



Project HEAL

HEAL *your soul*

Spring 2018 Newsletter

Miami chapter participates in Alliance for Eating Disorders

Every year Miami Project HEAL members participate in the Alliance for Eating Disorders Awareness Walk that takes place at Home of Butterfly World in South Florida. The 2018 walk is set for March 3.

Miami Project Heal member's favorite part of the walk was writing down the different reasons #WhyWeWalk on butterfly shaped cardboards. Some of the reasons members wrote down included: myself, for a specific person and a beautiful life.

"The 2017 Walk was my first time participating in the event and I had a fantastic time," said Miami Project HEAL treasurer Natasha Snapper. "Everyone there, whether part of our Miami chapter or not, was so excited to participate."

The purpose of the walk is to help raise awareness and educate the community, while also offering direct support to individuals who eating disorders throughout South Florida.

Jamie Tworkoski, founder of TWLOHA, is the Honored guest.

Copy By: Sofia Dacharry



Event Dates

Jan.

Sunset Yoga

Ice Cream Sale

Feb.

March

"I am More Than What You See"

Fundraiser & Celebration

April

May

Sunset Yoga



All about the fall 2017 fundraising

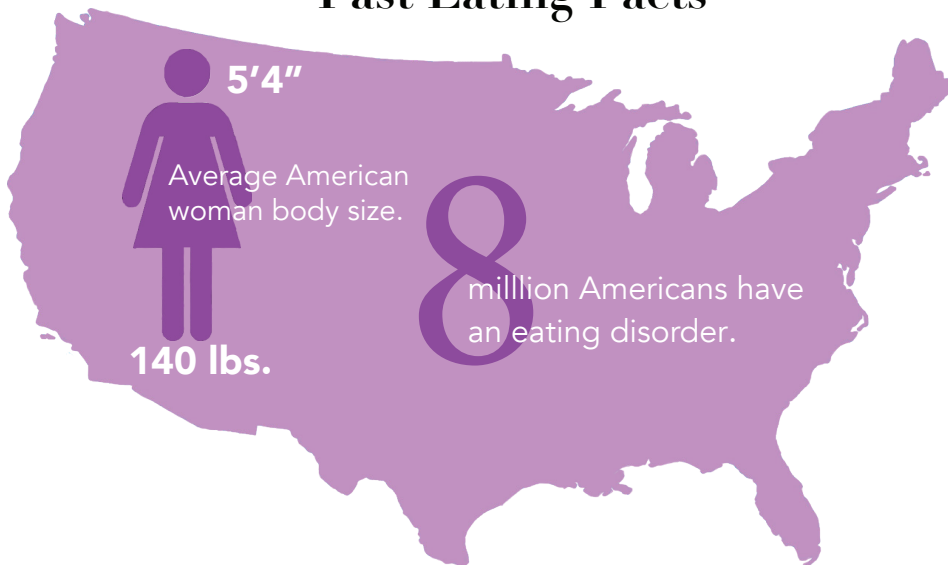
During the fall 2017 semester, Miami Project HEAL hosted a variety of events on campus in an effort to raise awareness about eating disorders and funds for the Project HEAL Foundation. The Foote Green was the perfect location for Sunset Yoga. Jacquie Elisa, co-founder of Miami Project HEAL, and the

attendees had a great time at the class. This event was held in September, October and November. I scream, we all scream for ice cream! "HEALing Never Tasted So Good", was last semester's ice cream fundraiser sponsored by Wall's Old Fashioned Ice Cream held at the Breezeway in

August. Wall's donated 30% of the proceeds to the Project HEAL Scholarship Fund. The last event Miami Project HEAL hosted was the "I am More Than What You See." This event aimed at promoting positive body image during National Eating Disorder Week on the Foote Green.

Copy By: Sofia Dacharry

Fast Eating Facts



HEAL your soul

1330 Miller Drive
Shalala Student Center
204
Coral Gables, FL 33146

Media Contact:
Dalia Paskin
Cell: 781-738-5335

Send contributions to
miami@projectheal.org