A

PROJECT PAHSE-1

R E P O R T

On

**“Real time Prediction of Sugar level using Sweat**

**through BSL Band”**

Submitted in partial fulfillment of the requirements for the degree of

# Bachelor of Technology in Information Technology

By

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Under the guidance of

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## Academic Year 2023 – 24

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**Academic Year 2023 – 24**



**CERTIFICATE**

This is to certify that Mr. Atharva Nandkishor Pingale

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students of Information Technology, bearing has successfully completed project phase-1 report on

“Real time Prediction of Sugar level using Sweat through BSL Band” to my satisfaction and submitted the same during the academic year 2023-2024 towards the partial fulfillment of Bachelor of Technology under Dr. Babasaheb Ambedkar Technological University, Lonere, under the guidance of Mr. Sachin Kamble.

Date: / /2023

Place: SVKM’s IOT, Dhule

Mr. Sachin Kamble Ms. Rubi Mandal Dr. Bhushan Chaudhari Dr. Nilesh Salunkhe

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Name and Sign with date Name and Sign with date

Examiner-1 Examiner-2

# DECLRATION

We declare that this written submission represents ideas in our own words and where other’s ideas or words have been included, we have adequately cited and referenced the original sources. We also declare that we have adhered to all principles of academic honesty and integrity and have not misrepresented or fabricated or falsified any idea/data/fact/source in our submission. We understand that any violation of the above will cause for disciplinary action by the Institute and can also evoke penal action from the sources which have thus not been properly cited or from whom proper permission has not been taken when needed.

Signatures

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**Abstract**

Human health stands as an enduringly significant subject. Ongoing enhancements in health monitoring hardware and systems have led to the development of a health services terminal facilitating interaction between acquisition modules and smartphones. This innovation is founded on an analysis of Bluetooth technology and the Android operating system. The causes of various types of diabetes differ significantly. Type 1 diabetes can be prompted by bacterial infections, toxins in food, unidentified elements triggering immune responses, while type 2 diabetes may result from negative lifestyle habits, advancing age, family history, obesity, pancreatitis, polycystic ovary syndrome (PCOS), Cushing's syndrome, glucagonoma, steroid-induced diabetes, among others. Monitoring blood glucose levels enables the determination of glucose concentrations. The system can provide user feedback through a smartphone application by receiving data via Bluetooth from the device. The measured physiological parameters align with the accuracy standards set by clinical norms. For over three decades, diabetic patients have relied on glucose monitoring technology to track their blood glucose levels. This paper reviews primary methods of blood glucose detection and efficient insulin regulation. The conventional and widely used method involves invasive finger-pricking for blood drawing. However, recent advancements have led to the development of non-invasive techniques for monitoring blood glucose, marking a rapidly evolving field. In this context, a mobile physical health monitoring system is proposed, centered around the Android smartphone framework. Progress in modern technology has enabled the creation of compact wireless mobile health monitoring systems, capable of continuous monitoring while remaining energy efficient. This evolution signifies a paradigm shift in health monitoring, wherein wearable body sensors are gaining popularity. A medical survey reveals that one to two individuals in every household manage sugar diabetes, necessitating frequent painful blood sugar level checks. To address this challenge, the concept of the BSL Band was conceived.

Keywords - Diabetic Patient, Cloud, Glucose measurement, health sensors, Blood Glucose  
level, IOT Technology.

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**Chapter 1: Introduction**

## 1.1 Project Title

* Real time Prediction of Sugar level using Sweat through BSL Band

**1.2 Domain of Project**

* Machine Learning

## 1.3 Problem Statement

• In Public health and surveillance there is need for better surveillance methods or tools in public health care to measure and track blood sugar level of patient as they can be unconscious if the blood sugar level is down or up significantly. Sweat contains glucose that can accurately reflect blood glucose. However, skin surface glucose can confound these measurements.

## Motivation behind project topic

According to medical survey there one and two patient in every home who is dealing with sugar diabetes and every time they need to check blood for sugar level which is painful to over come this we came up with the idea of BSL Band

* 1. **Objectives and Expected Outcomes**
* To overcome daily painful blood sugar level measurement.
* To keep track of the patient sugar level and his daily diet.
* Provide accurate information as compared to traditional methods of blood sugar level calculation.
  1. **Overview of Project Domain**
* **Machine Learning:**

The AI segment was developed using the Python programming language. The installation of Python was successfully completed, followed by the setup of the core program. Prediction tasks were carried out using both virtual and authentic datasets. In the proposed framework, an authentic dataset was specifically employed for analysis.

* **Virtual database:**

The dataset used in this study was obtained from the Pima Indians Diabetes Database. It includes various parameters such as age, number of pregnancies, glucose levels, blood pressure, skin thickness, insulin levels, BMI, family history of diabetes, and the outcome variable. The dataset comprises 768 entries with 9 different attributes. To facilitate analysis, the dataset was partitioned into distinct sets for training and testing purposes.

* **Real Database:**

The authentic dataset was collected through a comprehensive survey that gathered details from numerous individuals. This dataset includes various parameters such as age, glucose levels, blood pressure, sodium levels, weight, height, BMI, family history, and the outcome variable. Comprising 50 rows and 10 columns, the dataset was meticulously divided into separate sets for training and testing purposes, ensuring a comprehensive analysis of the entire dataset.

* 1. **Project Purpose and Applicability**

In the realm of public health and surveillance, there exists a necessity for improved surveillance techniques or instruments within healthcare systems to effectively monitor and trace changes in patients' blood sugar levels, particularly when they might be unconscious due to significant fluctuations in these levels. Sweat has the potential to contain glucose, offering a potential avenue to accurately gauge blood glucose levels. Nevertheless, the presence of glucose on the skin surface can introduce potential challenges in these measurements.

* 1. **Scope of Project**
* The design enhancement requires a suitable and efficient power source to be reconsidered.
* Additionally, future improvements in device accuracy could involve adopting specific precautions and preparations during ECG and body temperature measurements for optimized vital sign readings

**Chapter 2: Literature Survey**

## 3.1 Related Work Done

Wearable sensors capture body data, like blood sugar levels, transmitting it wirelessly to smartphones. This information is then stored securely in an Electronic Health Record (EHR) within a cloud server. A trusted data manager oversees connections from various apps, ensuring they comply with set standards. Health development tools are recommended for developers to certify the reliability of Mobile Medical Applications (MMAs). Security is verified using a model involving spatial-temporal hybrid automata (STHA). Body sensor networks are pivotal in advancing IoT in healthcare, enabling patient monitoring through small, lightweight sensor nodes. These modern healthcare systems satisfy critical needs such as safety, sustainability, and security. Control inputs from MMAs undergo security checks through a hybrid automata-based system. Sensors equipped with Time Division Multiplexing (TDM) provide sustained long-term support with an eco-friendly design. Data collected by different applications are securely stored and accessible only by authorized apps. Physiology-based end-to-end security (PEES) establishes a direct, secure communication channel between the sensor and the medical cloud. Wireless Sensor Network (WSN) nodes offer diagnostic features and large networks for practical analysis, though they may have high deployment costs. Frameworks like UPHIAC (Ubiquitous Personal Health Information Access) and PRISM (Platform for Remote Sensing using Smartphones) ensure data security using APIs connecting smartphone sensors to cloud storage. Pervasive Health Management System (PHSM) adapts settings based on user mobility. The Hierarchical Power Management (HPM) architecture maintains consistency by integrating ultra-low-power processors. The structure streamlines interactions between external sensors and client Android devices. Smartphones establish connections with external sensors through various channels, presenting challenges in integrating diverse sensors with different communication methods and data formats. The framework aims to simplify these interactions, emphasizing portability, simplicity, and ease of deployment.

## 3.2 Limitation of Existing System

* Wearing it for whole day might cause inconvenience during working hours.
* The device uses a 9V power adapter because some parts like biosensors, the liquid crystal display LCD, and Bluetooth consume a lot of power.
* Most trackers have short battery life, so you can't track your workouts while charging.
* Trackers do not provide proper accuracy.

**Chapter 3: Project Requirement Specification**

**3.1 Hardware and Software Requirement**

* Hardware Requirement:

Table 3.1: Hardware Requirements:

|  |  |  |  |
| --- | --- | --- | --- |
| Sr. No. | Parameter | Minimum Requirement | Justification |
| 1 | Node MCU | ESP 12e | For Working Of Sensor |
| 2 | Raindrop Sensor | - | For Glucose Measurements |
| 3 | CPU Speed | 1 GHz | For Processing |
| 4 | RAM | 3 GB | - |

* Software Requirement:

1. Operating System: Microsoft Windows
2. Programming Language: Python, Django, HTML, JavaScript.

**3.2 Functional Requirement**

* Sweat sensor which gives input to glucomonitor and then show it on user login page.
* Data undergoes cross-validation to enhance the accuracy and efficiency of the machine learning algorithm during training.
* An Arduino Uno serves as the system's controller, receiving power supply.
* Skin conductance, inversely linked to salt content, is converted to voltage readings. GSR sensor inversely correlates with glucose levels.
* Support Vector Regression (SVR) tackles non-linearity in data through kernel functions like Linear, Polynomial, Sigmoid, and Radial Basis Function (RBF).
* SVR's strength lies in recognizing and predicting non-linearities in data without altering descriptive values, thus enhancing model accuracy.
* SVR relies on kernel functions rather than solely on the spread of dependent and independent variables. This allows for the construction of a non-linear model while preserving descriptive values, thereby enhancing the resulting model's quality.

**3.3 Non Functional Requirement**

* Portability: This prapose System is easily portable because it is wearable band.
* Security Measures: The proposed system ensures scalable security by authenticating users each time they log in.

In the event of a cyber attack, the system initiates an automatic shutdown.

Verification Email: A verification email is dispatched to users upon their initial registration within the software system.

* Flexibility: Proposed System is flexible to work with and flexible to understand
* Patient Recognition: The system requires patients to identify themselves via their phone.
* User Authentication: All system users must possess a unique Logon ID and password.
* Database Changes: Any alterations such as insertion, deletion, or updates within the database are swiftly synchronized and exclusively executed by the ward administrator.
  1. **Data set Description / Database Schema**

**Context:**

The dataset originates from the National Institute of Diabetes and Digestive and Kidney Diseases. Its primary aim is to predict the likelihood of diabetes in patients using specific diagnostic measurements. To create this dataset, specific criteria were applied to select instances from a larger database. Notably, all the included patients are females aged at least 21 years old and belong to the Pima Indian heritage.



