

Iowa State University Greek Week  
2015 Rulebook  
March 22<sup>nd</sup>-29<sup>th</sup>



“Be the Tradition”

The Greek Community at Iowa State is full of friendships, pride, and tradition.

One of the oldest lasting traditions is Greek Week. Greek Week gives the members of the Greek Community an opportunity to come together and celebrate for a week of friendly competitions, events, and awards. During Greek Week, it is our expectation that all of the chapters compete with enthusiasm, integrity, respect, and pride.

Reminder: We would like to note that active participation in Greek Week is voluntary and is limited to those who are listed on each chapter's roster. All participants **MUST** complete the Greek Week waiver in order to participate in any Greek Week event.

Those outside of the Greek community are encouraged to attend the planned events and competitions, but competition is limited to Greek members only.

**Note:** *Greek Week is a student-led initiative. Please remember you are representing the Greek Community, Iowa State University and the greater Ames community. We expect to see your values in action at all times. Greek Week Central wishes you a week full of fun and friendly competition. Best of luck!*

# Table of Contents

ALCOHOL POLICY p. 4 – 5

WAIVERS, ROSTERS, DUES, SPORTSMANSHIP, SAFETY p. 6

CENTRAL AND CREW COMMITTEES p. 7-8

DISAFFILIATION CONTRACT p. 9

GREEK WEEK TEAMS p. 10

SCHEDULE OF EVENTS p. 11

POINT BREAKDOWN p. 12

CO-CHAIR CHECKLISTS & EVENT PATENTS p. 13-18

CREW CATEGORY p. 19

COMMUNITY SERVICE CATEGORY p. 20-24

SPIRIT CATEGORY p. 25-32

LIP SYNC CATEGORY p. 33-40

TOURNAMENTS CATEGORY p. 41-52

OLYMPICS CATEGORY p. 53-63

EDUCATIONAL SPEAKER p. 64

CO-CHAIR TEAM MEETINGS p. 65

# Greek Week 2015

## Alcohol and Substance Policy

1. This policy will apply to all members of the Greek Community.
2. All facility based chapters are subject to their current alcohol policy in addition to the rules of Iowa State University, and the laws of the city of Ames, the state and the federal government-- i.e. NPC organizations shall have no alcohol on their premises at any time, IFC organizations will conduct their behavior in alignment with their assignment of being alcohol-prohibited, alcohol-restricted, or alcohol-permitted.
3. Non-facility chapters are subject to the rules and regulations of their local chapter bylaws, national organization policies, Iowa State University, state and federal law, and the premises which they are on at any given time.
4. Organizations may register functions. All functions must be registered through the appropriate channel(s) (i.e. The Office of Greek Affairs, Office of Judicial Affairs, and/or EAC). Any function found to be unregistered may result in one or more chapters being charged as such through their respective council or the university. All event registration rules apply regardless of alcohol involvement or not.
5. Individuals who are of age (21) may choose to responsibly consume alcohol at registered events, bars, restaurants, etc. All state and federal laws apply.
6. All Greek Week events are alcohol free and no alcohol may be brought to a Greek Week event or onto any Iowa State University property at any time. Your personal body is considered to be an open container.
7. If any individual is found during or after Greek Week to have knowingly contributed to the concealment of an unregistered event, or underage alcohol consumption or distribution, it will be encouraged that they are charged through the appropriate channel(s)- Chapter Standards Boards.
8. It is encouraged that Greek Week Central, Greek Week Crew and Chapter Leadership role model appropriate alcohol use behavior- this does not mean these individuals are on an alcohol ban, unless it is otherwise self-imposed.
9. It is the responsibility of every Greek Week Central and Greek Week Crew member and all Chapter Leadership to hold and turn-in any individual to the Greek Week Adviser and Co-Chair, who violates numbers #10-11. Not doing so would mean a reprimand from the Office of Greek Affairs and a conference call with national organization representatives for Chapter Leadership; and immediate removal from office for Greek Week Central and Greek Week Crew members. If a Greek Week Crew member is removed from office the team will lose the points for that member's participation.

# Greek Week 2015

## Alcohol and Substance Policy

### ALCOHOL VIOLATIONS

10. Regardless of age, if an individual is suspected to be intoxicated, any member of Greek Week Central may ask that individual to leave. If the individual refuses to leave immediately, this will be considered an alcohol violation and will result in a deduction of 150 points from the individual's team's current total Greek Week point accumulation. Additionally, the Greek Week Team Co-Chairs will be called to an immediate conference with the Office of Greek Affairs staff and Central Co-Chairs.
11. Regardless of age, if an individual is suspected to have alcohol, or be responsible for the intoxication of underage students at a Greek Week event- any member of Greek Week Central may notify Greek Week Central Co-Chairs, and a member of Central will remain with that individual until the ISU or Ames police can be called. This will be considered an alcohol violation. The team of that individual will lose 150 points from their current total Greek Week point accumulation. The Greek Week Team Co-Chairs will be called to an immediate conference with the Office of Greek Affairs staff and Central Co-Chairs.
12. If any team is issued a second alcohol violation for any reason listed above (#'s 10- 11), Greek Week Co-Chairs will immediately disqualify that entire team.

# Greek Week 2015 Information

## **Waivers:**

We will have online waivers for participation in this year's Greek Week. We will release information about the status of online waivers as we receive it in order to keep chapter co-chairs up to date. If online waivers are not available by Wednesday, March 4<sup>th</sup>, paper waivers will be distributed by Friday, March 6<sup>th</sup>. All waivers, without exception, will be due by Wednesday, March 14<sup>th</sup> at 5:00 pm either online or to the Office of Greek Affairs. No late waivers will be accepted after that time.

## **Electronic Rosters:**

The Chapter's Odysseus roster will be used to determine participation counts and dues for all active members (study abroad and other circumstances should be noted in Odysseus). Chapter Presidents and Co-Chairs will receive an email on Wednesday, February 11<sup>th</sup> reminding them to update Odysseus by Monday, February 23<sup>rd</sup> at 11:59 pm.

## **Dues:**

Chapters will be charged dues according to the number of people on the roster. After February 23<sup>rd</sup>, chapters will not be reimbursed for members who are dropped from the roster and additions to the roster will be charged with a 25% late fee. Dues shall be turned in to the fiscal coordinator's mailbox in the Office of Greek Affairs by Monday, March 2<sup>nd</sup> at 5:00 pm.

## **Sportsmanship:**

Good sportsmanship is a priority for Greek Week Central and is expected at all events. Unsportsmanlike behavior will not be tolerated before, during, or after any Greek Week event. These rules apply to all interactions involving Greek Week team participants and spectators. Greek Week teams are responsible for the actions of all team members. Examples of unsportsmanlike behavior include, but are not limited to: swearing, taunting, fighting, arguing, and rough play. Referees, Greek Week Crew, and Greek Week Central will report sportsmanship violations to the Greek Week General Co-Chairs. Failure to abide with Central's request to have good sportsmanship behavior may result in point deductions or other consequences, at the individual event coordinators discretion. Please see the event rules for specific details on event point deductions for sportsmanship like behavior.

## **Safety:**

Safety is a priority for Greek Week Central. We ask that all participants use caution while competing in Greek Week events. Additionally, Greek Week Central asks that all spectators view events in a manner that is safe for both them and the participants. If spectators must move in order to ensure their safety or the safety of the participants Greek Week Central will ask them to move. Failure to abide with Central's request may result in point deductions or other consequences. Examples of this include but are not limited to: sitting on chapter facility roofs, riding on top or on the back of cars or trucks, and hanging out of windows.

# 2015 Greek Week Central

Position	Email
General Co-Chairs Paige Yoder & Chancellor Wiese	<a href="mailto:greekweekisu@gmail.com">greekweekisu@gmail.com</a>
Advisors Devin Hall Micah Bockstruck-Martinez Bryant Corkins	<a href="mailto:dhall@iastate.edu">dhall@iastate.edu</a> <a href="mailto:micahbm@iastate.edu">micahbm@iastate.edu</a> <a href="mailto:bcorkins@iastate.edu">bcorkins@iastate.edu</a>
Community Service Coordinators Danielle Andrews & David Nguyen	<a href="mailto:isugw.communityservice@gmail.com">isugw.communityservice@gmail.com</a>
Crew Coordinators Sarah Ramundt & Nicole Schubert	<a href="mailto:greekwcrew@gmail.com">greekwcrew@gmail.com</a>
Culinary Coordinator Tressa Frankel	<a href="mailto:gwculinary@gmail.com">gwculinary@gmail.com</a>
Fiscal Coordinator Kellee Hartjen	<a href="mailto:gwfiscal@gmail.com">gwfiscal@gmail.com</a>
Marketing & Media Coordinators Rachel Welsh & Geoffrey Tajaran	<a href="mailto:greekwmm@gmail.com">greekwmm@gmail.com</a>
Lip Sync Coordinators Michael Heger & Dustin Schelling	<a href="mailto:gwlipsync@gmail.com">gwlipsync@gmail.com</a>
Logistics Coordinator Luke Gosse	<a href="mailto:gwclogistics@gmail.com">gwclogistics@gmail.com</a>
Olympics Coordinator Josh Andringa	<a href="mailto:gwcolympics@gmail.com">gwcolympics@gmail.com</a>
Spirit Coordinators Benny Rohloff & Michael Theis	<a href="mailto:gwcspirit@gmail.com">gwcspirit@gmail.com</a>
Sponsorship Coordinators Kiley Pawlak & Riley McCloskey	<a href="mailto:gwsponsorship@gmail.com">gwsponsorship@gmail.com</a>
Technology Coordinator Elizabeth Lennartson	<a href="mailto:isugwtechnology@gmail.com">isugwtechnology@gmail.com</a>
Tournament Coordinators Kelsey Grote & Brandon Forrester	<a href="mailto:isugwctournaments@gmail.com">isugwctournaments@gmail.com</a>

Please email Greek Week Central members to set up meeting times.

# Greek Week Crew

Captains	Crew	
<i>Community Service</i>	Lauren Banwart	Ashley Mies
Ben Geiger Allie Oder	Katelyn Bell	Shelby Oldenkamp
<i>Culinary</i>	Natalie Blockhus	Grace Perrin
Rachel Walz	Laura Campbell	Tory Pfannkuch
<i>Lip Sync</i>	Lauren Carter	Andrew Phaff
Anna Sposeto	Ellie Carver	Cooper Royer
<i>Olympics</i>	Abby Farniok	Tom Scallon
Dustin Belknap Hannah Ross	Allie Flessner	Danny Schertz
<i>Photography</i>	Elizabeth Gust	Kelli Schram
Katy Cavanaugh Hannah Meador	Isabelle Hayes	Katelyn Sim
<i>Spirit</i>	Maddie Hora	Jake Steinbeck
Emily Cowles	Maria Jacavino	Caitlin Trom
<i>Tournaments</i>	Lizzy Klemme	Jordan VanScoy
Patrick Hennessey Jake McEntee	Laurel Meier	Patrick White
	Nick Meyer	



# Disaffiliation Contract

## Greek Week Central and Crew 2015

I, as a member of Greek Week Central/Crew 2015, agree to abide by the rules stated below regarding disaffiliation from Greek Week 2015. The rules and conduct that has been established for appropriate behavior is as follows:

### Behavior

No bias towards ANY chapter/Team

Email signatures do not indicate identification with any chapter

Social media is not to be used to identify with any chapter

All information communicated regarding Greek Week is to remain confidential unless instructed otherwise

### Attire

*Central:* No letters (Greek organization insignia) is to be worn from January 15<sup>th</sup>, 2015 through March 29<sup>th</sup>, 2015 (exceptions are only during own chapter's philanthropy)

*Crew:* No letters (Greek organization insignia) is to be worn from March 1<sup>st</sup>, 2015 through March 29<sup>th</sup>, 2015 (exceptions are only during own chapter's philanthropy)

A breach of this contract puts one at risk of being removed from Greek Week Central/Crew 2015; or a potential loss of points for the team of the individual involved. All infractions will be discussed by the General Co-Chairs and Greek Week Advisors.

