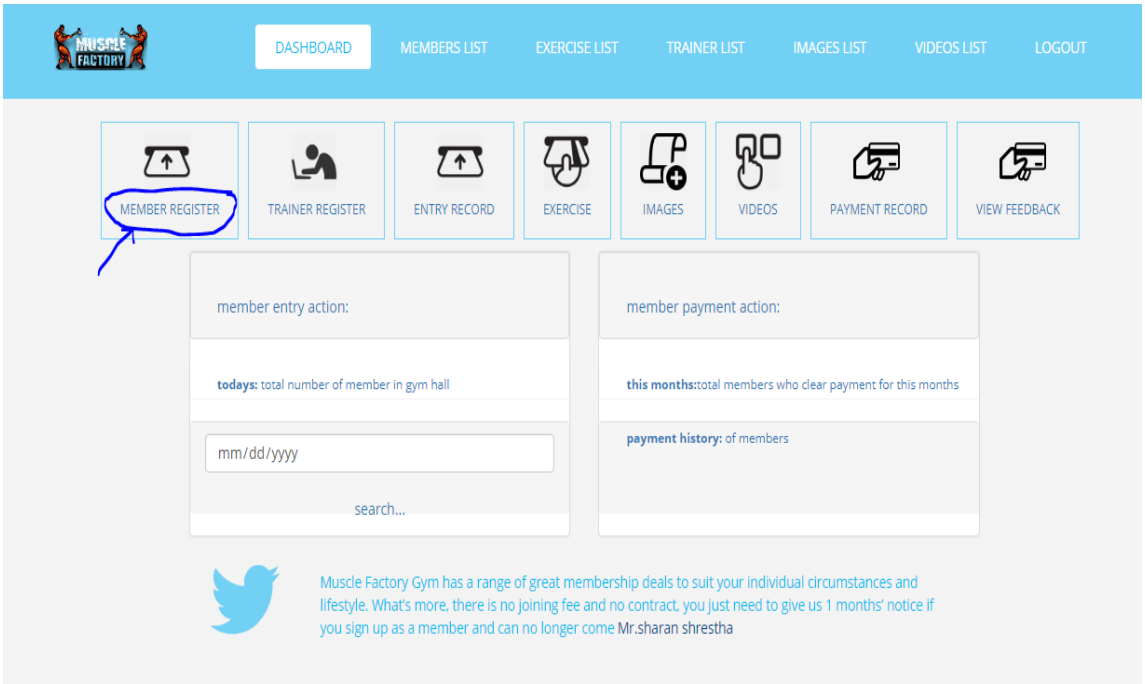
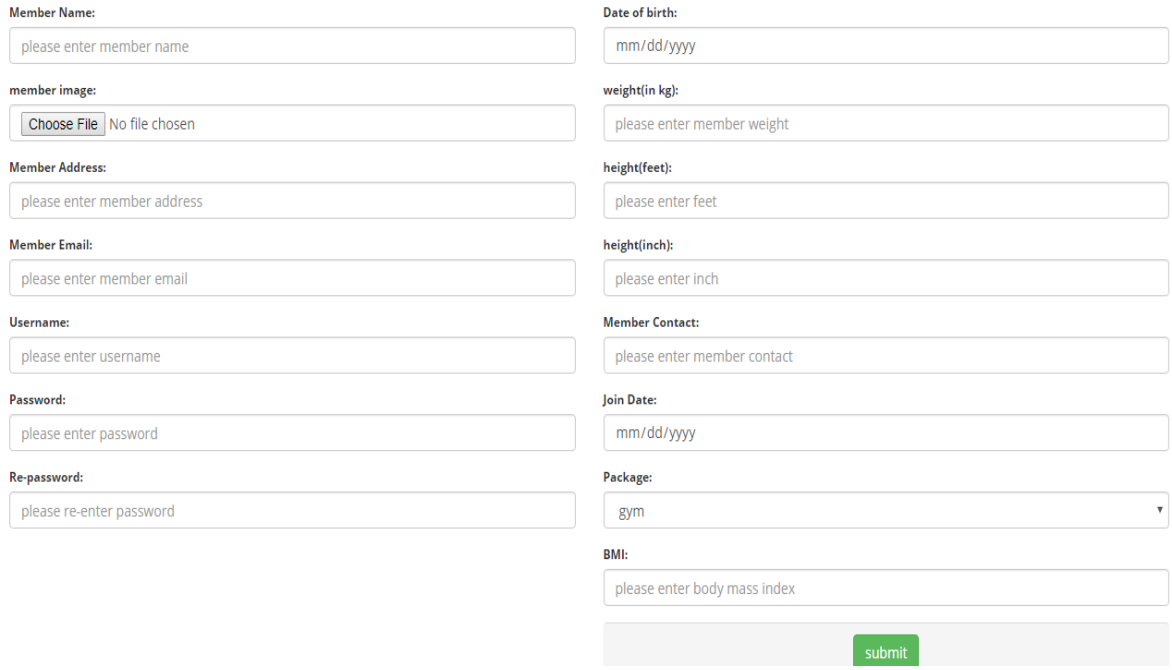
# User guide:

