $(\hat{\alpha}, \hat{\beta}, \hat{\gamma})$ .  
$$(X^T X)^{-1} X^T y$$



estimated park effects across M=5 sims



\* Due to randomness in the training dataset,  
from the noise in generating  $y$ ,  
 $\epsilon$

Each simulation yields very different  
park effect estimates  $\hat{\alpha}$  even though the  
"true" park effects  $\alpha$  are the same.

\* These OLS (Ordinary Least Squares) coefficients  
 $\hat{\alpha}$  are quite sensitive to the noise of  
the training set, even though we have  
121,000 innings of data.

\* How can we make the estimated  
coefficients less sensitive to the  
Random idiosyncrasies of our  
training dataset?

from data  $(X, y)$

Q What's the least sensitive, dumb,  
Estimator you can think of?

zero

Idea Blend the strengths of OLS and zero:

- Constant values like zero  
are Not sensitive to the random  
idiosyncrasies of training data,  
but are wrong (on average)  
for many parts
- OLS estimates are very sensitive  
to the randomness of the training  
set, especially in the presence of  
multicollinearity, but are  
unbiased (on average, they are  
right)

- tradeoff b/t sensitivity and unbiasedness

Idea Shrink the OLS estimates towards zero.

Make them smaller! And hence less sensitive.

$$\text{OLS: } \hat{\beta}^{(\text{OLS})} = \underset{\beta}{\operatorname{argmin}} \text{RSS}(\beta) = \underset{\beta}{\operatorname{argmin}} \sum_{i=1}^n (x_i^\top \beta - y_i)^2$$

NOW:

$$\underset{\beta}{\operatorname{argmin}} \sum_{i=1}^n (y_i - x_i^\top \beta)^2 + \lambda \sum_j \beta_j^2 = L(\beta)$$

Want  $x_i^\top \beta$  close to  $y$       make  $\beta$  small  
Penalty term      Shrinkage

A larger  $\beta_j$  has larger  $\beta_j^2$   
so if we are minimizing  $L(\beta)$   
we want  $\beta_j$  to be smaller

\* This technique of adding a penalty term to our loss function is called Regularization.

This is  $L_2$  Regularization  $(\beta_j^2)$

$$|\beta_j| \rightarrow L_1$$

\* The hyperparameter  $\lambda > 0$  describes by how much we are penalized for having larger  $\beta_j$ .

$\lambda$  is simply a number which is tuned to optimize predictive performance.

\* Ridge Regression = OLS +  $L_2$  Regularization

$$\hat{\beta}^{(\text{Ridge})} = \underset{\beta}{\operatorname{Argmin}} \sum_{i=1}^n (y_i - x_i^T \beta)^2 + \lambda \sum_{j=1}^p \beta_j^2$$

$$= \underset{\beta}{\operatorname{argmin}} \quad (y - X\beta)^T (y - X\beta) + \lambda \beta^T \beta$$

$$\beta^T \beta = (\beta_1, \dots, \beta_p) \begin{pmatrix} \beta_1 \\ \vdots \\ \beta_p \end{pmatrix} = \beta_1^2 + \dots + \beta_p^2$$

Calculus: gradient = 0 and solve

$$\nabla_{\beta} L(\beta) = \nabla_{\beta} \left[ (y - X\beta)^T (y - X\beta) + \lambda \beta^T \beta \right]$$

$$= \nabla_{\beta} \left[ y^T y - 2\beta^T X^T y + \beta^T X^T X \beta \right] + \lambda \nabla_{\beta} [\beta^T \beta]$$

$$= \left[ -2X^T y + 2X^T X \beta \right] + \lambda [2\beta]$$

$$\frac{\partial}{\partial \beta_j} [\beta^T \beta] = \frac{\partial}{\partial \beta_j} (\beta_1^2 + \dots + \beta_p^2) = 2\beta_j$$

$$\nabla_{\beta} [\beta^T \beta] = \left( \frac{\partial}{\partial \beta_1} [\beta^T \beta], \dots, \frac{\partial}{\partial \beta_p} [\beta^T \beta] \right)$$

$$= 0$$

$$\Rightarrow \underbrace{(2X^T X + 2\lambda I)}_{p \times p} \beta = 2X^T y$$

$$2\lambda\beta \rightarrow 2\lambda I \beta$$

$$I = \begin{pmatrix} 1 & & \\ & \ddots & \\ 0 & & 1 \end{pmatrix}$$

$$\Rightarrow (X^T X + \lambda I) \cdot \beta = X^T y$$

$$\underbrace{(X^T X + \lambda I)^{-1}}_I (X^T X + \lambda I) \beta = (X^T X + \lambda I)^{-1} X^T y$$

