

EMERGENCY APPEAL

Voluntary Workers as Nurses' Aids required at once.

Also Ward Maids, Orderlies, Cooks, Cleaners, etc., to help care for victims of Influenza.

Apply to-day at Ontario Government Bureau re place and wages.

43-45 KING STREET WEST

MAIN 3501

By order of the Local Board of Health,

CHARLES J. HASTINGS, M.D.,

Medical Officer of Health, and Executive Officer of the Board, Toronto.

Insure Against Spanish Influenza

Our Special Sickness Policy covers Spanish Influenza.

Pays a weekly indemnity and makes provision for hospital expenses.

It is the most liberal policy you can buy.

For rates apply to any agent of this Company

THE DOMINION OF CANADA GUARANTEE & ACCIDENT INSURANCE CO.

Canada's Oldest and Strongest Casualty Company.

TRADERS BANK BUILDING, TORONTO.

Phone Main 5388.

How Is Your "Culebra Cut"?

The Panama Canal is a clear passageway as far as the Culebra Cut. But Gold Hill has a way of slipping into the cut. And until dredges can clear the channel, the industrial schedule of the world is out of gear.

How about your own canal? The intestinal canal is a clear passageway as far as the large intestine. There, if you become constipated, waste matter is allowed to stagnate. It becomes unnaturally dry and undergoes abnormal fermentation and putrefaction. Germ activity is increased. Your whole system is out of gear. Result, the production of irritating and poisonous substances, which are absorbed into your blood and carried all over your body, liable to produce disease anywhere. The longer such stagnation is allowed to exist, the harder it is to clean out the canal. 90% of human disease originates in the "Culebra Cut."

If engineers tried to blast out the slide from Culebra Cut they would have more slides to cope with. If you try to blast out accumulated waste from your Culebra Cut with pills, salts or purges, you will increase your constipation—and next time you will have to take stronger medicine in a larger dose.

You can't dredge your canal.

You can clean it out with Nujol.

Nujol softens the mass, and supplies the intestinal canal with sufficient moisture to replace deficient mucus. It causes the obstructive waste matter to pass gently out of your system at a regular hour, absorbing and removing the poisons as it goes. Nujol regularly keeps the traffic of your mind and body operating on schedule.

You admire the Panama Canal system. Why not safeguard your own? Your druggist has Nujol.

Warning: NUYOL is sold only in sealed bottles bearing the Nujol Trade Mark. Insist on Nujol. You may suffer from substitution.

Send for Samples of Literature

CHARLES GYDE & SON

P.O. Box 875, Montreal

CANADIAN SELLING AGENTS FOR

Nujol Laboratories

STANDARD OIL CO. (NEW JERSEY)

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"Regular as Clockwork"