Figure 3.1: Pregnancies and Glucose Data

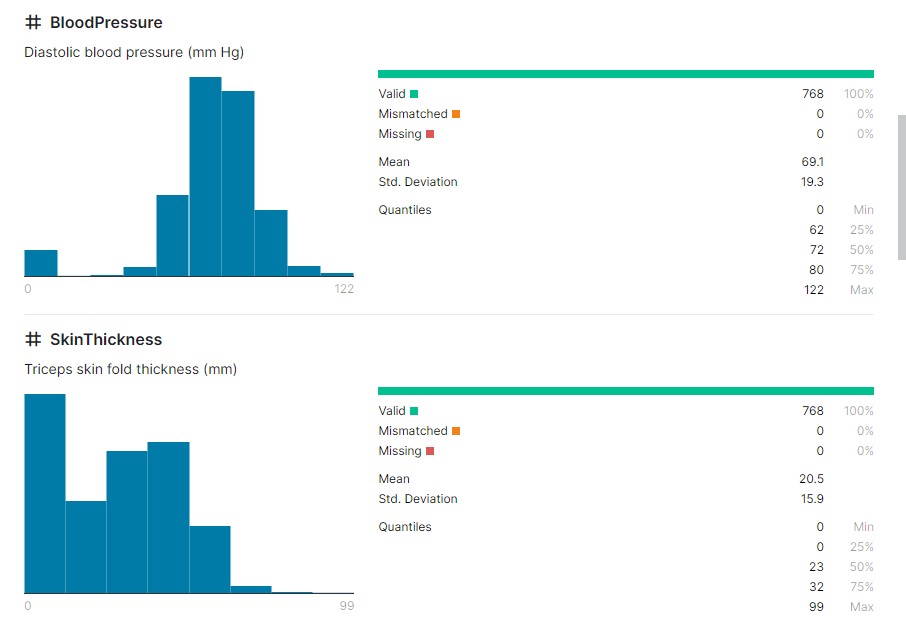


Figure 3.2: Blood Pressure and SkinThikness Data

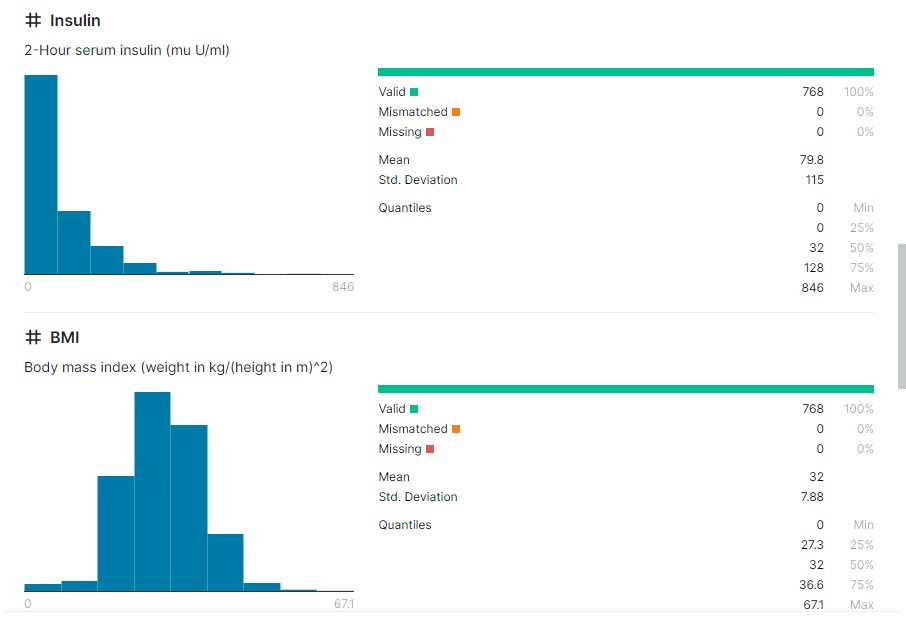


Figure 3.3: Insuline and BMI Data

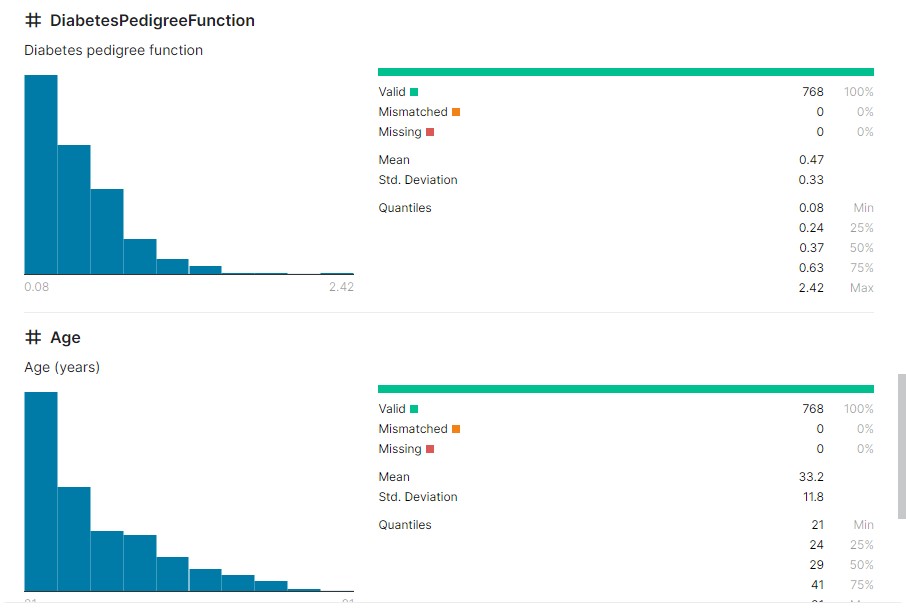


Figure 3.4: DiabetesPedigreeFunction and Age Data

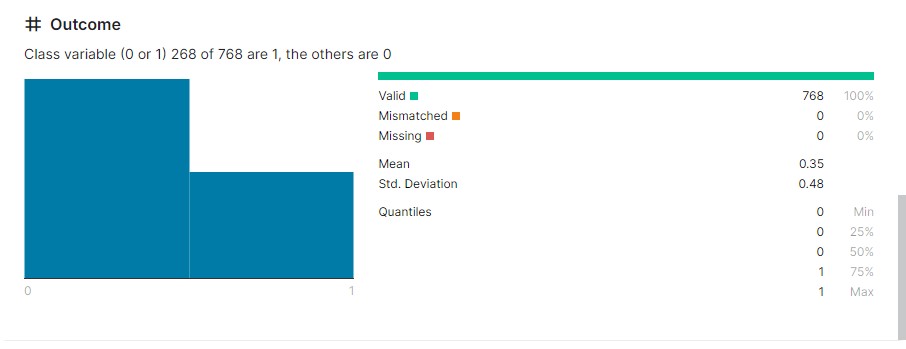
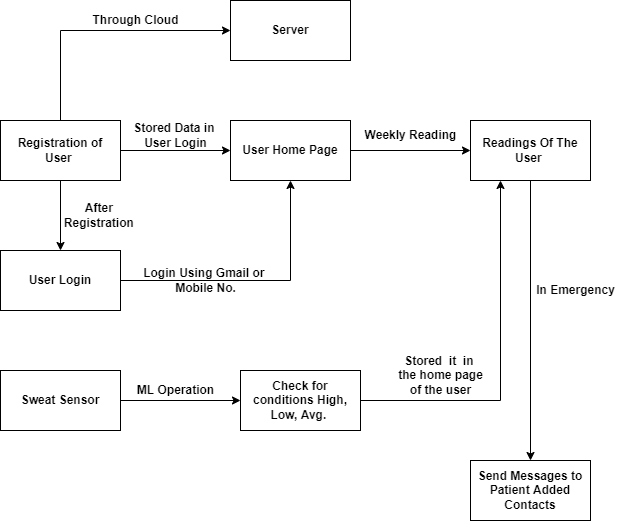


Figure 3.5: Outcome Data

**Chapter 4: Proposed System**

1. **System Design and Architecture:**



4.1 System Architecture

**Registration:** Firstly user will register in our system, for registration user add details like name, username, contact, height, weight, age, email, address and the preferred contact number.

**Login:** After registration user have to login into the system using Gmail or Mobile number and user will redirect to user home page.

**Sweat Sensor:** Sweat sensor which gives input to glucomonitor and then show it on user login page.

**User Readings:** On the user’s Home page, user reading are available. These readings are in the form of graph of Blood Sugar Level like Weekly Blood Sugar Level.

**Conditions:** User readings are stored in the home page of the user these readings are used to check for conditions like High, Low and Average.

**Chapter 5: High Level Design of the Project**

1. **Use-case Diagram:**

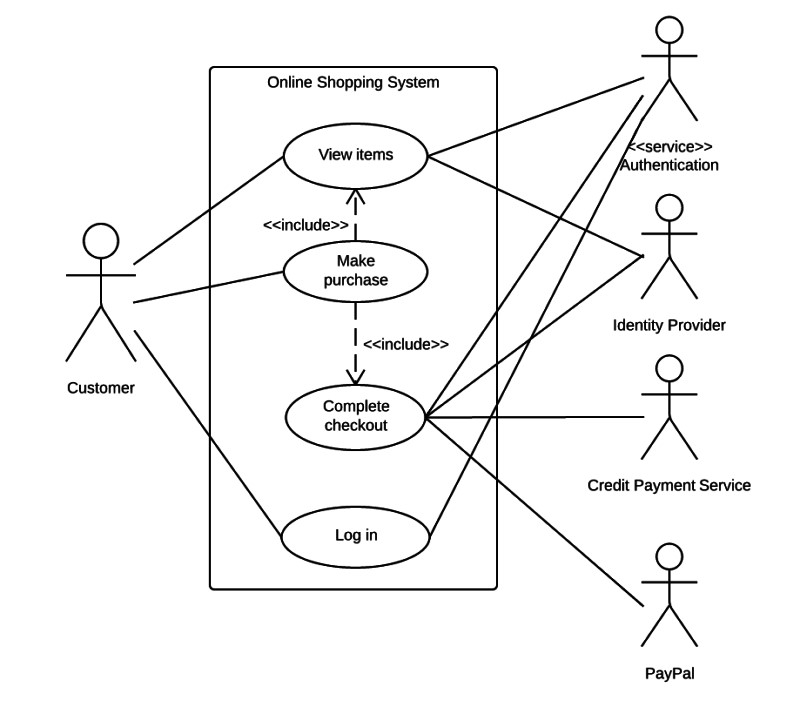


Figure 5.1: Use-case Diagram

The UML Diagram follows a sequence where users first register before gaining login access. Within this system, a sweat sensor doubles as an indicator for blood-related metrics. Specifically, when this sensor detects a count below a predefined threshold, it activates a notification mechanism. This triggers the system to send alert messages directly to the contact number registered by the user. These messages serve as timely warnings, notifying the user about the detected low count indicated by the sweat sensor. This entire process is designed to ensure that users receive immediate alerts regarding critical blood levels, emphasizing the importance of prior registration for this alert system. Upon successful registration, users gain access to the system's functionalities via a login mechanism. The sweat sensor continuously monitors blood levels in real time, providing proactive alerts to address low counts promptly and effectively.

**5.2 Data Flow Diagram:**

**5.2.1 DFD Level 0:**



Figure 5.2: Data Flow Diagram Level 0

It Shows the Simple architecture of our idea In DFL 0 We have sweat sensor which gives input to glucomonitor and then show it on user login page

**5.2.2 DFD Level 1:**

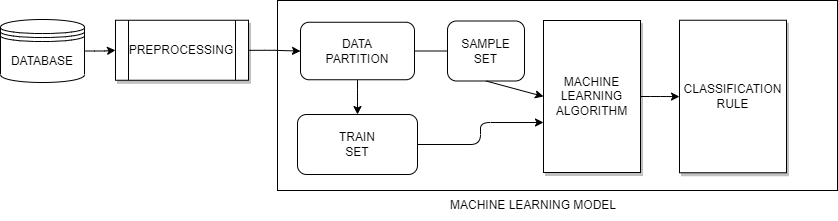


Figure 5.3: Data Flow Diagram Level 1

In the DFD Level 1 Diagram, the database serves as the initial input. It undergoes a preprocessing phase where the string data is converted into integers. The database is subsequently split into two segments: a testing part and a training part. The training part is utilized to enable the machine to identify and understand patterns within the data. To enhance accuracy and efficiency, cross-validation of the data is performed, optimizing the algorithm used in training the machine.

**5.2.3 DFD Level 2:**

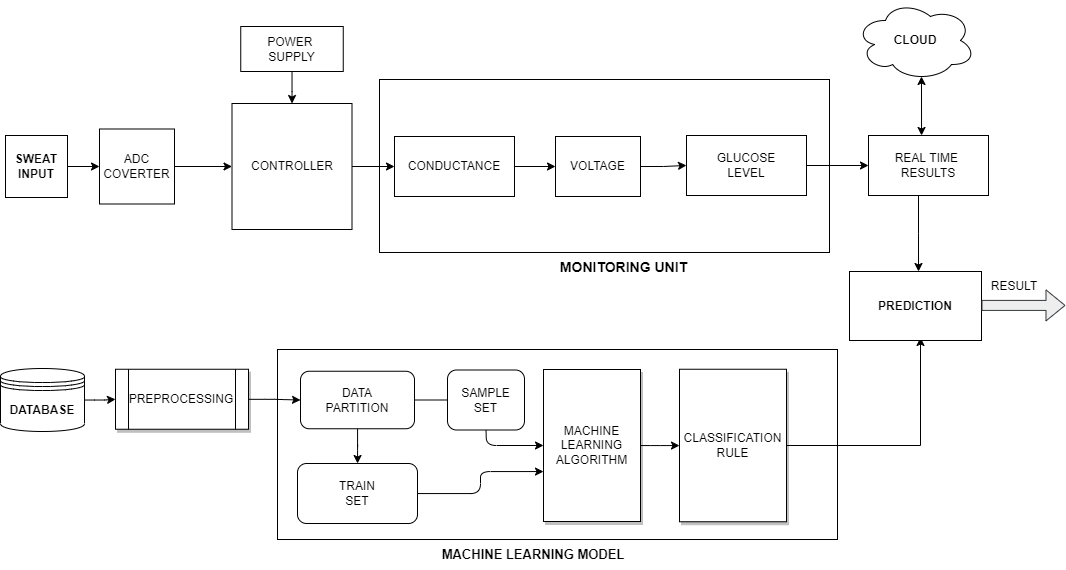


Figure 5.4: Data Flow Diagram Level 2

The DFD Level 2 Diagram comprises two main sections: the machine learning component and the real-time monitoring system for glucose, stress, and hydration. In the machine learning segment, a database is preprocessed from string to integer format, split into testing and training parts. This division ensures pattern recognition by the machine, employing cross-validation for accuracy and efficiency. Different machine learning algorithms are tested, and the most accurate one is selected for predictions. The real-time monitoring section uses a GSR sensor to read sweat data. An Arduino Uno acts as the controller, powered to manage the system. The GSR sensor's analog output is converted to digital via an analog-to-digital converter (ADC). This data helps gauge skin conductance, inversely linked to salt content and glucose levels, as well as stress and hydration levels. These readings are converted, stored in the cloud using IoT (Thing-Speak), facilitating remote access.

