

Iowa State University Greek Week
2016 Rulebook
March 27th – April 3rd



“For Unity, Opportunity, &
Community”

The Greek Community at Iowa State is full of friendships, pride, and tradition.

One of the oldest lasting traditions is Greek Week. Greek Week gives the members of the Greek Community an opportunity to come together and celebrate for a week of friendly competitions, events, and awards. During Greek Week, it is our expectation that all of the chapters compete with enthusiasm, integrity, respect, and pride.

Reminder: We would like to note that active participation in Greek Week is voluntary and is limited to those who are listed on each chapter's roster. All participants MUST complete the Greek Week waiver in order to participate in any Greek Week event.

Those outside of the Greek community are encouraged to attend the planned events and competitions, but competition is limited to Greek members only.

All rules are subject to interpretation by Greek Week Central with final say designated to the General Co-Chairs.

Note: *Greek Week is a student-led initiative. Please remember you are representing the Greek Community, Iowa State University and the greater Ames community. We expect to see your values in action at all times. Greek Week Central wishes you a week full of fun and friendly competition. Best of luck!*

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Greek Week 2016

Alcohol and Substance Policy

1. This policy will apply to all members of the Greek Community.
2. All facility based chapters are subject to their current alcohol policy in addition to the rules of Iowa State University, and the laws of the city of Ames, the state and the federal government-- i.e. NPC organizations shall have no alcohol on their premises at any time, IFC organizations will conduct their behavior in alignment with their assignment of being alcohol-prohibited, alcohol-restricted, or alcohol-permitted.
3. Non-facility chapters are subject to the rules and regulations of their local chapter bylaws, national organization policies, Iowa State University, state and federal law, and the premises which they are on at any given time.
4. Organizations may register functions. All functions must be registered through the appropriate channel(s) (i.e. The Office of Greek Affairs, Office of Judicial Affairs, and/or EAC). Any function found to be unregistered may result in one or more chapters being charged as such through their respective council or the university. All event registration rules apply regardless of alcohol involvement or not.
5. Individuals who are of age (21) may choose to responsibly consume alcohol at registered events, bars, restaurants, etc. All state and federal laws apply.
6. All Greek Week events are alcohol free and no alcohol may be brought to a Greek Week event or onto any Iowa State University property at any time. Your personal body is considered to be an open container.
7. If any individual is found during or after Greek Week to have knowingly contributed to the concealment of an unregistered event, or underage alcohol consumption or distribution, it will be encouraged that they are charged through the appropriate channel(s)- Chapter Standards Boards.
8. It is encouraged that Greek Week Central, Greek Week Crew and Chapter Leadership role model appropriate alcohol use behavior- this does not mean these individuals are on an alcohol ban, unless it is otherwise self-imposed.
9. It is the responsibility of every Greek Week Central and Greek Week Crew member and all Chapter Leadership to hold and turn-in any individual to the Greek Week Adviser and Co-Chair, who violates numbers #10-11. Not doing so would mean a reprimand from the Office of Greek Affairs and a conference call with national organization representatives for Chapter Leadership; and immediate removal from office for Greek Week Central and Greek Week Crew members. If a Greek Week Crew member is removed from office the team will lose the points for that member's participation.

Greek Week 2016

Alcohol and Substance Policy

ALCOHOL VIOLATIONS

10. Regardless of age, if an individual is suspected to be intoxicated, any member of Greek Week Central may ask that individual to leave. If the individual refuses to leave immediately, this will be considered an alcohol violation and will result in a deduction of 150 points from the individual's team's current total Greek Week point accumulation. Additionally, the Greek Week Team Co-Chairs will be called to an immediate conference with the Office of Greek Affairs staff and Central Co-Chairs.
11. Regardless of age, if an individual is suspected to have alcohol, or be responsible for the intoxication of underage students at a Greek Week event- any member of Greek Week Central may notify Greek Week Central Co-Chairs, and a member of Central will remain with that individual until the ISU or Ames police can be called. This will be considered an alcohol violation. The team of that individual will lose 150 points from their current total Greek Week point accumulation. The Greek Week Team Co-Chairs will be called to an immediate conference with the Office of Greek Affairs staff and Central Co-Chairs.
12. If any team is issued a second alcohol violation for any reason listed above (#'s 10- 11), Greek Week Co-Chairs will immediately disqualify that entire team.

Greek Week 2016 Information

Waivers:

We will have online waivers for participation in this year's Greek Week. We will release information about the status of online waivers as we receive it in order to keep chapter co-chairs up to date. If online waivers are not available by Monday, February 29th paper waivers will be distributed by Wednesday, March 6th. All waivers, without exception, will be due by Friday, March 11th at 5:00 pm either online or to the Office of Greek Affairs. No late waivers will be accepted after that time.

Electronic Rosters:

The Chapter's Odysseus roster will be used to determine participation counts and dues for all active members (study abroad and other circumstances should be noted in Odysseus). Chapter Presidents and Co-Chairs will receive an email on Thursday, February 11th reminding them to update Odysseus by Wednesday, February 17th at 10:00 am.

Dues:

Chapters will be charged dues according to the number of people on their roster. After February 22nd, chapters will not be reimbursed for members who are dropped from the roster. Dues shall be turned in to the Office of Greek Affairs by Monday, February 29th at 5:00pm. Checks should be made out to "Greek Week." Chapters who fail to turn in dues on time will be charged a 25% late fee.

Sportsmanship:

Good sportsmanship is a priority for Greek Week Central and is expected at all events. Unsportsmanlike behavior will not be tolerated at any point before, during, or after any Greek Week event. These rules apply to all interactions involving Greek Week team participants and spectators. Greek Week teams are responsible for the actions of all team members. Examples of unsportsmanlike behavior include, but are not limited to: swearing, taunting, fighting, arguing, and rough play. Referees, Greek Week Crew, and Greek Week Central will report sportsmanship violations to the Greek Week General Co-Chairs. Failure to abide with Central's request to have good sportsmanship behavior may result in point deductions or other consequences, at the individual event coordinator's discretion. Please see the event rules for specific details on event point deductions for sportsmanship like behavior.

Safety:

Safety is a priority for Greek Week Central. We ask that all participants use caution while competing in Greek Week events. Additionally, Greek Week Central asks that all spectators view events in a manner that is safe for both them and the participants. If spectators must move in order to ensure their safety or the safety of the participants Greek Week Central will ask them to move. Failure to abide with Central's request may result in point deductions or other consequences. Examples of this include but are not limited to: sitting on chapter facility roofs, riding on top or on the back of cars or trucks, and hanging out of windows.

2016 Greek Week Central

Position	Email
General Co-Chairs Luke Gosse & Sarah Ramundt	greekweekisu@gmail.com
Advisors Bryant Corkins Carlie Lavin Amanda Oller	bcorkins@iastate.edu cjlavin@iastate.edu aoller@iastate.edu
Community Service Coordinators Ben Geiger & Matt Harm	isugw.communityservice@gmail.com
Crew Coordinators Riley McCloskey & Jordan VanScoy	greekwcrew@gmail.com
Culinary Coordinator Lauren Banwart	gwculinary@gmail.com
Fiscal Coordinator Katie Kassel	gwfiscal@gmail.com
Marketing & Media Coordinators Brad Biegger & Hannah Meador	greekwmm@gmail.com
Lip Sync Coordinators Hannah Buchanan & Anna Sposeto	gwlipsync@gmail.com
Logistics Coordinator Rebecca Kohlmann	gwclogistics@gmail.com
Olympics Coordinator Cooper Royer & Danny Schertz	gwcolympics@gmail.com
Spirit Coordinators Laura Campbell & Brad Pickhinke	gwcspirit@gmail.com
Sponsorship Coordinators Thomas Gavin & Daniela Heppner	gwsponsorship@gmail.com
Technology Coordinator Thomas Scallon & Nik Suvorov	isugwtechnology@gmail.com
Tournament Coordinators Patrick Hennessey & Jake McEntee	isugwctournaments@gmail.com

Please email Greek Week Central members to set up meeting times.

Greek Week Crew

Captains

Community Service

Aditya Navale
Allie Oder

Culinary

Joseph Thurin

Lip Sync

Maggie Feldmann
Tamera Alexander

Olympics

Grace Perrin
Randall Lenarz

Photography

Kim Ferguson
Paige Carlson
Sierra Stalians

Spirit

Mia Guion

Tournaments

Nathan Holloway
Zoë Pearson

Technology

Abby Farniok

Crew

Abbie Burney

Leah Brook

Adam Willman

Luke Endecott

Benjamin Bye

Margo Wilwerding

Bethany Darr

Matthew Teubert

Brendan Zimmerman

Nathan Yeager

Bridgett Konradi

Olivia Weaver

Brooke Herren

Rachel Billingsley

Chris Mandt

Raechel Kinney

Forrest Beeler

Trey Wiese

Jennifer Kruse

William Smith

Jimmy Glass

Wyatt Forsyth

Joe Gremel

Disaffiliation Contract

Greek Week Central and Crew 2016

I, as a member of Greek Week Central/Crew 2016, agree to abide by the rules stated below regarding disaffiliation from Greek Week 2016. The rules and conduct that has been established for appropriate behavior is as follows:

Behavior

No bias towards ANY chapter and/or Team

Email signatures do not indicate identification with any chapter

Social media is not to be used to identify with any chapter

All information communicated regarding Greek Week is to remain confidential unless instructed otherwise

Attire

Central: No letters (Greek organization insignia) is to be worn from January 11th, 2016 through April 3rd, 2016 (exceptions are only during own chapter's philanthropy)

Crew: No letters (Greek organization insignia) is to be worn from March 1st, 2016 through April 3rd, 2016 (exceptions are only during own chapter's philanthropy)

A breach of this contract puts one at risk of being removed from Greek Week Central/Crew 2016; or a potential loss of points for the team of the individual involved. All infractions will be discussed by the General Co-Chairs and Greek Week Advisors.