## How to register member by admin:

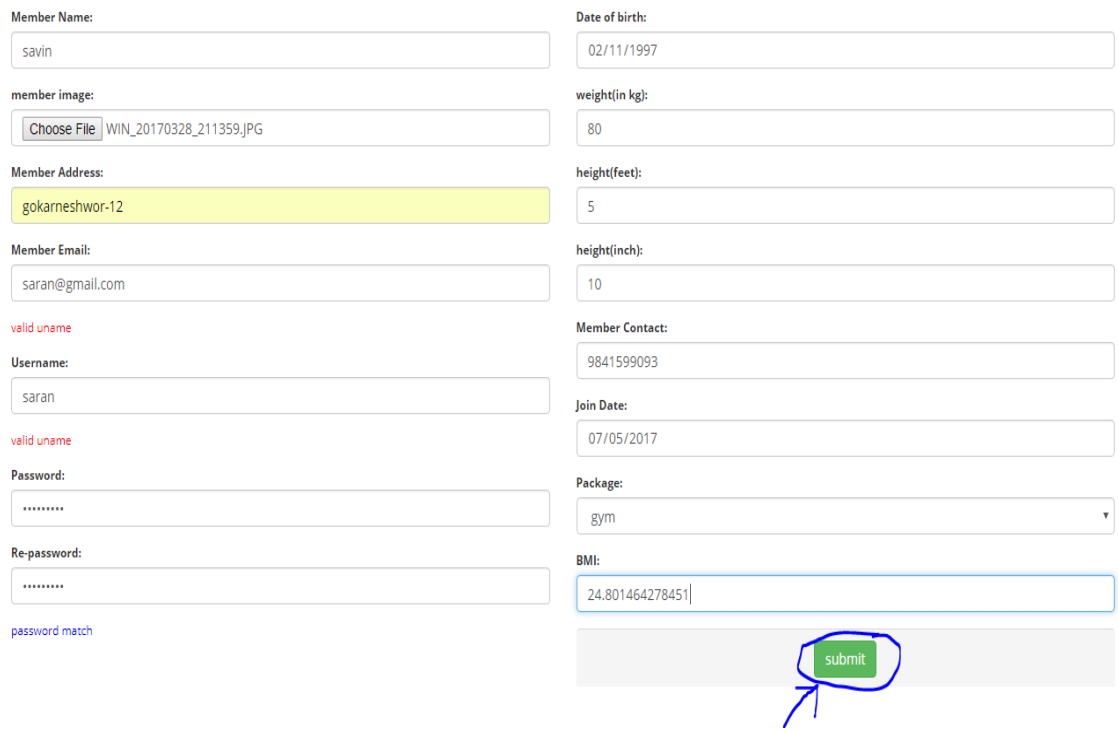
1) Go to login form enter username and password (there is separate username and password for admin and trainer)
2) If username and password of admin is correct admin dashboard will appear.




3) There is member register tab and click on that tab registration form will appear.



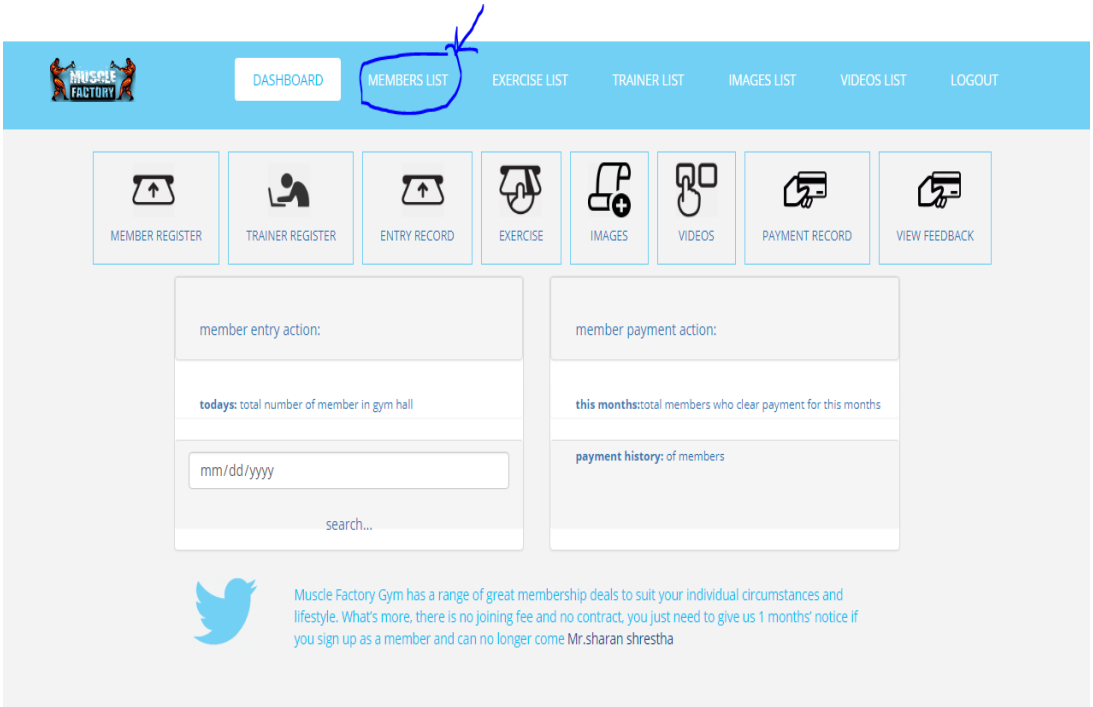

4) After filling all the field click on submit button then message will display at top of form if register is successful.