---

Printed Name

---

Signature

---

Date

# 2015 Greek Week Teams

Team Name	Members	Team Name	Members
2 TERMZ	Kappa Kappa Gamma Delta Tau Delta Alpha Kappa Lambda Gamma Rho Lambda	Phi-I-E-I-O	Alpha Phi FarmHouse Theta Delta Chi
Alpha TriSeps	Delta Delta Delta Sigma Phi Epsilon Triangle Alpha Tau Omega	Shock and Awe	Gamma Phi Beta Alpha Gamma Rho Delta Chi National Pan-Hellenic Council
Bob Barker's Brigade	Kappa Delta Pi Kappa Alpha Adelante Delta Sigma Phi	Shake It Off	Kappa Alpha Theta Sigma Chi Theta Xi
Generation X	Pi Beta Phi Sigma Pi Phi Kappa Theta	The Alpha Squad	Alpha Delta Pi Beta Theta Pi Lambda Chi Alpha Lambda Theta Alpha
GreekSquad	Alpha Omicron Pi Phi Gamma Delta Kappa Sigma	The Hunger Greeks	Alpha Chi Omega Delta Upsilon Alpha Sigma Phi Delta Lambda Phi
Lucky Ducks	Sigma Kappa Beta Sigma Psi Alpha Sigma Kappa	Teke-Chi'O-Chi	Chi Omega Tau Kappa Epsilon Theta Chi
Miracle Squad	Alpha Gamma Delta Phi Delta Theta Phi Beta Chi	Victorious Secret	Delta Zeta Phi Kappa Psi ACACIA

# 2015 Greek Week Schedule

Date & Time	Item	Location
Sunday, March 22 <sup>nd</sup> 2:00PM	Dodgeball Tournament	Lied Recreation Center
Sunday, March 22 <sup>nd</sup> 4:00PM	Greek Week Kick-Off Event	Central Campus
Sunday, March 22 <sup>nd</sup> 5:30 & 7:30PM	Educational Speaker	MU Sun Room and South Ballroom
Sunday, March 22 <sup>nd</sup> 9:00PM	Broomball Tournament	Ames Ice Arena
Monday, March 23 <sup>rd</sup> 12:00PM	Karaoke Performances Chosen	Email from gwcspirit@gmail.com
Monday, March 23 <sup>rd</sup> 5:00PM	Team Banner Displayed	Designated Chapter Facility
Monday, March 23 <sup>rd</sup> 7:00PM	Basketball Tournament	Lied Recreation Center
Tuesday, March 24 <sup>th</sup> 11:00AM - 1:00PM	Food on Campus Karaoke 1st Cuts	Central Campus
Tuesday, March 24 <sup>th</sup> 6:00PM	Community Drive Collections	CY Stephens West Entrance
Tuesday, March 24 <sup>th</sup> 7:00PM	Lip Sync 1 <sup>st</sup> Cuts Trivia Blast Tournament	CY Stephens
Wednesday, March 25 <sup>th</sup> 5:00 - 6:00PM	Bed Race/LARP Check-In	Greek Triangle
Wednesday, March 25 <sup>th</sup> 7:00PM	Treds Tournament	Lied Recreation Center
Thursday, March 26 <sup>th</sup> 7:00PM	Volleyball Tournament	Lied Recreation Center
Friday, March 27 <sup>th</sup> 7:00PM	Lip Sync and Karaoke Finals	CY Stephens
Saturday, March 28 <sup>th</sup> 9:00 – 11:30AM	Community Drive Packaging	MU Campanile Room
Saturday, March 28 <sup>th</sup> 11:30AM	Pizza Lunch	Tau Kappa Epsilon
Saturday, March 28 <sup>th</sup> 12:00PM	Dizzy Duck	Sigma Pi
Saturday, March 28 <sup>th</sup> 12:45PM	LARP	Phi Kappa Psi
Saturday, March 28 <sup>th</sup> 1:45PM	Bed Race	Greek Community
Saturday, March 28 <sup>th</sup> 2:45PM	Dingle Dangle Donut	Ash Ave
Saturday, March 28 <sup>th</sup> 3:15PM	Tug of War	Beta Sigma Psi
Saturday, March 28 <sup>th</sup> 4:00PM	Egg Joust	Theta Chi
Saturday, March 28 <sup>th</sup> 6:30 - 9:30PM	Polar Bear Plunge	State Gym Pool
Sunday, March 29 <sup>th</sup> 7:00PM	Vespers Ceremony	CY Stephens

See also Chapter Co-Chair (p. 13), Community Service (p. 14) and Lip Sync (p. 15) Turn-in Checklists.

# Point Breakdown

## **Community Service: 200 points**

- Blood Drive: 35 points
- Community Drive: 50 points
- Polar Bear Plunge: 70 points + 45 bonus points

## **Lip-Sync: 200 points**

- 1<sup>st</sup> Place: 200 points
- 2<sup>nd</sup> Place: 180 points
- 3<sup>rd</sup> Place: 160 points
- 4<sup>th</sup> Place: 140 points
- 5<sup>th</sup> Place: 120 points
- Participation: 80 points

## **Tournaments: 200 points**

- 1<sup>st</sup> Place: 200 points
- 2<sup>nd</sup> Place: 175 points
- 3<sup>rd</sup> Place: 150 points
- 4<sup>th</sup> Place: 125 points
- Participation: 100 points

## **Olympics: 150 points**

- 1<sup>st</sup> Place: 150 points
- 2<sup>nd</sup> Place: 130 points
- 3<sup>rd</sup> Place: 110 points
- 4<sup>th</sup> Place: 90 points
- 5<sup>th</sup> Place: 70 points
- Participation: 50 points

## **Scholarship: 75 points**

- Educational Speaker: 75 points

## **Spirit: 125 points**

- 1<sup>st</sup> Place: 125 points
- 2<sup>nd</sup> Place: 100 points
- 3<sup>rd</sup> Place: 75 points
- Participation: 50 points

## **Crew: 50 points**

- Interviews: 2 points per member
- Crew Selection: 10 points per member

## **Total: 1,000 points**

Points listed reflect the maximum number of points each team can earn per category.

# Chapter Co-Chair Turn-In Checklist

Date & Time	Item	Location	X
January 14 <sup>th</sup> 5:00PM	Co-Chair Meeting Signup Closes	<a href="http://doodle.com/2y9pa2ehztgw8wnk">http://doodle.com/2y9pa2ehztgw8wnk</a>	
January 16 <sup>th</sup> 5:00PM	GW Crew/Captain Application Closes	<a href="http://goo.gl/forms/0Z8msQwjW4">http://goo.gl/forms/0Z8msQwjW4</a>	
January 19 <sup>th</sup> 5:00PM	Chapter Community Service Co-Chairs Due	Email <a href="mailto:isugw.communityservice@gmail.com">isugw.communityservice@gmail.com</a>	
January 20 <sup>th</sup> - January 22 <sup>nd</sup>	Team Co-Chair Meetings	By Appointment	
February 4 <sup>th</sup>	Final Rulebook Release	Available via Email	
February 23 <sup>rd</sup> 8:00AM to February 27 <sup>th</sup> 12:00PM	Sign Up for Karaoke Time Slots	Office of Greek Affairs, MU Spirit Mailbox	
February 23 <sup>rd</sup> 8:00AM to February 27 <sup>th</sup> 5:00PM	Karaoke Patents Due and MP3s turned in	Email: <a href="mailto:gwcspirit@gmail.com">gwcspirit@gmail.com</a>	
February 23 <sup>rd</sup> 5:00PM	Team Rosters Due	Odysseus Rosters Used	
February 20 <sup>th</sup> 5:00PM	Team Banner Patents Due	Email: <a href="mailto:gwcspirit@gmail.com">gwcspirit@gmail.com</a>	
March 4 <sup>th</sup> or March 6 <sup>th</sup>	GW Waivers available	Available via Email	
March 4 <sup>th</sup> 4:00 - 10:00PM	Orange Leaf Fundraiser	Ames Orange Leaf	
March 11 <sup>th</sup> by 5:00PM	GW Waivers Due	Online or Office of Greek Affairs, MU	
March 13 <sup>th</sup> by 5:00PM	"Show Me the Greeks" Names Due	Email: <a href="mailto:gwcspirit@gmail.com">gwcspirit@gmail.com</a>	
March 22 <sup>nd</sup> 5:00PM	Email Team Banner Display/Location	Email: <a href="mailto:gwcspirit@gmail.com">gwcspirit@gmail.com</a>	
March 22 <sup>nd</sup> 4:00PM	Kick-Off Event "Show Me The Greeks" Flag Check-In/Display	Central Campus	
March 23 <sup>rd</sup> 5:00PM	Team Banner Displayed	Team Selected Chapter Facility	
March 24 <sup>th</sup> 11:00AM – 1:00PM	Karaoke 1 <sup>st</sup> Cuts	Central Campus	
March 26 <sup>th</sup> 11:00AM – 1:00PM	EGLC Meal Under the Campanile	Central Campus	
March 25 <sup>th</sup> 5:00PM	Bed Race/LARP Check-Ins	Greek Triangle	
March 27 <sup>th</sup> 7:00PM	Karaoke Final Cuts	CY Stephens	

# Community Service Turn-In Checklist

Date & Time	Item	Location	X
January 19 <sup>th</sup> 5:00PM	Chapter Community Service Co-Chair Due	Email to <a href="mailto:isugw.communityservice@gmail.com">isugw.communityservice@gmail.com</a>	
January 28 <sup>th</sup> 8:00PM	Community Service Co-Chair Meeting	MU Oak Room	
February 27 <sup>th</sup>	Community Drive List Release	Released via Email	
March 23 <sup>rd</sup> -26 <sup>th</sup> 9:00AM - 5:00PM	Blood Drive	MU Great Hall	
March 24 <sup>th</sup> 7:00PM	Community Drive Collection	CY Stephens West Entrance	
March 27 <sup>th</sup> 12:00PM - 4:00PM	Polar Bear Plunge Pre-Registration	MU Campanile Room	
March 27 <sup>th</sup> 11:59PM	Participants Must Raise \$50.00 to Plunge	<a href="http://www.firstgiving.com/soiowa/ames-greek-polar-plunge">http://www.firstgiving.com/soiowa/ames-greek-polar-plunge</a>	
March 28 <sup>th</sup> 9:00 - 11:30AM	Community Drive Packaging	MU Campanile Room	
March 28 <sup>th</sup> 5:30PM	Polar Bear Plunge Registration	State Gym West Basketball Courts	
March 28 <sup>th</sup> 6:00PM – 9:30PM	Polar Bear Plunge Event	State Gym Pool	
March 28 <sup>th</sup> 11:59PM	Polar Bear Plunge Fundraising Pages Close	<a href="http://www.firstgiving.com/soiowa/ames-greek-polar-plunge">http://www.firstgiving.com/soiowa/ames-greek-polar-plunge</a>	

# Lip Sync Turn-In Checklist

Date & Time	Item	Location	X
January 21 <sup>st</sup> 7:30PM	Lip Sync Co-Chair Meeting	Carver 0101	
February 2 <sup>nd</sup> 5:00PM	Lip Sync Patents and Songs Due	Online Form <a href="http://goo.gl/forms/MXDH0ZA10P">http://goo.gl/forms/MXDH0ZA10P</a>	
February 6 <sup>th</sup> 5:00PM	Lip Sync 2 <sup>nd</sup> Round Patents and Songs Due	Online Form	
February 10 <sup>th</sup> 8:00 – 11:00PM	Lip Sync 1 <sup>st</sup> Practice	Chapter Facilities	
February 22 <sup>nd</sup> by 5:00PM	Lip Sync Scripts 1 <sup>st</sup> draft due	Office of Greek Affairs, MU Lip Sync Mailbox	
February 24 <sup>th</sup> 8:00 – 11:00PM	1 <sup>st</sup> Central Visit to Lip Sync Practice	Chapter Facilities	
March 5 <sup>th</sup> 8:00 – 11:00PM	2 <sup>nd</sup> Central Visit to Lip Sync Practice	Chapter Facilities	
March 8 <sup>th</sup> 6:00 – 11:00PM	MU Lip Sync Practices	MU Sun and Pioneer Rooms	
March 6 <sup>th</sup> 7:00 – 11:00PM	MU Lip Sync Practices	MU Campanile Room	
March 12 <sup>th</sup> 5:00PM	Lip Sync Final Scripts and Patents Due	Office of Greek Affairs, MU Lip Sync Mailbox	
March 15 <sup>th</sup> – 20 <sup>th</sup>	Spring Break, No Practice	-	
March 23 <sup>rd</sup> 5:00PM	Final MP3s due	Office of Greek Affairs, MU Lip Sync Mailbox	
March 24 <sup>th</sup> 7:00PM	Lip Sync 1 <sup>st</sup> Cuts	CY Stephens	
March 27 <sup>th</sup> 7:00PM	Lip Sync Final Cuts	CY Stephens	

# 2015 Team Banner Patent Form

- Email to [gwcspirit@gmail.com](mailto:gwcspirit@gmail.com) by Friday, February 20<sup>th</sup> at 5:00 pm -

**Team:**

**Title/Theme:**

**Team Banner Description:**

**Display Location (Chapter Facility):**

**Sketch:**



# 2015 Karaoke Patent Form

- Submit via email to gwcspirit@gmail.com from Monday, February 23<sup>rd</sup> at 8:00 am to Friday, February 27<sup>th</sup> at 5:00 pm -
- Sign up for a Karaoke performance time in the Office of Greek Affairs from Monday, February 23<sup>rd</sup> at 8:00 am to Friday, February 27<sup>th</sup> at 12:00 pm -

## Team:

Participant Names	Email Address
1.	
2.	
3.	
4.	
5.	
6.	

