Listening skills practice: Study tips – exercises

2. Check your understanding: grouping

Write the ideas:  
Good idea Bad idea

a. Study for two or three hours without a break

b. Get up and move your body

c. Stay in your chair when you take a break

d. Have lots of papers and books on your desk

e. Study in a quiet placee.

f. Play loud music while you study

g. Take lots of breaks

h. Have a clear desk

3. Check your vocabulary: gap fill

Complete the sentences with a word from the box.

**good body quiet  
three legs marks**1. You always get good \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at school!

2. I always do \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ things. Do you want to know them?

3. I usually study in my bedroom. It’s very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

4. I move my arms and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and drink some water.

5. It’s important to get up and move your\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

6. Next time I think I can get \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ marks!