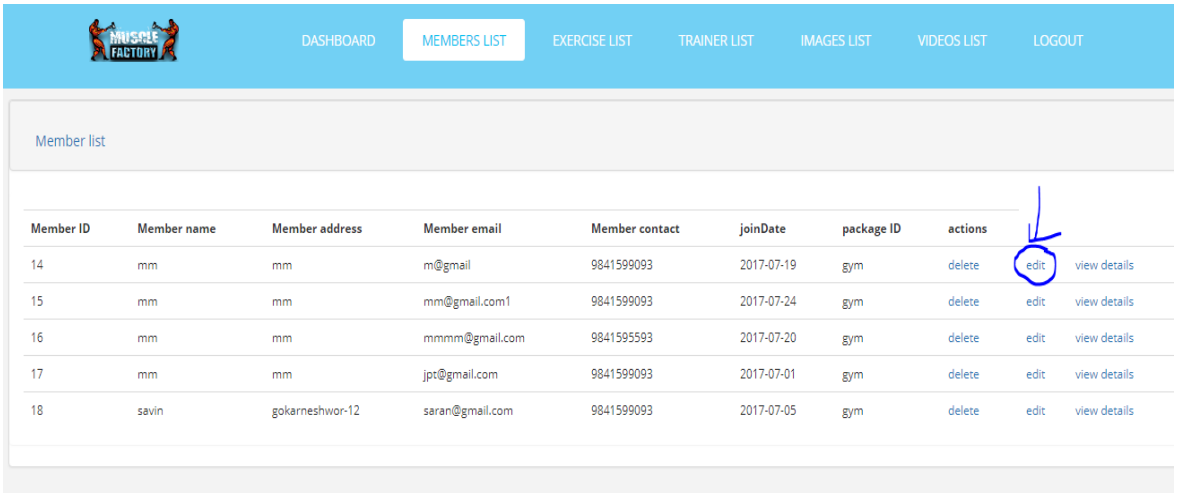

5) If register is successful message will display at top of form like this

## How to edit and delete registered member:

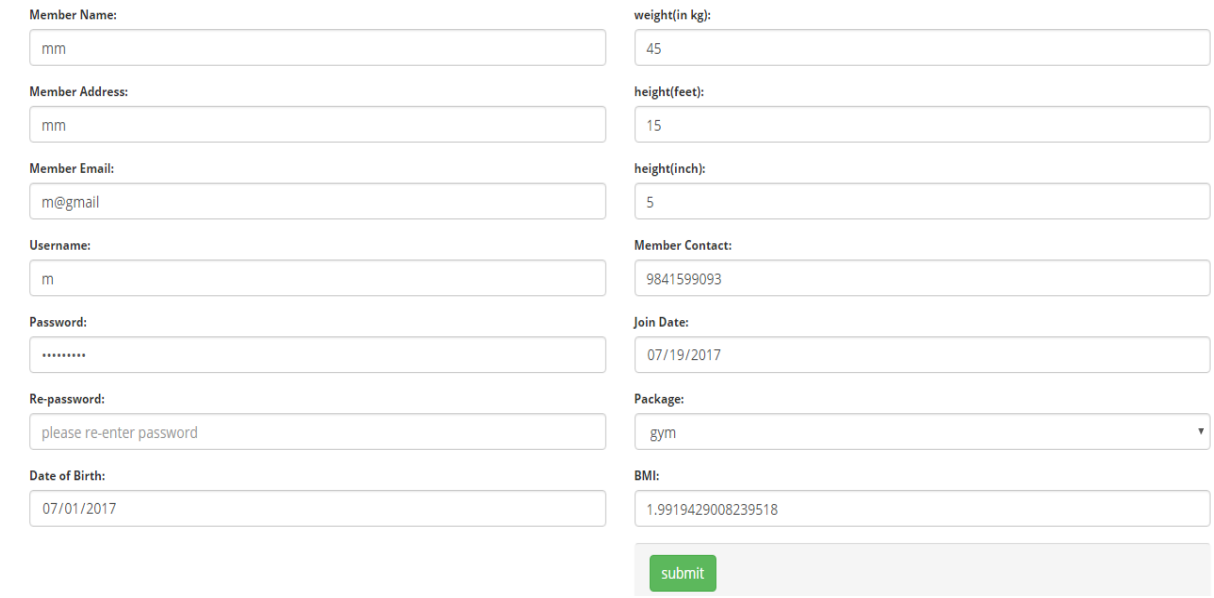
1) After register, admin can see list of member by clicking on member list.



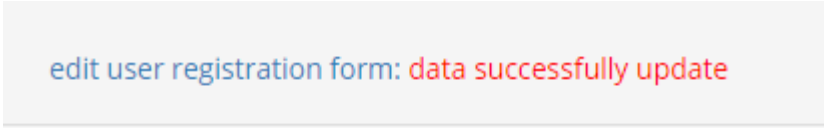

2) Then there is edit button on list of member. Click on edit to edit member



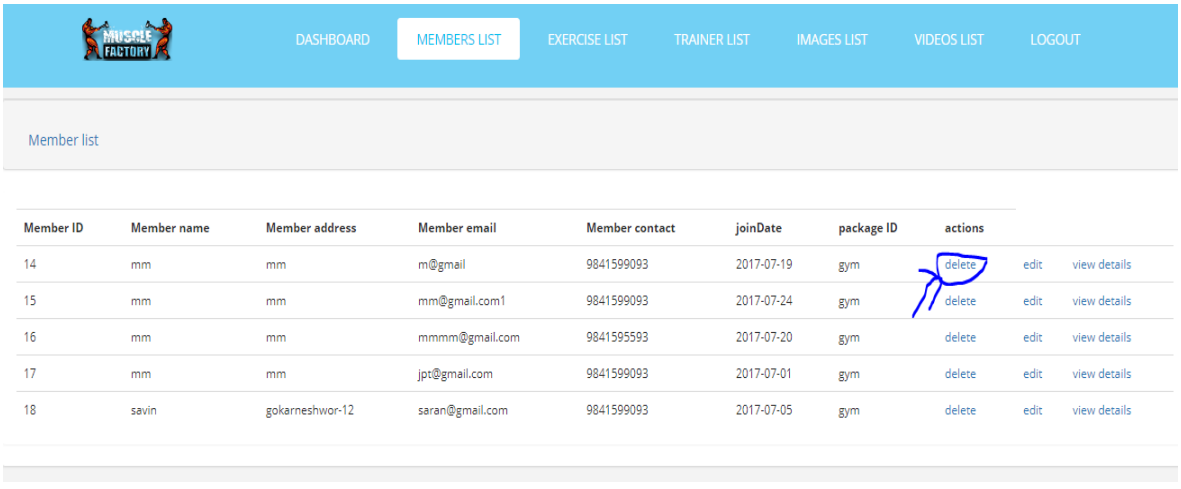

3) Then new form will appear with current data and can edit from that form.




4) After completing edit of data click on submit to update successfully and then message will display at top of form.