**Chapter 6: System Implementation**

1. **Splash Screen:**

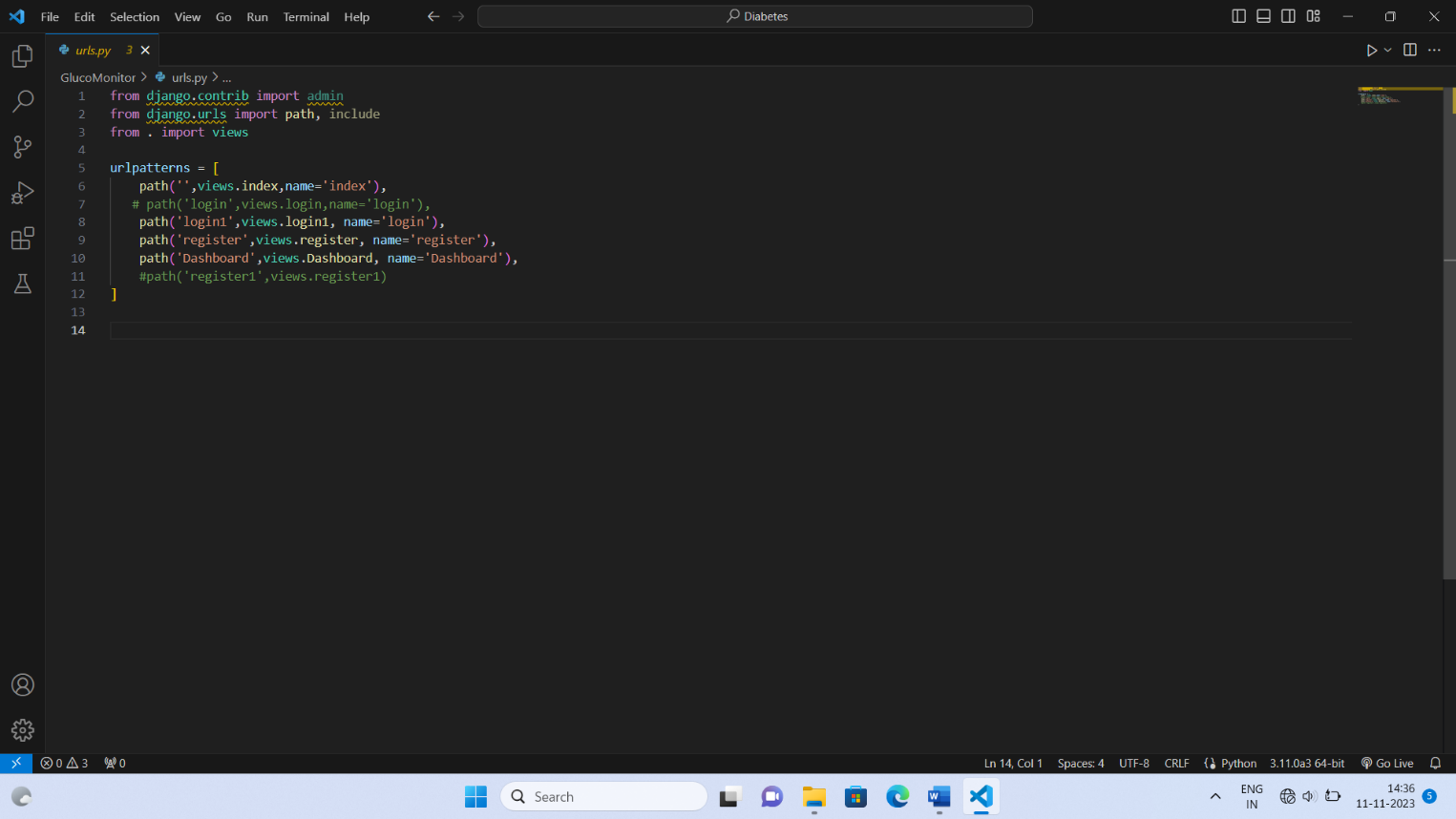
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Figure 6.1: Urls Implementation

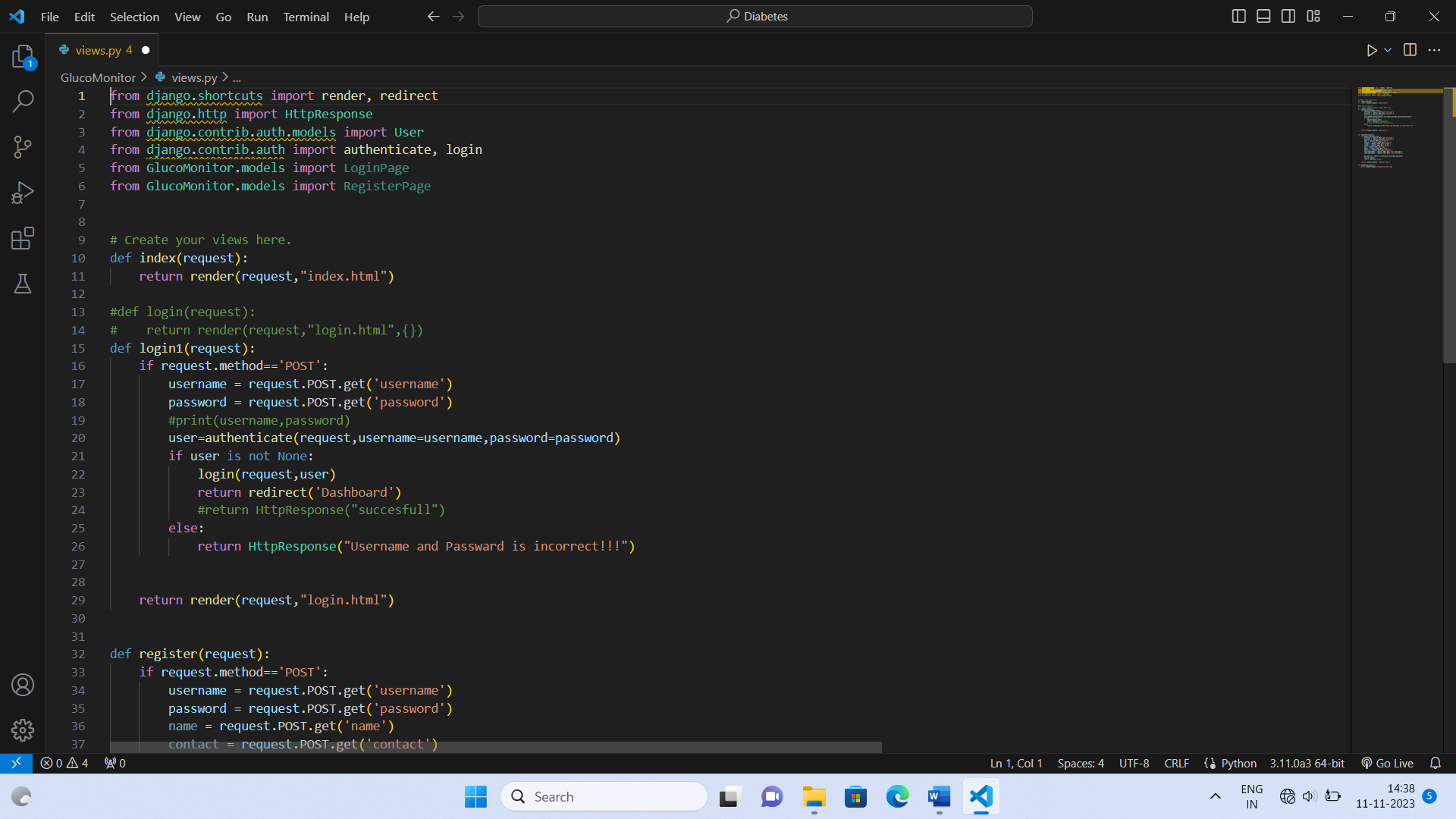
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Figure 6.2: Views 1 Implementation

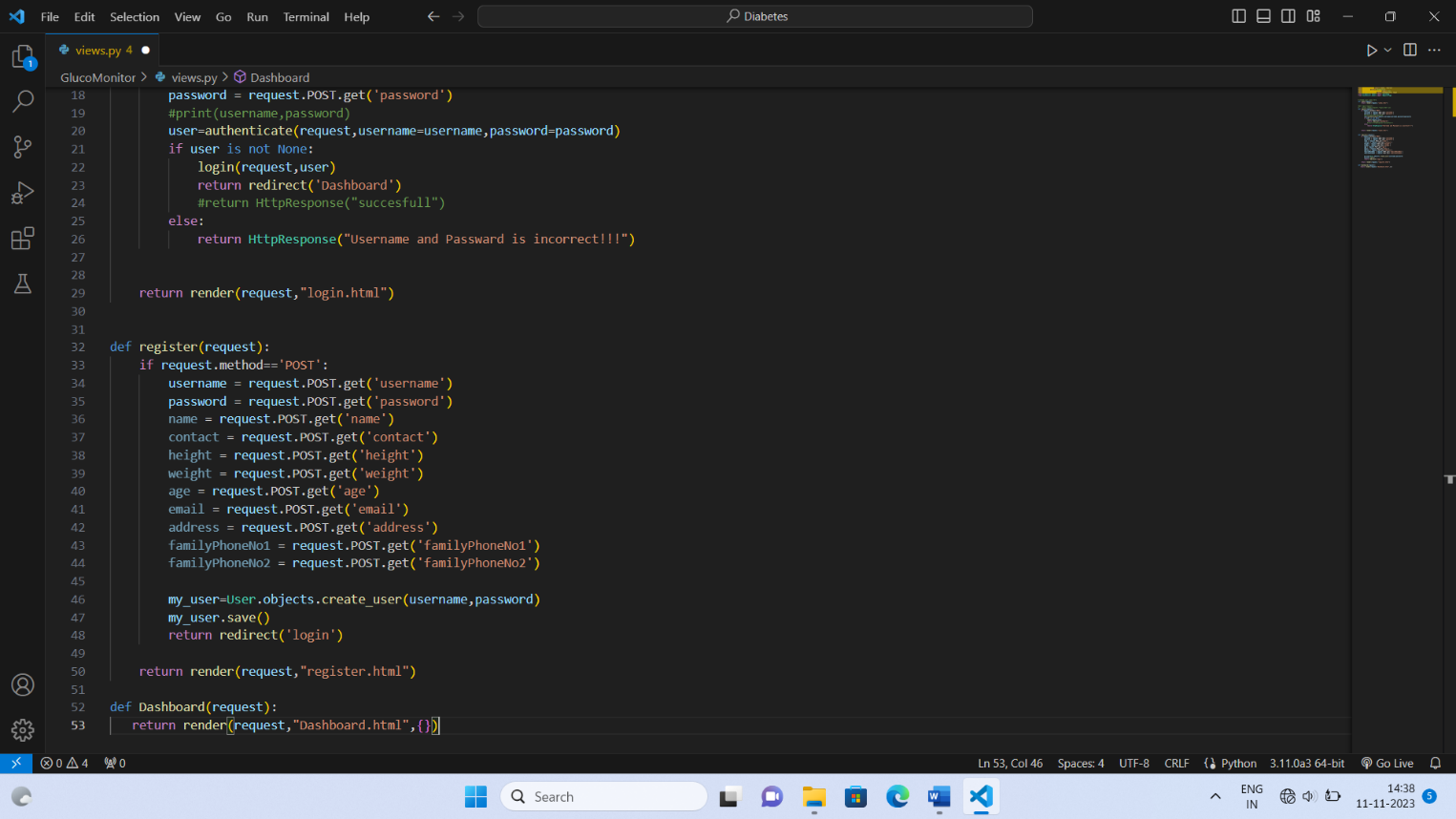
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Figure 6.3: Views 2 Implementation

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Figure 6.4: Views 3 Implementation

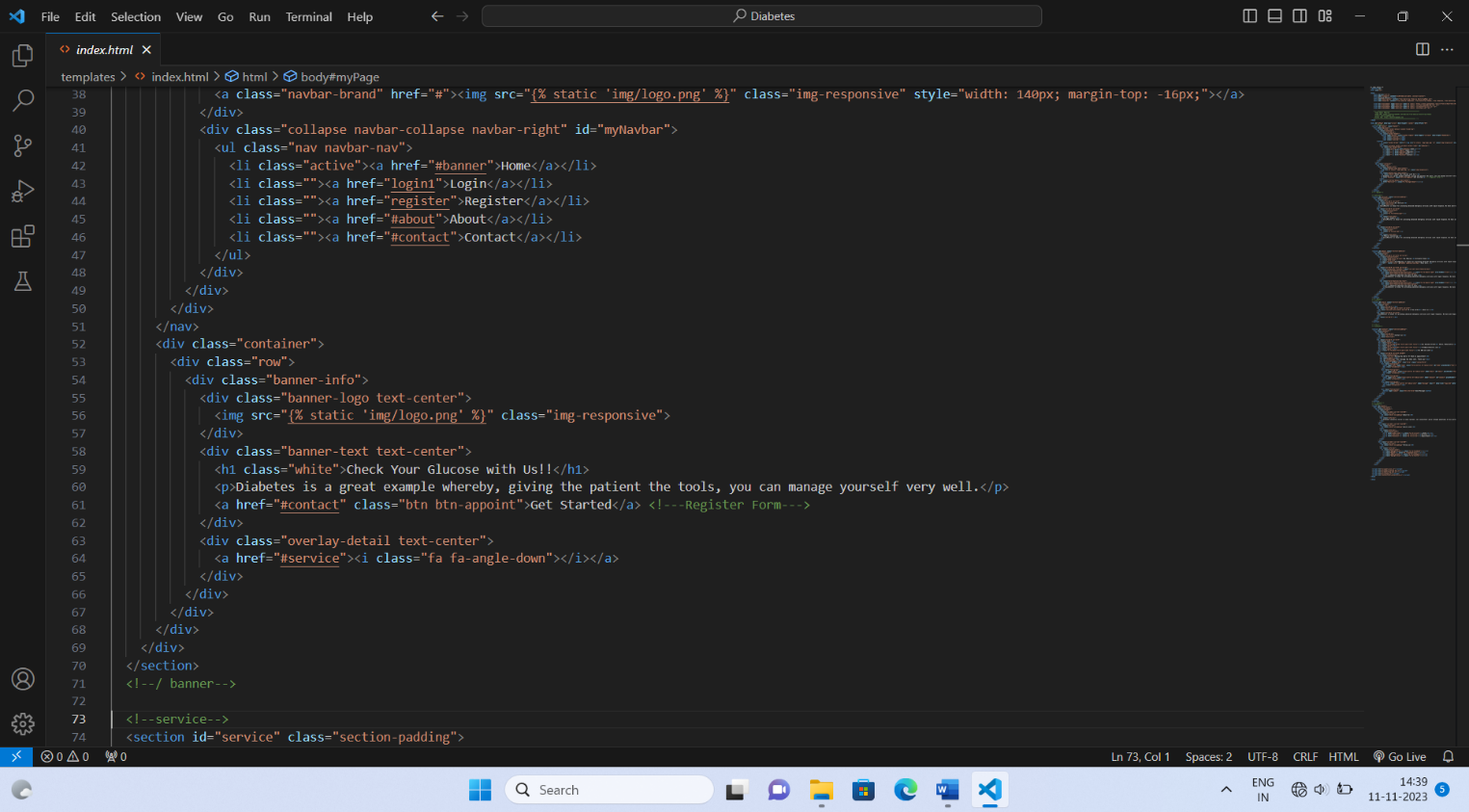
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Figure 6.5: Index 1 Implementation