Printed Name

Signature

Date

2016 Greek Week Teams

Team Name	Members	Team Name	Members
3 rd Termz the Charm	Kappa Kappa Gamma Delta Tau Delta Phi Beta Chi	The Greek Awakens	Alpha Chi Omega Alpha Tau Omega Beta Sigma Psi
ACDZ	Delta Zeta Sigma Chi Adelante Alpha Kappa Lambda	The Olympians	Gamma Phi Beta Phi Gamma Delta Delta Sigma Phi Gamma Rho Lambda
GREEKLINE BLING	Kappa Alpha Theta Pi Kappa Alpha Theta Chi	The Omicron Empire	Alpha Omicron Pi FarmHouse Kappa Sigma
G.I. Greeks	Alpha Gamma Delta Alpha Gamma Rho Phi Kappa Theta Alpha Sigma Kappa	The SKuad	Sigma Kappa Tau Kappa Epsilon Theta Delta Chi
Kappa Phi Delta Chi	Kappa Delta Phi Delta Theta Delta Chi	The Young Pharaohs	Chi Omega Delta Upsilon Lambda Chi Alpha
Quad Squad	Delta Delta Delta Phi Kappa Psi Triangle Chi Phi	TriPhis	Pi Beta Phi Alpha Sigma Phi Pi Kappa Phi
Scream Team	Alpha Delta Pi Sigma Pi Delta Lambda Phi	USAΦ	Alpha Phi Sigma Phi Epsilon Theta Xi ACACIA

2016 Greek Week Schedule

Date & Time	Item	Location
Sunday, March 27 th 8:00 PM	Dodgeball Tournament	Lied Recreation Center
Monday March 28 th 5:00 PM	Team Banner Displayed	Designated Chapter Facility
Monday, March 28 th 8:00 PM	Volleyball Tournament	Lied Recreation Center
Tuesday March 29 th 11:00 AM	Show Me the Greeks	Central Campus
Tuesday March 29 th 11:30 AM	Food on Campus/Karaoke 1st Cuts	Central Campus
Tuesday March 29 th 1:00 PM	CY Stephens Lip Sync Practice	CY Stephens Auditorium
Tuesday March 29 th 1:00-11:00PM	Community Drive Collection	CY Stephens Auditorium
Tuesday March 29 th 7:00 PM	Educational Speaker	CY Stephens Auditorium
Tuesday March 29 th 8:30 PM	CY Stephens Lip Sync Practice	CY Stephens Auditorium
Wednesday March 30 th 12:00-4:00PM	Polar Bear Plunge Pre-Registration	Cardinal Room, MU
Wednesday March 30 th 7:00 PM	Treds Tournament	Lied Recreation Center
Thursday March 31 st 11:00 AM	Karaoke 2 nd Cuts/Trivia Blast	Central Campus
Thursday March 31 st 11:00 AM	EGLC Meal Under the Campanile	Central Campus
Thursday March 31 st 2:00-5:00 PM	Polar Bear Plunge Pre-Registration	South Atrium MU, by Bookstore
Thursday March 31 st 4:00 PM	Bed Racer/LARP Weapons Checks	Greek Triangle
Thursday March 31 st 7:00 PM	Basketball Tournament	Lied Recreation Center
Friday April 1 st 4:00-9:00 PM	Polar Bear Plunge	State Gym Pool
Friday April 1 st 8:00 PM	Broomball	Ames Ice Arena
Saturday April 2 nd 8:00-10:30 AM	Community Drive Packaging	Gold Room, MU
Saturday April 2 nd 11:00 AM	LARP	Phi Kappa Psi
Saturday April 2 nd 11:00 AM	All Greek Pizza Lunch	Tau Kappa Epsilon
Saturday April 2 nd 12:30 PM	Tug-O-War	Kappa Sigma
Saturday April 2 nd 1:15 PM	Dizzy Dizzy Duck	Sigma Pi
Saturday April 2 nd 2:15 PM	Bed Race	Sorority Circle
Saturday April 2 nd 3:15 PM	Dingle Dangle Donut	Greek Triangle
Saturday April 2 nd 4:00 PM	Egg Joust	Theta Chi
Saturday April 2 nd 6:00 PM	Lip Sync/Karaoke Finals	CY Stephens Auditorium
Sunday, April 3 rd 6:00PM	Vespers Ceremony	CY Stephens

See also Chapter Co-Chair (p. 13), Community Service (p. 14), Lip Sync (p. 15), and Spirit (p. 26) Turn-in Checklists.

Point Breakdown

Community Service: 200 points

- Week of Service 35 Points
- Community Drive: 50 points
- Polar Bear Plunge: 70 points + 45 bonus points

Lip-Sync: 200 points

- 1st Place: 200 points
- 2nd Place: 180 points
- 3rd Place: 160 points
- 4th Place: 140 points
- 5th Place: 120 points
- Participation: 80 points

Tournaments: 200 points

- 1st Place: 200 points
- 2nd Place: 175 points
- 3rd Place: 150 points
- 4th Place: 125 points
- Participation: 100 points

Olympics: 150 points

- 1st Place: 150 points
- 2nd Place: 130 points
- 3rd Place: 110 points
- 4th Place: 90 points
- 5th Place: 70 points
- Participation: 50 points

Scholarship: 75 points

- Educational Speaker: 75 points

Spirit: 125 points

- 1st Place: 125 points
- 2nd Place: 100 points
- 3rd Place: 75 points
- Participation: 50 points

Crew: 50 points

- Interviews: 2 points per member
- Crew Selection: 10 points per member

Total: 1,000 points

Points listed reflect the maximum number of points each team can earn per category.

Chapter Co-Chair Turn-In Checklist

Date & Time	Item	Location	X
January 16 th 5:00PM	GW Crew/Captain Application Closes	Office of Greek Affairs	
February 5 th	Final Rulebook Release	Available via Email/Website	
February 10 th 7:00 PM	Chapter Co-Chair Meeting	0117 MacKay Hall	
February 10 th 11:00AM - Close	BWW Fundraiser	Buffalo Wild Wings, Ames	
February 16 th 6:00-9:00 PM	Orange Leaf Fundraiser	Orange Leaf, Ames	
February 25 th 10:00AM-3:00PM	Panda Express Fundraiser	Panda Express, MU	
February 17 th 10:00 AM	Team Rosters Due	Odysseus Rosters Used	
Tentatively February 29 th	GW Waivers available	Available via Email	
February 29 th 5:00 Pm	Chapter Dues Due	Office of Greek Affairs Fiscal Mailbox	
Tentatively March 11 th by 5:00PM	GW Waivers Due	Online	
March 23 rd 7:00 PM	Chapter Co-Chair Meeting	0127 Curtiss Hall	
March 27 th – April 3 rd	Greek Week	Iowa State University	

See also Spirit Checklist (p. 26), Community Service Checklist (p. 14) and Lip Sync Checklist (p. 15)

Community Service Turn-In Checklist

Date & Time	Item	Location	X
March 1 st	Community Drive List Release	Released via Email	
March 28 th -April 1 st	Week of Service	Ames Community	
March 29 th 7:00PM	Community Drive Collection	CY Stephens West Entrance	
March 30 th 12:00PM - 4:00PM	Polar Bear Plunge Pre-Registration	MU Cardinal Room	
March 31 st 2:00PM-5:00PM	Polar Bear Plunge Pre-Registration	MU South Student Table by Bookstore	
April 1 st 2:00PM	Polar Bear Plunge Money Raised (\$75)	https://www.firstgiving.com/soiowa/ames-polar-plunge1	
April 1 st 12:00PM-3:00PM	Polar Bear Plunge Registration	State Gym West Basketball Courts	
April 1 st 4:00PM-9:00PM	Polar Bear Plunge Event	State Gym Pool	
April 2 nd 8:00AM-10:00AM	Community Drive Packaging	MU Gold Room	

Lip Sync Turn-In Checklist

Date & Time	Item	Location	X
December 6 th 6:00PM	Lip Sync Co-Chair Meeting	Carver 0205	
January 18 th 5:00PM	Lip Sync Theme Patents	Online Google Form	
January 20 th 5:00PM	Lip Sync Song Patents Due	Online Google Form	
February 9 th 8:00 – 11:00PM	Lip Sync 1 st Practice	Chapter Facilities	
February 15 th by 5:00PM	Lip Sync Preliminary Scripts Due	Office of Greek Affairs, MU Lip Sync Mailbox	
February 23 rd 8:00 – 10:00PM	1 st Central Visit to Lip Sync Practice	Chapter Facilities	
February 24 th TBD	Lip Sync Co-Chair Meetings about Scripts	Office of Greek Affairs, MU	
February 25 th 8:00 – 10:00PM	2 nd Central Visit to Lip Sync Practice	Chapter Facilities	
March 1 st 6:00PM	2 nd Lip Sync Co-Chair Meeting	TBD	
March 8 th 8:00 – 10:00PM	MU Lip Sync Practices	MU Great Hall	
March 9 th 5:00PM	Lip Sync Final Scripts Due	Office of Greek Affairs, MU Lip Sync Mailbox	
March 10 th	MU Lip Sync Practices	MU Great Hall, South Ballroom, Sun Room	
March 14 th – 28 th	Spring Break, No Practice	-	
March 23 rd 5:00PM	Final MP3s due	Office of Greek Affairs, MU Lip Sync Mailbox	
March 31 st 5:00PM	Budget Forms Due	Office of Greek Affairs, MU Lip Sync Mailbox	
April 2 nd 6:00PM	Lip Sync Performance	CY Stephens Auditorium	

2016 Team Banner Patent Form

- Email to gwcspirit@gmail.com by Friday, February 22nd at 5:00 pm -

Team:

Title/Theme:

Team Banner Description:

Display Location (Chapter Facility):

Sketch:



Iowa State University

Greek Week 2016

0355 Memorial Union
Ames, Iowa 50011
(515) 294-1023
gwcsprit@gmail.com

Banner Judging Form

Team _____

Location _____

Overall Appearance

The display is generally pleasing to look at, tasteful, and well proportioned. _____/25

Colors are used to convey the feeling behind the design theme.

The entire display depicts the "Greek Week Spirit".

Design

Creativity _____/15

Creativity is shown in artwork through structure, design, and expression.

Originality _____/15

Design display contains unique features that represent their team and overall Greek Week theme.

Representation

Greek Week _____/10

Display interprets and represents the Greek Week theme:

"For Unity, Community, and Opportunity"

Public Appeal _____/10

Display appeals to visitors and general public and is easy to understand.

Workmanship

The entire display is carefully crafted. Neatness and accuracy are apparent. _____/25

Total: _____/100

Judge's Initials _____

2016 Karaoke Patent Form

- Submit via email to gwcspirit@gmail.com from Monday, February 22nd at 8:00 am to Friday, February 26th at 5:00 pm -
- Sign up for a Karaoke performance time on the online form from Monday, February 22nd at 8:00 am to Friday, February 26th at 12:00 pm -

Team:

Participant Names	Email Address
1.	
2.	
3.	
4.	
5.	
6.	

Individual Songs (No Mashups)

- 1.
- 2.
- 3.

