A computational way station for reporting network meta-analyses

Charles T. Gray, Gavin Stewart, Matthew Grainger

February 3, 2021

1 Network meta-analysis reporting according to Cochrane protocols

1.1 Network meta-analysis

Pairwise analyses between treatment and control, exposed and unexposed, intervention and no intervention, are conventionally undertaken with meta-analysis in fields such as ecology, medicine, and the social sciences [1]. Network meta-analysis provides a means of comparing three or more treatments or interventions, including control or placebo [6]. The question answered by a network meta-analysis is not *if* a treatment works, but *which* treatments perform better, comparatively [4]. A particularly useful aspect of network meta-analysis is combining the results of more than one pairwise analysis and

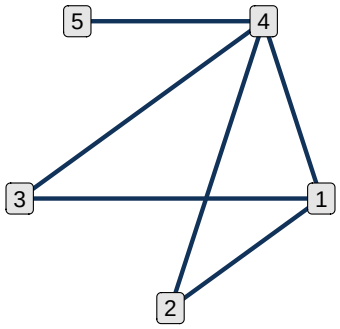

Figure 1: This network shows the direct evidence provided by pairwise comparisons in seven studies on treatments for Parkinson's disease [14]. Each node represents a treatment, including one placebo, represented by the fourth node. Where there is an edge connecting two treatment nodes, there exists a pairwise comparison in the literature between these two treatments. Where there is no edge connecting the nodes of the network, there is no direct evidence.

constructing indirect comparisons, where pairwise evidence is unavailable, from a network of direct comparisons. An example of direct comparisons provided by existing evidence is shown in Figure 1. Network meta-analysis converts the network to a complete graph, where all treatments are compared with all other treatments, that is, every node connects to every other node via direct or indirect comparison.

Software to implement network meta-analyses are relatively new and do not provide complete toolchains for specific protocols, such as reporting results according to Cochrane's handbook [6]. For example, the handbook recommends reporting the network of direct evidence, for which the R pack-

age `multinma::` includes a tool [14], an example of which is shown in Figure 1. However, the handbook also recommends reporting a **contribution matrix** of the percentage of each study's contribution to the estimated overall effect, and this is not provided as a visualisation tool with `multinma::`.

Furthermore, open source scientific software is shifting from all-purpose packages for an entire analysis, such as `metafor::`, to smaller task-specific software packages. One method of aggregation of tools is a **metapackage**, such as `tidyverse::` [19], for data engineering, which comprises a number of packages that each pertain to different problems, such as `ggplot2::` for data visualisation, and `dplyr::` for Boolean data manipulation. Here we explore another way of aggregating resources, for the specific purpose of network meta-analysis reporting: a computational **way station**, a temporary resting place between two points of travel, of toolchains and tool development. Since protocols and tools are are still being developed, this is a way station between a single person's analysis, and a resource that is definitive for all practitioners to follow.

1.2 Reporting protocols

The Methodological Expectations of Cochrane Intervention Reviews (MECIR) manual [5] provides a collection of recommendations for reporting Cochrane reviews in compliance with the Preferred Reporting Reporting Items for Systematic reviews and Meta-analysis [8] (PRISMA). The Cochrane Handbook [6] further recommends that extended PRISMA guidelines [7] are fol-

lowed for reporting network meta-analyses, as PRISMA guidelines apply to pairwise comparisons, whereas network meta-analyses compare mulitple interventions.

These guidelines are necessarily prescriptive, in order to facilitate evidence synthesis; for example, the title must include "network meta-analysis" [7]. As we are considering the computational implementation of network meta-analysis in this manuscript, we will focus on the statistical reporting elements of these protocols.

1.3 A snapshot of a living resource

In this manuscript, we next describe the gaps in the toolchain for implementing network meta-analysis via R according to Cochrane's reporting standards. Standards for network meta-analysis are not, however, fixed, but in development, and Cochrane's reporting standards may not be appropriate for, say, ecological network meta-analyses. Thus, instead of aiming to provide a complete toolchain for network meta-analysis, we instead propose a computational way station as a meeting place for stakeholders with different priorities to provide perspective and collaborate. This way station is a **living resource**, in anticipation of future updates following stakeholder input and computational development, comprising multiple points of access:

website A website with vignettes of toolchains. Currently the existing solutions for Cochrane's reporting standards are provided, however there is

scope for future vignettes for network meta-analyses according to other discipline or organisational protocols.

open source code repository Source code is provided for toolchains and software extensions.

contributing Detailed instructions for different stakeholders with varying levels of mathematical and computational training to contribute.

issues In addition to the source code, the issues associated with the code repository provide a public record for discussions.