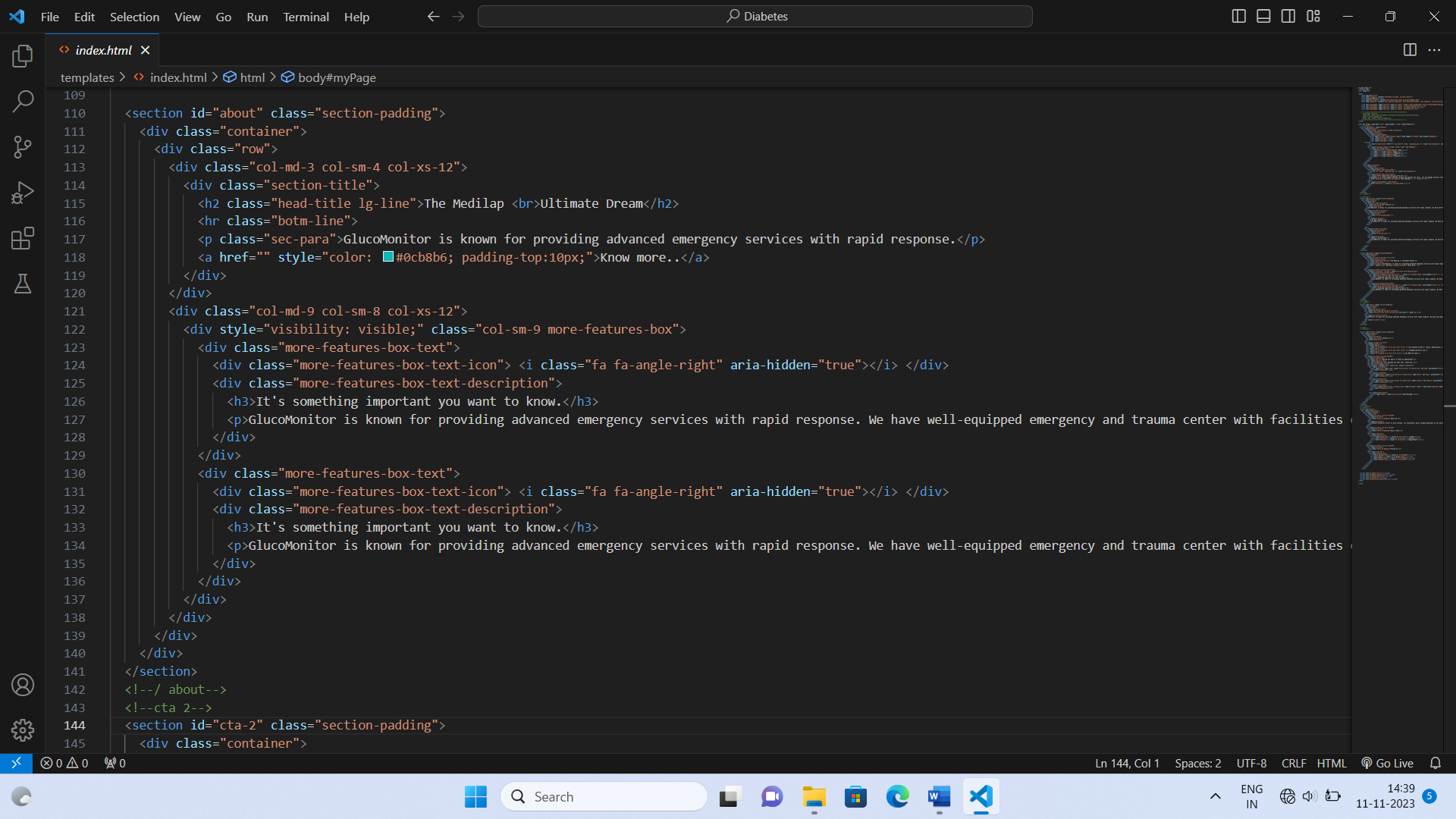
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Figure 6.6: Index 2 Implementation

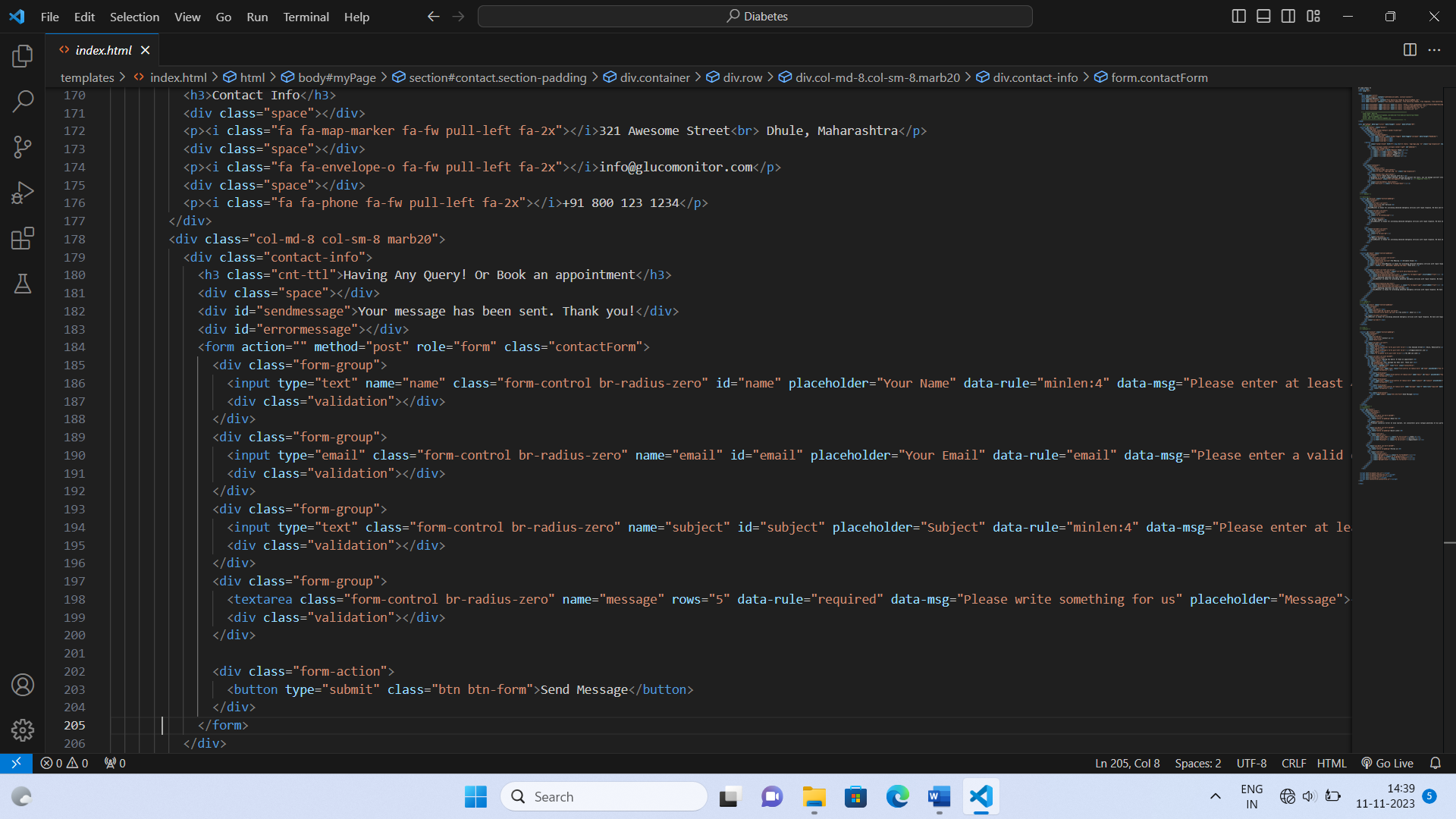
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Figure 6.7 : Index 3 Implementation

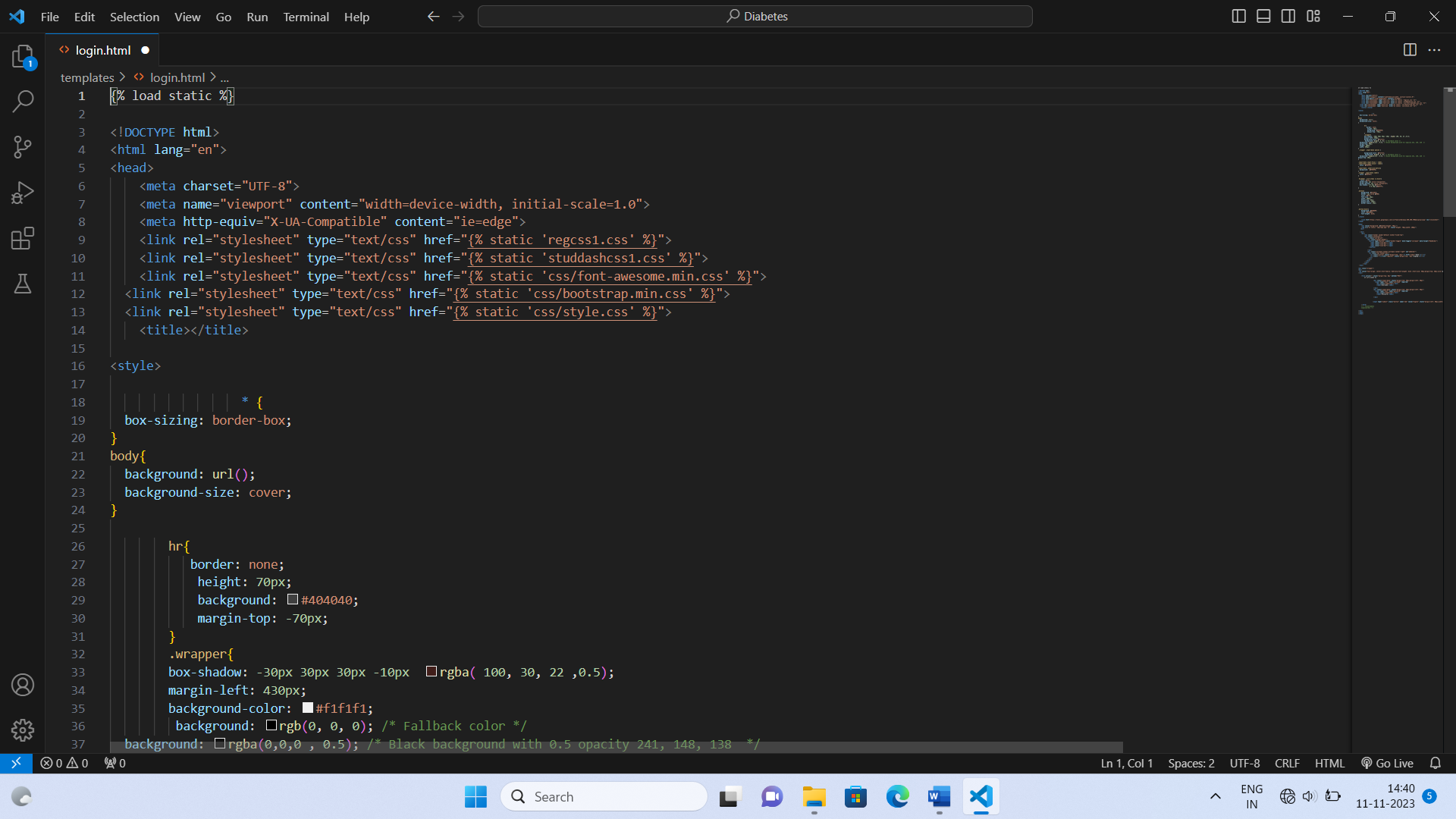
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Figure 6.8: Login 1 Implementation

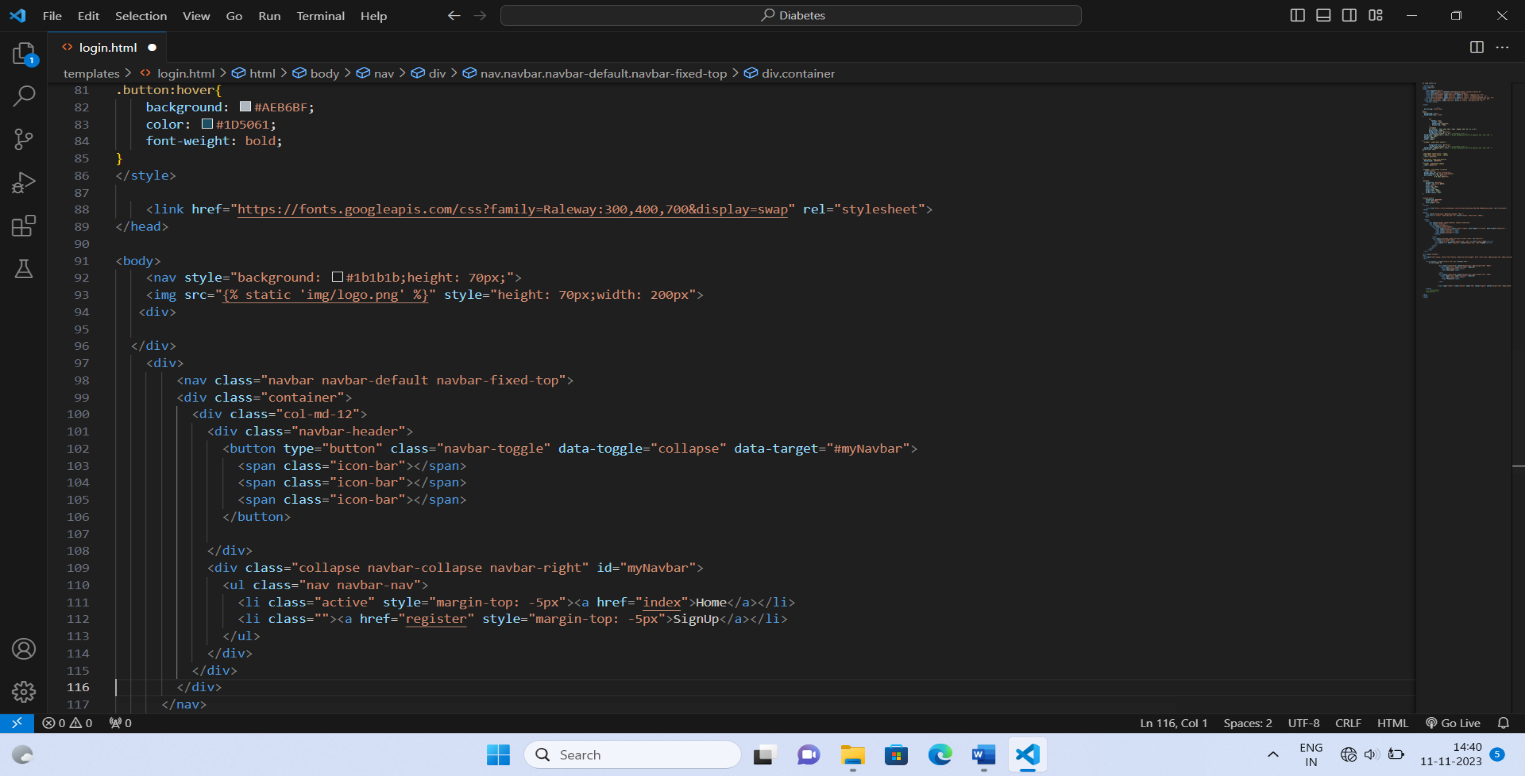
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Figure 6.9: Login 2 Implementation

