Please note: this is a sample menu. Menus change with seasonal availability and my inspiration. All menus are customized according to your taste and dietary needs.



## **HORBIVORES**

## SNACKS, DIPS & SALADS

Roasted beets, butternut squash, and pomegranate salad over arugula with meyer lemon vinaigrette Roasted cauliflower and chickpea salad with tahini dressing White bean hummus with lemon and garlic & crispy pita chips Chunky guacamole Roasted chickpeas: sweet or spicy Kale chips with Maldon sea salt Sweet potatoes samosas

## SOUPS & ENTREES

French onion soup with crispy croutons and gruyere

Traditional miso soup

Three bean vegetarian chili with quinoa

Crispy spring rolls with chili dipping sauce Gluten free crackers with turmeric and sea salt

Lentil shepherd's pie with crispy cauliflower topping and caramelized shallots

Root vegetable pot pie

Chickpea & sweet potato Indian curry in spiced coconut broth with a side of jasmine rice

Eggplant parmesan

Quinoa tabbouleh with parsley, mint & lemon juice

Stuffed poblano peppers with black beans and roasted corn in spicy tomato sauce with Jack cheese

Roasted spaghetti squash noodles with tomato confit, garbanzo beans, shiitake mushrooms, and basil oil

White bean cakes with caramelized onions and parsley

Millet and sweet potato cakes

Traditional latkes served with homemade apple sauce

Gluten free vegetarian lasagna (made with seasonal vegetables)

Lentil croquettes with homemade roasted pepper dipping sauce

Miso-creamed chard with crispy tofu and assorted mushrooms

Gluten free cauliflower crust pizza with homemade tomato sauce and seasonal vegetables

Spinach gratin with gruyere and crispy almond topping

Green vegetable curry with string beans, red bell peppers, yams and thai basil