Costume Descriptions:

2016 Lip-Sync Patent Form

- 1st Round Patents and Songs due Monday, February 2nd at 5:00 pm -
- 2nd Round Patents and Songs Due Friday, February 6th 5:00 pm -

Team:

Skit Title:

Practice Time and Location:

Song Choices (include song title & artist)

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

Skit Outline *(Provide a detailed description of your plot and the overall skit):*

Specific Characters *(List any characters that will be in your skit including those loosely based of characters found in pop culture i.e. Harry Potter, Pink Panther, etc.):*

Costume Ideas *(To ensure your skit will look different than any others, please list what you imagine most of your cast wearing on stage, including props you will use):*

Greek Week Crew

Information:

Greek Week Crew/Captains are required to remain disaffiliated from their chapter and team during the entirety of Greek Week activities.

Each team can have anyone apply to be Greek Week Crew or a Captain. Each individual that signs up and completes an interview will receive two (2) points for their team. If an individual is selected to be a Crew member or a Captain, an additional ten (10) points per individual member will be given to the team; totaling twelve (12) points per selected member. Each team may earn a maximum of fifty (50) points, regardless of the number that apply, interview, or are selected.

Requirements:

The requirements that each member must complete to be awarded the twelve (12) points for their team are as follows:

- Attend Crew Retreat Sunday, February 7th
- Attend required weekly Tuesday night meetings or make up any unattended meetings
- Attend approximately two Tournaments
- Be present all day during Olympics on Saturday, April 2nd
- Become Food Safety Certified by March 1st
- Assist in other events as needed (Lip Sync, Community Service, Vespers, Kick-Off events, Spirit events, Food on Campus, barricades, etc.).
- Remain disaffiliated from March 1st until the end of the Vespers Ceremony April 3rd

If a Crew or Captain fails to meet the requirements (ex. missing events or meetings), ALL 12 points will be deducted from the entire team.

Crew Coordinators

Riley McCloskey	Jordan VanScoy
303-562-8639	515-822-0267

greekwcrew@gmail.com

Community Service

Community Service is a great way for the Greek Community to reach out to the residents of Ames and surrounding areas through various events including Community Drive, Week of Service, and Polar Bear Plunge (PBP). Please note that all rule interpretations and final point allocations are at the discretion of the Greek Week Central Committee.

Date & Time	Item	Location
March 1 st	Community Drive List Release	Released via Email
March 28 th -April 1 st	Week of Service	Ames, IA
March 29 th 7:00PM	Community Drive Collection	CY Stephens West Entrance
March 30 th 12:00PM - 4:00PM	Polar Bear Plunge Pre-Registration	MU Cardinal Room
March 31 st 12:00PM - 4:00PM	Polar Bear Plunge Pre-Registration	MU
April 1 st 2:00PM	Participants Must Raise \$75.00 to Plunge	https://www.firstgiving.com/soiowa/ames-polar-plunge1
April 1 st 1:00PM	Polar Bear Plunge Registration	State Gym
April 1 st 3:00 - 9:00PM	Polar Bear Plunge Event	State Gym Pool
April 2 nd 8:00 – 10:30AM	Community Drive Packaging	MU Gold Room

Week of Service

Information:

Week of Service is a week long community service event focused on serving non-profit organizations in Ames, IA. Teams will volunteer at a chosen organization in the Ames, IA area.

Date: Monday, March 28th - Friday, April 1st

Location: Ames, IA

Requirements:

Each participant must sign up with their name in their team sign up sheet and show up to allotted time to receive points. Teams must have volunteers signed up no later than Friday, March 25, 2016.

Absolutely no walk in volunteers will be accepted.

Chapter rosters will be used to determine a team's total participant percentage and must be updated by February 22nd at 5:00 pm. Any issues with chapter rosters are to be taken up with the Greek Week Central General Co-Chairs.

Any questions can be directed to isu.gwcommunityservice@gmail.com.

Points:

85% of allocated slots filled: 35 points

Community Drive

Information:

This year Volunteer Center of Story County (VCSC) and Greek Week are partnering to host the second annual Community Drive. VCSC reached out to partner agencies, which includes over a hundred nonprofit organizations in the Ames community and surrounding area, to compile a list of items needed in order to better serve the community. Teams are asked to collect various items on this list.

Collection Date: Tuesday, March 29th 6:00 pm at CY Stephens West Entrance

Packaging Date: Saturday, April 2nd 8:00 – 10:30 am in the MU Gold Room

Requirements:

On March 1st a list of donation items will be released. The items will be ranked in a tier system - items in tier 3 will be worth 3 points, tier 2 will be worth 2 points, and tier 1 will be worth 1 point. Points will be distributed based on the highest percentage of total points divided by the total number of members for their team.

Donation Collection

To enter Lip Sync rehearsal, members must bring at least 1 item to donate from any tier. Items will be checked in with Crew members beginning at 1:00 pm at the West Entrance to CY Stephens until the last team's Lip Sync rehearsal. No items will be accepted after this time.

Packaging

Items will be packaged on Saturday, April 2nd 8:00 – 10:30 am. It is required for one representative from each chapter in your team to attend the packaging event to receive points. We recommend more than one person from each chapter attend in order to quickly.

Points:

Donation Collection

Donation point total equal to or greater than 50% of the total team members: 35 points

Donation point total between 25%-44.9% of the total team members: 17.5 points

Donation point total less than 25% of the total team members: 0 points

Packaging

Teams will be awarded 15 points if one representative from each chapter in their team attends the packaging event on Saturday, April 2nd.

Polar Bear Plunge

Information:

Each year, Greeks plunge in support of the Special Olympics of Iowa. Each plunger raises money in preparation for the event and proceeds support the programs and athletes of the Special Olympics of Iowa. Ames' plunge is Iowa's largest, and brings in thousands of dollars each year. Getting dressed up in costumes and making the plunge into the water is an exhilarating experience that helps support thousands of athletes. This year the 20th annual Polar Bear Plunge will have a community-wide theme, Hawaiian Luau.

Fundraising Website: <http://www.firstgiving.com/soiowa/ames-greek-polar-plunge>

Early Registration Check-In:

Wednesday, March 30th 12:00 – 4:00 pm in MU Cardinal Room

Thursday, March 31st 2:00 - 5:00 pm in MU outside Bookstore

Day-Of Check-in: Friday, April 1st at 1:00 pm-3:00pm in State Gym West Basketball Courts

Event Time: Friday, April 1st starting at 4:00 pm at State Gym Pool

Requirements:

To plunge, each participant is required to raise at least \$75.00 by April 1st at 2:00 pm. Fundraising pages will close on April 1st at 11:59 pm. No chapter checks will be allowed.

A minimum of 35% of each team is required to plunge into State Gym on Friday, April 1st to earn points. Participants are allowed to plunge anytime between 4:00 – 9:00 pm with suggested team jump times given below. Jumping as a team is not required, but highly encouraged!

Suggested Team Plunge Times:

Time	Team	Time	Team
4:00 pm	The Greek Awakens	6:20 pm	ACDZ
4:20 pm	Scream Team	6:40 pm	The Olympians
4:40 pm	G. I. Greeks	7:00 pm	Greekline Bling
5:00 pm	The Omicron Empire	7:20 pm	Kappa Phi Delta Chi
5:20 pm	USAΦ	7:40 pm	3 rd Termz the Charm
5:40 pm	The Young Pharaohs	8:00 pm	TriPhis
6:00 pm	Quad Squad	8:20 pm	The SKuad

Polar Bear Plunge

Costumes and Dress:

All participants are encouraged to appropriately dress up and teams are encouraged to plan a theme. Since teams will be jumping in State Gym's pool there are guidelines for costumes which are bulleted below. We highly encourage participants to bring their own towels to dry off after they plunge; you will not be allowed to re-enter the gym after you have plunged. Belongings should be left in the locker-room and in designated areas.

Costume Restrictions (You will not be allowed to plunge if you are in violation):

- Rhinestones on clothing or face
- Paint
- Sparkles
- Shoes
- Loose articles on clothing that could come off while jumping (feathers)

There will be a photographer available while jumping into State Gym to take pictures. We will also have a backdrop after you jump in where you can take pictures posing with friends. We ask that you utilize these picture-taking opportunities as we will not allow members to take pictures inside of State Gym if they are not plunging.

Awards:

The *Golden Plunger Award* will be awarded to the team with the largest donation amount.

The *Silver Plunger Award* will be awarded to the male and female who raises the most money.

The *Bedazzled Plunger Award* will be awarded to the individual with the most creative costume at the discretion of the Community Service Coordinators and the Special Olympics staff.

Points:

1st Place: 70 points

2nd Place: 55 points

3rd Place: 40 points

Bonus Points:

10% of team registered with \$100 raised: 10 points

10% of team registered with \$120 raised: 15 points

10% of paring registered with \$175 raised: 20 points

Community Service Coordinators

Ben Geiger

Matt Harm

319-721-7148

402-990-4102

isugw.communityservice@gmail.com

Spirit

Spirit events are to be a positive reflection of the Greek Community's dedication to creating camaraderie between members of the community through participation in Team Banners, Team Flags, Greek Week Barbeques, the Karaoke Competition, and the Show Me the Greeks.

Date & Time	Item	Location
February 22 nd 8:00AM	Karaoke Patents Due by Email, Sign-Ups available for Karaoke	Email: gwcspirit@gmail.com Online sign-up
February 22 nd by 5:00PM	Team Banner Patents Due	Email: gwcspirit@gmail.com
February 26 th 5:00PM	Karaoke MP3s Due Karaoke Sign-Ups Close	Email: gwcspirit@gmail.com Online sign-up
March 25 th by 5:00PM	Submit Team Banner Display/Location	Email: gwcspirit@gmail.com
March 28 th 12:00PM	Teams Notified of Karaoke Skit	Email from gwcspirit@gmail.com
March 28 th 5:00PM	Team Banner Displayed	Team Selected Chapter Facility
March 29 th 11:00AM	Show Me The Greeks	Central Campus
March 29 th 11:30AM – 2:00PM	Karaoke 1 st Cuts	Central Campus
March 31 st 11:00AM – 1:00PM	Karaoke 2 nd Cuts	Central Campus
April 2 nd 6:00PM	Karaoke Final Cuts	CY Stephens

Karaoke

Information:

Greek Week teams will select 1 group to perform a karaoke skit. Teams are encouraged to wear costumes and create a dance to enhance their performance. All teams will perform at 1st Cuts, seven teams will be chosen to continue on to 2nd cuts, and then three teams will be chosen to perform at finals. Teams will be required to submit three songs and know all songs' lyrics for the event because no karaoke machine will be provided. The MP3 files will not have lyrics in them. Performers will be notified on Monday, March 28th by 12:00 pm of the song they will perform for 1st Cuts, and all subsequent performances should they move on. Songs and performances shall not depict alcohol and/or drug use, illegal acts, or slanderous statements, and shall be sensitive to all ethnic, racial, religious, and gender groups.