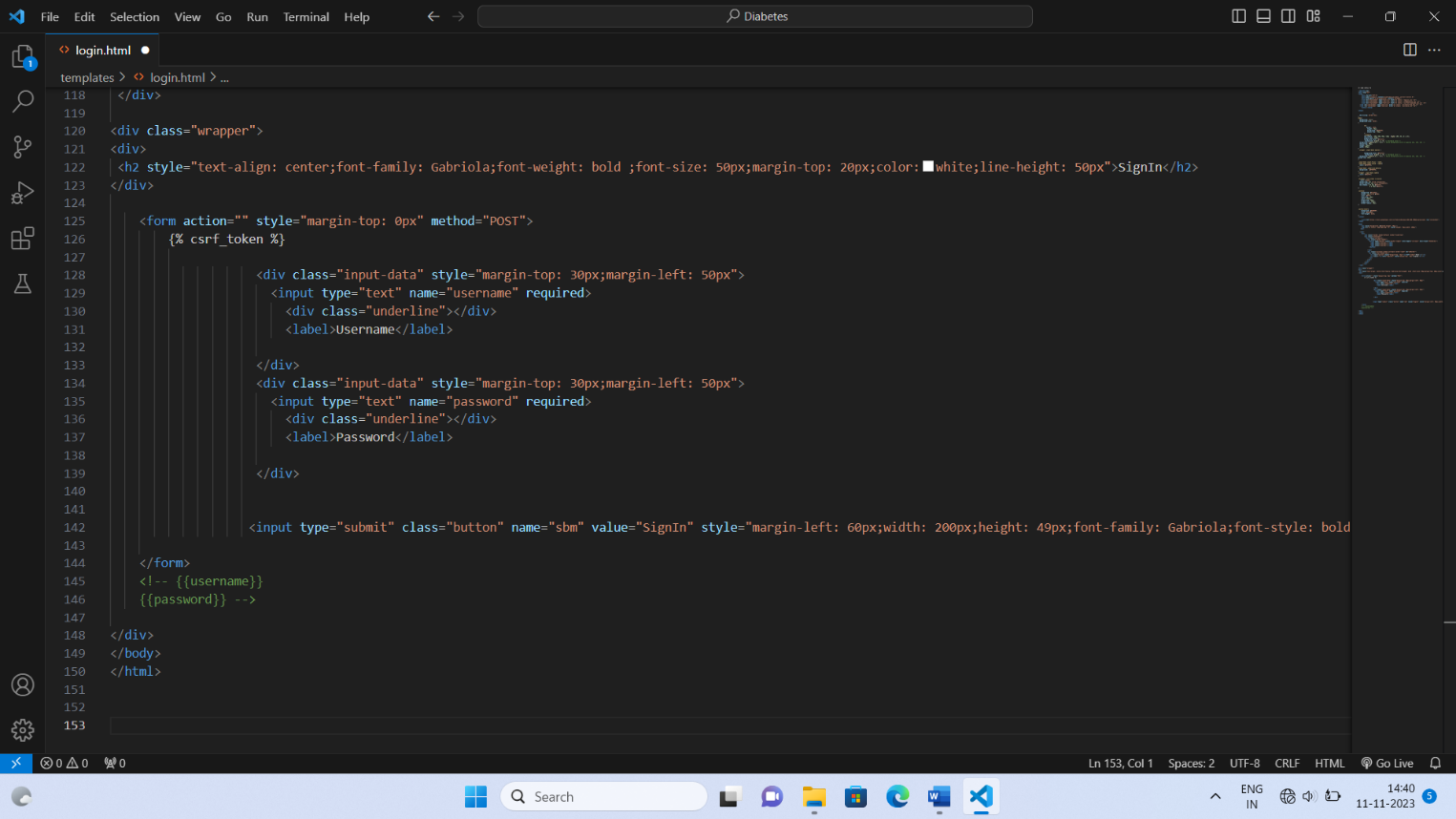
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Figure 6.10: Login 3 Implementation

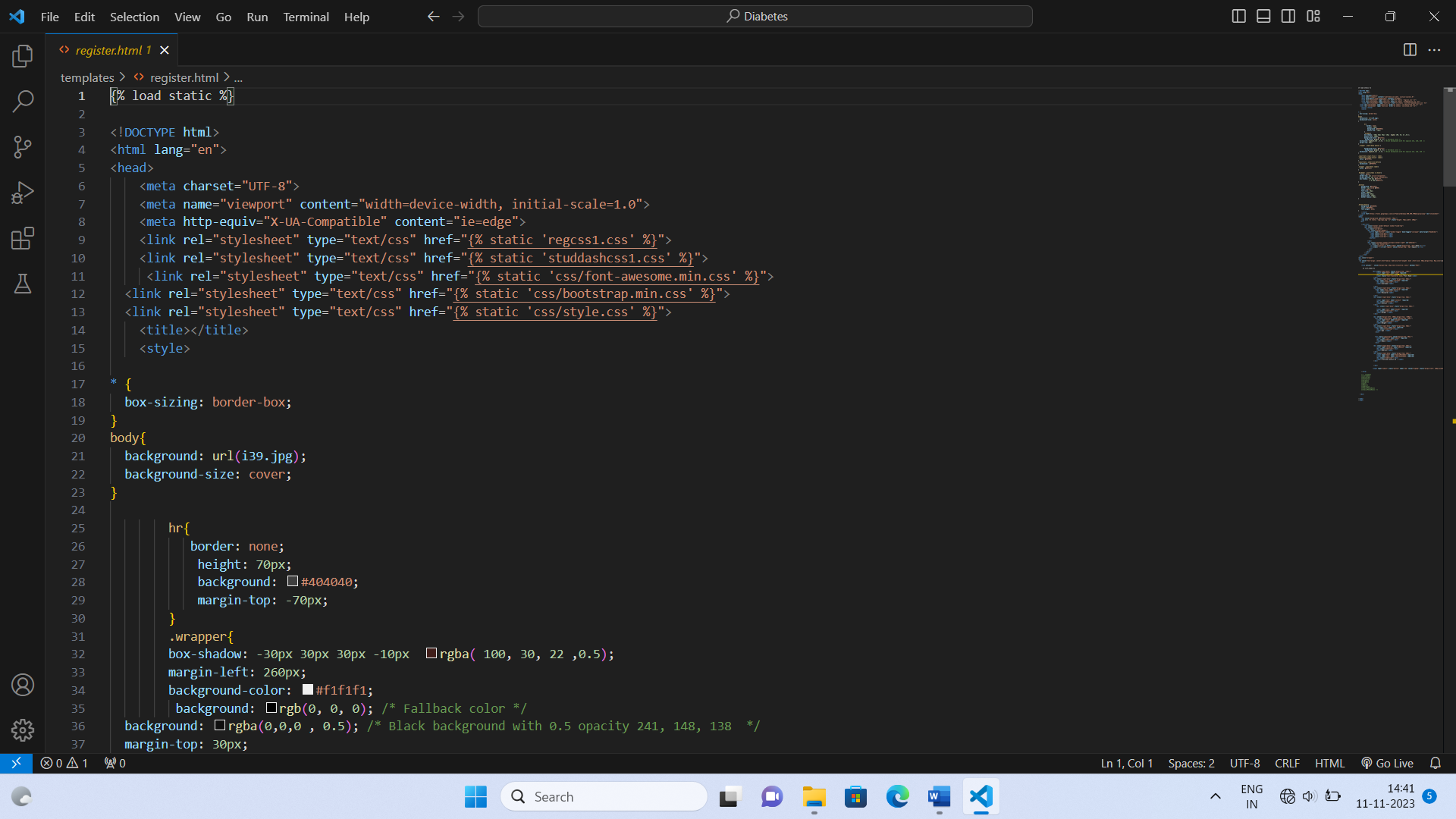
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Figure 6.11: Register 1 Implementation

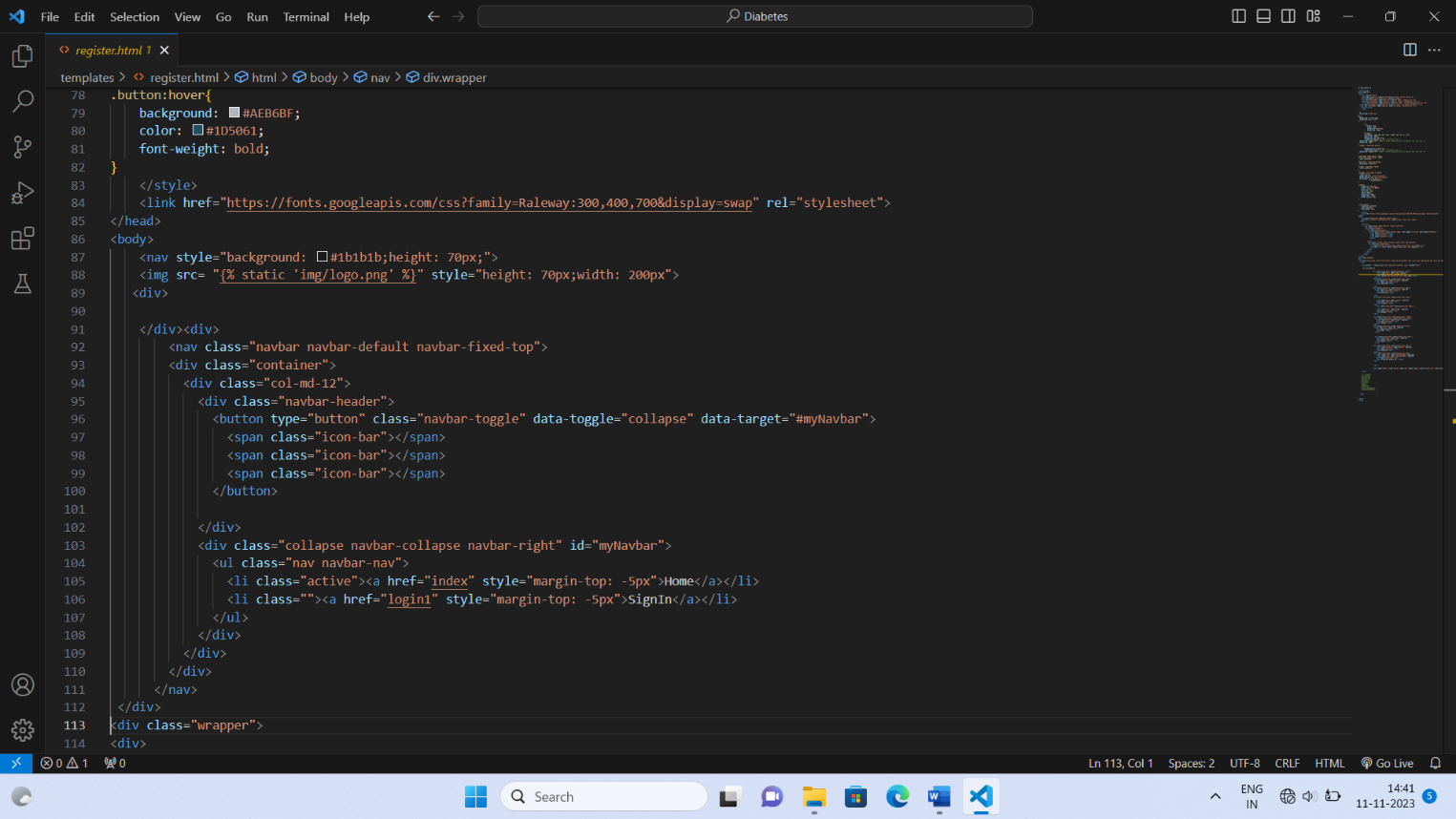
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Figure 6.12: Register 2 Implementation