## Individual Songs (No Mashups)

- 1.
- 2.
- 3.

## Costume Descriptions:

# 2015 Lip-Sync Patent Form

- 1<sup>st</sup> Round Patents and Songs due Monday, February 2<sup>nd</sup> at 5:00 pm -
- 2<sup>nd</sup> Round Patents and Songs Due Friday, February 6<sup>th</sup> 5:00 pm -

**Team:**

**Skit Title:**

**Practice Time and Location:**

---

## Song Choices (include song title & artist)

- |    |     |
|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

**Skit Outline** *(Provide a detailed description of your plot and the overall skit):*

**Specific Characters** *(List any characters that will be in your skit including those loosely based of characters found in pop culture i.e. Harry Potter, Pink Panther, etc.):*

**Costume Ideas** *(To ensure your skit will look different than any others, please list what you imagine most of your cast wearing on stage, including props you will use):*

# Greek Week Crew

## Information:

Greek Week Crew/Captains are required to remain disaffiliated from their chapter and team during the entirety of Greek Week activities.

Each team can have anyone apply to be Greek Week Crew or a Captain. Each individual who completes an interview will receive two (2) points for their team. If an individual is selected to be a Crew member or a Captain, an additional ten (10) points per individual member will be given to the team; totaling twelve (12) points per selected member. Each team may earn a maximum of fifty (50) points, regardless of the number that apply, interview, or are selected.

## Requirements:

The requirements that each member must complete to be awarded the twelve (12) points for their team are as follows:

- Attend Crew Retreat Sunday, February 15<sup>th</sup>
- Attend required weekly meetings or make up any unattended meetings
- Attend approximately two assigned Tournaments
- Be present all day during Olympics on Saturday, March 28<sup>th</sup>
- Become Food Safety Certified by Friday, March 13<sup>th</sup>
- Assist in other events as needed (Lip Sync, Community Service, Vespers, Kick-Off events, Spirit events, Food on Campus, barricades, etc.).
- Remain disaffiliated from March 1<sup>st</sup> until the end of the Vespers Ceremony March 29<sup>th</sup>

If a Crew or Captain fails to meet the requirements (ex. missing events or meetings), ALL 12 points will be deducted from the entire team.

---

### Crew Coordinators

Sarah Ramundt	Nikki Schubert
---------------	----------------

515-720-3163	641-512-1775
--------------	--------------

greekwcrew@gmail.com	
----------------------	--

---

# Community Service

Community Service is a great way for the Greek Community to reach out to the residents of Ames and surrounding areas through various events including Blood Drive, Community Drive, and Polar Bear Plunge (PBP). Please note that all rule interpretations and final point allocations are at the discretion of the Greek Week Central Committee.

Date & Time	Item	Location
January 19 <sup>th</sup> 5:00PM	Chapter Community Service Co-Chair Due	Email to <a href="mailto:isugw.communityservice@gmail.com">isugw.communityservice@gmail.com</a>
January 28 <sup>th</sup> 8:00PM	Community Service Co-Chair Meeting	MU Oak Room
February 27 <sup>th</sup>	Community Drive List Release	Released via Email
March 23 <sup>rd</sup> -26 <sup>th</sup> 9:00AM - 5:00PM	Blood Drive	MU Great Hall
March 24 <sup>th</sup> 7:00PM	Community Drive Collection	CY Stephens West Entrance
March 27 <sup>th</sup> 12:00PM - 4:00PM	Polar Bear Plunge Pre-Registration	MU Campanile Room
March 27 <sup>th</sup> 11:59PM	Participants Must Raise \$50.00 to Plunge	<a href="http://www.firstgiving.com/soiowa/ames-greek-polar-plunge">http://www.firstgiving.com/soiowa/ames-greek-polar-plunge</a>
March 28 <sup>th</sup> 9:00AM	Community Drive Packaging	MU Campanile Room
March 28 <sup>th</sup> 5:30PM	Polar Bear Plunge Registration	State Gym West Basketball Courts
March 28 <sup>th</sup> 6:00 - 9:30PM	Polar Bear Plunge Event	State Gym Pool
March 28 <sup>th</sup> 11:59PM	Polar Bear Plunge Fundraising Pages Close	<a href="http://www.firstgiving.com/soiowa/ames-greek-polar-plunge">http://www.firstgiving.com/soiowa/ames-greek-polar-plunge</a>

## Community Service Co-Chair

Each **chapter** is required to nominate one member to serve as the Community Service Co-Chair. This person is responsible for ensuring their team is well informed on community service events which include: Blood Drive, Polar Bear Plunge, and Community Drive. The Community Service Co-Chair from each chapter must be submitted to the Greek Week Central Community Service Co-Chairs by January 19<sup>th</sup>. The first meeting will be held on January 28<sup>th</sup> in the MU Oak Room at 8:00 pm and attendance is required.

# Blood Drive

## Information:

Blood Drive is a student-run organization with annual week-long fall and spring drives. Participants from each Greek Week team are encouraged to donate or volunteer earlier in the week.

**No one should be forced to volunteer or donate blood.** Blood Drive is worth 35 points. If teams have 25% team participation, then they will get full points. If teams get 10% of team participation, then the team will receive half of the points. No additional points will be given for participation over 25%. A maximum of 10% of the team is allowed to volunteer - this 10% is included in the overall 25%.

**Date:** Monday, March 23<sup>rd</sup> - Thursday March 26<sup>th</sup>, 9:00 am - 5:00 pm

**Location:** Great Hall, Memorial Union

## Requirements:

Each participant must present their **ISU Student ID** at the time of completion from donating blood or volunteering. Each participant must swipe their ISU Student ID with a Blood Drive member to receive points.

Each participant planning in advance to volunteer must sign up for a one-hour shift online (The link will be sent out to all chapter co-chairs prior to the Blood Drive).

**Absolutely no walk in volunteers will be accepted.** Participants who sign up for more than one volunteer spot will be removed from all but one volunteer spot.

Chapter rosters will be used to determine a team's total participant percentage and must be updated by February 23<sup>rd</sup> at 5:00 pm. Any issues with chapter rosters are to be taken up with the Greek Week General Co-Chairs.

Any questions can be directed to [isublooddrive@iastate.edu](mailto:isublooddrive@iastate.edu) or [isu.gwcommunityservice@gmail.com](mailto:isu.gwcommunityservice@gmail.com).

## Points:

At least 25% of team participation: 35 points

At least 10% of team participation: 17.5 points

Less than 10% of team participation: 0 points

# Community Drive

## Information:

This year Volunteer Center of Story County (VCSC) and Greek Week are partnering to host the first annual Community Drive. VCSC reached out to partner agencies, which includes over a hundred nonprofit organizations in the Ames community and surrounding area, to compile a list of items needed in order to better serve the community. Teams are asked to collect various items on this list.

**Collection Date:** Tuesday, March 24<sup>th</sup> 6:00 pm at CY Stephens West Entrance

**Packaging Date:** Saturday, March 28<sup>th</sup> 9:00 – 11:30 am in the MU Campanile Room

## Requirements:

On February 27<sup>th</sup> a list of donation items will be released. The items will be ranked in a tier system - items in tier 3 will be worth 3 points, tier 2 will be worth 2 points, and tier 1 will be worth 1 point. Points will be distributed based on the highest percentage of total points divided by the total number of members for their team.

### Donation Collection

To enter Lip Sync 1<sup>st</sup> Cuts, members must bring an item to donate from any tier. Items will be checked in with Crew members beginning at 6:00 pm at the West Entrance to CY Stephens until the last team's Lip Sync performance. No items will be accepted after this time.

### Packaging

Items will be packaged on Saturday, March 28<sup>th</sup> from 9:00 am – 11:30 am. It is required for one representative from each chapter in your team to attend the packaging event to receive points. We recommend more than one person from each chapter attend in order to quickly.

## Points:

### Donation Collection

Donation point total equal to or greater than 50% of the total team members: 35 points

Donation point total between 25%-44.9% of the total team members: 17.5 points

Donation point total less than 25% of the total team members: 0 points

### Packaging

Teams will be awarded 15 points if one representative from each chapter in their team attends the packaging event.

# Polar Bear Plunge

## Information:

Each year, over 500 Greeks plunge in support of the Special Olympics of Iowa. Each plunger raises money in preparation for the event and proceeds support the programs and athletes of the Special Olympics of Iowa. Ames' plunge is Iowa's largest, and brings in thousands of dollars each year. Getting dressed up in costumes and making the plunge into the water is an exhilarating experience that helps support thousands of athletes. This year the 19<sup>th</sup> annual Polar Bear Plunge will have a community-wide theme, Hawaiian Luau.

**Fundraising Website:** <http://www.firstgiving.com/soiowa/ames-greek-polar-plunge>

**Early Registration Check-In:** Friday, March 27<sup>th</sup> from 12:00 – 4:00 pm in MU Campanile Room

**Day-Of Check-in:** Saturday, March 28<sup>th</sup> at 5:30 pm in State Gym West Basketball Courts

**Event Time:** Saturday, March 28<sup>th</sup> starting at 6:00 pm at State Gym Pool

## Requirements:

To plunge, each participant is required to raise at least \$50.00 by March 27<sup>th</sup> at 11:59 pm. Fundraising pages will close on March 28<sup>th</sup> at 11:59 pm. No chapter checks will be allowed.

A minimum of 35% of each team is required to plunge into State Gym on Saturday, March 28<sup>th</sup> to earn points. Participants are allowed to plunge anytime between 6:00 – 9:30 pm with suggested team jump times given below. Jumping as a team is not required, but highly encouraged!

## Suggested Team Plunge Times:

Time	Team	Time	Team
5:45 pm	Phi-I-E-I-O	7:30 pm	The Alpha Squad
6:00 pm	Shake It Off	7:45 pm	Victorious Secret
6:15 pm	Bob Barker's Brigade	8:00 pm	Shock and Awe
6:30 pm	Greek Squad	8:15 pm	Alpha TriSeps
6:45 pm	Miracle Squad	8:30 pm	Teke-Chi'O-Chi
7:00 pm	The Hunger Greeks	8:45 pm	Generation X
7:15 pm	Lucky Ducks	9:00 pm	2 TERMZ

# Polar Bear Plunge

## Costumes and Dress:

All team participants are encouraged to appropriately dress the part for the Hawaiian Luau theme. Since teams will be jumping in State Gym's pool there are guidelines for costumes which are bulleted below. We highly encourage participants to bring their own towels to dry off after they plunge; in order to re-enter in to the gym to get your belongings, you will have to be dry.