Living resources provide a solution to the problem of overabundance of systematic reviews, flooding literature to the point that decision makers are unsure of where to look [3, 10, 11, 16]. Consider Covid-19, where in the first 88 days after naming the disease, there already existed 88 systematic reviews, one for every day since the disease was named [13]. Cochrane's COVID-NMA initiative (https://covid-nma.com/) is a living synthesis solution to this problem, via network meta-analysis of regularly updated Covid-19 research [2].

`nmareporting::` is also a living resource, but to solve a different problem. How to bring people together for open scientific collaboration when not all the solutions exist. As a package it is not ready for CRAN, and may never be intended for CRAN. In some ways similar to the `rethinking::` package the accompanies the canonical[1] text, *Statistical Rethinking*, the intention of this

[1] At the time of writing *Statistical Rethinking* has 1243 citations.

software is not to ship a polished piece of software to CRAN, or a publish a manuscript with a definitive toolchain [9]. Rather, this manuscript provides a snapshot of a living resource for open collaboration on network meta-analysis reporting.

2 Toolchain gaps in Cochrane reporting standards

There exist several software packages for conduction network meta-analysis in R; for example, `gemtc::` [18], `multinma::` [14], and `netmeta::` [17]. Different tools will no doubt have unique advantages and disadvantages, however, there is no one tool for all reporting standards for a Cochrane network meta-analysis. Furthermore, visualisations and reporting for meta-analysis are still being developed.

2.1 Missing tables and improved visualisations

Cochrane recommends reporting the percentage each study contributes to the overall estimated effect via a **contribution matrix**, shown in Figure 2.

The `netmeta::` package has tools for contribution matrices, but if one is performing the analysis with, say, `multinma::`, it is unclear how to piece together the tools to produce a complete set of Cochrane reporting.

Visualisations, too, are still in development. A recent improvement on

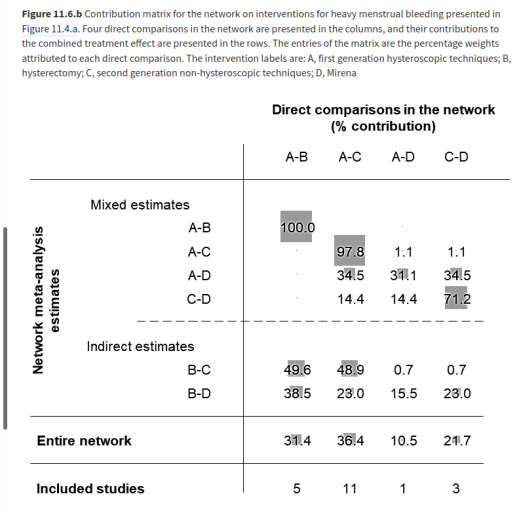

Figure 11.6.b Contribution matrix for the network on interventions for heavy menstrual bleeding presented in Figure 11.4.a. Four direct comparisons in the network are presented in the columns, and their contributions to the combined treatment effect are presented in the rows. The entries of the matrix are the percentage weights attributed to each direct comparison. The intervention labels are: A, first generation hysteroscopic techniques; B, hysterectomy; C, second generation non-hysteroscopic techniques; D, Mirena

		Direct comparisons in the network (% contribution)			
		A-B	A-C	A-D	C-D
Network meta-analysis estimates	Mixed estimates				
	A-B	100.0			
	A-C		97.8	1.1	1.1
	A-D		34.5	31.1	34.5
	C-D		14.4	14.4	71.2
	Indirect estimates				
	B-C	49.6	48.9	0.7	0.7
	B-D	38.5	23.0	15.5	23.0
Entire network		31.4	36.4	10.5	21.7
Included studies		5	11	1	3

Figure 2: A contribution matrix shows what percentage each study contributes to the overall estimated effect in a network meta-analysis. This is the example given in the Cochrane Handbook [6].

standard forest plots are orchard plots which contain not only credible intervals, but prediction intervals, and group studies categorically, particularly useful for large meta-analyses [12]. `nmareporting::` is a place where implementation of orchard plots for network meta-analysis can be developed.