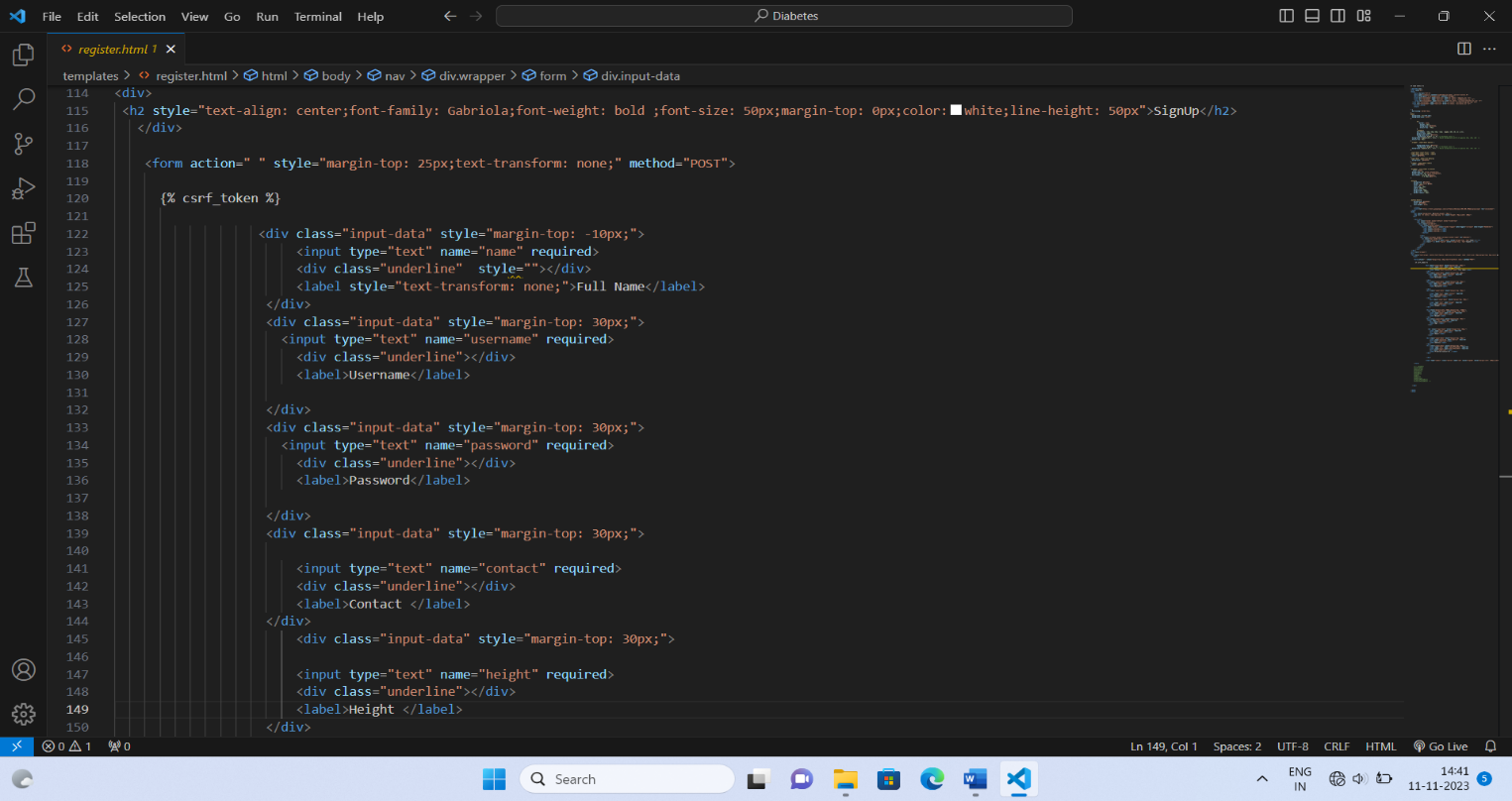
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Figure 6.13: Register 3 Implementation

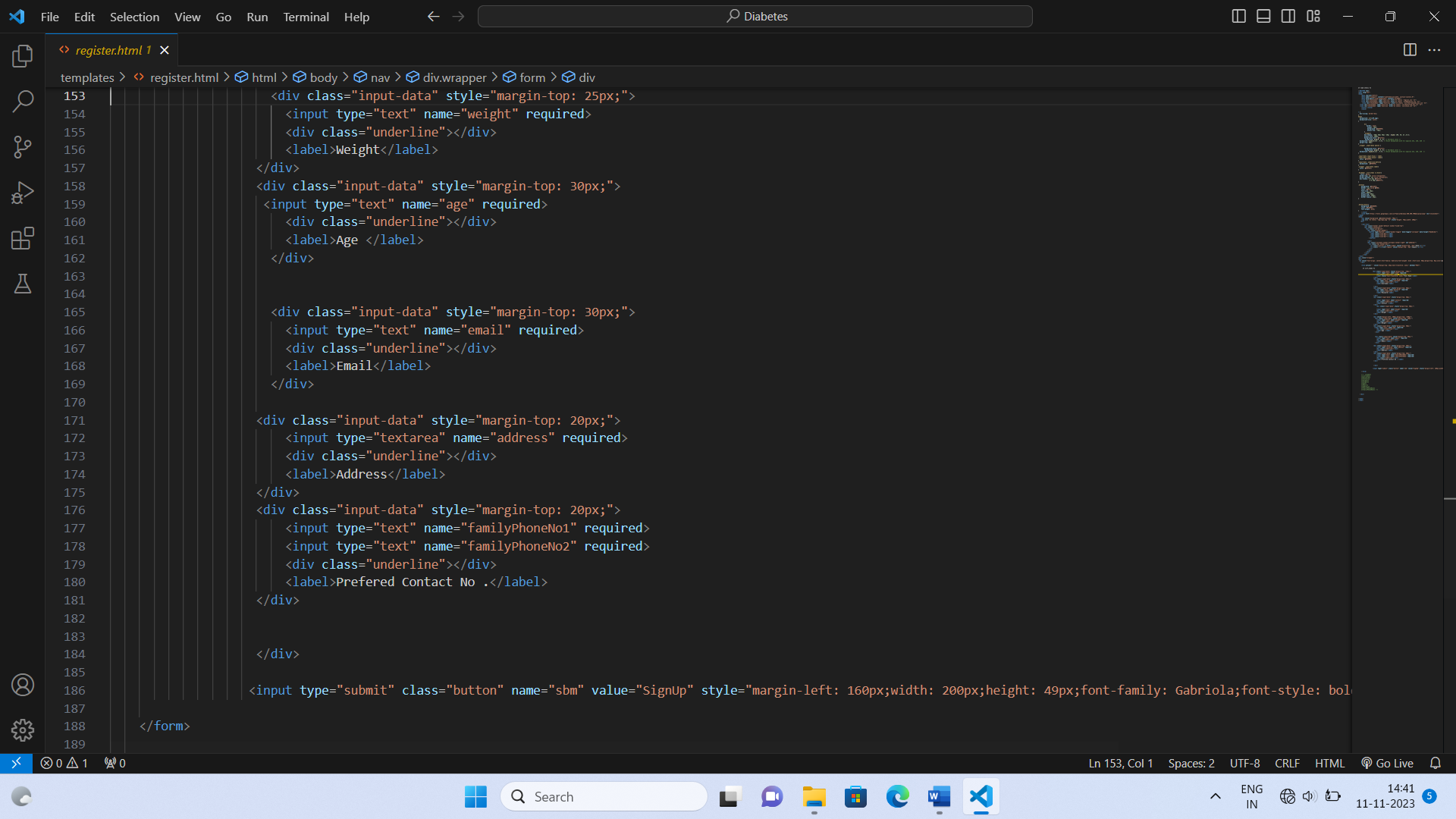
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Figure 6.14: Register 4 Implementation

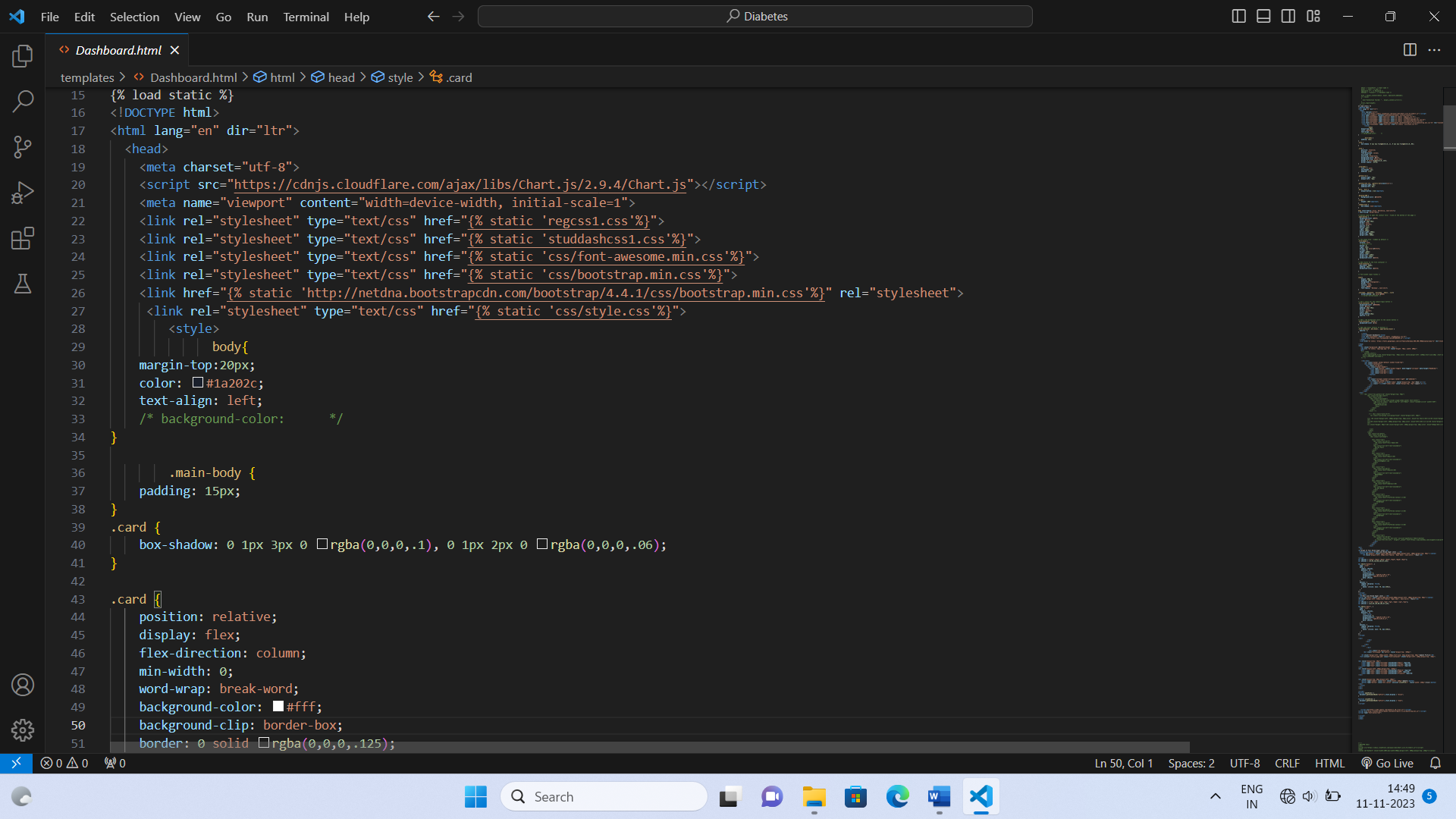
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Figure 6.15: Dashboard 1 Implementation

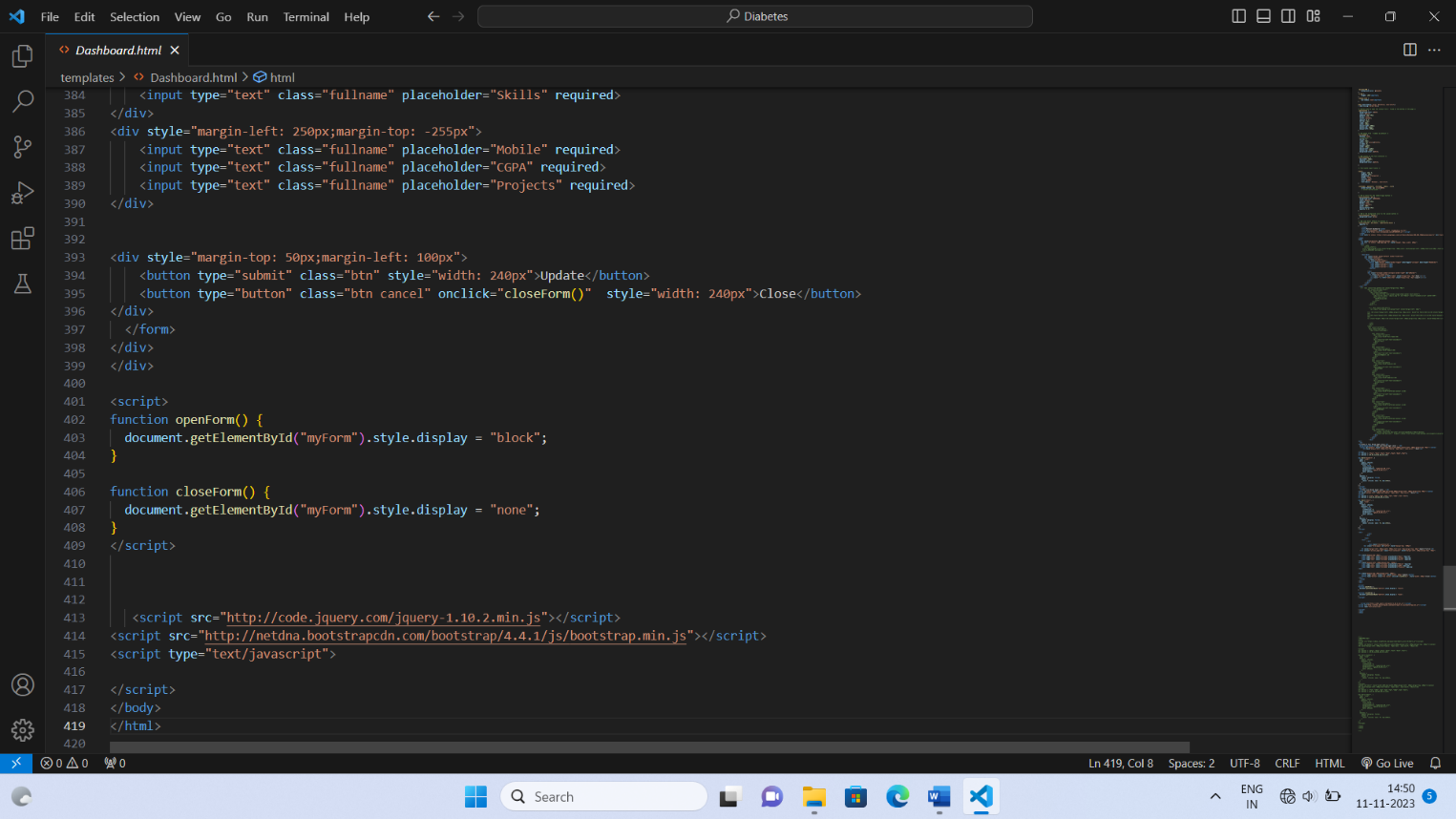
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Figure 6.16: Dashboard 2 Implementation