Costume Rules (What you cannot wear to jump):

- Rhinestones on clothing or face
- Paint
- Sparkles
- Shoes
- Loose articles on clothing that could come off while jumping

There will be a photographer available while jumping in to State Gym to take pictures. We will also have a backdrop after you jump in where you can take pictures posing with friends. We ask that you utilize these picture-taking opportunities as we will not allow members to take pictures inside of State Gym if they are not plunging.

## Awards:

The *Golden Plunger Award* will be awarded to the team with the highest percentage of participants that raise \$50.

The *Silver Plunger Award* will be awarded to the male and female who raises the most money.

The *Bedazzled Plunger Award* will be awarded to the individual with the most creative costume at the discretion of the Community Service Coordinators and the Special Olympics staff.

## Points:

1<sup>st</sup> Place: 70 points

2<sup>nd</sup> Place: 55 points

3<sup>rd</sup> Place: 40 points

## Bonus Points:

10% of team registered with \$75 raised: 10 points

10% of team registered with \$100 raised: 15 points

10% of paring registered with \$150 raised: 20 points

### Community Service Coordinators

Danielle Andrews	David Nguyen
------------------	--------------

224-217-7334	515-661-2623
--------------	--------------

isugw.communityservice@gmail.com	
----------------------------------	--



# Spirit

Spirit events are to be a positive reflection of the Greek Community's dedication to creating camaraderie between members of the community through participation in Team Banners, Team Flags, Greek Week Barbeques, the Karaoke Competition, and the Greek Week Kick Off Event.

**Please note: All spirit points have been augmented and do not reflect overall Greek Week points proportionally.**

Date & Time	Item	Location
February 23 <sup>rd</sup> 8:00AM to February 27 <sup>th</sup> 12:00PM	Sign Up for Karaoke Time Slots	Office of Greek Affairs, MU Spirit Mailbox
February 23 <sup>rd</sup> 8:00AM to February 27 <sup>th</sup> 5:00PM	Karaoke Patents Due by Email, MP3s Due	Email: gwcspirit@gmail.com
February 10 <sup>th</sup> 11:59PM	Team Hashtag Due	Email: greekwmm@gmail.com
February 17 <sup>th</sup> 11:59PM	Team Hashtag Changes Due	Email: greekwmm@gmail.com
February 20 <sup>th</sup> by 5:00PM	Team Banner Patents Due	Email: gwcspirit@gmail.com
March 22 <sup>rd</sup> by 5:00PM	Submit Team Banner Display/Location	Email: gwcspirit@gmail.com
March 22 <sup>nd</sup> 4:00PM	Kick-Off Event "Show Me The Greeks" Flag Check-In/Display	Central Campus
March 23 <sup>rd</sup> 12:00PM	Team's Notified of Karaoke Skit	Email from gwcspirit@gmail.com
March 23 <sup>rd</sup> 5:00PM	Team Banner Displayed	Team Selected Chapter Facility
March 24 <sup>th</sup> 11:00am – 1:00PM	Karaoke 1 <sup>st</sup> Cuts	Central Campus
March 27 <sup>th</sup> 7:00PM	Karaoke Final Cuts	CY Stephens

# Karaoke

## Information:

Greek Week teams will select 1 group to perform a karaoke skit. Teams are encouraged to wear costumes and create a dance to enhance their performance. All teams will perform at 1<sup>st</sup> Cuts and three teams will move on to perform in a final round. Teams will be required to submit three songs and know all songs' lyrics for the event because no karaoke machine will be provided. Performers will be notified on Monday, March 23<sup>rd</sup> by 12:00 pm of the song they will perform for 1st Cuts. Songs and performances shall not depict alcohol and/or drug use, illegal acts, or slanderous statements, and shall be sensitive to all ethnic, racial, religious, and gender groups.

**Date:** 1<sup>st</sup> Cuts: Tuesday, March 24<sup>th</sup> 11:00 am - 1:00 pm

Finals: Friday, March 27<sup>th</sup> 8:00 pm

**Location:** 1<sup>st</sup> Cuts: Central Campus

Finals: CY Stephens Auditorium

## Requirements:

- Each team will be allowed only one group, with a maximum of six people, to perform. All performers may be from one chapter, but it is strongly encouraged to represent all of the chapters within the team.
- The sign up for karaoke time slots will be available on Monday, February 23<sup>rd</sup> at 8:00 am in the Office of Greek Affairs. Teams that fail to sign up before February 27<sup>th</sup> at 12:00 pm will be assigned a time. Please refrain from scheduling times that interfere with any performer's class schedule. If one or more performers have a class-related time conflict, please email [gwcspirit@gmail.com](mailto:gwcspirit@gmail.com). Greek Week strongly discourages missing class for Greek Week events.
- Teams should arrive 15 minutes before their scheduled performance to check in.
- Both 1<sup>st</sup> Cuts and Final performances must be 5 minutes or less.
- Each team's selected group will email one patent that includes **three different individual songs (NO MASHUPS)** to the [gwcspirit@gmail.com](mailto:gwcspirit@gmail.com) as well an MP3 version of each song. **NO OTHER FORMS OF MEDIA WILL BE ACCEPTED.** Patents will be accepted on a first-come, first-serve basis. If there is a duplicate submission, co-chairs will be notified and required to send in a new submission.
- From the three song choices, Greek Week Central will randomly select one and notify team co-chairs and groups by Monday, March 23<sup>rd</sup> at 12:00pm. Teams moving on to Finals will perform the same song.
- The top six teams will be awarded points and be notified within 24 hours and the top three teams will advance to Finals held on Friday, March 27<sup>th</sup> at 8:00 pm in CY Stephens.
- In the event of inclement weather, Greek Week will announce an alternate location for this event.
- The winning team will perform once more (full costume, make-up, etc.) at Greek Visit Day on Saturday, April 11<sup>th</sup>.

*(Continued)*

# Karaoke

## **Points:**

1<sup>st</sup> Place: 60000 points

2<sup>nd</sup> Place: 50000 points

3<sup>rd</sup> Place: 40000 points

4<sup>th</sup> Place: 30000 points

5<sup>th</sup> Place: 20000 points

6<sup>th</sup> Place: 10000 points

## **Additional Points:**

Patents/MP3s emailed to Spirit Coordinators on time

**+5000 points**

## **Penalties:**

Penalties will be assessed after the judging of each event takes place, and points will be deducted from the overall score. Penalties will be assessed at the discretion of the Greek Week Central Committee and all decisions will be final and non-negotiable.

# Team Hashtag

## **Information:**

Teams are encouraged to create a hashtag that encompasses your team name, idea and the spirit of Greek Week. Hashtags shall not depict alcohol and/or drug use, illegal acts, or slanderous statements, and shall be sensitive to all ethnic, racial, and gender groups. Team hashtags are not explicitly worth points, but participation will be considered in the overall spirit category winner. Team hashtags will be used to increase spirit leading up to and throughout Greek Week. Inappropriate content as determined by the Greek Week Central may result in spirit point deductions.

## **Requirements:**

- Team hashtags should be submitted to greekwmm@gmail.com by 5:00 pm on Tuesday, February 10<sup>th</sup>.
- Hashtags will be reviewed and approved/denied by Wednesday, February 11<sup>th</sup>. Teams will receive a confirmation email with the finalized hashtag or be notified of necessary changes.
- All hashtag changes will be due by 5:00 pm on Tuesday, February 17<sup>th</sup>.
- Team hashtags will be announced on ISU Greek Week social media accounts on Friday, February 20<sup>th</sup>.

## **Greek Week Social Media Accounts:**

Twitter: @greekweekisu

Facebook: Iowa State Greek Week

Instagram: isugreekweek

# Team Banner

## Information:

Every team will paint one banner to be displayed at a chapter's facility chosen by the team. Banners shall not depict alcohol and/or drug use, illegal acts, or slanderous statements, and shall be sensitive to all ethnic, racial, and gender groups. No banner shall contain political or controversial themes.

## Requirements:

- Each banner shall showcase the individual team theme, 2015 Greek Week theme "Be The Tradition", and the letters of chapters in that team.
- All banner patent forms are due via email to [gwcspirit@gmail.com](mailto:gwcspirit@gmail.com) by 5:00 pm on Friday, February 20<sup>th</sup>.
- Patent revisions are due via email by 5:00 pm on Wednesday February 25<sup>th</sup>.
- Each banner will be painted on material no larger than one king size bed sheet (108" by 102"). Banners do not need to be 108" by 102" rectangle and may be completed on any type of surface.
- The banner will be displayed at a chapter facility. This location must be submitted via email to [gwcspirit@gmail.com](mailto:gwcspirit@gmail.com) by 5:00 pm on Sunday, March 22<sup>nd</sup>. This email must include all chapters in the team.
- All banners must be hanging or standing outside of the designated chapter facility by 5:00 pm Monday, March 23<sup>rd</sup> in order to receive full points.

## Patent Order:

Patent order is determined on a first-come first-serve basis. If any two or more teams have the same desired theme, the theme will be granted to the team who submitted their patent via email first. Early submissions before February 23<sup>rd</sup> at 8:00 am will not be considered. A picture is required to be properly approved.

## Points:

1st Place: 50000 points  
2<sup>nd</sup> Place: 40000 points  
3<sup>rd</sup> Place: 30000 points  
4<sup>th</sup> Place: 20000 points  
5<sup>th</sup> Place: 10000 points

## Additional Points:

Patent turned in on time  
+5000 points  
Banner displayed by 5:00 pm on Monday March 23<sup>rd</sup>  
+5000 points

Inappropriate content as stated above will result in a **disqualification** of the team for this event.

# Show Me The Greeks

## Information:

Each team shall design a t-shirt to be worn by one representative of each chapter in the team during the Kick-Off Event. This fashion show will incorporate a competition of wits, knowledge of chapter processes, and personality. Any apparel designed should be inclusive of all chapters in the team and consider any policies or restrictions by which those organizations abide.

**Date:** Sunday, March 22<sup>th</sup> at 4:00 pm

**Location:** Central Campus

## Requirements:

- Each team must select one representative from each chapter in the team to compete. Each person will answer at least one question that highlights one the four pillars of the Greek Community or the personality of the team.
- The team participants will be scored based on the following criteria: Knowledge of Chapter processes, Creativity, and how well they "strut their stuff" on the catwalk, as well as crowd enthusiasm.
- The names of the team representatives do not need to be submitted, but participants must check in at the event 15 minutes prior to 4:00 pm.

## Points:

Participation from all chapters in the team      10000 points

Inappropriate content as determined by the Greek Week General Co-Chairs will result in a **disqualification** of the team for this event.

## Performance order:

1. 2 TERMZ	8. Phi-I-E-I-O
2. Alpha TriSeps	9. Shock and Awe
3. Bob Barker's Brigade	10. Shake It Off
4. Generation X	11. The Alpha Squad
5. GreekSquad	12. The Hunger Greeks
6. Luck Ducks	13. Teke-Chi'O-Chi
7. Miracle Squad	14. Victorious Secret

# Team Flag

## **Information:**

Each team will create a flag that will be checked in at the Greek Week Kick-Off Event. Team Flags are encouraged to be flown at Greek Week events to promote team spirit throughout the week. Similar to banners, flags shall not depict alcohol and/or drug use, illegal acts, or slanderous statements, and shall be sensitive to all ethnic, racial, and gender groups. No flag shall contain political or controversial themes.

## **Requirements:**

- Teams are not permitted to use Greek letters or chapter names; flags should represent the team as a whole. Specific team's themes or team names can be used if the letters are written out.
- No patents will need to be submitted for team flags as the only requirement for each flag is that your team name is presented appropriately. Questions about flag content can be directed to [gwcspirit@gmail.com](mailto:gwcspirit@gmail.com).
- Flags cannot exceed 50"x96" in size. Teams will provide their own materials.

## **Points:**

Flag checked in and presented at the Kick-Off Event

+50000 points

Inappropriate content as determined by the Greek Week General Co-Chairs will result in a **disqualification** of the team for this event.

