

EdAi

Artificial
Intelligence

Self-
Regulated
Learning

Visual
Learning

Educational
Technology

Prompt
field

AI is booming, and its applications in education can help students engage in self-regulated, visual learning to develop initiative.

Prompt field

Generative AI
creating
narrated
educational
videos
to clarify
concepts
and address
learning gaps

GenEd

Concept
bubble

Cinematic
Educational
Video

Hi Name.
What do you want
to learn today?

I don't understand
how to find the
charge of an
unknown electrode
with zinc example

Electrode

Reaction

Zinc

Charge

Suggestion

Suggestion

Suggestion

Suggestion

"In the voltaic cell,
electrons leave
the zinc strip..."

Ms. Dec

Hi Name.
What do you want to improve today?

Even when I make schedules I can't stick to them.
I always spill into the next task because it takes too long
or I can't focus. I need help managing time and distractions.

Schedule	Procedure	Environment
Pomodoro Method <ul style="list-style-type: none">Work in 25 minutes bursts with 5 minute breaks Buffer Zones <ul style="list-style-type: none">10-15 minutes in between tasks for spillover Ms. Dec	Batching <ul style="list-style-type: none">Group problems by topic to reduce mental switches Active Reflection <ul style="list-style-type: none">2-3 minutes after solving to evaluate wrong answers	Noise control <ul style="list-style-type: none">Noise-canceling headphones and instrumental music Visual cues <ul style="list-style-type: none">Display schedule or checklist for referencing

Improvement plan

Workflow-assisting chatbot that iteratively improves your routine by evaluating self-collected data and designing an improvement plan (IP) to practice self-regulated learning.