**6.2 Output Screen:**

****

Figure 6.17:Home Page

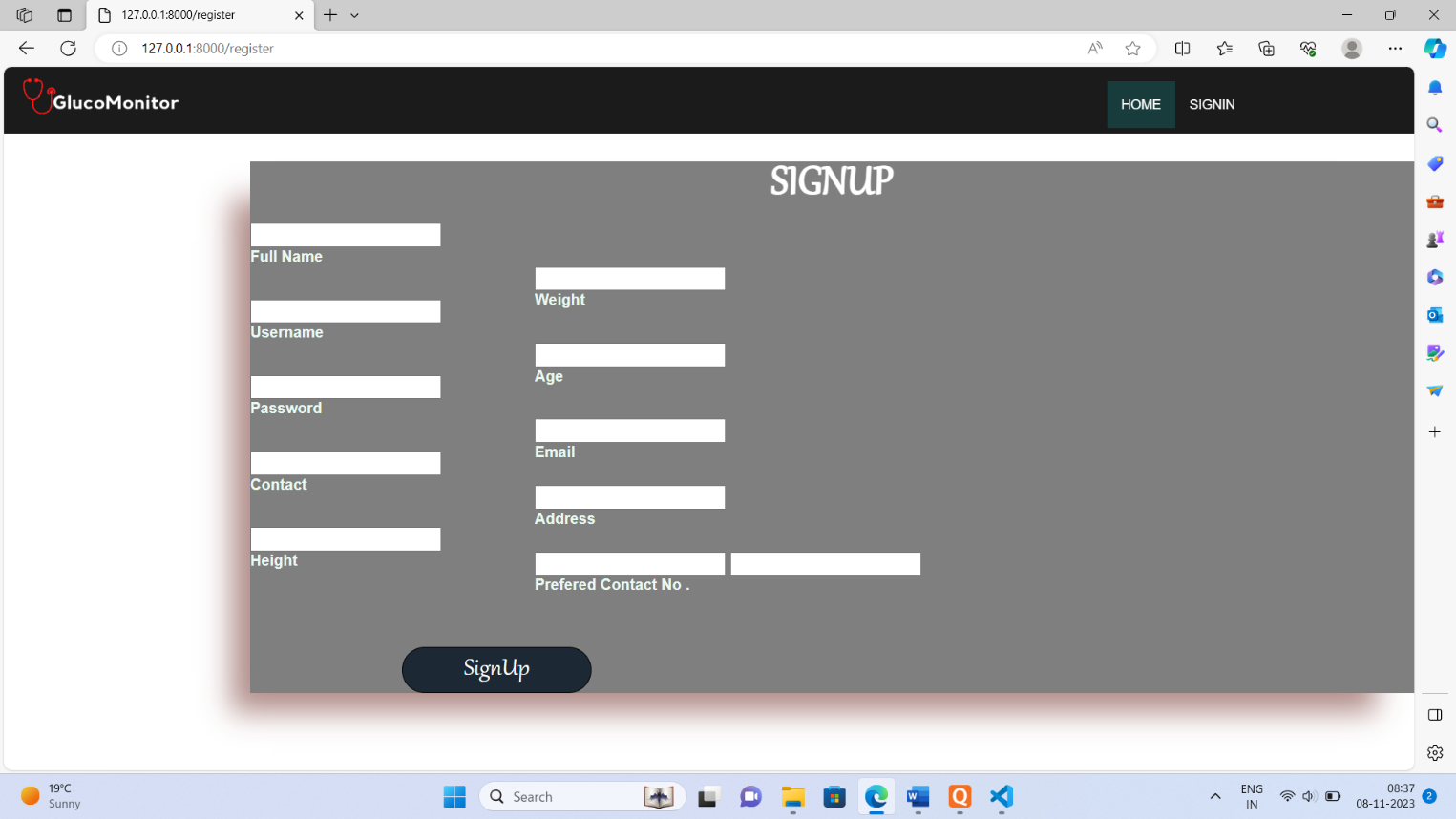
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Figure 6.18: SignUp Page

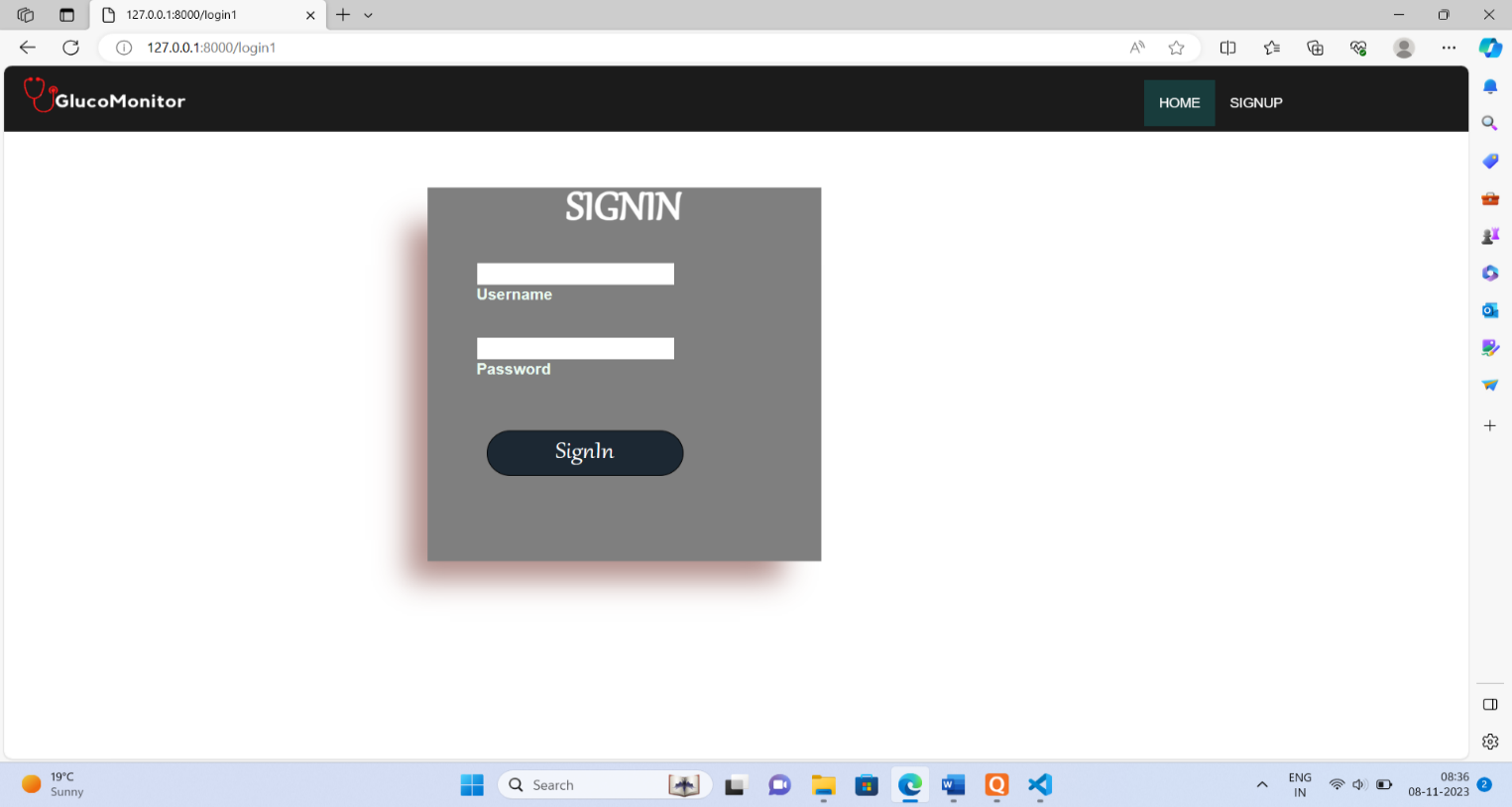
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Figure 6.19: SignIn Page

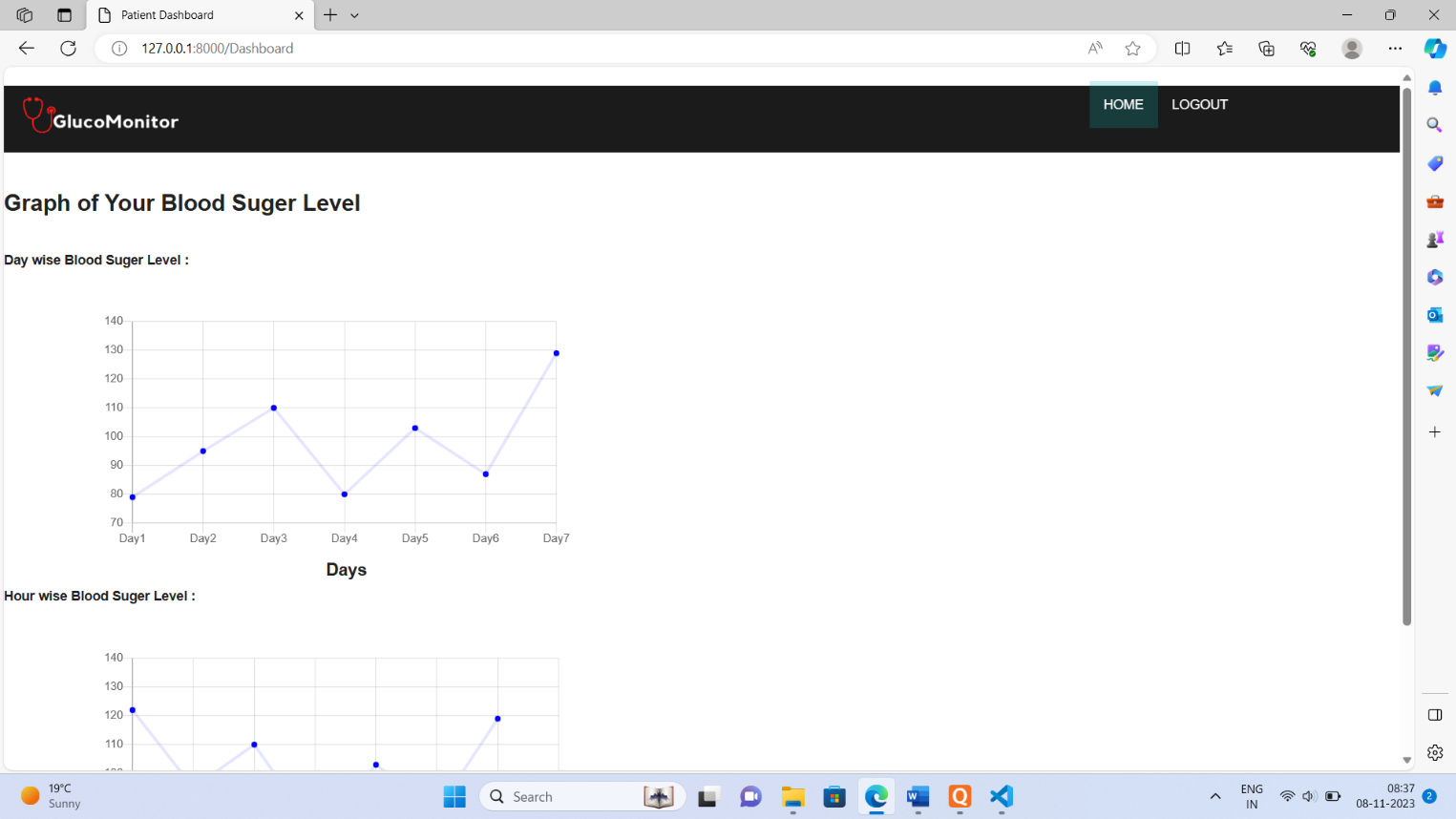
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Figure 6.20: Dashboard Page