$$\Rightarrow \hat{\beta}^{(\text{Ridge})} = (X^T X + \lambda I)^{-1} X^T y$$

$$\hat{\beta}^{(\text{OLS})} = (X^T X)^{-1} X^T y$$

$$\lambda I = \begin{pmatrix} \lambda & & \\ & \ddots & \\ 0 & & \lambda \end{pmatrix} \quad \text{Ridge}$$

pretend  $x^T x$  is a number

$(X^T X)^{-1}$  is like  $\frac{1}{x^T x}$

$(X^T X + \lambda I)^{-1}$  is like  $\frac{1}{x^T x + \lambda}$

if  $x^T x \approx 0$ ,  $\frac{1}{x^T x}$  is large  
and unstable

$\frac{1}{x^T x + \lambda}$  is more  
stable

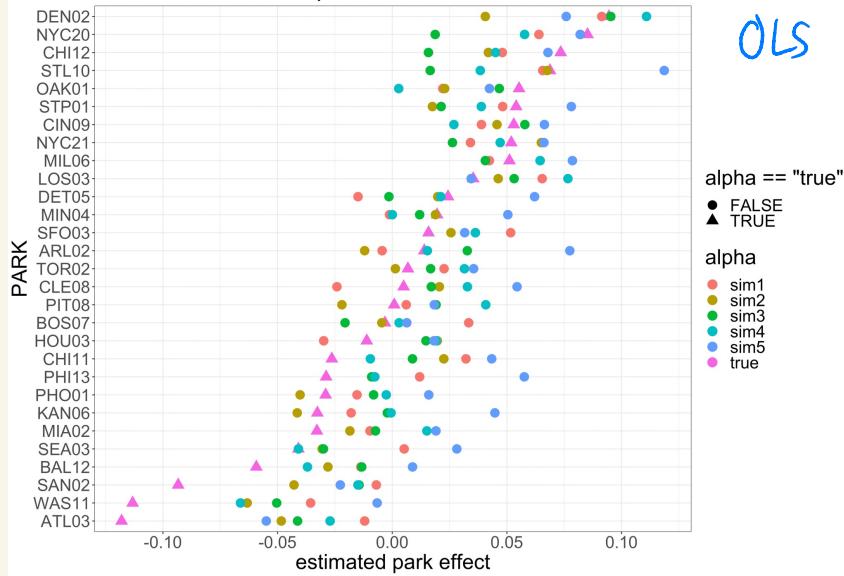
In the presence of multicollinearity,

$(X^T X)^{-1}$  is like dividing by zero  
in some way.

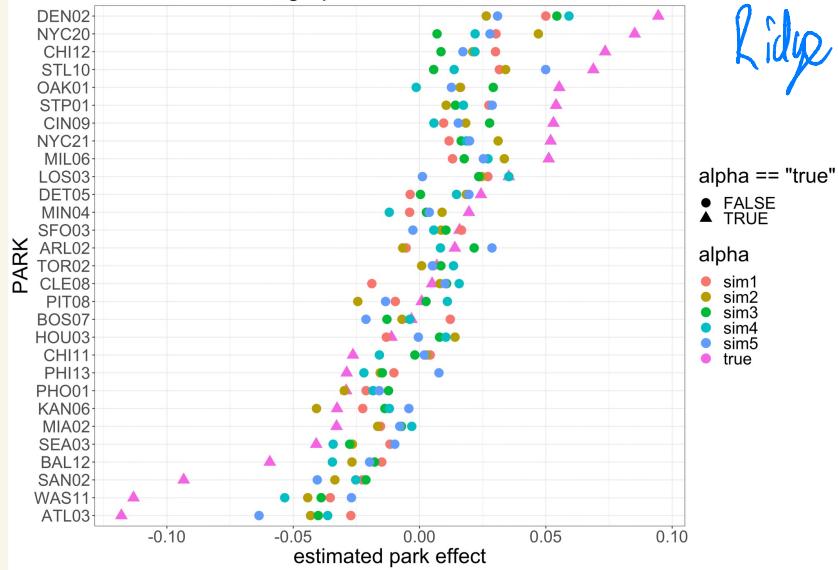
Let's look at  $\hat{\beta}^{(\text{Ridge})}$  and  $\hat{\beta}^{(\text{OLS})}$

