

Fresh N Go

FOOD MENU



Signature Bowls

Fresh N Go Bowl - \$14.05

White Rice, Spring Mix, Red Cabbage, Cherry Tomato, Cucumber, Cilantro, Radish, Edamame,

Tropical Poki Bowl - \$15.95

Spring Mix, White Rice, Mango Salsa Fresca, Avocado, Edamame, Cilantro, Spring Onions, Sesame Seeds, Ahi Tuna

Mediterranean Bowl - \$14.95

Spring Mix, White Rice, Garbanzo Beans, Olives, Cherry Tomatoes, Red Onion, Cucumber, Feta Cheese, Garlic-Cilantro Sauce, Australian Lamb Leg.

Earthy Bowl - \$13.75

Spring mix, Quinoa, Avocado, Spring onions, Cucumber, Cherry tomatoes, Sesame Seeds, Chipotle sauce, Grilled tofu & Sweet potatoes.

Miami Bowl - \$14.95

White Rice, Black Beans, mango Salsa fresca, Avocado, Sauteed Platinas, cilantro Lemon, Spicy avocado sauce, Chicken.

Mexican Bowl - \$14.95

White rice, Black beans, Corn, Avocado, Spring Onions, Mexican Cheese, Radish, Jalapeños, Mango Habanero, Beef

Fresh N Go Wrap - \$11.99

Craft Your Own Wrap!

Wild Caught Salmon - \$4.25

Desserts

Blue Spirulina Chia Pudding - \$6.99

Mango Tart - \$6.99

Wine

Malbec Red - \$11.25

Red Blend - \$9.95

Suvinon Blanc - \$12.95

Drinks

S Pellegrino Mineral Water - \$3.25

Sparkling Soda Water - \$3.05

Fruit Flavored Tea - \$3.25

Fiji Water - \$3.25

Topo Chico Mineral Water - \$3.25

BREAKFAST FOOD MENU



Break Fast

The Fresh N Go -

3 Eggs any Style Sausage Spanish Style
Potatoes and toast \$14.25

Chorizo N Eggs

3 Eggs Chorizo, Cheese, Avocado, Spanish
Style..... \$15.95

The Fresh

3 Scrambled Eggs, Cherry Tomatoes, Green
Onions, Goat Cheese, Italian Sausage and
Toast..... \$14.95

Molletes

Open Face Bread with Refried Beans, Cheese,
and Pico De Gallo..... \$9.95

Ave Toast

Sourdough Bread, Avocado, Cherry Tomatoes,
Balsamic Drizzle..... \$12.00
(Add Eggs N Sausage \$3.50)

Buttermilk Pancakes

(2)..... \$9.00 (3)..... \$11.00

French Toast

Topped with Powder Sugar and
Strawberries..... \$12.75

Fresh Fruit

Greek Yogurt and Granola..... \$9.50

Morning Wrap

Your Choice of White, Wheat, or Spinach
Flour Tortilla, Spanish Style
Potatoes..... \$13.95

The Miami Breakfast

2 Eggs any Style, 2 Pancakes Topped with
Plantains, and a Sausage.... \$13.95

Happy Spanish Breakfast

2 Eggs, Spanish Potatoes Refried Beans Salsa
Verde 2 Tortillas