1st Cuts: Tuesday, March 29th 11:30 am - 2:00 pm Location: Central Campus

2nd Cuts: Thursday, March 31st 11:00 am - 1:00 pm Location: Central Campus

Finals: Saturday, April 2nd 6:00 pm Location: CY Stephens

Requirements:

- Each team will be allowed only one group, with a maximum of six people, to perform. All performers may be from one chapter, but it is strongly encouraged to represent all of the chapters within the team.
- The sign up for karaoke time slots will be available on Monday, February 22nd at 8:00 am. Teams that fail to sign up before February 26th at 5:00 pm will be assigned a time. Please refrain from scheduling times that interfere with any performer's class schedule. If one or more performers have a class-related time conflict, please email gwcspirit@gmail.com. Greek Week strongly discourages missing class for Greek Week events.
- Teams should arrive 15 minutes before their scheduled performance to check in.
- 1st Cuts, 2nd Cuts, and Final performances must be 5 minutes or less.
- Each team's selected group will email one patent that includes **three different individual songs (NO MASHUPS)** to gwcspirit@gmail.com as well an MP3 version of each song. NO OTHER FORMS OF MEDIA WILL BE ACCEPTED. Patents will be accepted on a first-come, first-serve basis. If there is a duplicate submission, co-chairs will be notified and required to send in a new submission.
- From the three song choices, Greek Week Central will randomly select one and notify team co-chairs and groups by Monday, March 28th at 12:00pm. This is the same song that will be used for any teams that advance to 2nd cuts and Finals. The top seven teams from 1st cuts will move on to 2nd cuts, with the top three of those moving on to finals. All teams that participate will be awarded points, with additional points awarded for moving on to 2nd cuts and the top three. In the event of inclement weather, Greek Week will announce an alternate location for this event.
- **The winning team will perform once more (full costume, make-up, etc.) at Greek Visit Day on Saturday, April 9th.**

(Continued)

Karaoke

Points:

1st Place: 45 points

2nd Place: 30 points

3rd Place: 20 points

Second Cuts: 10 points

Participation: 5 points

Penalties:

Penalties will be assessed after the judging of each event takes place, and points will be deducted from the overall score. Penalties will be assessed at the discretion of the Greek Week Central Committee and all decisions will be final and non-negotiable.

Time	11:40-11:55AM	12:25-12:40PM	12:40-12:55PM	12:55-1:10PM	1:10-1:25PM	1:25-1:40PM	1:40-2:00PM
Team 1	The Greek Awakens	The Olympians	The SKuad	Kappa Phi Delta Chi	The Young Pharaohs	Scream Team	3 rd Termz the Charm
Team 2	USAΦ	Greekline Bling	ACDZ	Quad Squad	G.I. Greeks	TriPhis	
		The Omicron Empire					

Team Banner

Information:

Every team will paint one banner to be displayed at a chapter's facility chosen by the team. Banners shall not depict alcohol and/or drug use, illegal acts, or slanderous statements, and shall be sensitive to all ethnic, racial, and gender groups. No banner shall contain political or controversial themes.

Requirements:

- Each banner shall showcase the individual team theme, 2016 Greek Week theme "For Unity, Community, and Opportunity", and the letters of chapters in that team.
- All banner patent forms are due via email to gwcspirit@gmail.com by 5:00 pm on Monday, February 22nd.
- Patent revisions are due via email by 5:00 pm on Friday, February 26th.
- Each banner will be painted on material no larger than one king size bed sheet (108" by 102"). Banners do not need to be 108" by 102" rectangle and may be completed on any type of surface.
- The banner will be displayed at a chapter facility. This location must be submitted via email to gwcspirit@gmail.com by 5:00 pm on Friday, March 25th. This email must include all chapters in the team.
- All banners must be hanging or standing outside of the designated chapter facility by 5:00 pm Monday, March 28th in order to receive full points.

Patent Order:

Patent order is determined on a first-come first-serve basis. If any two or more teams have the same desired theme, the theme will be granted to the team who submitted their patent first. Submissions will be accepted following the official release of the Greek Week 2016 rule book. Late submissions will not be accepted.

Points:

1st Place: 45 points

2nd Place: 30 points

3rd Place: 15 points

Participation: 5 points

Inappropriate content as stated above will result in a **disqualification** of the team for this event.

Show Me The Greeks

Information:

Each team shall design a t-shirt to be worn by one representative of each chapter in the team during the event that needs to be approved by the General Co-Chairs via email. This fashion show will incorporate a competition of wits, knowledge of chapter processes, and personality. Any apparel designed should be inclusive of all chapters in the team and consider any policies or restrictions by which those organizations abide.

Date: Tuesday, March 29th at 11:00 am

Location: Central Campus

Requirements:

- Each team must select one representative from each chapter in the team to compete. Each person will answer at least one question that highlights one of the five pillars of the Greek Community or the personality of the team.
- The team participants will be scored based on the following criteria: knowledge of chapter processes, creativity, and how well they "strut their stuff" on the catwalk, as well as crowd enthusiasm.
- The names of the team representatives do not need to be submitted, but participants must check in at the event 15 minutes prior to 11:00 am.

Points:

1st Place: 20 points

2nd Place: 15 points

3rd Place: 10 points

Participation: 5 points

Inappropriate content as determined by the Greek Week General Co-Chairs will result in a **disqualification** of the team for this event.

Performance order:

The Greek Awakens	ACDZ
Quad Squad	USAΦ
Omicron Empire	3 rd Termz the Charm
Scream Team	The Olympians
G.I. Greeks	The SKuad
TriPhis	The Young Pharohs
Kappa Phi Delta Chi	GREEKLINE BLING

Team Flag

Information:

Each team will create a flag that will be checked in with the Spirit Coordinators at the Dodgeball Tournament. Team Flags are encouraged to be flown at Greek Week events to promote team spirit throughout the week. Similar to banners, flags shall not depict alcohol and/or drug use, illegal acts, or slanderous statements, and shall be sensitive to all ethnic, racial, and gender groups. No flag shall contain political or controversial themes. All teams will earn points for participation. The team whose flag is voted the favorite by Greek Week Crew at the end of the week will earn additional points.

Requirements:

- Teams are not permitted to use Greek letters or chapter names; flags should represent the team as a whole. Specific team's themes or team names can be used if the letters are written out.
- No patents will need to be submitted for team flags as the only requirement for each flag is that your team name is presented appropriately. Questions about flag content can be directed to gwcspirit@gmail.com.
- Flags cannot exceed 50"x96" in size. Teams will provide their own materials.

Points:

Crew Favorite: 15 points

Participation: 5 points

Inappropriate content as determined by the Greek Week General Co-Chairs will result in a **disqualification** of the team for this event.

3rd Annual Spirit Stick

A hand crafted, one-of-a-kind spirit stick will be presented to the team that most embodies the spirit of Greek Week and the five pillars of the Greek Community throughout the entire week. The Spirit Stick judging will take into consideration team banner quality, team participation and enthusiasm, sportsmanship, team comradery, apparel creativity and design, the use and frequency of the team flag, Show Me the Greeks performance, and any other spirited activities throughout Greek Week.

Show us your spirit!

Spirit Coordinators

Laura Campbell	Brad Pickhinke
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641-373-2180	712-660-0910
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gwcspirit@gmail.com
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Lip Sync Schedule of Events

Each team will select a group of participants to lip sync and act in a skit that is composed of different songs and a plot to go along with the Greek Week theme: "Be the Tradition." The winner will be determined by various factors including choreography, creativity, skit, and overall theme.

Date & Time	Item	Location
December 6 th 6:00PM	Lip Sync Co-Chair Meeting	Carver 0205
January 18 th 5:00PM	Lip Sync Theme Patent Due	Online Google Form
January 20 th 5:00PM	Lip Sync Song Patent Due	Online Google Form
February 9 th 8:00 – 11:00PM	Lip Sync 1 st Practice	Chapter Facilities
February 15 th 5:00PM	Lip Sync Preliminary Scripts Due	Office of Greek Affairs, MU Lip Sync Mailbox
February 23 rd 8:00 – 10:00PM	1 st Central Visit to Lip Sync Practice	Chapter Facilities
February 24 th TBD	Lip Sync Co-Chair Meetings About Scripts	Office of Greek Affairs, MU
February 25 th 8:00 – 10:00PM	2 nd Central Visit to Lip Sync Practice	Chapter Facilities
March 1 st 6:00PM	2 nd Lip Sync Co-Chair Meeting	TBD
March 8 th 8:00 – 10:00PM	MU Lip Sync Practices	MU Great Hall
March 9 th 5:00PM	Lip Sync Final Scripts Due	Office of Greek Affairs, MU Lip Sync Mailbox
March 10 th 6:00 - 10:00PM	MU Lip Sync Practices	MU Great Hall, South Ballroom, Sun Room
March 14 th – 18 th	Spring Break, No Practice	
March 23 rd 5:00PM	Final MP3s Due	Office of Greek Affairs, MU Lip Sync Mailbox
March 29 th 4:00PM	CY Stephens Practices	Cy Stephens Auditorium
April 2 nd 7:00PM	Lip Sync Performance	CY Stephens Auditorium

Lip Sync Rules

Requirements:

Patents and Songs

- Theme Patents must be submitted through email to gwlipsync@gmail.com by 5:00pm on January 18th, 2016. Late patents will NOT be accepted. If the patent is late, the team will not be able to participate in Lip Sync 2016.
- Theme patents must be as detailed as possible and must include a plot summary, character names, and descriptions. If Lip Sync Coordinators don't feel there is enough detail, the respective Lip Sync Co-chairs will be notified and can revise and resubmit their teams patent, but it will be put at the bottom of the patent order.
- Song and prop patents must be submitted through email to gwlipsync@gmail.com by 5:00pm on January 20th, 2016. Late patents will NOT be accepted. If the patent is late, the team will not be able to participate in Lip Sync 2016.
- Song and prop patents must be as detailed as possible and must include song titles, artists, and list of props needed for the skit. There will be no mash-ups allowed unless all songs used within the mash-up are patented separately and if the song contains explicit material, the team will need to provide a clean version.
- NO similar patents will be accepted. This rule will be enforced and patents will be returned in priority order.
- Skits must be between 5 and 8 minutes in length. Failure to fall within this time span will result in a deduction of points based on the discretion of the Lip Sync Coordinators.
- Preliminary Scripts will be due to the Greek Week Lip Sync Coordinator's mailbox by 5pm on February 15th, 2016 in the Office of Greek Affairs. Scripts must include all lines being said in the skit, which participants will be on stage at any time during the skit, props that will be on stage, when each song is played, and lighting cues/timing. The preliminary script is a rough draft and teams will meet with Lip Sync Coordinators to discuss any changes needed.
- Each team will have a scheduled one-on-one meeting to go over preliminary scripts with the Lip Sync Coordinators on February 24th, 2016. Times will be sent out via email.
- Finalized Scripts will be due to the Greek Week Lip Sync Coordinator's mailbox by 5:00pm on March 9th, 2016 in the Office of Greek Affairs. The finalized copy of the script must be attached to the preliminary copy, with the revisions highlighted. Violation of not submitting Finalized Scripts on time or as stated previously will result in possible point deductions.
- A final MP3 file of the skit and music must be turned into the Greek Week Lip Sync Coordinator's mailbox by 5pm on March 23rd, 2016 to the Office of Greek Affairs. NO CHANGES WILL BE ACCEPTED AFTER THIS DATE.