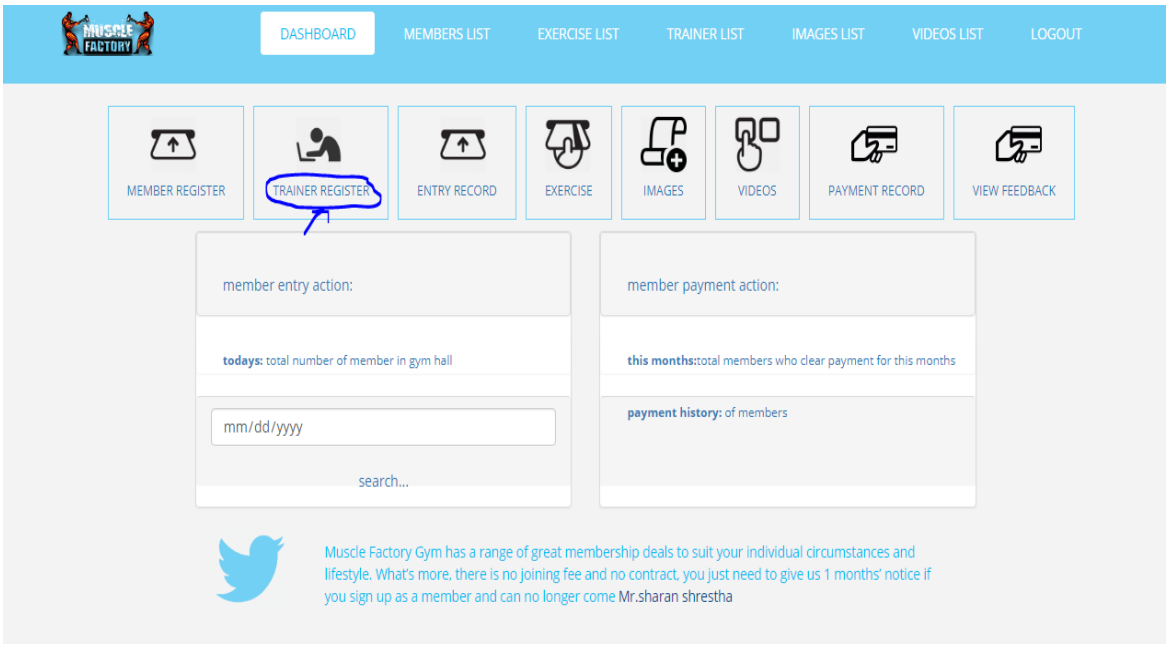



5) And to delete member click on delete button left to edit button.

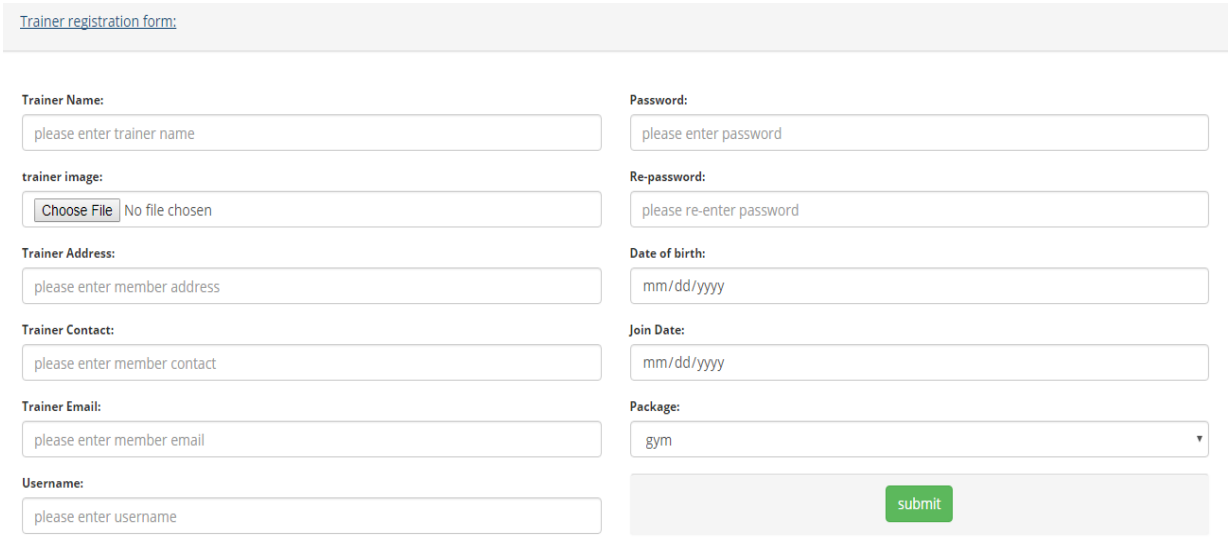


## How to register trainer by admin:

1) Click on button trainer register to open trainer register form.



