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Feed in tariff
FITs are payments from the Government for generating green energy from renewable sources
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But no one is born knowing how to set goals and develop a plan to carry them out. Reader Jane Haney suggests five steps to help your child learn how to set goals . . . and achieve them:
- At the beginning of the week, help your child identify one challenging^abut attainable^agoal. It might be turning in a book report on time. It might be getting 90% correct on a spelling test.
- Have your child write the goal on a piece of paper. Post it on the refrigerator or a bulletin board.
- Talk about how to accomplish the goal. Help your child break the goal down into smaller steps. For example, "You could read two chapters every day. Then you can spend a day writing your report and another day revising it."
- As the week progresses, ask how things are going. If problems come up, talk about possible solutions. If your child falls behind in reading, for example, a ten-minute extension of bedtime might encourage him to catch up.
- At the end of the week