# 2<sup>nd</sup> Annual Spirit Stick

A hand crafted, one-of-a-kind spirit stick will be presented to the team that most embodies the spirit of Greek Week and the four pillars of the Greek Community throughout the entire week. The Spirit Stick judging will take into consideration team banner quality, team participation and enthusiasm, sportsmanship, team comradery, apparel creativity and design, the use and frequency of the team flag, Show Me the Greeks performance, and any other spirited activities throughout Greek Week.

*Show us your spirit!*

---

## Spirit Coordinators

Benny Rohloff	Michael Theis
561-757-8823	641-330-0803

[gwcspirit@gmail.com](mailto:gwcspirit@gmail.com)



# Lip Sync Schedule of Events

Each team will select a group of participants to lip sync and act in a skit that is composed of different songs and a plot to go along with the Greek Week theme: "Be the Tradition." The winner will be determined by various factors including choreography, creativity, skit, and overall theme.

<b>Date &amp; Time</b>	<b>Item</b>	<b>Location</b>
January 21 <sup>st</sup> 7:30PM	Lip Sync Co-Chair Meeting	Carver 0101
February 2 <sup>nd</sup> 5:00PM	Lip Sync Patents and Songs Due	Online Form <a href="http://goo.gl/forms/MXDH0ZA10P">http://goo.gl/forms/MXDH0ZA10P</a>
February 6 <sup>th</sup> 5:00PM	Lip Sync 2 <sup>nd</sup> Round Patents and Songs Due	Online Form
February 10 <sup>th</sup> 8:00 – 11:00PM	Lip Sync 1 <sup>st</sup> Practice	Chapter Facilities
February 22 <sup>nd</sup> by 5:00PM	Lip Sync Scripts 1 <sup>st</sup> Draft Due	Office of Greek Affairs, MU Lip Sync Mailbox
February 24 <sup>th</sup> 8:00 – 11:00PM	1 <sup>st</sup> Central Visit to Lip Sync Practice	Chapter Facilities
March 5 <sup>th</sup> 8:00 – 11:00PM	2 <sup>nd</sup> Central Visit to Lip Sync Practice	Chapter Facilities
March 8 <sup>th</sup> 6:00 – 11:00PM	MU Lip Sync Practices	MU Sun and Pioneer Rooms
March 6 <sup>th</sup> 7:00 – 11:00PM	MU Lip Sync Practices	MU Campanile Room
March 12 <sup>th</sup> 5:00PM	Lip Sync Final Scripts and Patents Due	Office of Greek Affairs, MU Lip Sync Mailbox
March 15 <sup>th</sup> – 20 <sup>th</sup>	Spring Break, No Practice	-
March 23 <sup>rd</sup> 5:00PM	Final MP3s Due	Office of Greek Affairs, MU Lip Sync Mailbox
March 24 <sup>th</sup> 7:00PM	Lip Sync 1 <sup>st</sup> Cuts	CY Stephens
March 27 <sup>th</sup> 7:00PM	Lip Sync Final Cuts	CY Stephens

# Lip Sync Rules

## Requirements:

### Patents and Songs

- Preliminary Patents must be submitted to the Greek Week Lip Sync Coordinators mailboxes by 5:00pm in the Office of Greek Affairs on February 2<sup>nd</sup>. Late patents will NOT be accepted. If a patent is late, the team will not be able to participate in Lip Sync 2015.
- Preliminary Patents must be as detailed as possible and must include a plot summary, character names and descriptions, song list and prop list. If the Lip Sync Coordinators don't feel that there is enough detail, the respective Lip Sync Co-Chairs will be notified and can revise and resubmit their teams patent but it will be put at the bottom of the patent order.
- NO same or similar patents will be accepted; this includes no same or similar characters, plot or music. This rule will be enforced and patents will be returned in priority order if this rule is not followed. If skits have similar characters to other patents, the use of that character will be up to the discretion of the Lip Sync Coordinators. This ruling will also apply to song patents, no remixes or dub step versions of similar songs that have already been selected by a team will be allowed.
- Skits must be between 5 and 8 minutes in length. Failure to fall within this time span will result in a deduction of points. Teams may patent up to ten songs as part of the Second Round Patents. After all patents have been approved, teams will be notified which songs they may use. If not all 10 songs are approved, teams may submit as many songs needed for the team to reach ten total patented songs. No mixed songs will be allowed. Each song must be patented individually; but can be mashed together by the team for the skit. The final mash-up must be submitted via email to be approved in reverse order of original song patent order.
- Songs may not contain any profanity or sexual innuendos. All songs will be deemed appropriate by the Lip Sync Coordinators. If songs do contain profanity and/or slang and a team has a strong desire to use it, they must submit a written statement of how they plan on cutting the song when they submit the song list. Any team wishing to change words or sing over a song must get it approved by the Lip Sync Coordinators.
- Lip Sync Final Scripts and Patents will be due to the Greek Week Lip Sync Coordinator's mailbox by 5:00 pm on March 12<sup>th</sup> in the Office of Greek Affairs. Scripts must include all lines being said in the skit, which participants will be on stage at any time during the skit, props that will be on stage, and when each song is played. If a team chooses not to submit a final patent the most recently approved patent from the team will be considered as the Final Patent.
- After Preliminary Patents and Scripts have been approved, any changes to them must be submitted to the Lip Sync Coordinators with the revisions highlighted and stapled or paper clipped to the previously approved patent. Violating this policy may result in a 5 point deduction.
- A final MP3 file of the skit and music must be turned in to the Greek Week Lip Sync Coordinators mailbox by 5:00 pm on March 23<sup>rd</sup> to the Office of Greek Affairs. No changes will be accepted after this date.

# Lip Sync Rules

## Requirements:

### Performances

- Patent order, MU practice rooms, and 1<sup>st</sup> Cut performance time slots will be determined randomly by the Lip Sync Coordinators. Teams will be notified at the first Lip Sync Co-Chair Meeting on January 21<sup>st</sup> at 7:30pm in Carver 0101.
- Teams using props will not be allotted extra time for set-up on performance days.
- All sound on stage must be included in the recording. No additional sounds on stage are permitted.
- No unassisted flips will be allowed in any performance. If a choreographed move maybe considered dangerous or illegal, please have the Lip Sync Coordinators approve of it before 1<sup>st</sup> Cuts.
- At least one character must be lip syncing with each line in the skit. During songs it is expected that all characters will be lip syncing to the lyrics unless the approved patent states otherwise.
- Music and clothing used in a skit should be appropriate and respectable. Members of the University, incoming Iowa State students, and local Ames residents will be viewing Lip Sync performances. It is important to represent Greek Week and the Greek Community in a positive manner.
- Teams will have a time limit of 3 minutes to set up their entire skit for 1<sup>st</sup> Cuts and Final Performances. Failure to set up within the time limit of 3 minutes will result in a **1 point deduction** for every **5 seconds** over set up time.
- At a Lip Sync co-chair meeting, a random sound effect that must creatively be incorporated into each skit will be announced and then sent to the co-chairs via email. The use of this sound effect will give an opportunity to **earn up to 5 extra credit points** towards the final score.
- At a Lip Sync co-chair meeting a random prop will be introduced. The prop must be on stage and must be used within the scene. Every team is encouraged to use this prop. The use of this prop will give an opportunity to **earn up to 5 extra credit points** towards the final score.
- No participant can be the character related to the random prop or random sound.
- All teams will be performing one show at 1<sup>st</sup> Cuts on Tuesday, March 24<sup>th</sup> starting at 7:00 pm at CY Stephens Auditorium.
- All teams will be allotted 10 minutes on the day of 1<sup>st</sup> Cuts to run through their skit.
- After scoring from 1<sup>st</sup> Cuts is totaled, the top 5 teams will be notified by e-mail that they have moved on to Final Cuts. These top 5 teams will perform one show at Final Cuts on Friday, March 27<sup>th</sup> starting at 7:00 pm at CY Stephens Auditorium.
- All teams who perform in 1<sup>st</sup> Cuts will receive copies of the judges score sheets and comments.

*(Continued)*

# Lip Sync Rules

## Requirements:

### Performances Continued

- All teams who perform in Final Cuts may request a copy of the judges score sheets and comments. In the case of a tie for first place in a “Best of” Award, the winner will be determined by their overall Lip Sync score given by the judges during 1<sup>st</sup> Cuts. The team with the higher score will be given first place. In the case of tie for any position below first place, all teams who are part of the tie will receive the same amount of points that placing would otherwise receive (Ex. If two teams tied for second place in Choreography, both teams would receive an additional 10 points)
- Teams wishing to see a breakdown of their score will receive one only by request; starting on April 1<sup>st</sup> through April 3<sup>rd</sup>.
- The winning team will perform once more (full costume, make-up, etc.) at Greek Visit Day on Saturday, April 11<sup>th</sup>.

# Lip Sync Rules

## Requirements:

### Practices

- Practices will start on Tuesday, February 10<sup>th</sup> at one of the Chapter Facilities in the team.
- Each team is allowed a 2 hour practice time between 8:00 pm and 11:00 pm Sunday, Tuesday, Wednesday, and Thursday. Teams can only practice during three of these four days.
- Teams must email their practice time, schedule and location to the Lip Sync Coordinators prior to the first day of practice on Tuesday, February 10<sup>th</sup>.
- To ensure fairness between all teams, no mirrors will be allowed at any practices unless approved by the Lip Sync Coordinators. If a team is caught using mirrors at practice they will be disqualified.
- Any team caught practicing outside of the designated time or days will be disqualified. This includes not only practicing as a group, but also practicing individually. Only the Chapter Lip Sync Co-Chairs, as submitted by each chapter, will be allowed to work on anything Lip Sync related outside of designated practice times.
- No team will be allowed to record practice sessions on a video recording device unless it is for a reason deemed appropriate by the Lip Sync Coordinators.
- Greek Week Central Committee members have the right to visit a team's lip sync practice at any time without giving prior notice to the team or its co-chairs and will watch their performances.
- Each team will be randomly assigned a time to practice in the MU on Sunday, March, 8<sup>th</sup>. Teams will have the opportunity to record their performance and practice with the random prop.

## Patent Order

Song patent order is the direct reverse order of the Patent order listed below.

### Patent Order

1. Victorious Secret	8. Generation X
2. The Hunger Greeks	9. Alpha TriSeps
3. Lucky Ducks	10. The Alpha Squad
4. Teke-Chi'O-Chi	11. Shock and Awe
5. 2 TERMZ	12. Phi-I-E-I-O
6. Bob Barker's Brigade	13. GreekSquad
7. Miracle Squad	14. Shake It Off

# Lip Sync Scoring

Each team will start at 0 points. The teams that move on to Final Cuts will be the top five highest scores based on the judge's scoring sheets from 1<sup>st</sup> Cuts. After 1<sup>st</sup> Cuts the "Best of" Awards and participation will be added to each team's overall score. These points will not affect the Lip Sync score from 1<sup>st</sup> Cuts. If there is a tie, the team who has earned more overall Lip Sync points will win the tie break – this score will include the points from "Best of" Awards. For Final Cuts, teams will be awarded their placing based on the judge's scores.

## **Making Finals:**

+15 (*5 teams will make finals*)

Participation: +75

1st Place: +30

2nd Place: +20

3rd Place: +10

**"Best of" Awards** (*These points will be awarded after 1<sup>st</sup> Cuts, but will NOT affect who appears in Final Cuts*)

## **Choreography**

1st Place: +12

2nd Place: +10

3rd Place: +8

4th Place: +6

5th Place: +4

## **Acting** (*Includes main characters and entire cast*)

1st Place: +12

2nd Place: +10

3rd Place: +8

4th Place: +6

5th Place: +4

## **Plot**

1st Place: +12

2nd Place: +10

3rd Place: +8

4th Place: +6

5th Place: +4

## **Costume**

1st Place: +8

2nd Place: +6

3rd Place: +4

## **Energy**

1st Place: +8

2nd Place: +6

3rd Place: +4

## **Use of Theme**

1st Place: +8

2nd Place: +6

3rd Place: +4

Best Actor: +4

Best Actress: +4

## **Music**

1st Place: +12

2nd Place: +10

3rd Place: +8

4th Place: +6

5th Place: +4

Athlete's Choice Award will be determined by Special Olympic athletes. The team will be awarded a trophy, but no bonus points will be given to the team who wins.