Lip Sync Rules

Requirements:

Performances

- Patent order and performance time slots will be determined randomly by the Lip Sync Coordinators. Teams will be notified at the first Lip Sync Co-chair meeting on December 6th, 2015 at 5:30pm in Carver 0205.
- Props being used will need to be approved by the Lip Sync Coordinators prior to performance.
- Teams using props will not be allotted extra time for set-up on performance days.
- All sound on stage must be included in the recording. No additional sounds on stage are permitted.
- No unassisted stunts will be allowed in any performance. All stunts must be approved by the Lip Sync Coordinators before March 8th, 2016.
- At least one character must be lip syncing with each line in the skit. During songs it is expected that all characters will be lip syncing to the lyrics, unless the approved patent states otherwise.
- Music and clothing used in a skit should be appropriate and respectable. It is important to represent Greek Week and the Greek Community in a positive manner. If teams fail to represent this standard, potential point deductions may follow at the discretion of Greek Week Central.
- Teams will have a time limit of 3 minutes to set up their entire skit for performance. Failure to set up within the time limit of 3 minutes will result in **1 point deduction** for every **15 seconds** over set up time.
- A random sound effect that must creatively be incorporated into each skit will be sent via email to teams when both theme and music patents are approved. The use of this sound effect is mandatory.
- A random prop will be introduced during team's first practices by the Lip Sync Coordinators. The use of this prop is mandatory.
- All teams will be performing once on April 2nd, 2016 at CY Stephens Auditorium.
- All teams will be allotted 25 minutes on stage on Tuesday, March 29th at CY Stephens Auditorium for rehearsal. Teams are required to do one complete run through of their skit with props needed.
- "Best of" Awards will be given out during Vespers to teams.
- Teams wishing to see a breakdown of their score along with judging sheets will receive one only by request; starting on April 4th through April 6th.
- **The winning team will perform once again (full costume, make-up, etc.) at Greek Visit Day on April 9th.**

Lip Sync Rules

Requirements:

Practices

- Practices will start Tuesday, February 9th 2016 at one of the chapter facilities in the team.
- Each team is allowed a 2 hour practice time between 8:00pm and 11:00pm Sunday, Tuesday, and Thursday nights.
- Teams must email their practice time, schedule, and location to the Lip Sync Coordinators prior to the first day of practice on Tuesday, February 9th 2016.
- To ensure fairness between all teams, no mirrors will be allowed at any practices unless approved by the Lip Sync Coordinators. If a team is caught using mirrors at practice, they will be disqualified.
- Any team caught practicing outside of the designated time or days will be disqualified. This includes not only practicing as a group, but also practicing individually.
- Only the Chapter Lip Sync Co-chairs, as submitted by each chapter, will be allowed to work on anything Lip Sync related outside of designated practice times.
- No team will be allowed to record practice sessions on a video recording device during regular practice times.
- Teams will be allowed to video record during scheduled MU practice time.
- Greek Week Central Committee members have the right to visit a team's Lip Sync practice at any given time without giving prior notice to the Co-chairs.
- Each team will be randomly assigned a time to practice in the MU on either Tuesday, March 8th or Thursday, March 10th. Teams will have the opportunity to practice with the random prop at this time.
- Each team will be required to submit their budget to the Office of Greek Affairs by Thursday, March 31st at 5:00PM and not spend more than \$1,500 in total.

Patent Order

Song patent order is the direct reverse order of the Patent order listed below.

Patent Order

1. Greekline Bling	8. G.I. Greeks
2. The Olympians	9. USAΦ
3. ACDZ	10. The SKuad
4. Quad Squad	11. Scream Team
5. 3 rd Termz the Charm	12. Kappa Phi Delta Chi
6. The Omicron Empire	13. TriPhis
7. The Young Pharaohs	14. The Greek Awakens

Lip Sync Scoring

Each team will start at 0 points. The categories that teams may receive overall points for include; choreography, acting, plot, costume, energy, use of theme, and music. In each of these categories 1st place will be awarded 12 points, 2nd place will be awarded 10 points, 3rd place will be awarded 8 points, 4th place will be awarded 6 points, and 5th place will be awarded 4 points to their overall score. If there is a tie within a category for a place, both of those teams will receive the higher place of points for their overall score. The top 7 teams based on their overall scoring, will announced at Vespers. "Best of" Awards will be given out to teams at Vespers.

Special Olympic athletes will determine athlete's Choice Award. The team will be awarded a trophy, but no bonus points will be given to the team who wins.

Participation:

75 Points

Choreography:

1st Place: 12

2nd Place: 10

3rd Place: 8

4th Place: 6

5th Place: 4

Acting: (*Includes main characters and entire cast.*)

1st Place: 12

2nd Place: 10

3rd Place: 8

4th Place: 6

5th Place: 4

Plot:

1st Place: 12

2nd Place: 10

3rd Place: 8

4th Place: 6

5th Place: 4

Costume:

1st Place: 12

2nd Place: 10

3rd Place: 8

4th Place: 6

5th Place: 4

Energy:

1st Place: 12

2nd Place: 10

3rd Place: 8

4th Place: 6

5th Place: 4

Use of Theme:

1st Place: 12

2nd Place: 10

3rd Place: 8

4th Place: 6

5th Place: 4

Music:

1st Place: 12

2nd Place: 10

3rd Place: 8

4th Place: 6

5th Place: 4

(Continued)

Lip Sync Scoring

Deductions

- If a team's skit, music, or dance moves are not deemed appropriate for all ages, as determined by Greek Week Central, it will result in **disqualification** and the team will not receive participation points or be allowed to perform.
- If a team's skit, music, or dance moves are found to have been simulated or copied from any external source outside of the team, it will result in **disqualification** or **point deduction** depending on the severity of the offense. Appropriate penalty will be assessed by the Lip Sync Coordinators and General Co-Chairs.
- Drinking or any other form of substance use will **result in disqualification**.
- If the patent that was approved by the Lip Sync Coordinators is not followed in regards to songs, skit, theme, etc. **there will be a point deduction**.
- If a skit is longer than the allotted time, **10 points will be deducted**.
- If a team does not adhere the the budget requirements, they will lose all points in the costumes category.
- If a team is not truthful on their budget or does not turn in the budget to The Office of Greek Affairs Lip Sync Mailbox by Thursday, March 31st at 5:00PM, the team will lose 20 points on their performance.

Lip Sync Coordinators	
Hannah Buchanan	Anna Sposeto
515-771-6710	515-556-7438
gwlipsync@gmail.com	

Lip Sync 2016

Performance Judging Form

0355 Memorial Union
Ames, Iowa, 50011
(515) 294-1023
gwlipsync@gmail.com

Skit Name: _____

Choreography

Cleanliness of Moves	<u>/10</u>
Difficulty	<u>/10</u>
Originality	<u>/10</u>

Acting

Main Characters	<u>/15</u>
Background Characters	<u>/10</u>
Lip Readability	<u>/10</u>
Use of Random Prop	<u>/5</u>

Music

Song Fit	<u>/10</u>
Use of Random Sound	<u>/5</u>

Plot

Creativity/Originality	<u>/15</u>
Flow	<u>/10</u>

Costumes	<u>/10</u>
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Energy	<u>/20</u>
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Use of Theme	<u>/10</u>
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Total	<u>150</u>
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Judges Note: Since we have 14 performances feel free to give a broad range of scores and only given a full amount of points if a group has truly excelled in a certain area.

Comments:

Team Name _____

Lip Sync Budget 2016

Every team will have a maximum budget of **\$1500** to spend on Lip Sync. Teams will be required to document all materials used for Lip Sync. Any items donated, reused, or purchased will need to be documented. If a team does not document an item used, then they will be subject to a point deduction.

[illegible]

*Start a new sheet when this one is full

Lip Sync Memorial Union Practices

Great Hall

Tuesday, March 8th

8 PM Quad Squad

9 PM USAΦ

Great Hall

Thursday, March 10th

6 PM Scream Team

7 PM The SKuad

8 PM TriPhis

9 PM The Omicron
Empire

South Ballroom

Thursday, March 10th

6 PM The Greek
Awakens

7 PM The Olympians

8 PM Kappa Phi Delta
Chi

9 PM ACDZ

Sun Room

Thursday, March 10th

6 PM Greekline Bling

7 PM The Young
Pharaohs

8 PM 3rd Termz the
Charm

9 PM G.I. Greeks

Lip Sync Order

Performance Order

1. Quad Squad

2. Scream Team

3. The Greek Awakens

4. TriPhis

5. The Omicron Empire

6. ACDZ

7. The SKuad

8. 3rd Termz the Charm

9. Greekline Bling

10. USAΦ

11. The Olympians

12. The Young Pharaohs

13. G.I. Greeks

14. Kappa Phi Delta Chi

Tournaments

Tournaments are a great way for the members of the Greek Community to work together through co-ed athletic events. All tournaments will be played under Greek Week rules. Please remember at all times that sportsman-like conduct is expected, and enthusiasm is appreciated.