$$\lambda = 0.3$$

estimated OLS park effects across M=5 sims



estimated Ridge park effects across M=5 sims

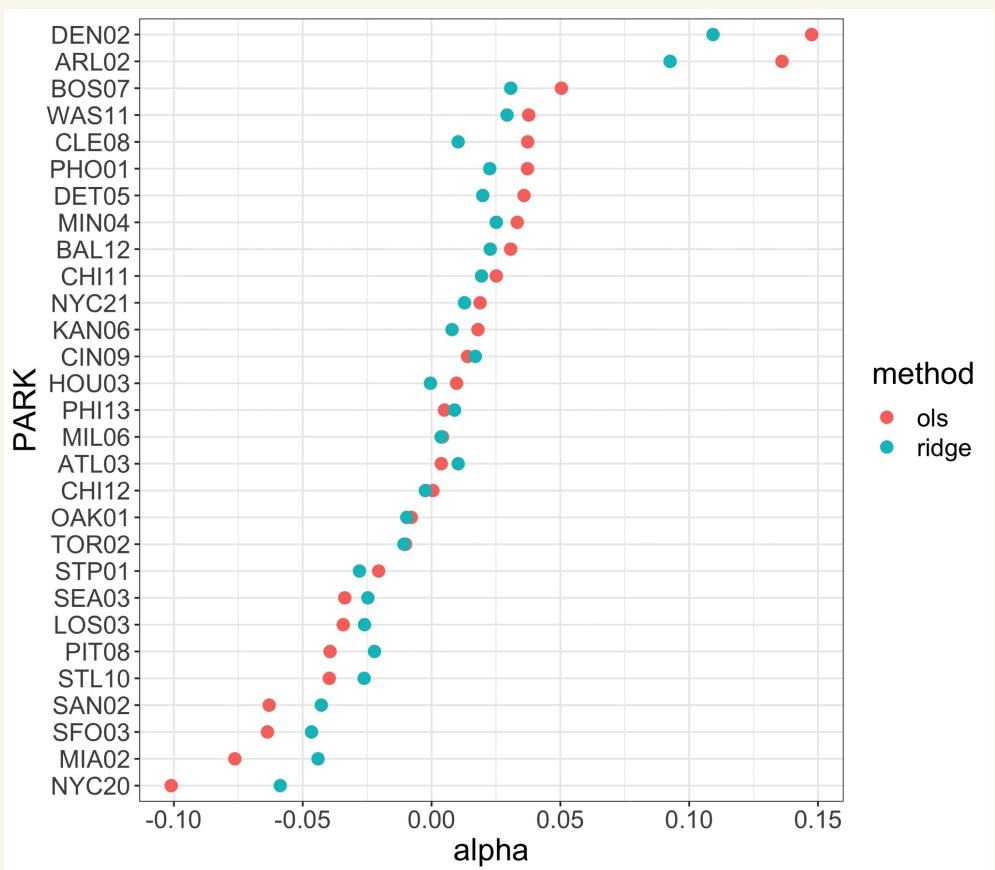


Ridge park effects are more stable  
 across simulations, even though they  
 are unbiased!

```

> ### error
> err(beta.pk.df.sim)
[1] 0.03528335
> err(beta.pk.df.sim_ridge)
[1] 0.03804942
> ### error on non-outliers
> err(beta.pk.df.sim %>% filter( abs(beta.pk.true) < 0.05 ) )
[1] 0.02533202
> err(beta.pk.df.sim_ridge %>% filter( abs(beta.pk.true) < 0.05 ) )
[1] 0.01690153
> ### error on outliers
> err(beta.pk.df.sim %>% filter( abs(beta.pk.true) >= 0.05 ) )
[1] 0.04406852
> err(beta.pk.df.sim_ridge %>% filter( abs(beta.pk.true) >= 0.05 ) )
[1] 0.05359246

```



How do we quantify the sensitivity of an estimator to the Random Idiosyncrasies of a training dataset?

Model

$$y_i = f(x_i) + \varepsilon_i$$

"true" underlying function  $f$

noise  $\varepsilon_i$        $E\varepsilon_i = 0$

$$E(y_i | x_i) = f(x_i)$$

Goal of ML: estimate  $f$  (obtain  $\hat{f}$ )  
as best as possible

from a training dataset

$$\mathcal{D} = \{(x_i, y_i)\}_{i=1}^n$$

$$\hat{f} = \hat{f}(x; \mathcal{D})$$

Want our estimator  $\hat{f}$  to be as "close" to the true  $f$  as possible;