(Continued)

# Lip Sync Scoring

## Deductions:

- If a team's skit, music, or dance moves are not deemed appropriate for all ages, as determined by Greek Week Central, it may result in **disqualification** and the team will not receive participation points or be allowed to perform.
- If a team's skit, music, or dance moves are found to have been simulated or copied from any external source outside of the team, it may result in **disqualification** or a **point deduction** depending on the severity of the offense. Appropriate penalty will be assessed by the Lip Sync Coordinators.
- If the patent that was approved by the Lip Sync Coordinators is not followed in regards to songs, skit, theme, etc. **there will be a point deduction.**
- If a skit is longer than the allotted time, **10 points will be deducted.** For every five seconds past the time limit, **another 2 points will be deducted.**

# Lip Sync Memorial Union Practices

<b>Sun Room</b> <i>Sunday, March 8<sup>th</sup></i>		<b>Pioneer Room</b> <i>Sunday, March 8<sup>th</sup></i>		<b>Campanile Room</b> <i>Tuesday, March 10<sup>th</sup></i>	
6PM	Phi-I-E-I-O	6PM	Teke-Chi'O-Chi	7PM	Alpha TriSeps
7PM	Shake It Off	7PM	Shock and Awe	8PM	2 TERMZ
8PM	Victorious Secret	8PM	Miracle Squad	9PM	The Alpha Squad
9PM	The Hunger Greeks	9PM	Bob Barker's Brigade	10PM	Generation X
10PM	GreekSquad	10PM	Lucky Ducks		

## Lip Sync 1<sup>st</sup> Cuts Order

### First Cuts Order

1. 2 TERMZ	8. Shake It Off
2. Victorious Secret	9. Generation X
3. The Hunger Greeks	10. The Alpha Squad
4. Miracle Squad	11. Phi-I-E-I-O
5. GreekSquad	12. Shock and Awe
6. Lucky Ducks	13. Bob Barker's Brigade
7. Teke-Chi'O-Chi	14. Alpha TriSeps

### Lip Sync Coordinators

Michael Heger	Dustin Schelling
---------------	------------------

515-360-4506	641-485-5026
--------------	--------------

gwlipsync@gmail.com



# Tournaments

Tournaments are a great way for the members of the Greek Community to work together through co-ed athletic events. All tournaments will be played under Greek Week rules. Please remember at all times that sportsman-like conduct is expected, and enthusiasm is appreciated.

<b>Date &amp; Time</b>	<b>Tournament</b>	<b>Location</b>
Sunday, March 22 <sup>nd</sup> 2:00 PM	Dodgeball	Lied Recreation Center
Sunday, March 22 <sup>nd</sup> 6:00PM	Broomball	ISU Ice Arena
Monday, March 23 <sup>rd</sup> 7:00 PM	Basketball	Lied Recreation Center
Tuesday, March 24 <sup>rd</sup> 7:00 PM	Trivia Blast	CY Stephens
Wednesday, March 25 <sup>th</sup> 7:00 PM	Treds Football	Lied Recreation Center
Thursday, March 26 <sup>th</sup> 7:00PM	Volleyball	Lied Recreation Center

## **Tournaments Coordinators**

Kelsey Grote      Brandon Forrester

712-790-9008      712-314-3405

[isugwctournaments@gmail.com](mailto:isugwctournaments@gmail.com)

# Tournaments: General Rules

## Participation:

- Participation is limited to members of the Greek Week teams.
- A maximum of one team per Greek Week Team may enter each tournament.
- All teams need to check-in 20 minutes before their first scheduled tournament. Any team that does not have a full team prior to the start of tournament play will be **disqualified** from the tournament.
- Each participant must bring his or her ISU Student ID to every tournament and have submitted the waiver in order to check in and participate.
- Each participant must find and highlight their name on a list of received waivers upon arrival to tournaments before being allowed to play. The list will be provided by Greek Week Central.
- Jewelry is not allowed to be worn in any tournament, except for Trivia Blast.
- Any player who is bleeding during the game must leave the game until the wound is cleaned and covered.
- No metal cleats are allowed for any tournament.
- Any game requiring overtime or tiebreaker, will have the decision of starting possession determined by a coin toss.
- Greek Week Rules are the same as ISU intramural rules, along with specific inclusions defined in the following pages.
- Brackets are random for each event and will be posted on social media at least 24 hours prior to the start of the tournament.

## Sportsmanship:

- Teams will begin with 5 Sportsmanship points for each tournament. Unsportsmanlike conduct will result in a warning or removal from the competition temporarily until a viable substitution opportunity occurs. A second offense, or extreme first offense, will result in the loss of these points for that tournament. The Greek Week Tournaments Coordinators have final discretion on all deductions and the values of each deduction. Sportsmanship deductions will be accounted for prior to final placing.
- Unsportsmanlike conduct may also result in participant ejections from the tournament. Participants and spectators are allowed one warning for unsportsmanlike conduct before being ejected from that tournament. Participants and spectators that are ejected will be removed from the facility immediately.
- If a team amasses two ejections in a single tournament for unsportsmanlike conduct, that team will be disqualified from that tournament.

(Continued)

# Tournaments: General Rules

## Scoring:

- To prevent domination in a tournament from one fraternity and/or sorority, we will be awarding teams for utilizing members of every chapter that is present on your team.
- One member of each chapter on your team must be on a roster and check in to play in each tournament to be awarded full participation points.
- Each team is eligible to win 5 participation points at each tournament.
- To determine the amount of participation points you will be awarded, multiply the fraction of chapters that are signed up by 5 points.
  - Ex) If 3 out of 4 chapters participate in a tournament, you take the fraction  $\frac{3}{4} \times 5 = 3.75$ . The decimal number awarded will be rounded to the nearest point. In this case, 3.75 would round up to 4.
  - Ex) If a team were to have  $\frac{2}{3}$  chapters participate, you would multiply  $\frac{2}{3} \times 5 = 3.33$ , which would round down to 3 points.

## Individual Tournament Points:

1<sup>st</sup>: 40 points

2<sup>nd</sup>: 30 points

3<sup>rd</sup>: 20 points

4<sup>th</sup>: 10 points

Participation: 5 points/tournament

Individual tournament point totals determine overall tournament placing and points.

## Overall Tournament Points:

1<sup>st</sup>: 200 points

2<sup>nd</sup>: 175 points

3<sup>rd</sup>: 150 points

4<sup>th</sup>: 125 points

Participation: 100 points

Teams that participated in all tournaments but did not place in the top 4 will receive participation points.

# Tournaments: Dodgeball

**Date:** Sunday, March 22<sup>nd</sup>, 2:00 pm

**Location:** Lied Recreation Center

## **Special Olympic Athlete Coaches**

Special Olympics athletes will be coaching at this tournament. Each team will be paired with a Special Olympic athlete and will have time to practice before the start of the tournament. The coaches will be with the team throughout the event. This is an opportunity for members of the Greek community to interact with those that are impacted by Special Olympics and learn more about the organization.

## **General Rules:**

- Games will be played in Lied Recreational Center.
- The court size is the same as the perimeter of the basketball court markings.
- Each team will consist of a max of 5 players, with at least 2 of each gender. A minimum of 3 players, with 1 of each gender, is required to start the match.
- Games will be best 2 out of 3 games, including the championship game.
- Substitutions of line-ups cannot be made during a game, with an exception for injuries.
- Line-ups may be altered between games.
- No time outs are permitted, with the exception of an injured player .
- Each match will be a maximum of five minutes.

## **Starting Rush:**

- There will be 5 balls on the free-throw line of each side.
- All players must start behind their end line.
- On the starting whistle, players may rush to retrieve the balls on their side and begin play.

*(Continued)*

# Tournaments: Dodgeball

**Date:** Sunday, March 22<sup>nd</sup>, 2:00 pm

**Location:** Lied Recreation Center

## Game Rules:

- A player is eliminated when a ball hits them or when a member of the opposite team catches a ball a player threw before it hits the ground.
- A thrown ball is considered dead after first contact with the ground or any object that is not a player.
- A player may use a ball to block a thrown ball.
- If a player drops a ball they are using to block another ball with, that player will be called out.
- If a thrown ball bounces off an opposing player, any player may catch the ball before it hits the ground to result in the thrower being called out.
- Re-entry is allowed if a player on your team catches a ball. If a person on your team catches a ball, the person who threw it is out, and the person who has been out the longest is then allowed to re- enter the game. Players must re-enter from their own end line.
- The centerline is the boundary for both teams. Any player stepping over the centerline at any time will be called out.
- If a ball goes out of the field of play, a player may go get the ball and return to the court as quickly as possible. A player returning to the court must enter the field of play from their own end line.
- If a team has all of the balls on their side of the court, the official will begin a silent count. When the official reaches 5, they will call out "stalling" and continue counting out loud from 6 to 10. If the official reaches 10 then team with the balls must throw then immediately, otherwise they will be forced to roll the balls to the opposing side.
- If a team has no remaining players, the other team will be ruled the winner of the game. If both teams have players remaining at the end of 5 minutes, the team with more remaining player will be ruled the winner of the game.

## Ties

- If both teams have an equal amount of players remaining at the end of 5 minutes, a sudden death period will be played. The first team to get an opposing player out will be ruled the winner of the game.

# Tournaments: Broomball

**Date:** Sunday, March 22<sup>nd</sup>, 9:00PM

**Location:** Iowa State Ice Arena

## **General Rules:**

- At all times players must have a helmet on when on the ice.
- There must be at least 2 members of each sex on the ice at all times.
- Games will consist of two 8 minute halves.
- If at the end of regulation time and the score is tied, the tie breaker will consist on 3 vs. 3 (1 member of each sex must be on the ice at all times) with no goalie. The first one to score will be the winner.
- All intramural broomball rules will apply.

# Tournaments: Basketball

**Date:** Monday, March 23<sup>rd</sup>, 7:00 pm

**Location:** Lied Recreation Center

## General Rules:

- All National Federation High School rules apply unless noted otherwise below.
- Teams are allowed a maximum of 10 players to participate in any single game and 5 players on the court at one time.
- A minimum of 4 players is needed to start the game, with a minimum of 2 players of each gender.
- Games consist of two 12-minute halves with a 1-3 minute half time, depending the progress of the tournament.
- The clock will run continuously throughout the game and stop only during the last 2 minutes of each half for out-of-bounds and shooting fouls.
- No time outs are permitted, with an exception for injured players. The referees may adjust time for injuries that substantially delay the game.
- Winning a coin toss gives the option of having the ball first in the first or second half.
- Players substituting in must enter at half court and check-in with officials before entering the court. Players substituting out may exit the court anywhere.
- The defense will get the ball out-of-bounds on all jump ball calls.
- Full-court press is allowed.
- Men's basketballs will be used during game play.

## Ties:

- When the score is tied at the end of the regulation playing time, a 3-minute overtime period will be played. Possession will be determined by a coin toss to start the overtime period. Possession will then alternate following the remaining overtime periods. This process will repeat until a winner is determined.

## Fouls:

- A player accumulating 4 fouls in any one game will not be allowed to play in the rest of the game.
- Any player who receives a misconduct technical foul will be ejected from the tournament.

## Gender Rules:

- All players are allowed in every area of the court
- A female player scoring inside the arc is worth 2 points and outside the arc are 3 points
- A male player scoring inside the arc is worth 1 point and outside the arc they are worth 2 points.
- No player is permitted to purposely go out-of-bounds and re-enter the court somewhere else. Doing so will result in a turnover for an offensive violation or an automatic 2 points for the offense for a defensive violation.