Date & Time	Tournament	Location
Sunday, March 27 th 8:00 PM	Dodgeball	Lied Recreation Center
Monday, March 28 th 8:00 PM	Volleyball	Lied Recreation Center
Wednesday, March 30 th 7:00 PM	Treds Football	Lied Recreation Center
Thursday, March 31 st 11:00 AM	Trivia Blast	Central Campus
Thursday, March 31 st 7:00 PM	Basketball	Lied Recreation Center
Friday, April 1 st 8:00 PM	Broomball	ISU Ice Arena

Tournaments Coordinators

Patrick Hennessey	Jake McEntee
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612-799-9877	515-975-6000
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isugwctournaments@gmail.com

Tournaments: General Rules

Participation:

- Participation is limited to members of the Greek Week teams.
- A maximum of one team per Greek Week Team may enter each tournament.
- All teams need to check-in 20 minutes before their first scheduled tournament. Any team that does not have a full team prior to the start of tournament play will be **disqualified** from the tournament.
- Each participant must bring their ISU Student ID to every tournament and have submitted the waiver in order to check in and participate.
- Each participant must swipe their ISU Student ID to verify they have completed a waiver before they can participate.
- Jewelry is not allowed to be worn in any tournament, except for Trivia Blast
- Any player who is bleeding during the game must leave the game until the wound is cleaned and covered.
- No cleats are allowed for any tournament.
- Any game requiring overtime or tiebreaker, will have the decision of starting possession determined by a coin toss.
- Greek Week Rules are the same as ISU intramural rules, along with specific inclusions defined in the following pages.
- Brackets are random for each event and will be posted on social media at least 24 hours prior to the start of the tournament.

Alcohol Policy:

- Intoxication and alcohol consumption is not permitted during any Greek Week tournament events
- Teams with members consuming alcohol or intoxicated on the premises will immediately be asked to leave the tournament and may be given a point deduction upon first offense.
- A team's second offense will result in disqualification from all Greek Week events.

Sportsmanship:

- Teams will begin with 5 Sportsmanship points for each tournament. Unsportsmanlike conduct will result in a warning or removal from the competition temporarily until a viable substitution opportunity occurs. A second offense, or extreme first offense, will result in the loss of these points for that tournament. The final decision will be based on the discretion of the General Co-Chairs on all deductions and the values of each deduction. Sportsmanship deductions will be accounted for prior to final placing.
- Unsportsmanlike conduct may also result in participant ejections from the tournament. Participants and spectators will receive one warning for unsportsmanlike conduct before being ejected from that tournament. Participants and spectators that are ejected will be removed from the facility immediately.
- If a team amasses two ejections in a single tournament for unsportsmanlike conduct, that team will be disqualified from that tournament and receive a point deduction.

Tournaments: General Rules

Scoring:

- To prevent domination in a tournament from one fraternity and/or sorority, we will be awarding teams for utilizing members of every chapter that is present on your team.
- One member of each chapter on your team must be on a roster and check in to play in each tournament to be awarded full participation points.
- Each team is eligible to win 5 participation points at each tournament.
- To determine the amount of participation points you will be awarded, multiply the fraction of chapters that are signed up by 5 points.
 - Ex) If 3 out of 4 chapters participate in a tournament, you take the fraction $\frac{3}{4} \times 5 = 3.75$. The decimal number awarded will be rounded to the nearest point. In this case, 3.75 would round up to 4.
 - Ex) If a team were to have $\frac{2}{3}$ chapters participate, you would multiply $\frac{2}{3} \times 5 = 3.33$, which would round down to 3 points.

Individual Tournament Points:

1st - 40 points

2nd - 30 points

3rd - 20 points

4th - 10 points

Participation: 5 points/tournament

Individual tournament point totals determine overall tournament placing and points.

Overall Tournament Points:

1st: 200 points

2nd: 175 points

3rd: 150 points

4th: 125 points

Participation: 100 points

Teams that participated in all tournaments but did not place in the top 4 will receive participation points.

Tournaments: Dodgeball

Date: Sunday, March 27th, 8:00 PM

Location: Lied Recreation Center

Special Olympic Athlete Coaches

Special Olympics athletes will be coaching at this tournament. Each team will be paired with a Special Olympic athlete and will have time to practice before the start of the tournament. The coaches will be with the team throughout the event. This is an opportunity for members of the Greek community to interact with those that are impacted by Special Olympics and learn more about the organization.

General Rules:

- Games will be played in Lied Recreational Center.
- The court size is the same as the perimeter of the basketball court markings.
- Each team will consist of a max of 5 players, with at least 2 of each gender. A minimum of 3 players, with 1 of each gender, is required to start the match.
- Games will be best 2 out of 3 matches, including the championship match.
- Substitutions of line-ups cannot be made during a game, with an exception for injuries.
- Line-ups may be altered between games.
- No time outs are permitted, with the exception of an injured player.
- Each match will be a maximum of five minutes.

Starting Rush:

- There will be 5 balls on the free-throw line of each side.
- All players must start behind their end line.
- On the starting whistle, players may rush to retrieve the balls on their side and begin play.

(Continued)

Tournaments: Dodgeball

Date: Sunday, March 27th, 8:00 PM

Location: Lied Recreation Center

Game Rules:

- A player is eliminated when a ball hits them or when a member of the opposite team catches a ball a player threw before it hits the ground.
- A thrown ball is considered dead after first contact with the ground or any object that is not a player.
- A player may use a ball to block a thrown ball.
- If a player drops a ball they are using to block another ball with, that player will be called out.
- If a thrown ball bounces off an opposing player, any player may catch the ball before it hits the ground to result in the thrower being called out.
- Re-entry is allowed if a player on your team catches a ball. If a person on your team catches a ball, the person who threw it is out, and the person who has been out the longest is then allowed to re-enter the game. Players must re-enter from their own end line.
- The centerline is the boundary for both teams. Any player stepping over the centerline at any time will be called out.
- If a ball goes out of the field of play, a player may go get the ball and return to the court as quickly as possible. A player returning to the court must enter the field of play from their own end line.
- If a team has all of the balls on their side of the court, the official will begin a silent count. When the official reaches 5, they will call out "stalling" and continue counting out loud from 6 to 10. If the official reaches 10 then team with the balls must throw then immediately, otherwise they will be forced to roll the balls to the opposing side.
- If a team has no remaining players, the other team will be ruled the winner of the game. If both teams have players remaining at the end of 5 minutes, the team with more remaining player will be ruled the winner of the game.

Ties

- If both teams have an equal amount of players remaining at the end of 5 minutes, a sudden death period will be played. The first team to get an opposing player out will be ruled the winner of the game.

Tournaments: Volleyball

Date: Monday, March 28th, 7:00 PM

Location: Lied Recreation Center

General Rules:

- All National Federation High School rules apply unless noted otherwise below.
- Teams consist of a max of 6 players on the court at any one time. Teams will have equal members of each gender on the court at any one time. A minimum of 4 players is required to start the match.
- Teams are allowed a maximum of 10 players to participate in any single match.
- No time outs are permitted, with an exception for injured players.
- Substitution is allowed at the back right or front left positions of the court immediately after any point is scored.
- Matches are scored by rally scoring and the are best 2 out of 3 games.
- Games 1 and 2 are played to 21 points. Game 3, if needed, is played to 15 points.
- Teams must win by 2, with a 30-point cap on all games.
- The net will be set at a median between men's and women's height. (7'7 1/2")

Game Rules:

- Service may be made anywhere along the back line.
- Players must rotate positions around the court after earning a side-out.
- Each member of a team must serve in turn. Serving out of turn will cause a side-out.
- No player may step completely across the centerline. A player may step partially across the centerline as long as it does not interfere with the play of an opponent.
- If a player crosses onto another court to make a hit, the ball is ruled dead and a point is awarded to the other team.
- If the ball comes in contact with an obstruction besides the wall and could have been reached by a player, the point will be replayed. If it is deemed that the player would not have been able to make a play on the ball, the ball is ruled dead and the other team will receive a point.
- Team members must stay in rotation throughout a play.
- Rotations must not have two males side by side. If a rotation becomes out of order, the team will automatically lose one point and the ball will be rewarded to the other team.

Trivia Blast

Date: Thursday, March 31st, 11:00 AM

Location: Central Campus

Participants:

- Each team can have up to 3-5 members represent their team, but only one member from each chapter in the team. At least one male and one female must participate.
- Of these 3-5 members one will be designated as the Spokesperson and will give an answer for questions.
- In addition, another member from the team will be designated as the Announcer. The Announcer will read the team their selected question. The Announcer may not answer questions.

Game Rules:

- The competition will take place between Karaoke skits.
- Teams will answer up to 10 questions in 2.5 minutes. The questions will be multiple choice and based on Iowa State history, and Greek Community history. Participants of the team are able to collaborate on stage to discuss the question, but only the Spokesperson of the team will attempt to answer.
- Questions will be randomly selected from a pool of questions. Questions may have an answer bank containing the correct answer. All selected questions, correct or incorrect, will be discarded from play after use.
- Each correct answer will award the team 1 point.
- Time will begin immediately once the first question has been read to the team and end once the last question is answered or 2.5 minutes has passed. If two or more teams answer the same number of questions correctly, the team with the lower time will receive the higher placing.

11:00AM-11:30AM	12:35PM-1:00PM
The Greek Awakening	G.I. Greeks
Scream Team	USAΦ
The Omicron Empire	Quad Squad
The Young Pharaohs	ACDZ
The Olympians	Kappa Phi Delta Chi
Greekline Bling	TriPhi
3 rd Termz the Charm	
The SKuad	

Tournaments: Treds Football

Date: Wednesday, March 30th, 7:00 PM

Location: Lied Recreation Center

General Rules:

- Teams consist of a max of 6 players on the field at any one time. A minimum of 4 players is required to start the game. A minimum of 2 players of each gender must play at any one time.
- Games will be two 10-minute halves with a 1-3-minute half time depending on the progression of the tournament.
- The clock will run continuously throughout the game.
- No time outs are permitted, with an exception for injured players. The referees may adjust time for injuries that substantially delay the game.
- The team beginning the game with the ball starts with a player throwing the football from their goal line. Other players may be anywhere else on the playing field.
- Substitution is allowed only after a point is scored.
- Players substituting in must enter at midfield. Players substituting out may exit the field anywhere.

Ties:

- If the game is tied after regulation playing time, a 3-minute overtime will be played with possession being determined by a coin toss. This process will continue, alternating possessions from initial coin toss, with no breaks between overtimes except to restart the ball at a goal line, until the tie is broken.