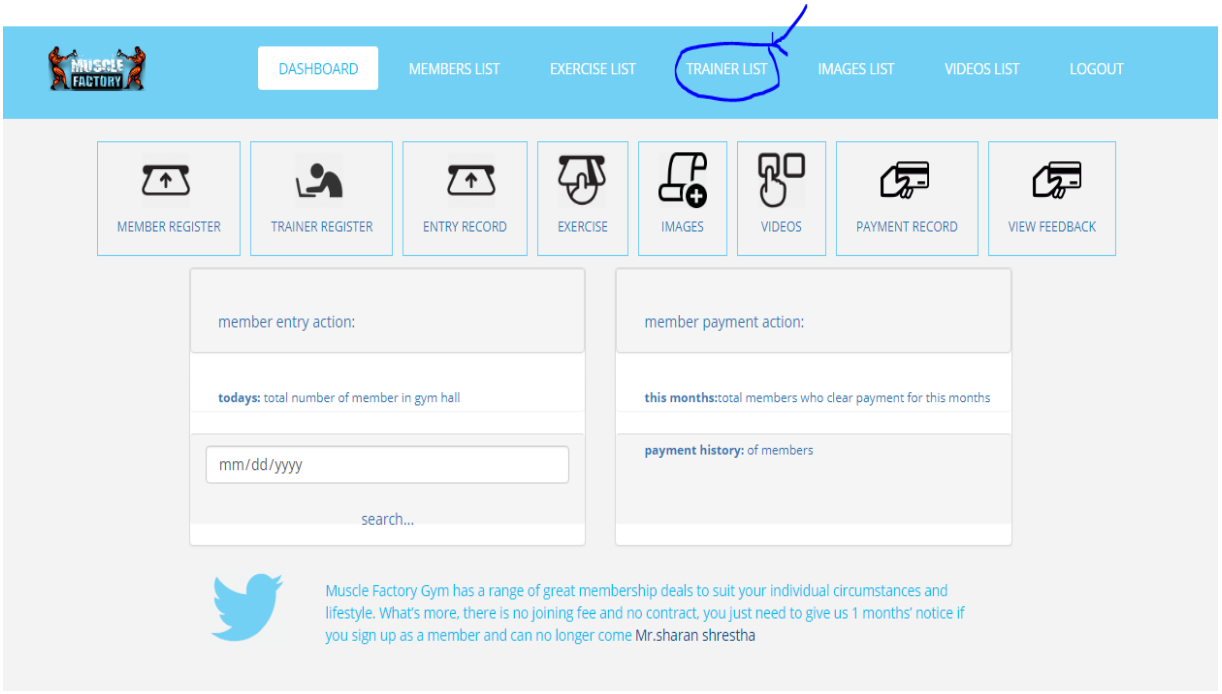

2) After clicking on that button trainer registration form will appear.



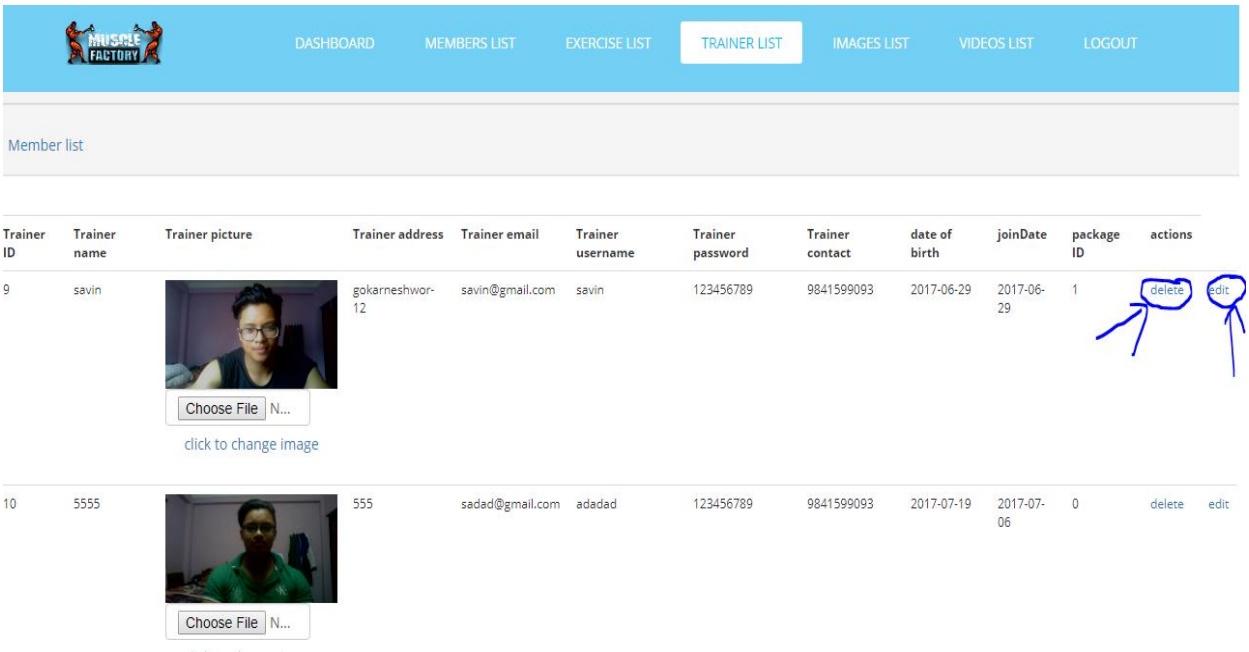

3) After entering all valid data click on submit button then message will display at top of form.

## How to edit and delete registered trainer:

1) There is trainer list button at top of main admin page. Click on trainer list to display all trainers.