2.2 Sensitivity

Sensitivity in network meta-analysis measures how much the studies agree in results. A standard approach to measuring this is a 'leave one out analysis' [1], shown in Figure 3, where a study is randomly selected to be omitted, and the meta-analysis is rerun to see if the results differ. We randomly[2]

[2]This manuscript is fully reproducible, with all analyses and code embedded in the document. The source for this manuscript can be found here:

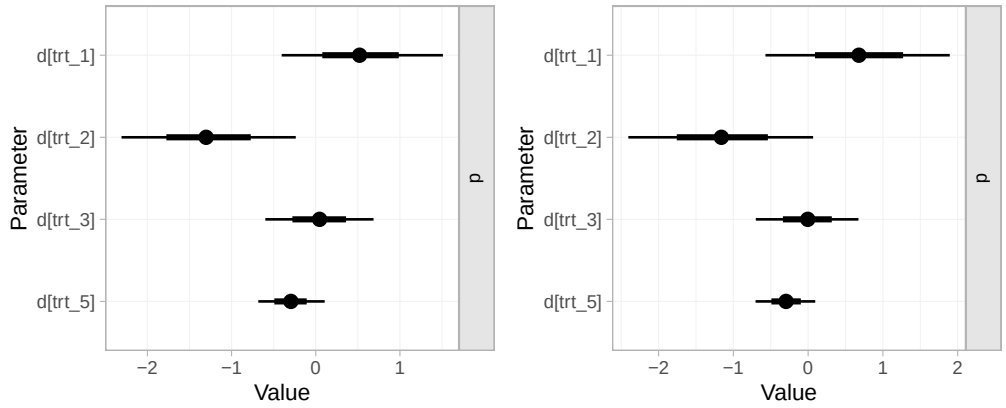

Figure 3: On the left is a forest plot of all analyses. On the right is a forest plot of the analysis with a randomly selected study omitted.

select

```
## [1] "study_1"
```

to remove from the analysis.

In this case, there is little disagreement between the studies. However, it does raise the question of what the analysis would report if another study were omitted, and, indeed, what if more than one study were omitted? In Figure 4, we provide aggregation of rankings of network meta-analyses run on all subsets, of size three or greater, of the studies.

Unsurprisingly, the ranking are in agreeement when including all seven studies, with treatment 2 predicted to have the greatest reduction in the measure of interest, the mean off-time reduction in patients given dopamine

https://github.com/softloud/nmareporting/blob/master/manuscript/draft/nmarep-ms.Rnw.

