

# Fresh N Go

## FOOD MENU



### Signature Bowls

#### Fresh N Go Bowl - \$14.05

White Rice, Spring Mix, Red Cabbage, Cherry Tomato, Cucumber, Cilantro, Radish, Edamame,

#### Tropical Poki Bowl - \$15.95

Spring Mix, White Rice, Mango Salsa Fresca, Avocado, Edamame, Cilantro, Spring Onions, Sesame Seeds, Ahi Tuna

#### Mediterranean Bowl - \$14.95

Spring Mix, White Rice, Garbanzo Beans, Olives, Cherry Tomatoes, Red Onion, Cucumber, Feta Cheese, Garlic-Cilantro Sauce, Australian Lamb Leg.

#### Earthy Bowl - \$13.75

Spring mix, Quinoa, Avocado, Spring onions, Cucumber, Cherry tomatoes, Sesame Seeds, Chipotle sauce, Grilled tofu & Sweet potatoes.

#### Miami Bowl - \$14.95

White Rice, Black Beans, mango Salsa fresca, Avocado, Sauteed Platinas, cilantro Lemon, Spicy avocado sauce, Chicken.

#### Mexican Bowl - \$14.95

White rice, Black beans, Corn, Avocado, Spring Onions, Mexican Cheese, Radish, Jalapeños, Mango Habanero, Beef

#### Fresh N Go Wrap - \$11.99

Craft Your Own Wrap!

#### Wild Caught Salmon - \$4.25

### Desserts

Blue Spirulina Chia Pudding - \$6.99

Mango Tart - \$6.99

### Drinks

S Pellegrino Mineral Water - \$3.25

Sparkling Soda Water - \$3.05

Fruit Flavored Tea - \$3.25

Fiji Water - \$3.25

Topo Chico Mineral Water - \$3.25

Malbec Red - \$11.25

Red Blend - \$9.95

Suvinon Blanc - \$12.95



# BREAKFAST FOOD MENU

## Break Fast

  
ALMA &  
VAIDY  
CO.

### The Fresh N Go -

3 Eggs any Style Sausage Spanish Style  
Potatoes and toast ..... \$14.25

### Chorizo N Eggs

3 Eggs Chorizo, Cheese, Avocado, Spanish  
Style..... \$15.95

### The Fresh

3 Scrambled Eggs, Cherry Tomatoes, Green  
Onions, Goat Cheese, Italian Sausage and  
Toast..... \$14.95

### Molletes

Open Face Bread with Refried Beans, Cheese,  
and Pico De Gallo..... \$9.95

### Ave Toast

Sourdough Bread, Avocado, Cherry Tomatoes,  
Balsamic Drizzle..... \$12.00  
(Add Eggs N Sausage \$3.50)

### Buttermilk Pancakes

(2)..... \$9.00 (3)..... \$11.00

### French Toast

Topped with Powder Sugar and  
Strawberries..... \$12.75

### Fresh Fruit

Greek Yogurt and Granola..... \$9.50

### Morning Wrap

Your Choice of White, Wheat, or Spinach  
Flour Tortilla, Spanish Style  
Potatoes..... \$13.95

### The Miami Breakfast

2 Eggs any Style, 2 Pancakes Topped with  
Plantains, and a Sausage.... \$13.95

### Happy Spanish Breakfast

2 Eggs, Spanish Potatoes Refried Beans Salsa  
Verde 2 Tortillas

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