

# THE MILESTONES ISSUE

SALVADORIAN

SETTING NEW STANDARDS

# TENNIS

*the*  
**BIG3**

**RAFA  
SERENA  
BIANCA**

Greatest  
era ever!

*Change*  
**YOUR GAME**

**TRAINING  
TARGETS**  
**TURNING  
POINTS**  
**BETTER  
BENCHMARKS**  
**SMARTER  
SELF TALK**

2019

**ESA  
OPEN  
YOUR  
GUIDE**

Player  
forecasts

*Aussie*  
**CHARGE**

**THE LEGEND  
OF LLEYTON  
KYRGIOS  
DELLACQUA**

**NEW RECORDS  
NEW STARS**

SEPTEMBER 2019



P R O M 1 9