strong twisting movement Cgrind something into something CHe dropped a cigar butt and ground it into the carpet with his heel. CHe ground out his cigarette on the window ledge. Cb) [intransitive always + adverb/preposition] Cto press hard against something Cas these plates (=large areas of land) grind against each other Cto rub your upper and lower teeth together, making a noise Cif a vehicle grinds to a halt, it stops gradually: CTraffic ground to a halt as it approached the accident site. Cif a country, organization, or process grinds to a halt, its activity or the process gradually stops: CAfter two days the talks had ground to a halt. Cto perform a special movement in skateboarding or rollerblading, which involves moving sideways along the edge of something, so that the bar connecting the wheels of the skateboard or rollerblade presses hard against the edge Cperform a movement CâlK have an axe to grindat axe1 (4) Cgrind somebody âÎK downphrasal verbCI've never let male colleagues grind me down. Cgrind on phrasal verb CAs the negotiations grind on, time is passing

towards the deadline.C

+ adverb/preposition Cto press something onto a surface and rub it with a