

# Reflections

by Evangelist Jean Mizell



1. Love: the Lord
2. Love yourself
3. Love others
4. Encourage
5. Forgive yourself & forgive others
6. Show Appreciation
7. Blessed to be a Blessing
8. Talk the solution
9. Find a problem and solve it
10. Find a hurt & heal it
11. Find a need & fill it
12. Live in expectancy
13. Aim High
14. Breathe - live each second
15. ASK- Always Speak Kindness
16. Pray
17. Meditate
18. Patience
19. Listen
20. Demonstrate kindness
21. Polite
22. Respect
23. Release anger, hurt, and pain
24. Don't take tomorrow for granted
25. Abstain from negative people and acts
26. Heart exam - good deeds
27. Accept the genuine you
28. Give
29. Decide
30. Start - take the first step
31. Don't quit
32. Share ideas (yours + 1 = 2)
33. Eat & enjoy
34. Rest
35. Take care of you first
36. NSD - Never Stop Dreaming
37. No: Next opportunity
38. END - Effort Never Dies
39. FAIL - First Attempt in Learning
40. KISS - Keep it simple sweetie
41. Dream Big
42. Write your vision down with a deadline
43. JOY
44. Pray one for another
45. Peace
46. Celebrate you - a gift from God
47. Dance
48. Sing
49. Listen to music
50. Listen to the birds
51. Walk
52. Watch a stream of water
53. Watch people
54. Smile
55. Know your purpose
56. Live in the moment
57. Laugh
58. Love
59. Live at ease, not in dis-ease
60. You're a Winner!
61. FOCUS - Follow one course until successful
62. FEAR - False evidence appearing real
63. TEAM - Together everyone achieves more
64. Believing the impossible to be possible
65. If it's to be it's up to me
66. Do it NOW
67. Positive to balance the negative
68. Today is a gift from God
69. Live in the present
70. Drive Forward
71. Live by the Golden Rule
72. Press On
73. Stand still
74. Take the time to smell the roses & develop from the thorns
75. Fail forward to success
76. Believe
77. BBA: Bounce Back Ability
78. Learn to say NO
79. I CAN: Cancel All Negativity
80. TRY: Tri-umph!
81. Get organized
82. Declutter
83. Accept
84. FEAR - False Evidence Appearing Real
85. Support & encourage one another
86. Become better or stay bitter
87. Find a fool; leave a fool
88. Always learning
89. Surround yourself with people you'd like to be like
90. Be true to yourself
91. Make people feel important
92. When the door opens, walk in it
93. Victory
94. Strength in unity
95. Change
96. PUSH - Pray until something happens
97. Become the best me
98. Trust in The Lord
99. In everything give thanks
100. The Best is yet to come