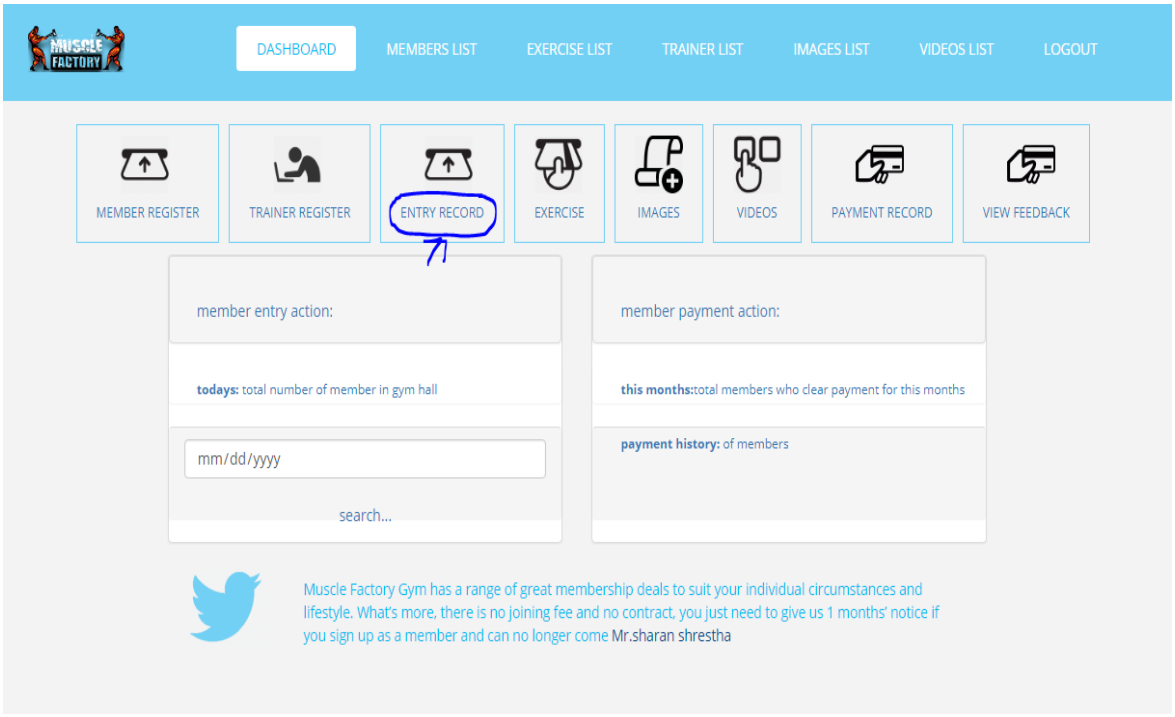

2) After clicking that button page of list of trainer will appear. And click on edit button to edit and new form will appear with present data and after changing data click on submit. Similarly to delete trainer click on delete button which is in left side of edit button.



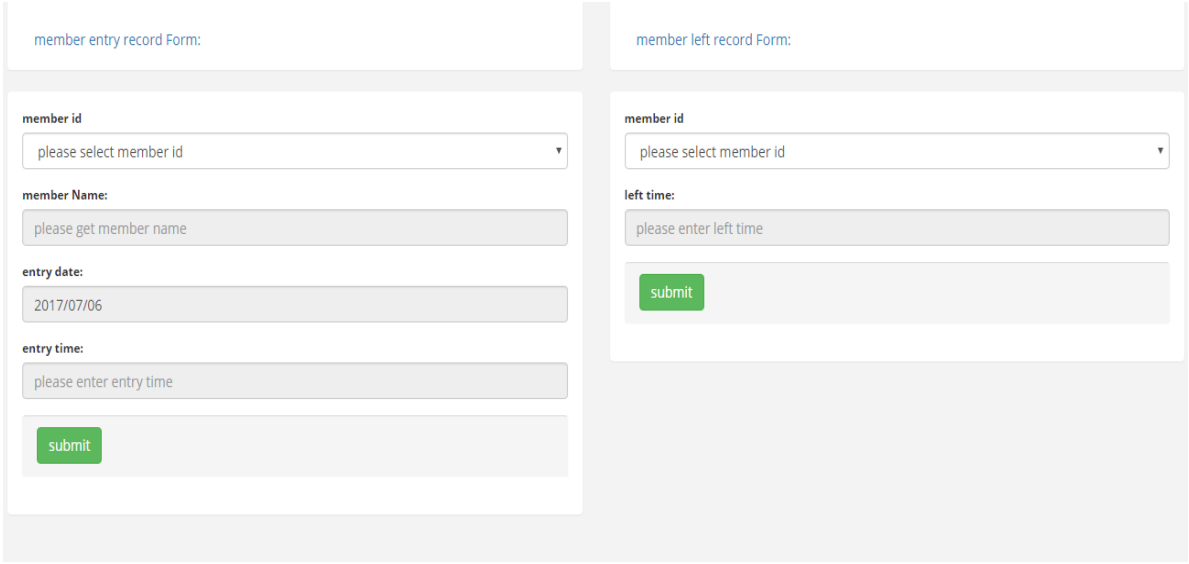

3) Then message will display at top of form for each action.

## How to make entry of members:

Click on entry record tab of admin dashboard.

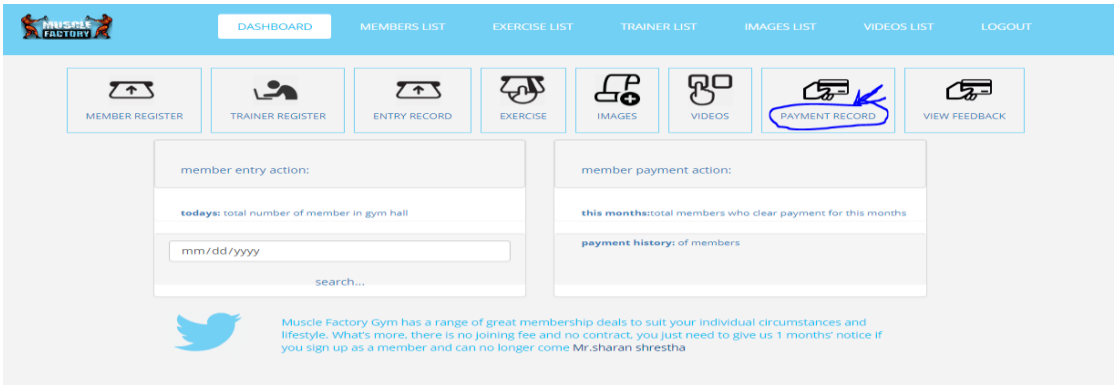



There is entry form in left side and left form in right side. First fill up entry form by choosing member id and fill left form who are inside gym hall