(Continued)

Tournaments: Treds Football

Offensive Rules:

- Any movement of the ball can only be made by throwing complete passes to another player. Handing off is not allowed.
- Passes may be thrown in any direction using an underhand or overhand motion.
- A player may not advance forward, but can run laterally or backward when they have the ball.
- A player that runs backward may not return forward to their previous location.
- Offensive players in control of the football have 10 seconds to throw the ball. A referee begins a silent count until they reach 5 seconds and says, "stalling" and continues the count from 6 to 10 out loud. Taking more than 10 seconds to throw the ball results in a turnover.
- The thrower cannot hit at a defender, but they can measure space between them self and the defender by using their non-throwing arm. Any roughness can result in a penalty.
- A legal reception is one that is cleanly caught before hitting the ground.
- A catch made near the sidelines is considered a legal reception as long as the first step after the catch is made is inbounds.
- If a player's momentum takes the player out-of-bounds after a legal reception, the player will return to the spot at which they left the field of play and will continue the offensive drive.
- If a player's momentum carries them into the end zone, they will go back to where the reception was made and will continue the offensive drive.
- An offensive pass interference call will result in a turnover to the other team.
- Each gender must have control of the ball at least once on each offensive drive. This will be signaled from the officials by raising their arm and a verbal notification of the touch.

Defensive Rules:

- A turnover occurs when the offense fails to complete a legal pass between teammates.
- Upon a turnover, the defending team takes possession at the spot where the ball hits the ground or at the nearest spot where the ball went out of bounds. Turnovers in the end zone start at the goal line.
- A defensive pass interference call results in the offense retaining possession at the spot of the foul.
- A defensive pass interference call in the end zone results in 1 point for the offense, and the defense taking over possession at their own goal line.
- A defender defending the thrower must be at least an arm's length away from the thrower.

Scoring:

- A ball that is caught in the opposing team's end zone is worth 1 point to the scoring team.
- If a female catches the ball in the end zone, it will be worth 2 points to the scoring team.

Tournaments: Basketball

Date: Thursday, March 31st, 7:00 pm

Location: Lied Recreation Center

General Rules:

- All National Federation High School rules apply unless noted otherwise below.
- Teams are allowed a maximum of 10 players to participate in any single game and 5 players on the court at one time.
- A minimum of 4 players is needed to start the game, with a minimum of 2 players of each gender.
- Games consist of two 12-minute halves with a 1-3 minute half time, depending the progress of the tournament.
- The clock will run continuously throughout the game and stop only during the last 2 minutes of each half for out-of-bounds and shooting fouls.
- No time outs are permitted, with an exception for injured players. The referees may adjust time for injuries that substantially delay the game.
- Winning a coin toss gives the option of having the ball first in the first or second half.
- Players substituting in must enter at half court and check-in with officials before entering the court. Players substituting out may exit the court anywhere.
- The defense will get the ball out-of-bounds on all jump ball calls.
- Full-court press is allowed.
- Men's basketballs will be used during game play.

Ties:

- When the score is tied at the end of the regulation playing time, a 3-minute overtime period will be played. Possession will be determined by a coin toss to start the overtime period. Possession will then alternate following the remaining overtime periods. This process will repeat until a winner is determined.

Fouls:

- A player accumulating 4 fouls in any one game will not be allowed to play in the rest of the game.
- Any player who receives a misconduct technical foul will be ejected from the tournament.

Gender Rules:

- All players are allowed in every area of the court
- A female player scoring inside the arc is worth 2 points and outside the arc is 3 points
- A male player scoring inside the arc is worth 1 point and outside the arc they are worth 2 points.
- One female must be on the court at all times during the course of the game.
- No player is permitted to purposely go out-of-bounds and re-enter the court somewhere else. Doing so will result in a turnover for an offensive violation or an automatic 2 points for the offense for a defensive violation.
- Females can have their shots blocked by the opposing gender

Tournaments: Broomball

Date: Friday, April 1st, 8:00 PM

Location: Iowa State Ice Arena

General Rules:

- At all times players must have a helmet on when on the ice.
- There must be at least 2 members of each sex on the ice at all times.
- Games will consist of two 8 minute halves.
- If at the end of regulation time and the score is tied, the tie breaker will consist on 3 vs. 3 (1 member of each sex must be on the ice at all times) with no goalie. The first one to score will be the winner.
- All intramural broomball rules will apply.

Tournaments: Spirit

Information:

The spirit tournament will be judged during every other tournament, excluding Trivia Blast. Spirit during each tournament will be weighted equally (20% each) and points awarded for winning the spirit tournament are equal to points awarded for winning a sports tournament. This tournament encourages creativity and participation for those not competing on the field.

Activities/efforts that can earn points:

- Themed cheering sections
- Signs
- Enthusiasm/Positivity
- Sportsmanship (On and Off field)
- Group chants or activities
- Other creative and spirited ideas!

If your signs, chants, or actions are not deemed appropriate by any member on Greek Week Central, Greek Affairs Staff, or an employee of the facility, points will be deducted from your spirit tournament total. This competition will be judged by every member on Greek Week Central throughout the week.

Olympics

Greek Olympics is a day to culminate the Greek spirit we have been celebrating throughout Greek Week. Sportsmanship is **required at all events**. Any instance where Greek Week Central feels the spirit of Greek Olympics is being challenged by unsportsmanlike conduct, Greek Week Central reserves the right to disqualify and remove from the competition area anyone who is not complying to the ideals of Greek Week and Greek Olympics. Safety is of the upmost concern throughout the day; at any time safety is in question, Greek Week Central reserves the right to intervene on the behavior and actions. This includes, but is not limited to, sitting on roofs of chapter facilities, hanging out windows, crossing the street during events, and participating in reckless activity.

Date & Time	Event	Location
March 31 st 4:00 pm	ΛΑΡΠ Weapon Checks	Greek Triangle
March 31 st 5:00 pm	Bed Racer Checks	Greek Triangle
April 2 nd 11:00 am	ΛΑΡΠ	Phi Kappa Psi
April 2 nd 11:30-12:30	Pizza Lunch	Tau Kappa Epsilon
April 2 nd 12:30 pm	Tug-O-War	Kappa Sigma
April 2 nd 1:15 pm	Dizzy Dizzy Duck	Sigma Pi
April 2 nd 2:15 pm	Bed Race	Sorority Circle
April 2 nd 3:15 pm	Dingle Dangle Donut	Greek Triangle
April 2 nd 4:00 pm	Egg Joust	Theta Chi

Olympics Coordinators

Cooper Royer Danny Schertz

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Olympics Sportsmanship and Safety

Sportsmanship:

- For each event, each team will have the opportunity to receive one bonus point for displaying appropriate behavior during the event. This bonus will be awarded based on the behavior of not only participants, but spectators as well. Any behavior not conveying a positive experience for ALL attendees will result in a loss of this point.
- Each team will be issued one warning for the entire day, and any following incidents will result in the loss of point for the corresponding event.
- A second incident will result in a loss of the 1-point for the corresponding event as well as a loss of 3 points from the team's overall Greek Olympics point total.
- A third incident will result in the team's **disqualification** from Greek Olympics.

Safety:

This year, spectator safety is a main priority for Greek Week Central. We wish to ensure all spectators view events in the safest way possible. All spectators are required to view events from ground level or behind closed windows inside chapter facilities. There will be zero tolerance for spectators viewing from chapter roofs, hanging out windows, etc. Chapters are permitted to have spectators view from inside their own facilities, but they must abide by the guidelines listed above. We are requiring this for the safety of the spectators and the liability of each chapter. Chapters unwilling to abide by these guidelines will receive a **5 point deduction** from their respective team's overall Greek Olympics point total.

Olympics Scoring

Scoring:

Scoring will be decided on individual events. The top five teams for each event will receive individual points.

Individual Event Points:

1st Place: 5 points

2nd Place: 4 points

3rd Place: 3 points

4th Place: 2 points

Individual Olympic event point totals determine overall tournament placing and points.

Overall Olympics Points:

1st Place: 150 points

2nd Place: 130 points

3rd Place: 110 points

4th Place: 90 points

5th Place: 70 points

Participation: 50 points

Teams that participated in all Olympic events but did not place in the top 4 will receive participation points.

Olympics: ΛΑΡΠ (LARP)

Location: Phi Kappa Psi Fraternity

Time: 11:00 am

Description:

- Teams shall consist of 2 males and 2 females.
- Each round will last 5 minutes. At the end of the round, the team with the most players remaining will be deemed the winner. In the event of a tie, a 1 on 1 sudden death battle will occur.
- The best two out of three rounds will determine the advancing team.
- Boundary limits are subject to change during the course of a round.
- Points will be given to the top 4 teams, as well as bonus points being awarded to the team with the most creative costumes.
- **All equipment must be inspected and approved on Thursday, March 31st at 4:00pm at Greek Triangle.**

Weapons and Shields:

- Weapons will be limited to one and two handed swung weapons; no projectile weapons will be permitted (i.e. a bow and arrow)
- One handed weapons may be no longer than 48 inches (4 feet).
- Two handed weapons must be longer than 48 inches (4 feet) and less than 144 inches (12 feet).
- Shields must be between 1 and 3 feet in diameter and must have a padded face and edges.

(Continued)

Olympics: ΛΑΡΠ (LARP)

Refereeing and Combat:

- The referee has the authority to remove anyone from the battlefield.
- The referee shall be responsible for the conduct of battles and can stop a battle at any time if a safety concern arises by yelling – HOLD!
- Grappling (grabbing an opponent and/or their equipment) shall not be allowed and shields are not to be used as weapons.
- A blow shall constitute an effective hit to a target area, with target areas consisting of legs, arms, and chest.
- An effective blow will be determined by the referee and the target of an attack, with the referee having the final decision. Effective blows must be delivered with sufficient force to be considered effective.
- An effective blow to a leg or arm will disable that limb for the rest of the round. An effective blow to the chest will result in a fatality and disqualification of the struck individual for the rest of the round.
- In the event of a fatality, the individual must lay down and not move until the round is over. (Agonizing deaths are encouraged)
- If an arm is disabled, the weapon or shield in that hand must be dropped. You may drop the shield or weapon in the non-disabled hand and pick up the weapon from the disabled hand.
- Disabled limbs cannot be used to block attacks or blows to the arm with the weapon. The disabled arm should be treated as if it were not there.
- A deliberate blow to the head and/or repeated blows to the head will result in disqualification of the striking individual for the remainder of the round.
- Simultaneous fatal blows will result in the fatality of both individuals. If these two individuals were the last two individuals on the battlefield, combat between these two individuals is reset with no disabilities.
- The referee shall settle all disputes and make rule interpretations as needed.