On average we want  $\hat{f}$  to be as close to  $f$  as possible,

$$\text{MSE}(f, \hat{f}) := \mathbb{E} \left[ (f(x) - \hat{f}(x; D))^2 \right]$$

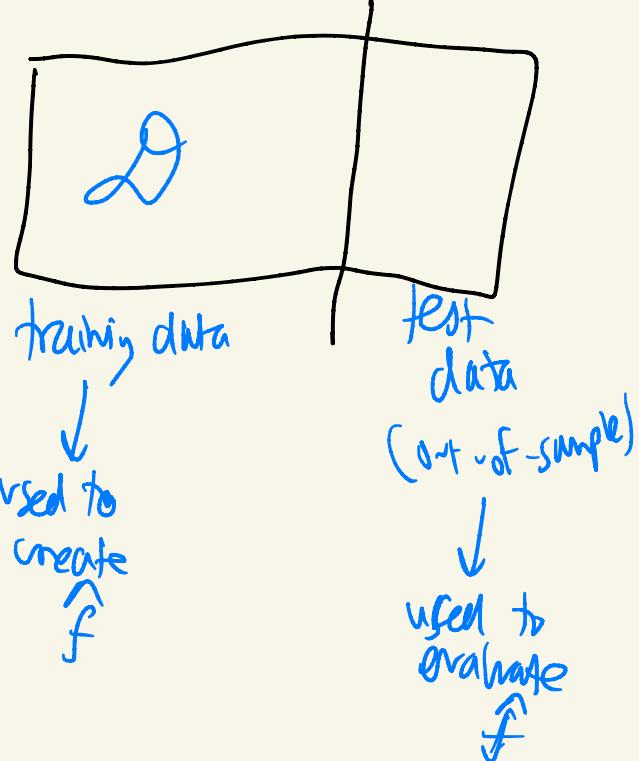
Averaging over the randomness in the training set  $D$

We don't actually observe  $f$ , so

$$\text{MSE} = \mathbb{E} \left[ (\mathbb{Y}(x) - \hat{f}(x; D))^2 \right]$$

Out-of-sample testing data

full dataset



$$\begin{aligned} \text{MSE}(x; D) &= \mathbb{E}[(y - \hat{f}(x; D))^2] \\ &= \mathbb{E} (y - \hat{f})^2 \quad \hat{f} = \hat{f}(x; D) \\ &= \mathbb{E} (y^2 - 2y\hat{f} + \hat{f}^2) \quad x \mapsto \hat{f}(x) \\ &= \mathbb{E} y^2 - 2 \mathbb{E}(y\hat{f}) + \mathbb{E}(\hat{f}^2) \\ y &= f + \varepsilon \end{aligned}$$

$$= E(f + \varepsilon)^2 - 2E(f + \varepsilon)\hat{f} + E\hat{f}^2$$

$$= E(f^2 + 2f\varepsilon + \varepsilon^2)$$

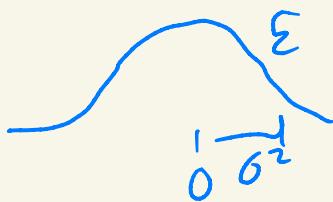
$$- 2E(f\hat{f} + \varepsilon\hat{f}) + E\hat{f}^2$$

$\rightarrow f(x)$  is (unknown) fixed / constant

$$= f^2 + \cancel{2fE\varepsilon} + E\varepsilon^2$$

$$\cancel{-2fE\hat{f}} - \cancel{2E(\hat{f})E(\varepsilon)} + E\hat{f}^2$$

$$E\varepsilon = 0$$



$$E\varepsilon = 0$$

$$E\varepsilon^2 = \sigma^2$$

$$= f^2 - 2fE\hat{f} + E\hat{f}^2 + E\varepsilon^2$$

$$= \cancel{f^2} - \cancel{2fE\hat{f}} + \underline{(E\hat{f})^2} + E\hat{f}^2 - \underline{(E\hat{f})^2} + E\varepsilon^2$$

$$= \underbrace{\left(f - E\hat{f}\right)^2}_{\text{Bias}^2} + \left[E\hat{f}^2 - (E\hat{f})^2\right] + E\varepsilon^2$$

$$Y = f + \varepsilon$$

$$MSE(x; D) = E\left[(Y - \hat{f}(x; D))^2\right]$$

$$= \left(f - E\hat{f}\right)^2 + \left[E\hat{f}^2 - (E\hat{f})^2\right] + E\varepsilon^2$$

*out-of-sample*

$$MSE(\hat{f}) = \text{Bias}(\hat{f})^2 + \text{VAR}(\hat{f}) + \text{IRREDUCIBLE ERROR}$$

## The Bias-Variance Tradeoff

- OLS : ~~unbiased~~ higher variance  $E\hat{\beta}^{(OLS)} = \beta$

↓  
Can't actually compute this

- Ridge: biased  
lower variance (more stable)
- variance  $\leftarrow$  sensitivity to the training set

Overfitting = too much variance  
 = memorizes noise <sup>in</sup>  
 the training set,  
 rather than getting the  
 underlying trend

$$\text{Bias}(\hat{f}) = E(f - \hat{f})^2$$

\*  $f$  in real life is the "true"  
 underlying function

$$\hat{f} = \text{OLS} \rightarrow \hat{X}\hat{\beta} + \hat{\epsilon}$$

FALSE