## How to make payment of members:

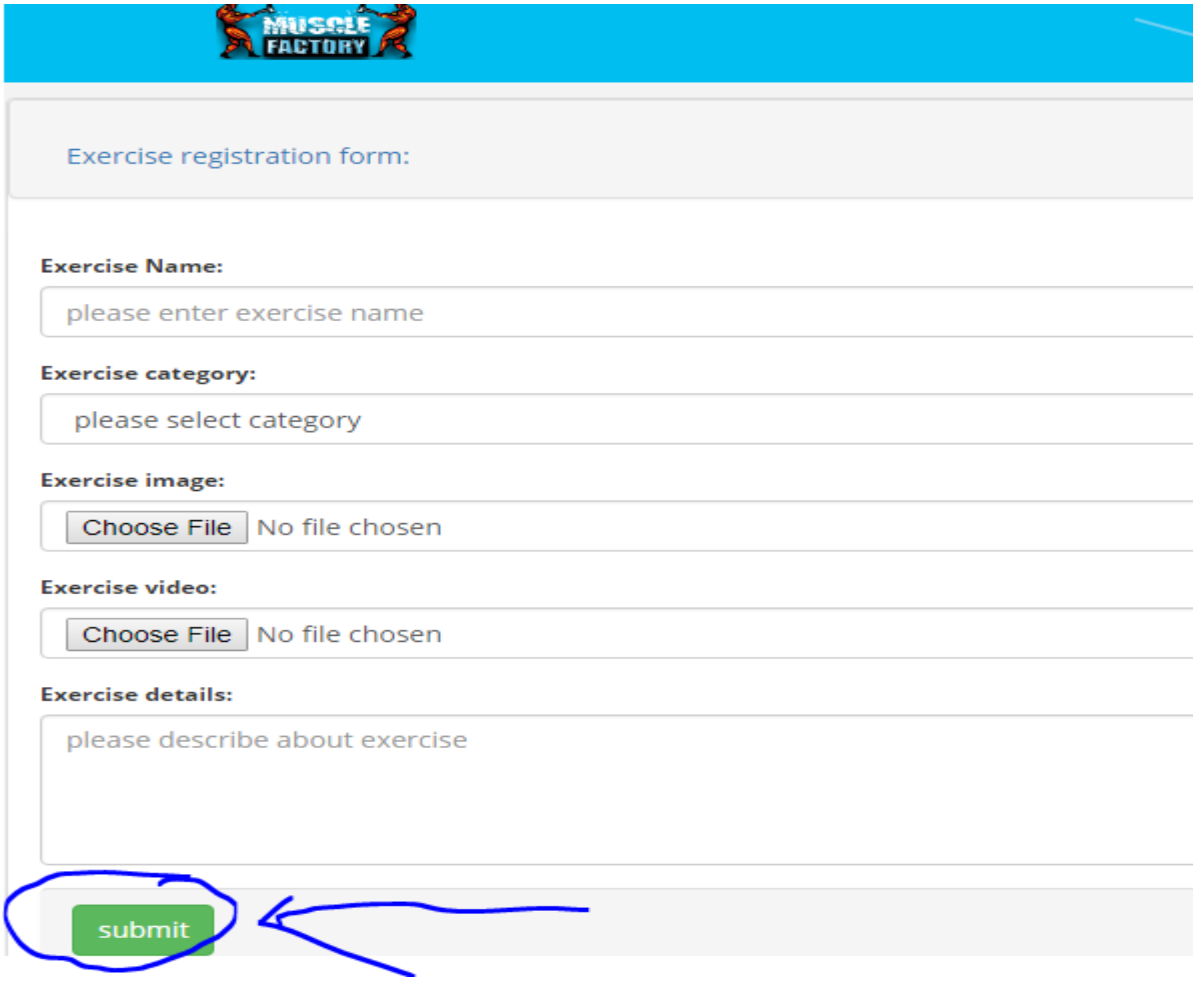
Click on payment record



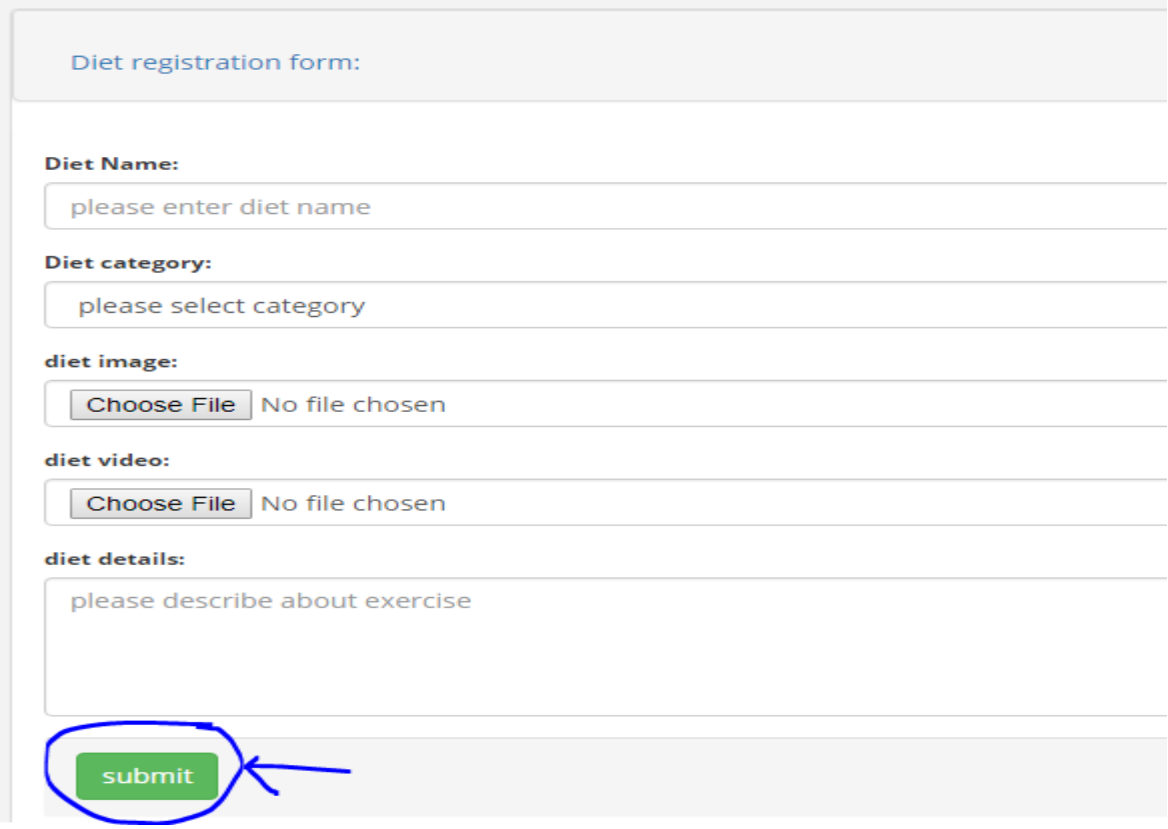
## How to upload exercise and diet details:

1) Open trainer dashboard. Click on exercise button to add exercise or click on diet button to add diet.