(Continued)

Olympics: ΛΑΡΠ (LARP)

LARP Item Checklist

Weapon

- _____ 1. Striking surface has at least 1.75 inches (from the center of core) of padding
- _____ 2. Striking surface is at least 1.5 inches wide
- _____ 3. Striking surface is covered with cloth so that the padding is not showing
- _____ 4. All non-striking surfaces are covered with padding or rope
- _____ 5. Non-striking surface on weapon blade must be at least .75 inches from the core
- _____ 5. The pommel must be at least 2 inches in diameter
- _____ 6. Amount of tape on striking surface minimal
- _____ 7a. One handed weapon is under 48 inches in length

or

- _____ 7b. Two handed weapon is over 48 inches and under **7 feet (144in) in length**
- _____ 8. Handle length is less than 1/3 total weapon length

Shield

- _____ 1. Shield is padded on its edges and face
- _____ 2. Face of shield has at least .75 inches of padding
- _____ 3. Shield is between 1 and 3 feet in diameter

Olympics: Tug-O-War

Location: Kappa Sigma

Time: 12:30

Description:

- In Tug-O-War, teams of eight compete to pull the opposing teams marked area of rope over the designated line.

Rules:

1. Teams consist of 4 females and 4 males.
2. The teams will be setup in a single elimination bracket, except for the semi-final matches. The top 4 teams will receive points.
3. **No metal cleats are allowed**, however plastic cleats are acceptable. Closed toed shoes are required for participation. For your protection, we suggest that participants wear protective gloves. If any member is wearing metal cleats during competition, the team will be disqualified.
4. The first person in line must have their hands behind the taped area of the rope.
5. The rope must be pulled taut with no team holding an advantage before the contest starts.
6. The maximum match time will be 4 minutes. If no team has succeeded to pull the other past the centerline, the team that has pulled the furthest will be declared the winner. This rule will not be in effect during the 1st/2nd and 3rd/4th place matches.
7. The winner of a coin flip between team captains will determine which side each team will be pulling from.

Olympics: Dizzy Dizzy Duck

Location: Sigma Pi

Time: 1:15 PM

Description:

- Teams of six compete by shuttling pitchers of water back and forth until their bucket is filled to the designated line with water.
- At one end of the playing field the team stands with the empty bucket and two pitchers. On the other end will be a trough filled with water and a bat connected to a spinning base.
- Participants start by grabbing their two pitchers and running to the other end of their designated lane.
- Participants must spin around the bat 10 times without lifting the bat off the ground, fill their pitchers with water, return to the bucket and dump the water into the bucket.
- The teams time will stop once their bucket overflows with water. Event points will be awarded to the 4 fastest teams.

Rules:

1. Each team will consist of three males and three females.
2. Teams must line up at the starting line of the lane in an alternating fashion according to gender.
3. Participants must run one at a time from the starting point to the end of the lane, spin 10 times with the handle of the bat on their forehead with the other end placed in the spinning base, fill the pitchers and return to the starting line to empty their pitchers and hand both pitchers to the next participant for a successful exchange. This process will continue until the bucket is **overflowing** with water.
4. While rotating, the participant's forehead must remain on the handle of the bat and the bat must remain in the spinning base other wise the spin will not count towards the total. Greek Week Central will count rotations.
5. Disqualification from Dizzy Dizzy Duck will occur if a team accidentally or purposely interferes with another team's race. (Knocking over opponents bucket, etc.).
6. If a participant spills water from the pitchers on the return to the team's bucket, they may not return to the water container to refill the spilled pitchers.
7. Closed toe shoes are required to be worn by all participants.

Olympics: Bed Race

Location: Sorority Circle

Time: 2:15PM

Description:

- Two participants ride on a custom made bed frame that is pushed by 4 other members of the team.
- The race consists of 2 laps around Sorority Circle.
- After one lap is completed a transition must occur between the 4 participants in the first leg to the four new participants that will push the bed racer for the second and final round.
- The four fastest times will receive event points.

Specifications:

- **Bed inspections of completed beds will occur Thursday, March 31st at 5:00 pm at Greek Triangle. Any bed not meeting specifications will be allowed to make changes and have them approved by Friday, April 1st at 5:00 pm.**
 - _____ 1. The riding platform must be no closer than **1 ft.** from the ground and no higher than **2ft.**, which will be inspected at the beginning of the week.
 - _____ 2. The riding platform must be able to hold the weight of two riders.
 - _____ 3. Total length must not exceed **8 ft.** and the width must not exceed **3'6"**
 - _____ 4. Rubber tires, no wheels (shopping cart wheels) must be used, they must not exceed **26in.** In diameter. This will be measured from the outer edge of the tire, The tires must be permanently attached to the bed.
 - _____ 5. The steering mechanism must be separated from the riders by some sort of protective barrier.
 - _____ 6. No object can protrude more than **1 ft.** from the frame. This includes handles, decorations etc.
 - _____ 7. A regular Twin sized mattress will lay flat on the platform. There must also be a sheet and pillow on the bed.
 - _____ 8. Each team is required to display their Greek Letters of all chapters somewhere on their bed.
 - _____ 9. Both bed riders must wear a helmet, wrist, knee and elbow pads. Equipment **MUST** be present at check-in for the Olympic event. Failure to do so will result in disqualification.

(Continued)

Olympics: Bed Race

Rules:

1. Before any bed can enter the event it must be inspected by Greek Week Central. There will be inspections on Thursday, March 31st at 5:00 pm at Greek Triangle to ensure that all beds meet the specifications. All beds must be complete at this time. If any bed fails to pass inspection, teams will have until Friday at 5:00 pm to fix the issue. If it is not fixed at this time, the team will be disqualified and not be allowed to participate. After a team passes inspection they will not be allowed to change any aspect of their bed racer, doing so will result in **disqualification**.
2. A 30-second staggered start will be used.
3. The race will be 2 laps around sorority circle starting outside the Beta Sigma Psi Fraternity house. The route will run clockwise around sorority circle, starting in front of Alpha Gamma Delta headed towards Kappa Delta and finishing the circle from Beta Sigma Psi to Alpha Gamma Delta where the hand-off zone and finish line will be.
4. The same 2 bed riders must remain on the bed at all times.
5. There will be 4 participants pushing the bed in the first lap and 4 new participants will run the second and final lap.
6. The 4 participants pushing the bed must be in contact with the bed at all times. Teams who have members who fall, losing contact with the bed racer, will be **disqualified from the event**. Teams who have a member fall but remain in contact with the racer are urged to stop the racer until the member regains their footing, to insure safety. Failure to comply may result in **deduction or disqualification**.
7. The exchange zone will be 100 feet and will be marked on the pavement.
8. Any team NOT making the proper exchange with-in the exchange zone will be **disqualified from the event**.
9. The bed riders MUST wear helmets, wrist, elbow and knee pads.
10. All beds will be rechecked and inspected during the check-in time prior to the race.
11. Make sure to double-check and abide by the bed specifications prior to the day of inspections or the team will be disqualified.
12. **All Greek Week participants must take every precaution to ensure the safety of all other participants and bystanders. Any drastically unsafe behavior may result in a 5 point deduction and in extreme cases disqualified from the event. Greek Week Central has the authority to make decisions on this behavior. This includes, but is not limited to, hanging on and being dragged by the bed racer and crossing the street while the beds are being raced.**

Olympics: Dingle Dangle Donut

Location: Greek Triangle

Time: 3:15PM

Description:

- At the sound of a whistle, the pair runs to the donut frame where each male and female race to eat a swinging donut with no hands.
- This is a timed event with the top four times receiving event points.

Rules:

1. This event consists of 1 male and 1 female.
2. The pair will run to the donut frame where 2 donuts will be swinging. The pair will eat the donuts without using their hands. If any body part is used to assist in eating the donut besides the player's face, the team will be **disqualified from the event..**
3. The donuts will be held parallel with the ground and let go when the whistle is blown to begin the race.
4. If at any point the donut falls off the frame another donut will begin swinging and the participant must start over. The player must eat the new donut in full to finish the event. The pair will be limited to 3 fallen donuts. When the third donut hits the ground, that team will be **disqualified from the event.**
5. The pair must work separately when consuming the donut. If one contestant finishes before the other, they must wait for their teammate to finish before the time will stop.
6. Once both donuts are completely eaten the pair must open their mouths to be checked by a member to Greek Week Central to ensure donuts are completely gone; at this point the time will stop. The time will continue if one player still has food in mouth, chewing, etc.
7. If a player spits up any donut at any time the team will be **disqualified from the event..**
8. If a pair interferes with another team's donuts they will be **disqualified from the event..**

Olympics: Egg Joust

Location: Theta Chi Fraternity

Time: 4:00PM

Description:

- In the Egg Joust, each team will have two pairs participate.
- Each of those teams will consist of 1 male and 1 female.
- Each team will work together to eliminate the other teams by breaking their opponent's egg.
- The top three teams in each round will move on to the next round.
- The top six teams will advance to the final championship round.
- The top four teams will be awarded event points. No jewelry can be worn during this event.

Rules:

1. The pairs will consist of one male and one female. The female will sit on the male's shoulders. If the female falls off the shoulders or touches the ground with any body part during the game, the team will be disqualified.
2. The male will have an egg in pantyhose secured to his forehead.
3. The female's free hand cannot be used to protect the team's egg. Protection of your own or your partner's egg with your hand or any other mechanism of defense will be given one warning, with an additional offense resulting in disqualification.
4. The female's free hand must remain on her partner's head or behind her back.
5. Eggs can only be broken by the rolled up newspaper that is issued by Greek Week Central. Use of other bodily parts will result in disqualification. At any point the newspaper is dropped the team must pick it up with no help. Disqualification will occur if any spectators hand the team the dropped newspaper.
6. All teams must stay within the given boundaries or will be disqualified. The boundaries are subject to change during a round.
7. **Participants must supply their own and wear eye protection to participate.**
8. If an egg breaks under any circumstances, the team loses and must leave the designated boundary area.
9. The championship round winner is the last team with an unbroken egg.

Educational Speaker

Information:

The purpose of this event is to promote an educational foundation during Greek Week and provide our community with a leadership development opportunity through an interactive guest speaker.

Michelle Guobadia will be presenting "Be a Dream Maker: Your Role in Making Fraternity and Sorority Life Great" challenging the members of the Iowa State Greek Community to do more than just coast on their status or participate in destructive behavior. Michelle's candid style provides a wake-up call while being engaging and informative. Guobadia is a lifelong member of Zeta Phi Beta Sorority, Inc., and is currently the Director of Fraternity and Sorority Life at the University of North Carolina at Charlotte where she oversees over 37 fraternities and sororities.

Date: Tuesday, March 29th, 7:00 pm (Doors Open at 6:30PM)

Location: CY Stephens Auditorium

Requirements:

- Full points will be awarded to teams who have up to 45% attendance rate. Half of the points will be awarded to teams who have greater than 25% but less than 45% of their team in attendance.
- Teams will need to show up at least 20 minutes before the session starts to allow for check-in.
Attendance will be determined by swiping members' ISU ID CARDS before the show starts.