# Tournaments: Trivia Blast

**Date:** Tuesday, March 24<sup>th</sup> between Lip Sync 1<sup>st</sup> Cut skits

**Location:** CY Stephens Auditorium

## Participants:

- Each team can have up to 3-5 members represent their team, but only one member from each chapter in the team. At least one male and one female must participate.
- Of these 3-5 members one will be designated as the Spokesperson and will give an answer for questions.
- In addition, another member from the team will be designated as the Announcer. The Announcer will read the team their selected question. The Announcer may not answer questions.

## Game Rules:

- The competition will take place between the tear down and set up of Lip Sync skits.
- Teams will answer up to 10 questions in 2.5 minutes. The questions will be multiple choice and based on Iowa State history, Greek Community history, and general education questions. Participants of the team are able to collaborate on stage to discuss the question, but only the Spokesperson of the team will attempt to answer.
- Questions will be randomly selected from a pool of questions. Questions may have an answer bank containing the correct answer. All selected questions, correct or incorrect, will be discarded from play after use.
- Each correct answer will award the team 1 point.
- Time will begin immediately once the first question has been read to the team and end once the last question is answered or 2.5 minutes has passed. If two or more teams answer the same number of questions correctly, the team with the lower time will receive the higher placing. Tie breakers will be decided before Lip Sync Finals.



# Tournaments: Treds Football

**Date:** Wednesday, March 27<sup>th</sup>

**Location:** Lied Recreation Center

## **General Rules:**

- Teams consist of a max of 6 players on the field at any one time. A minimum of 4 players is required to start the game. A minimum of 2 players of each gender must play at any one time.
- Games will be two 10-minute halves with a 1-3-minute half time depending on the progression of the tournament.
- The clock will run continuously throughout the game.
- No time outs are permitted, with an exception for injured players. The referees may adjust time for injuries that substantially delay the game.
- The team beginning the game with the ball starts with a player throwing the football from their goal line. Other players may be anywhere else on the playing field.
- Substitution is allowed only after a point is scored.
- Players substituting in must enter at midfield. Players substituting out may exit the field anywhere.

## **Ties:**

- If the game is tied after regulation playing time, a 3-minute overtime will be played with possession being determined by a coin toss. This process will continue, alternating possessions from initial coin toss, with no breaks between overtimes except to restart the ball at a goal line, until the tie is broken.

*(Continued)*

# Tournaments: Treds Football

## Offensive Rules:

- Any movement of the ball can only be made by throwing complete passes to another player. Handing off is not allowed.
- Passes may be thrown in any direction using an underhand or overhand motion.
- A player may not advance forward, but can run laterally or backward when they have the ball.
- A player that runs backward may not return forward to their previous location.
- Offensive players in control of the football have 10 seconds to throw the ball. A referee begins a silent count until they reach 5 seconds and says, "stalling" and continues the count from 6 to 10 out loud. Taking more than 10 seconds to throw the ball results in a turnover.
- The thrower cannot hit at a defender, but they can measure space between them self and the defender by using their non-throwing arm. Any roughness can result in a penalty.
- A legal reception is one that is cleanly caught before hitting the ground.
- A catch made near the sidelines is considered a legal reception as long as the first step after the catch is made is inbounds.
- If a player's momentum takes the player out-of-bounds after a legal reception, the player will return to the spot at which they left the field of play and will continue the offensive drive.
- If a player's momentum carries them into the end zone, they will go back to where the reception was made and will continue the offensive drive.
- An offensive pass interference call will result in a turnover to the other team.
- Each gender must have control of the ball at least once on each offensive drive. This will be signaled from the officials by raising their arm and a verbal notification of the touch.

## Defensive Rules:

- A turnover occurs when the offense fails to complete a legal pass between teammates.
- Upon a turnover, the defending team takes possession at the spot where the ball hits the ground or at the nearest spot where the ball went out of bounds. Turnovers in the end zone start at the goal line.
- A defensive pass interference call results in the offense retaining possession at the spot of the foul.
- A defensive pass interference call in the end zone results in 1 point for the offense, and the defense taking over possession at their own goal line.
- A defender defending the thrower must be at least an arm's length away from the thrower.

## Scoring:

- A ball that is caught in the opposing team's end zone is worth 1 point to the scoring team.
- If a female catches the ball in the end zone, it will be worth 2 points to the scoring team.

# Tournaments: Volleyball

**Date:** Thursday, March 26th, 7:00 pm

**Location:** Lied Recreation Center

## General Rules:

- All National Federation High School rules apply unless noted otherwise below.
- Teams consist of a max of 6 players on the court at any one time. Teams will have equal members of each gender on the court at any one time. A minimum of 4 players is required to start the match.
- Teams are allowed a maximum of 10 players to participate in any single match.
- No time outs are permitted, with an exception for injured players.
- Substitution is allowed at the back right or front left positions of the court immediately after any point is scored.
- Matches are scored by rally scoring and the are best 2 out of 3 games.
- Games 1 and 2 are played to 21 points. Game 3, if needed, is played to 15 points.
- Teams must win by 2, with a 30-point cap on all games.
- The net will be set at a median between men's and women's height. (7'7 1/2")

## Game Rules:

- Service may be made anywhere along the back line.
- Players must rotate positions around the court after earning a side-out.
- Each member of a team must serve in turn. Serving out of turn will cause a side-out.
- No player may step completely across the centerline. A player may step partially across the centerline as long as it does not interfere with the play of an opponent.
- If a player crosses onto another court to make a hit, the ball is ruled dead and a point is awarded to the other team.
- If the ball comes in contact with an obstruction besides the wall and could have been reached by a player, the point will be replayed. If it is deemed that the player would not have been able to make a play on the ball, the ball is ruled dead and the other team will receive a point.
- Team members must stay in rotation throughout a play.
- Rotations must not have two males side by side. If a rotation becomes out of order, the team will automatically lose one point and the ball will be rewarded to the other team.

# Tournaments: Spirit

## **Information:**

The spirit tournament will be judged during every other tournament, excluding Trivia Blast. Spirit during each tournament will be weighted equally (20% each) and points awarded for winning the spirit tournament are equal to points awarded for winning a sports tournament. This tournament encourages creativity and participation for those not competing on the field.

Activities/efforts that can earn points:

- Themed cheering sections
- Signs
- Enthusiasm/Positivity
- Sportsmanship (On and Off field)
- Group chants or activities
- Other creative and spirited ideas!

If your signs, chants, or actions are not deemed appropriate by any member on Greek Week Central, Greek Affairs Staff, or an employee of the facility, points will be deducted from your spirit tournament total. This competition will be judged by every member on Greek Week Central throughout the week.

# Olympics

Greek Olympics is a day to culminate the Greek spirit we have been celebrating throughout Greek Week. Sportsmanship is **required at all events**. Any instance where Greek Week Central feels the spirit of Greek Olympics is being challenged by unsportsmanlike conduct, Greek Week Central reserves the right to disqualify and remove from the competition area anyone who is not complying to the ideals of Greek Week and Greek Olympics. Safety is of the upmost concern throughout the day; at any time safety is in question, Greek Week Central reserves the right to intervene on the behavior and actions. This includes, but is not limited to, sitting on roofs of chapter facilities, hanging out windows, crossing the street during events, and participating in reckless activity.

Date & Time	Event	Location
March 25 <sup>th</sup> 5:00 – 6:00 pm	ΛΑΠΠ and Bed Racer Checks	Greek Triangle
March 28 <sup>th</sup> 11:30 am	Pizza Lunch Benefitting United Way of Story County	Tau Kappa Epsilon
March 28 <sup>th</sup> 12:00 pm	Dizzy Dizzy Duck	TBA
March 28 <sup>th</sup> 12:45 pm	ΛΑΠΠ	Phi Kappa Psi
March 28 <sup>th</sup> 1:45 pm	Bed Race	Greek Community
March 28 <sup>th</sup> 2:45 pm	Dingle Dangle Donut	Ash Ave
March 28 <sup>th</sup> 3:15 pm	Tug of War	Beta Sigma Psi
March 28 <sup>th</sup> 4:00 pm	Egg Joust	Theta Chi

## Olympics Coordinator

Josh Andringa

563-468-7344

gwcolympics@gmail.com

# Olympics Sportsmanship and Safety

## Sportsmanship:

- For each event, each team will have the opportunity to receive one bonus point for displaying appropriate behavior during the event. This bonus will be awarded based on the behavior of not only participants, but spectators as well. Any behavior not conveying a positive experience for ALL attendees will result in a loss of this point.
- Each team will be issued one warning for the entire day, and any following incidents will result in the loss of point for the corresponding event.
- A second incident will result in a loss of the 1-point for the corresponding event as well as a loss of 3 points from the team's overall Greek Olympics point total.
- A third incident will result in the team's **disqualification** from Greek Olympics.

## Safety:

This year, spectator safety is a main priority for Greek Week Central. We wish to ensure all spectators view events in the safest way possible. All spectators are required to view events from ground level or behind closed windows inside chapter facilities. There will be zero tolerance for spectators viewing from chapter roofs, hanging out windows, etc. Chapters are permitted to have spectators view from inside their own facilities, but they must abide by the guidelines listed above. We are requiring this for the safety of the spectators and the liability of each chapter. Chapters unwilling to abide by these guidelines will receive a **5 point deduction** from their respective team's overall Greek Olympics point total.

# Olympics Scoring

## **Scoring:**

Scoring will be decided on individual events. The top five teams for each event will receive individual points.

## **Individual Event Points:**

1<sup>st</sup> Place: 5 points

2<sup>nd</sup> Place: 4 points

3<sup>rd</sup> Place: 3 points

4<sup>th</sup> Place: 2 points

5<sup>th</sup> Place: 1 point

Individual Olympic event point totals determine overall tournament placing and points.

## **Overall Olympics Points:**

1<sup>st</sup> Place: 150 points

2<sup>nd</sup> Place: 130 points

3<sup>rd</sup> Place: 110 points

4<sup>th</sup> Place: 90 points

5<sup>th</sup> Place: 70 point

Participation: 50 points

Teams that participated in all tournaments but did not place in the top 5 will receive participation points.

# Olympics: Dizzy Dizzy Duck

**Location:** TBA

**Time:** 12:00 pm

## Description:

- Teams of six compete by shuttling pitchers of water back and forth until their bucket is filled to the designated line with water.
- At one end of the playing field the team stands with the empty bucket and two pitchers. On the other end will be a trough filled with water and a bat connected to a spinning base.
- Participants start by grabbing their two pitchers and running to the other end of their designated lane.
- Participants must spin around the bat 10 times, fill their pitchers with water, return to the bucket and dump the water into the bucket.
- The teams time will stop once their bucket overflows with water. Event points will be awarded to the 5 fastest teams.

## Rules:

1. Each team will consist of three males and three females.
2. Teams must line up at the starting line of the lane in an alternating fashion according to gender.
3. Participants must run one at a time from the starting point to the end of the lane, spin 10 times with the handle of the bat on their forehead with the other end placed in the spinning base, fill the pitchers and return to the starting line to empty their pitchers and hand both pitchers to the next participant for a successful exchange. This process will continue until the bucket is **filled to the designated line** with water.
4. While rotating, the participant's forehead must remain on the handle of the bat and the bat must remain in the spinning base other wise the spin will not count towards the total. Greek Week Central will count rotations.
5. Disqualification from Dizzy Dizzy Duck will occur if a team accidentally or purposely interferes with another team's race. (Knocking over opponents bucket, etc.).
6. If a participant spills water from the pitchers on the return to the team's bucket, they may not return to the water container to refill the spilled pitchers.
7. Closed toe shoes are required to be worn by all participants.



# Olympics: ΛΑΡΠ (LARP)

**Location:** Phi Kappa Psi Fraternity

**Time:** 12:45 pm

## **Description:**

- Teams shall consist of two males and two females.
- Each round will last 5 minutes. At the end of the round, the team with the most players remaining will be deemed the winner. In the event of a tie, a 1 on 1 sudden death battle will occur.
- The best two out of three rounds will determine the advancing team.
- Boundary limits are subject to change during the course of a round.
- Points will be given to the top 5 teams, as well as bonus points being awarded to the team with the most creative costumes.
- All equipment must be inspected and approved on Wednesday, March 25<sup>th</sup> between the times of 5:00 -6:00 pm at Greek Triangle.