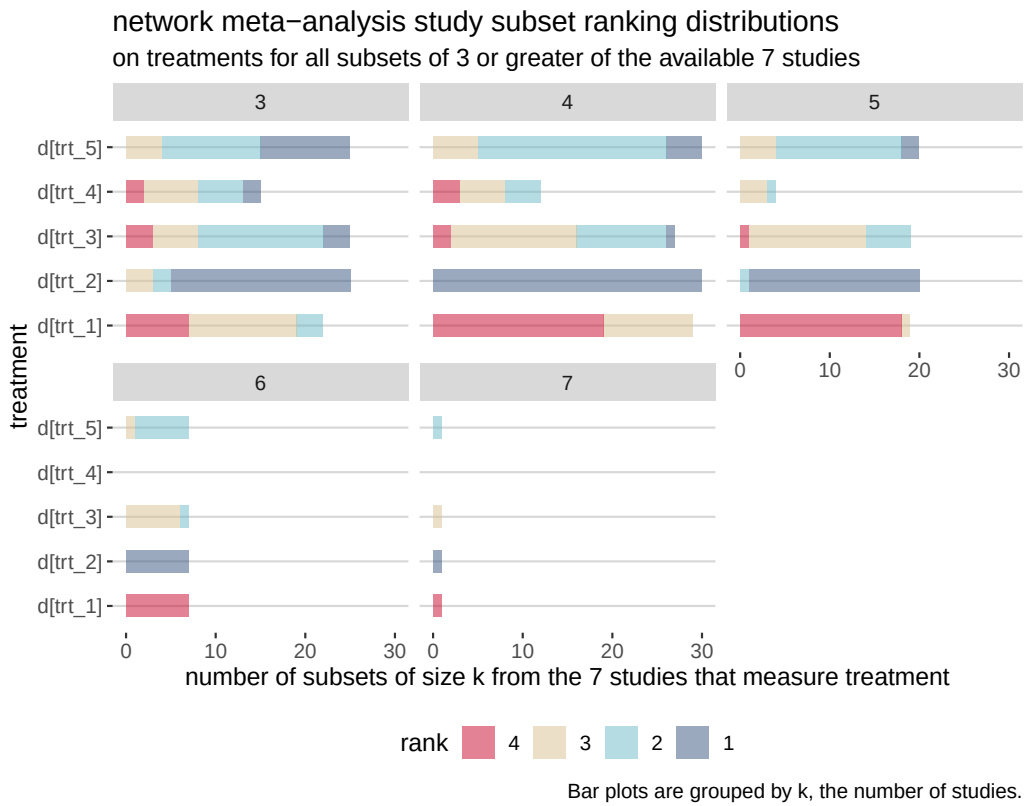

Figure 4: Rankings for leave m out analyses, where $m = 0, \ldots, 4$ studies omitted from the total 7 studies available.

agonists as adjunct therapy in Parkinson's disease [14]. And as treatment 2 dominates in all subgroups, we surmise that there is confidence in the meta-analytic recommendation of treatment 2.

However, other possible inferences do exist in these rankings, supposing we did not have all seven studies, and it is easy to see how a different conclusion might be drawn. Furthermore, another drawback is that whilst leave m studies (for $m \leqslant k$ studies) works for seven studies, this analysis is not practical for meta-analyses that aggregate a larger number of studies. Indeed, the number of network meta-analyses performed in this analysis is

```
## [1] 99
```

from seven studies. Clearly this type of analysis would become computationally intractable for larger meta-analyses.

A more robust approach would be threshold analysis, where an **invariant interval** is provided for each study, showing the interval in which the study's results will not change the ranking [15]. However, this solution is challenging, involving mathematics and `stan` syntax, so providing toolchains, guides, and support for practitioners will surely be helpful.

3 Computational way station for open and inclusive scientific method development

Stakeholders engage with meta-analyses in multiple ways. A lead researcher may not be interested in interacting with code repositories, but may well have thoughts about how to improve reporting for inference. A computational collaborator may wish to contribute tools for related analyses, even if not directly involved in the project.

In this section, we consider developing a toolchain for reporting a Cochrane network meta-analysis, considering how different researchers may wish to provide feedback on the implemented protocol. With increasing levels of computational complexity, we step through how researchers in various roles might contribute.

3.1 Domain-specific principal investigator

Consider a study where the principal investigator (PI) is a psychologist who delegates statistical analysis to other members of the team: a lead statistician, and a postdoctoral scholar under their supervision. The PI will interpret the meta-analytic findings, but will not wish to interact with code repositories. In this case, an email address of the primary maintainer (the postdoctoral scholar) of the living resource is provided for comments that can then be converted to issues by the maintainer on the repository for discussion amongst the community.

3.2 Lead statistician

The lead statistician will be comfortable with code, but will be time poor in comparison to the maintainer of the living resource, the postdoctoral scholar under their supervision. Whilst they may not have time to contribute they will likely have comments for the maintainer. They will likely have a GitHub account, and thus can contribute to the discussion via issues, where not only the maintainer, but any interested party can consider and add to the suggestions.

3.3 Computational collaborators

Now consider a computational ecologist, interested in developing tools and protocols for their own network meta-analyses. In this case, they may wish to contribute new vignettes to the website, with new toolchains, as well as develop new tools to fill the toolchain gaps.

The R package `usethis::` includes a workflow for contributing to someone else's package[3] [20].

In Figure 5 is a sketch of the workflow for contributing to `nmareporting::`, the underlying code base of the site and development. Let us suppose the ecologist is contributing an ecology-specific vignette for network meta-analysis.

[3]Workflow documentation available here: https://usethis.r-lib.org/articles/articles/pr-functions.html

```
library(usethis)
# create a fork and clone
create_from_github("softloud/nmareporting")
# create a branch for the specific contribution
pr_init("ecovignette")
#
# ecologist then writes vignette
#
# contribute the vignette to the code repository
pr_push()
#
# waits for maintainer to merge
#
# once the maintainer has merged
pr_finish()
```

Figure 5: A workflow for contributing to the `nmareporting::` computational way station.

4 Conclusion

In the era of big data and rapid-fire advances in statistical software, research is still adapting to what, in fact, constitutes a useful research artifact. Mathematical algorithms are conventionally implemented via software. Computational way stations provide a meeting point, between a scholar's inception of an analysis technique, and it's formalisation in scientific protocol.