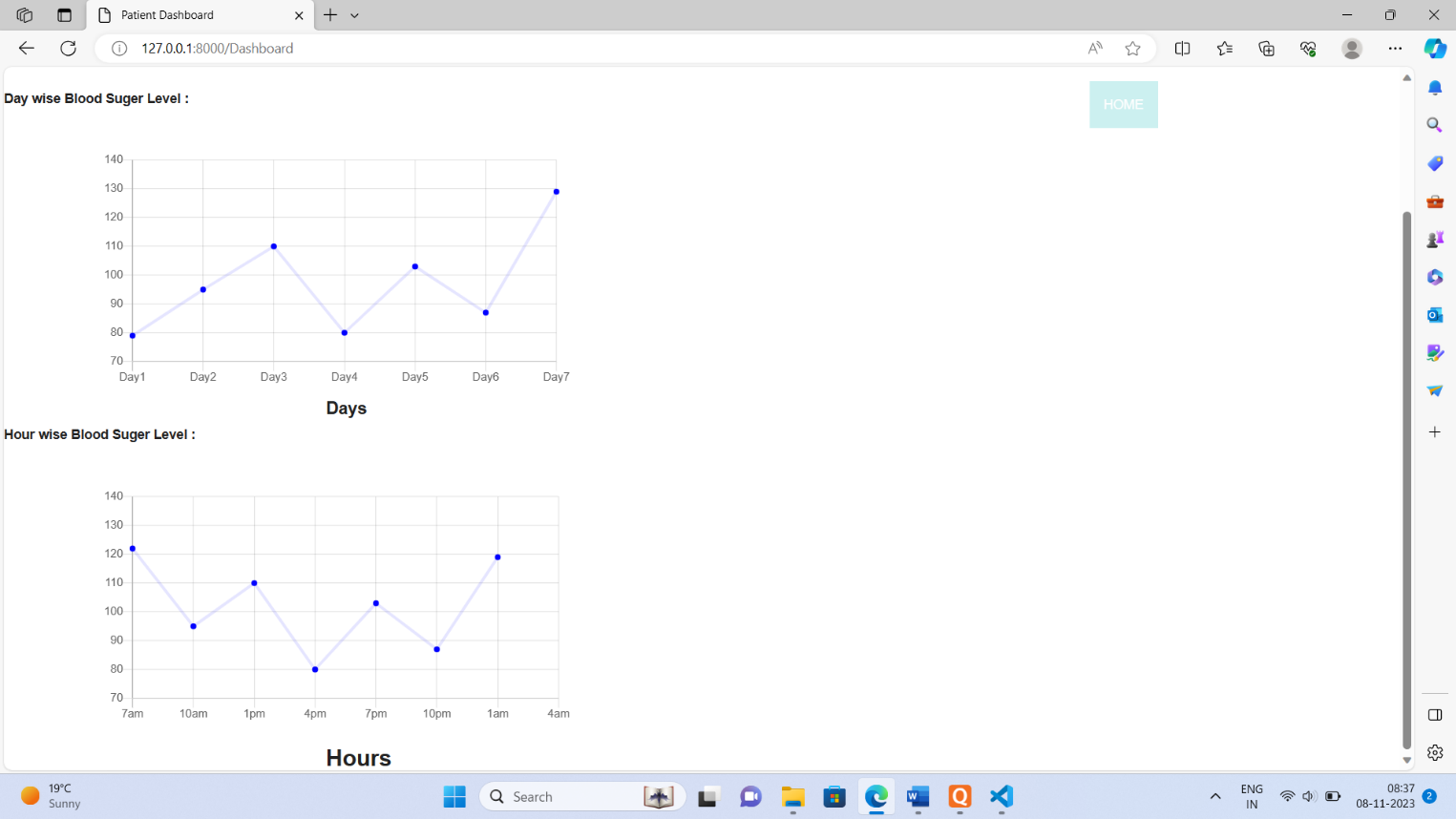
****

Figure 6.21: Dashboard 2 page

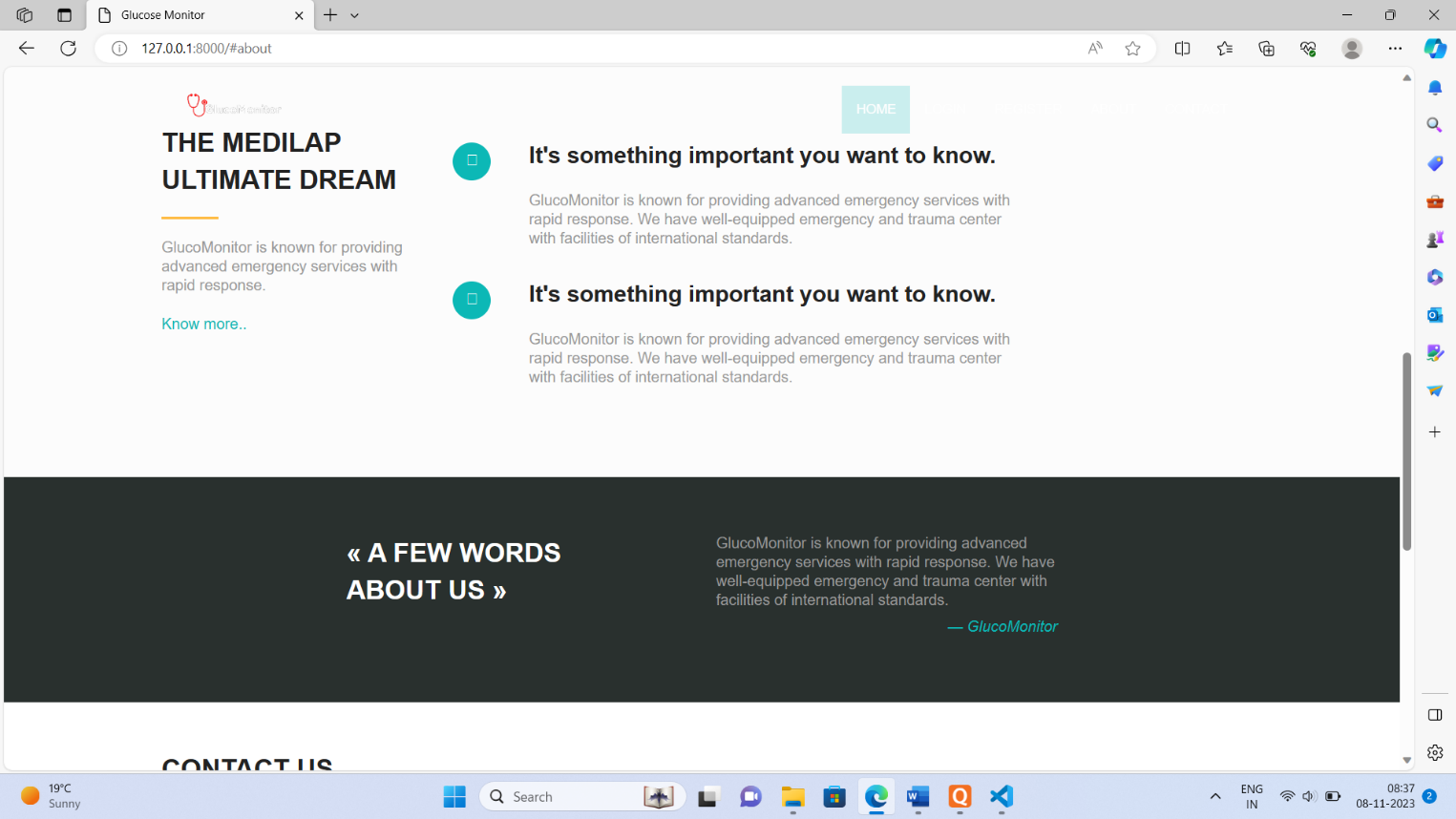
****

Figure 6.22: About Us Page

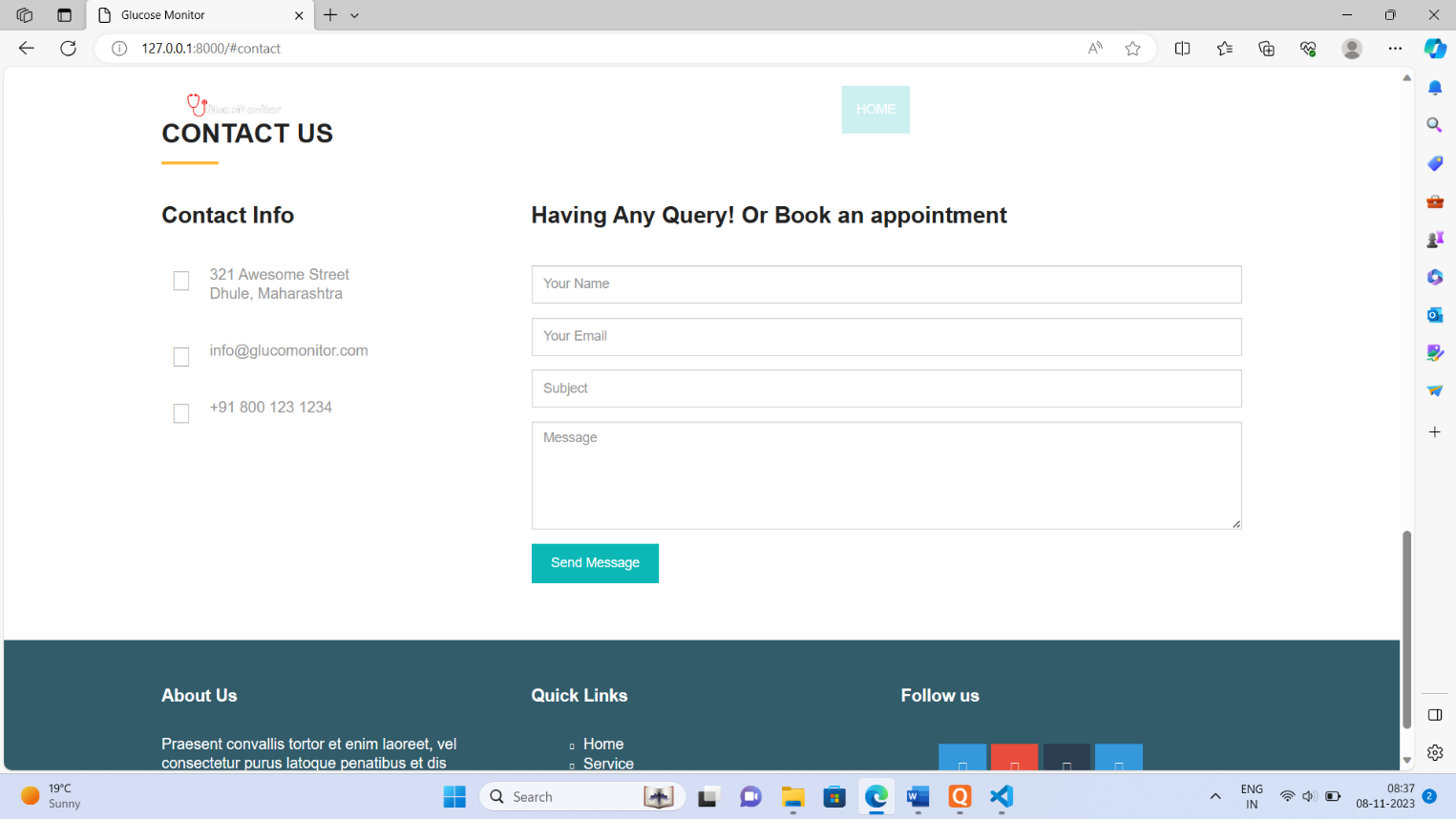
****

Figure 6.23: Contact Us Page

**Chapter 7: Feasibility Study**

**7.1 Introduction to Feasibility Study:**

The feasibility study for the "Real-time Prediction of Sugar Level using Sweat through Blood Sugar Level Band" project evaluates its viability and potential success. This study aims to assess technical, operational, economic, and schedule feasibility, analysing the device's capability to predict blood sugar levels from sweat components. It seeks to determine market demand, technological challenges, financial viability, and user acceptance to gauge the project's potential for development and implementation.

**7.2 Economical Feasibility:**

The economic feasibility analysis aims to evaluate the financial viability and benefits of implementing the Blood Sugar Level Band project. This assessment explores the project's potential returns on investment, cost-benefit analysis, and overall financial impact.

Development Costs:

Hardware: Estimation of costs related to the acquisition of sensors, microcontrollers, and manufacturing expenses.

**7.3 Time Feasibility:**

The project aims to create a system capable of predicting sugar levels using a wearable blood sugar level band. The time feasibility study evaluates the project's practicability concerning the anticipated time required for development, testing, and deployment.

**Project Phases:**

* Research and Planning: Understanding existing technologies, planning system architecture, and feasibility assessment.
* Design and Prototyping: Creating wireframes, algorithms, and initial prototypes for system functionality.
* Development: Building the software and hardware components, integrating algorithms, and refining the system.
* Testing: Thoroughly testing the system for accuracy, reliability, and usability.
* Deployment: Implementing the solution, user training, and ensuring seamless functionality.

**Time Estimation:**

* Research and Planning: 4 weeks
* Design and Prototyping: 6 weeks
* Development: 16 weeks
* Testing: 8 weeks
* Deployment: 4 weeks

**Chapter 8: Conclusion**

An Android-based health monitoring network system utilizes Bluetooth communication to facilitate the monitoring of various health parameters gathered from multiple acquisition modules. Experimental results demonstrate the system's effective operation and its ability to concurrently support multiple acquisition devices. Diabetes is a long-term illness that's hard to prevent or cure completely. Doctors use family history to guess how likely someone might get it. Finding it early helps a lot. Nowadays, smart technology like AI is getting popular because it's really helpful. This new system uses AI to guess if someone might get diabetes by checking things like age, blood sugar, and family history. It tries not to poke or prod too much for checking sugar levels, using sweat instead. All the info is stored online. As these smart technologies get better, they could really help out more in managing diabetes.

Future Scope:

Revaluation of a more suitable and efficient power source for enhancing the design. Further improvements can be made to enhance the accuracy of the device. For example, implementing specific precautions and procedures during ECG and body temperature measurements to optimize vital sign readings.

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