# **Summary of Benefits**

Anthem Dental Essential Choice PPO



Platinum PPO 100/90/60 Active 50/2000 90th E&P Basic CH Ortho/2k Anthem Blue Cross

### WELCOME TO YOUR DENTAL PLAN!

Regular dental checkups can help find early warning signs of certain health problems, which means you can get the care you need to get healthy. So, don't skimp on your dental care, good oral care can mean better overall health!

#### Powerful and easily accessible member tools.

- Ask a Hygienist: Dental members can simply email their dental questions to a team of licensed dental professionals who in turn will respond in about 24 hours.
- Dental Health Risk Assessment: We want our dental members to better understand their oral health and their risk factors for tooth decay, gum disease and oral cancer. This easy to use online tool can help you do this.
- Dental Care Cost Estimator: In order to help our dental member better understand the cost of their dental care, we offer access to a user-friendly, web-based tool that provides estimates on common dental procedures and treatments when using a network dentist.
- Mobile Capabilities: With our latest mobile application, members can find a network dentist as well as view their claims. Our application is available for both Android and Apple phones.

#### Dentists in your plan network.

- You'll save money when you visit a dentist in your plan network because Anthem and the dentists have agreed on pricing for covered services. Dentists who are not in your plan network have not agreed to pricing, and may bill you for the difference between what Anthem pays them and what the dentist usually charges.
- To find a dentist by name or location, go to anthem.com or call dental customer service at the number listed on the back of your ID card.

#### Ready to use your dental benefits?

- Choose a dentist from the network
- Make an appointment
- Show the office staff your member ID card
- Pay any deductible or copay that is part of your plan

#### Need to contact us?

See the back of your ID card for how to call, write or email us.

## Your dental benefits at a glance

The following benefit summary outlines how your dental plan works and provides you with a quick reference of your dental plan benefits. For complete coverage details, please refer to your policy.

	In-Network	Out-of-Network	
Coverage Year	Calendar Year		
Annual Benefit Maximum	\$2,000	\$2,000	
Per insured person			
<ul> <li>Diagnostic &amp; Preventive Services are applied</li> </ul>			
to the Annual Benefit Maximum			
<ul> <li>The total combined In and Out-of-Network annual maximum does not</li> </ul>			
exceed the In-Network benefit.			
Annual Maximum Carryover	Covered	Covered	
Orthodontic Lifetime Benefit Maximum	\$2,000	\$2,000	
<ul> <li>Dependent children through age 18</li> </ul>			
Annual Deductible			
Per insured person	\$50	\$50	
Family maximum	\$150	\$150	
Deductible Waived for Diagnostic/Preventive Services	Yes	Yes	
Out-of-Network Reimbursement	Not applicable	90th Percentile of FAIR Health	

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Dental Services	In-Network Anthem Pays:	Out-of-Network Anthem Pays:	Waiting Period
Diagnostic & Preventive Services  Periodic dental exam Limited to two per 12 months  Teeth cleaning (prophylaxis) Limited to two per 12 months  Bitewing X-rays Limited to one set per 12 months  Full-Mouth or Panoramic X-rays Limited to one per 60 months  Fluoride application Limited to one per 12 months through age 18  Sealant application Limited to one per 60 months through age 18	100%	100%	No Waiting Period
Basic (Restorative) Services  Consultation (second opinion) Limited to one per 12 months; only with X-rays and no other services  Space maintainer insertion Limited to one per tooth space per lifetime through age 18  Amalgam (silver-colored) filling Limited to one per tooth surface per 24 months  Composite (tooth-colored) filling Limited to one per tooth surface per 24 months  Brush biopsy (cancer test) Limited to one per 12 months; all ages	90%	80%	No Waiting Period
Endodontics (Non-Surgical)  Root Canal and retreatments  Limited to one per tooth per lifetime; permanent teeth only	90%	80%	No Waiting Period
Endodontics (Surgical)     Apicoectomy and apexification     Limited to one per tooth per lifetime; permanent teeth only	90%	80%	No Waiting Period
Periodontics (Non-Surgical)  Periodontal maintenance  Limited to four per 12 months  Scaling and root planning  Limited to one per quadrant per 24 months when the tooth pocket has a depth of four millimeters or greater	90%	80%	No Waiting Period
Periodontics (Surgical)  Periodontal surgery (osseous, gingivectomy, graft procedures)  Limited to one per quadrant per 36 months	90%	80%	No Waiting Period
Extractions (Simple)  Simple extraction  Limited to one per tooth per lifetime	90%	80%	No Waiting Period
Oral Surgery (Complex)  Surgical extraction  Limited to one per tooth per lifetime	90%	80%	No Waiting Period
Major (Restorative)  Crowns, onlays, veneers  ○ Limited to one per tooth per 84 months	60%	50%	No Waiting Period
Prosthodontics  • Dentures and bridges  • Limited to one per tooth per 84 months; not within 6 months of placement  • Implants - Covered  • Limited to one per tooth/arch per 84 months	60%	50%	No Waiting Period
Repairs/Adjustments Crown, denture, and bridge repairs Limited to one per tooth per 12 months; not within 6 months of placement Denture and bridge adjustments Limited to two per( tooth) per 12 months; not within 6 months of placement	60%	50%	No Waiting Period
Orthodontic Services  o Dependent children through age 18	50%	50%	No Waiting Period

Additional Services and Programs	
Anthem Whole Health Connection - Dental®  • For members with certain health conditions, additional dental benefits are available without a deductible or waiting periods. Eligible services are paid at 100% and won't reduce your coverage year annual maximum	Included
Accidental Dental Injury Benefit     Provides members 100% coverage for accidental injuries to teeth up to the coverage year annual maximum (if applicable). No deductibles, member coinsurance, or waiting periods apply	Included
Extension of Benefits     Following termination of coverage, members are provided up to 60 days to complete treatment started prior to their termination of coverage under the plan and eligible services will be covered	Included
International Emergency Dental Program  • Provides emergency dental benefits while working or traveling abroad from licensed, English-speaking dentists. Eligible covered services will be paid 100% with no deductibles, member coinsurance, or waiting periods and won't reduce the member coverage year annual maximum	Included

#### **Additional Limitations & Exclusions**

Below is a partial listing of non-covered services under your dental plan. Please see your policy for a full list.

Services provided before or after the term of this coverage - Services received before your effective date or after your coverage ends, unless otherwise specified in the dental plan certificate

Orthodontics (unless included as part of your dental plan benefits) including orthodontic braces, appliances and all related services

Cosmetic provided by dentists solely for the purpose of improving the appearance of the tooth when tooth structure and function are satisfactory and no pathologic conditions (cavities) exist

Drugs and medications including intravenous conscious sedation, IV sedation and general anesthesia when performed with nonsurgical dental care

Analgesia, analgesic agents, and anxiolysis nitrous oxide, therapeutic drug injections, medicines or drugs for nonsurgical or surgical dental care except that intravenous conscious sedation is eligible as a separate benefit when performed in conjunction with complex surgical services

Waiting periods apply for Major Services and Orthodontic Services for all Voluntary plans

Missing tooth clause of 24 months applies for the replacement of congenitally missing teeth or teeth lost prior to the coverage effective date for this plan

This is not a contract; it is a partial listing of benefits and services. All covered services are subject to the conditions, limitations, exclusions, terms and provisions of your policy. In the event of a discrepancy between the information in this summary and the policy, your policy will prevail.