References

[1] Michael Borenstein, Larry V. Hedges, Julian P. T. Higgins, and Hannah R. Rothstein. *Introduction to Meta-Analysis*. John Wiley & Sons. Google-Books-ID: JQg9jdrq26wC.

[2] Isabelle Boutron, Anna Chaimani, Joerg J. Meerpohl, Asbjørn Hróbjartsson, Declan Devane, Gabriel Rada, David Tovey, Giacomo Grasselli, and Philippe Ravaud. The COVID-NMA project: Building an evidence ecosystem for the COVID-19 pandemic. 173(12):1015–1017.

[3] S. Gopalakrishnan and P. Ganeshkumar. Systematic reviews and meta-analysis: Understanding the best evidence in primary healthcare. 2(1):9–14.

[4] Mathias Harrer, Prof Dr Pim Cuijpers[2], Prof Dr Toshi A. Furukawa[3], and Assoc Prof Dr David D. Ebert[2]. *Doing Meta-Analysis in R*.

[5] JPT Higgins, T Lasserson, J Chandler, D Tovey, R Churchill, and others. Methodological expectations of cochrane intervention reviews. 5.

[6] Julian PT Higgins, James Thomas, Jacqueline Chandler, Miranda Cumpston, Tianjing Li, Matthew J Page, and Vivian A Welch. *Cochrane handbook for systematic reviews of interventions*. John Wiley & Sons.

[7] Brian Hutton, Georgia Salanti, Deborah M. Caldwell, Anna Chaimani, Christopher H. Schmid, Chris Cameron, John P.A. Ioannidis, Sharon

Straus, Kristian Thorlund, Jeroen P. Jansen, Cynthia Mulrow, Ferrán Catalá-López, Peter C. Gøtzsche, Kay Dickersin, Isabelle Boutron, Douglas G. Altman, and David Moher. The PRISMA extension statement for reporting of systematic reviews incorporating network meta-analyses of health care interventions: Checklist and explanations. 162(11):777–784. Publisher: American College of Physicians.

[8] Alessandro Liberati, Douglas G. Altman, Jennifer Tetzlaff, Cynthia Mulrow, Peter C. Gøtzsche, John P.A. Ioannidis, Mike Clarke, P. J. Devereaux, Jos Kleijnen, and David Moher. The PRISMA statement for reporting systematic reviews and meta-analyses of studies that evaluate health care interventions: Explanation and elaboration. 151(4):W–65. Num Pages: W-94 Publisher: American College of Physicians.

[9] Richard McElreath. *Statistical rethinking: A bayesian course with examples in R and stan*. CRC Press.

[10] David Moher. The problem of duplicate systematic reviews. 347:f5040. Publisher: British Medical Journal Publishing Group Section: Editorial.

[11] Morten Hylander Møller, John P. A. Ioannidis, and Michael Darmon. Are systematic reviews and meta-analyses still useful research? we are not sure. 44(4):518–520.

[12] Shinichi Nakagawa, Malgorzata Lagisz, Rose E. O'Dea, Joanna Rutkowska, Yefeng Yang, Daniel W. A. Noble, and Alistair M.

Senior. The orchard plot: Cultivating a forest plot for use in ecology, evolution, and beyond. 12(1):4–12. _eprint: https://onlinelibrary.wiley.com/doi/pdf/10.1002/jrsm.1424.

[13] David Naumann. Too many systematic reviews for a disease that has existed for a few months.

[14] David M. Phillippo. multinma: Network meta-analysis of individual and aggregate data in stan.

[15] David M. Phillippo, Sofia Dias, A. E. Ades, Vanessa Didelez, and Nicky J. Welton. Sensitivity of treatment recommendations to bias in network meta-analysis. 181(3):843–867. _eprint: https://rss.onlinelibrary.wiley.com/doi/pdf/10.1111/rssa.12341.

[16] Derek Richards. Too many reviews too few trials. 19(1):2–2. Number: 1 Publisher: Nature Publishing Group.

[17] Gerta Rücker, Ulrike Krahn, Jochem König, Orestis Efthimiou, and Guido Schwarzer. netmeta: Network meta-analysis using frequentist methods.

[18] Gert van Valkenhoef and Joel Kuiper. gemtc: Network meta-analysis using bayesian methods.

[19] Hadley Wickham. tidyverse: Easily install and load the 'tidyverse'.

[20] Hadley Wickham and Jennifer Bryan. usethis: Automate package and project setup.