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Contamination-related cues are recalled better than neutral ones.



Episodic Memory

likely because Behavioral Immune System's defense mechanism, which is connected to disgust to avoid disease and promote survival.

(e.g., Murray & Schaller, 2016)

Memory is specialized to process fitness-relevant information and is particularly sensitive to disgust, more so than to fear.

> **Emotions** related to

threats?

(Moeck et al., 2021; Nairne et al., 2007; Schienle et al., 2021)

Enhanced

Background

But how?

Assessing the Role of Disgust

Contamination Effect

(Fernandes et al., 2017)

But how is this memory tuning achieved?

Some evidence suggest that emotionality cannot explain this tuning...

but those studies only used self-reported scales or manipulated emotions that were unrelated to threats.

(e.g., Bel et al., 2013; Fernandes et al., 2021; Gretz & Huff, 2019; Kroneisen & Erdfelder, 2011; Nairne et al., 2017; Thiebaut et al., 2022; Yang et al., 2014)

In a similar paradigm involving the threat of predators and food deprivation, evidence has shown that....

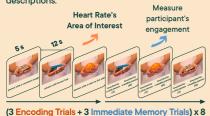
a deeper cardiac deceleration occurs in survival conditions, and the mnemonic advantage in survival conditions only occurs in the individual's native language and not in a secondary language, likely due to the weaker emotional associations in the latter.

(Fiacconi et al., 2015; Garrido & Prada, 2018; Kazanas et al., 2021; Saraiva et al., 2021)

Replication of Contamination Effect with Psychophysiological Index Extension.

80 participants (55 females) $M_{\text{age}} = 22.60, SD_{\text{age}} = 8.06$

Participants were asked to recall and identify (24) objects that have been touched by people infected with a deadly disease or who were healthy, based on clues provided in (12) short descriptions.

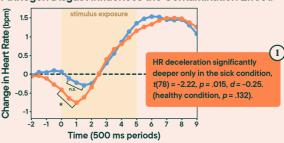


+ Distractor Task + Surprise Recall Task (5 min)

were significantly more 0.7 Correct 0.6 Proportion of 0.5 0.4 Sick Healthy

Contamination Effect was replicated, b = 0.47, p < .001, OR = 1.59. (Fernandes et al., 2017, 2021)

Pathogen Disgust influences the Contamination Effect:



Participants who manifested the contamination effect showed a significant bradycardia while recalling objects from the sick condition (vs. healthy condition), t(42) = -1.86, p = .035, d = -0.28.

Participants who did not manifest the contamination effect (n=36) showed no significant difference, p = .170. (in line with Fiacconi et al., 2015)



Memory advantage arises from the activation of autonomic disgust responses to pathogenic threats, which trigger the defensive motivational system. (Bradley et al. 2001; Lang et al. 2000)

Limitations: The COVID-19 pandemic may have increased susceptibility to experiencing pathogen disgust.

Future research: Eye-tracking and fMRI can be used to further understand the interaction between cognitive and emotional systems in threatening contexts.



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