## **Weapons and Shields:**

- Weapons will be limited to one and two handed swung weapons; no projectile weapons will be permitted (i.e. a bow and arrow)
- One handed weapons may be no longer than 48 inches (4 feet).
- Two handed weapons must be longer than 48 inches (4 feet) and less than 144 inches (12 feet).
- Shields must be between 1 and 3 feet in diameter and must have a padded face and edges.

*(Continued)*

# Olympics: ΛΑΡΠ (LARP)

**Location:** Phi Kappa Psi Fraternity

**Time:** 12:45 pm

## **Refereeing and Combat:**

- The referee has the authority to remove anyone from the battlefield.
- The referee shall be responsible for the conduct of battles and can stop a battle at any time if a safety concern arises by yelling – HOLD!
- Grappling (grabbing an opponent and/or their equipment) shall not be allowed and shields are not to be used as weapons.
- A blow shall constitute an effective hit to a target area, with target areas consisting of legs, arms, and chest.
- An effective blow will be determined by the referee and the target of an attack, with the referee having the final decision. Effective blows must be delivered with sufficient force to be considered effective.
- An effective blow to a leg or arm will disable that limb for the rest of the round. An effective blow to the chest will result in a fatality and disqualification of the struck individual for the rest of the round.
- In the event of a fatality, the individual must lay down and not move until the round is over.
- If an arm is disabled, the weapon or shield in that hand must be dropped.
- Disabled limbs cannot be used to block attacks and blows to the disabled limb will be treated as if it were not there.
- A deliberate blow to the head and/or repeated blows to the head will result in disqualification of the striking individual.
- Simultaneous fatal blows will result in the fatality of both individuals. If these two individuals were the last two individuals on the battlefield, combat between these two individuals is reset with no disabilities.
- The referee shall settle all disputes and make rule interpretations as needed.

# Olympics: Bed Race

**Location:** Sorority Circle

**Time:** 1:45 pm

## Description:

- 2 participants ride on a custom made bed frame that is pushed by 4 other members of the team.
- The race consists of 2 laps around Sorority Circle.
- After one lap is completed a transition must occur between the 4 participants in the first leg to the four new participants that will push the bed racer for the second and final round.
- A 30-second time trial format will be used during the race.
- The six fastest teams will move onto the final round that will be held later in the day. The five fastest times will receive event points.

## Specifications:

- Bed inspections of completed beds will occur Wednesday, March 26<sup>th</sup> between the times of 5:00 - 6:00 pm at Greek Triangle. Any bed not meeting specifications will not be allowed to race.
- The riding platform must be no lower than 1 foot from the ground and no higher than 2 feet. This will be checked during bed inspections on Wednesday, March 26<sup>th</sup>.
- The riding platform must be able to hold the weight of two riders.
- Total length must not exceed 8 feet and the width must not exceed 3'6".
- Rubber tires are required, no wheels allowed (i.e. shopping cart wheels); tires must not exceed 26 inches in diameter, meaning 26 inches from the outer part of the rubber tire. Tires must be permanently attached to the bed.
- The steering mechanism must be separated from the riders by a protective barrier.
- No object can protrude more than 1 foot from the frame. This includes handles, decorations, etc.
- A regular, twin-sized mattress will lay flat on the platform. There must be a sheet and pillow on the bed, teddy bears are optional.
- Each team is required to display the Greek letters of all chapters in their team somewhere on the bed racer.
- Both bed riders must wear a helmet along with wrist, knee, and elbow pads that are provided by the team. Safety equipment **MUST** be present at check-in for the race. Failure to provide safety equipment at check-in will result in disqualification.
- An inappropriately decorated bed will be disqualified at the discretion of Greek Week Central.

*(Continued)*

# Olympics: Bed Race

## Rules:

1. Before any bed can enter the event it must be inspected by Greek Week Central. There will be inspections on Wednesday, March 25<sup>th</sup> from 5:00 – 6:00 pm at Greek Triangle to ensure that all beds meet the specifications. All beds must be complete at this time. If any bed fails to pass inspection, the team will be given until Friday March 27 to comply and be re-inspected. If the team does not participate in inspections on Wednesday, March 25<sup>th</sup> a **5 point deduction** will be assessed. If a bed does not pass either inspection, the team will not be allowed to participate in the event. After a team passes inspection they will not be allowed to change any aspect of their bed racer, doing so will result in **disqualification**.
2. A 30-second staggered start will be used.
3. The race will be 2 laps around sorority circle starting outside the Beta Sigma Psi Fraternity house. The route will consist of athletes running away from Beta Sigma Psi Fraternity toward Delta Zeta.
4. The same 2 bed riders must remain on the bed at all times.
5. There will be 4 participants pushing the bed in the first lap and 4 new participants will run the second and final lap.
6. The 4 participants pushing the bed must be in contact with the bed at all times. Teams who have members who fall, losing contact with the bed racer, will be **disqualified from the event**. Teams who have a member fall but remain in contact with the racer are urged to stop the racer until the member regains their footing, to insure safety. Failure to comply may result in **deduction or disqualification**.
7. The exchange zone will be 100 feet and will be marked on the pavement.
8. Any team NOT making the proper exchange with-in the exchange zone will be **disqualified from the event**.
9. The bed riders MUST wear helmets, wrist, elbow and knee pads.
10. All beds will be rechecked and inspected during the check-in time prior to the race.
11. Make sure to double-check and abide by the bed specifications prior to the day of inspections or the team will be disqualified.
12. **All Greek Week participants must take every precaution to ensure the safety of all other participants and bystanders. Any drastically unsafe behavior may result in a 5 point deduction and in extreme cases disqualified from the event. Greek Week Central has the authority to make decisions on this behavior. This includes, but is not limited to, hanging on and being dragged by the bed racer and crossing the street while the beds are being raced.**
13. At the end of the race the bed racers must be moved to Greek Triangle. After the final six teams are announced the remaining beds must be removed from Greek Triangle. If the bed is not moved by Bed Race finals the teams will receive a **5 point deduction**.

# Olympics: Dingle Dangle Donut

**Location:** Ash Avenue, near Farmhouse

**Time:** 2:45 pm

## Description:

- At the sound of a whistle, the pair runs to the donut frame where each male and female race to eat a swinging donut with no hands.
- This is a timed event with the top five times receiving event points.

## Rules:

1. This event consists of 1 male and 1 female.
2. The pair will run to the donut frame where 2 donuts will be swinging. The pair will eat the donuts without using their hands. If any body part is used to assist in eating the donut besides the player's face, the team will be **disqualified from the event..**
3. The donuts will be held parallel with the ground and let go when the whistle is blown to begin the race.
4. If at any point the donut falls off the frame another donut will begin swinging and the participant must start over. The player must eat the new donut in full to finish the event. The pair will be limited to 3 fallen donuts. When the third donut hits the ground, that team will be **disqualified from the event.**
5. The pair must work separately when consuming the donut. If one contestant finishes before the other, they must wait for their teammate to finish before the time will stop.
6. Once both donuts are completely eaten the pair must open their mouths to be checked by a member to Greek Week Central to ensure donuts are completely gone; at this point the time will stop. The time will continue if one player still has food in mouth, chewing, etc.
7. If a player spits up any donut at any time the team will be **disqualified from the event..**
8. If a pair interferes with another team's donuts they will be **disqualified from the event..**

# Olympics: Tug O War

**Location:** Beta Sigma Psi

**Time:** 3:15 pm

## **Description:**

- In Tug-O-War, teams of eight compete to pull the opposing teams marked area of rope over the designated line.

## **Rules:**

1. Teams consist of 4 females and 4 males.
2. The teams will be setup in a single elimination bracket, except for the semi-final matches. The top 4 teams will receive points.
3. **No metal cleats are allowed**, however plastic cleats are acceptable. Closed toed shoes are required for participation. For your protection, we suggest that participants wear protective gloves. If any member is wearing metal cleats during competition, the team will be disqualified.
4. The first person in line must have their hands behind the taped area of the rope.
5. The maximum match time will be 4 minutes. If no team has succeeded to pull the other past the centerline, the team that has pulled the furthest will be declared the winner. This rule will not be in effect during the 1st/2nd and 3rd/4th place matches.
6. The winner of the best two out of three of rock paper scissors between team captains will determine which side each team will be pulling from.

# Olympics: Egg Joust

**Location:** Theta Chi Fraternity

**Time:** 4:00 pm

## Description:

- In the Egg Joust, each team will have two teams participate.
- Each of those teams will consist of 1 male and 1 female.
- Each team will work together to eliminate the other teams by breaking their opponent's egg.
- The top three teams in each round will move on to the next round.
- The top six teams will advance to the final championship round.
- The top five teams will be awarded event points. No jewelry can be worn during this event.

## Rules:

1. The teams will consist of 1 male and 1 female. The female will sit on the male's shoulders. If the female falls off the shoulders or touches the ground with any body part during the game, the team will be disqualified.
2. The male will have an egg in a nylon sock secured to his forehead.
3. The female's free hand cannot be used to protect the team's egg. Protection of your own or your partner's egg with your hand or any other mechanism of defense will be given **one warning**, with an additional offense resulting in disqualification from the event.
4. The female's free hand must remain on her partner's head or behind her back.
5. Eggs can only be broken by the rolled up newspaper that is issued by Greek Week Central. Use of other bodily parts will result in disqualification from the event. At any point the newspaper is dropped the team must pick it up with no help. Disqualification from the event will occur if any spectators hand the team the dropped newspaper.
6. All teams must stay within the given boundaries or will be disqualified. The boundaries are subject to change during a round.
7. Participants must wear eye protection that **teams** must provide.
8. If an egg breaks under any circumstances, the team becomes inactive and must leave the designated boundary area.
9. The championship round winner is the last team with an unbroken egg.
10. All participants, male and female, are required to be barefoot
11. Conspiring with another team to target someone during the course of the event is not allowed. If a team does target an individual, **EVERYONE** will be given a verbal warning. If the targeting happens again, that pair of participants will be disqualified from Egg Joust.

# Educational Speaker

## Information:

The purpose of this event is to promote an educational foundation during Greek Week and provide our community with a leadership development opportunity through an interactive guest speaker. T.J. Sullivan, author of “Motivating the Middle: Fighting Apathy in College Student Organizations”, and founder of CAMPUSPEAK, will be coming to Iowa State University to deliver a program titled “Confronting the Idiot in Your Chapter.”

**Date:** Sunday, March 22<sup>nd</sup> 5:30 pm & 7:30 pm

**Location:** Memorial Union Sun Room & South Ballroom

## Requirements:

- Members of each team will be responsible for attending their team’s assigned session. In order to be included in the participation numbers, team members must attend the show they are assigned.
- Full points will be awarded to teams who have up to 25% attendance rate at their assigned session. Half of the points will be awarded to teams who have greater than 12.5% but less than 25% of their team in attendance.
- Teams will need to show up at least fifteen minutes before the session starts to allow for check-in. **Attendance will be determined by swiping members’ ISU ID CARDS before the show starts.**

## Showtime Assignments:

### 5:30 pm Showtime

2 TERMZ

Bob Barker’s Brigade

Lucky Ducks

Phi-I-E-I-O

Shake It Off

The Hunger Greeks

Teke-Chi-O-Chi

### 7:30 pm Showtime

Alpha TriSeps

Generation X

GreekSquad

Miracle Squad

Shock and Awe

The Alpha Squad

Victorious Secret



# Team Co-Chair Meetings

**Information:**

This meeting's purpose is to establish a line of communication with the General Co-Chairs and among the team's co-chairs. At least one co-chair from each chapter in the team must be present, and members of Greek Week Central and the Office of Greek Affairs will also be in attendance.

Please sign up for the meetings after consulting with all of your team's co-chairs, and use your team name for the poll.

Meetings will be 15 minutes and the sign-up will close on Wednesday, January 14<sup>th</sup> at 5:00 pm.

**DATE:** January 20<sup>th</sup> – January 22<sup>nd</sup>

**Time:** By appointment

**Location:** Office of Greek Affairs