2) If exercise button is clicked then exercise uploading form will appear and after filling valid data in form click on submit to submit. And then if successful message will display at top of form.

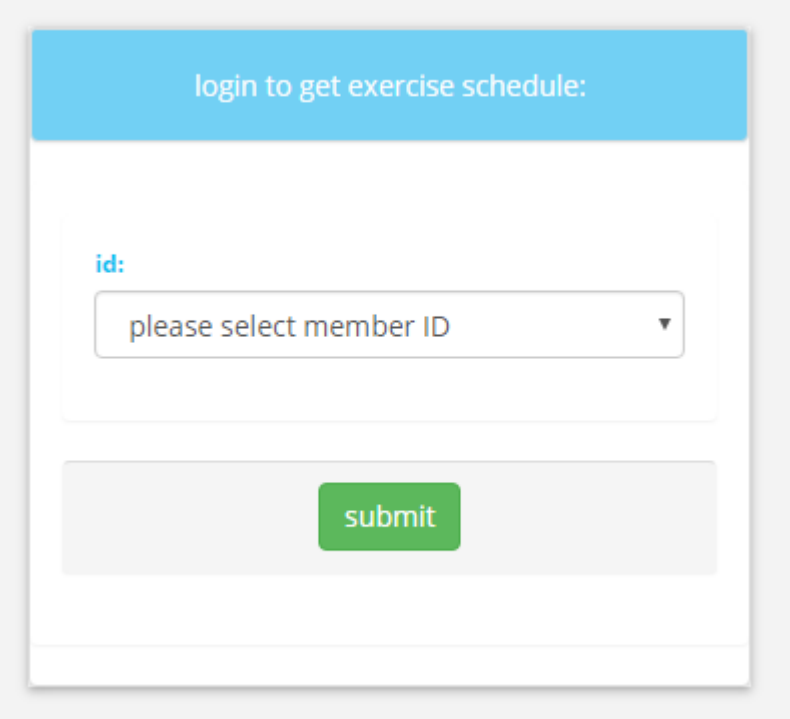



3) If diet button is clicked then diet uploading form will appear and after filling valid data in form click on submit to submit. And then if successful message will display at top of form.

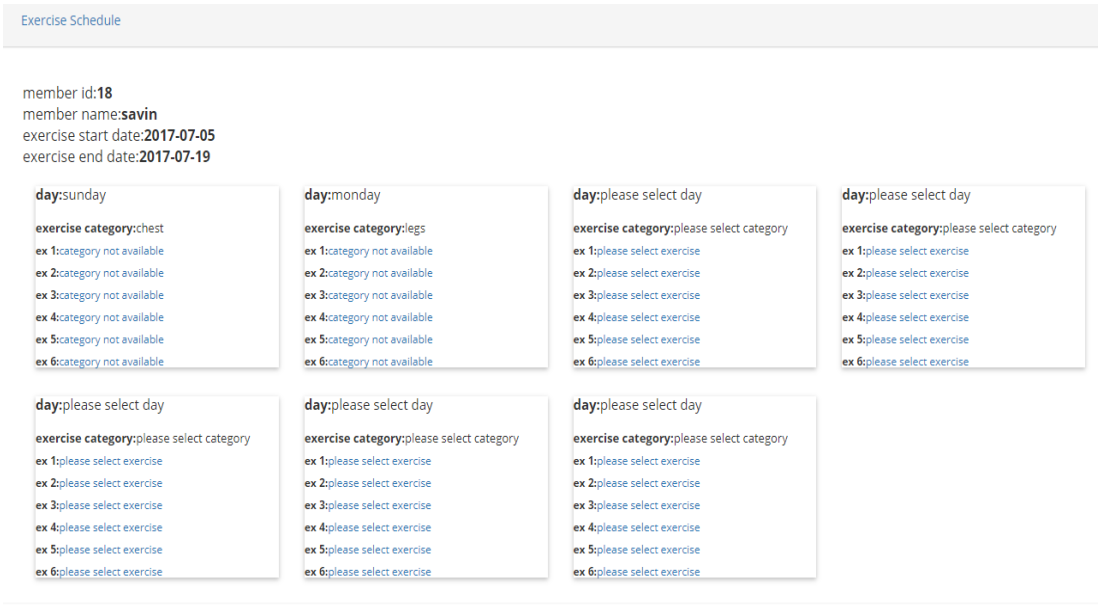



## How to view schedule of exercises:

Member can see exercise schedule by choosing its id. At home page there is schedule div.




Click on submit after selecting id then schedule page will appear.

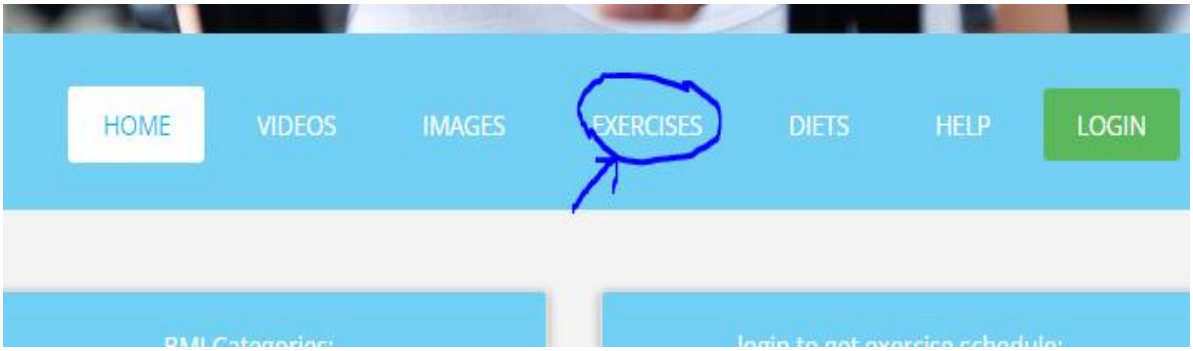



## How to view images and videos:

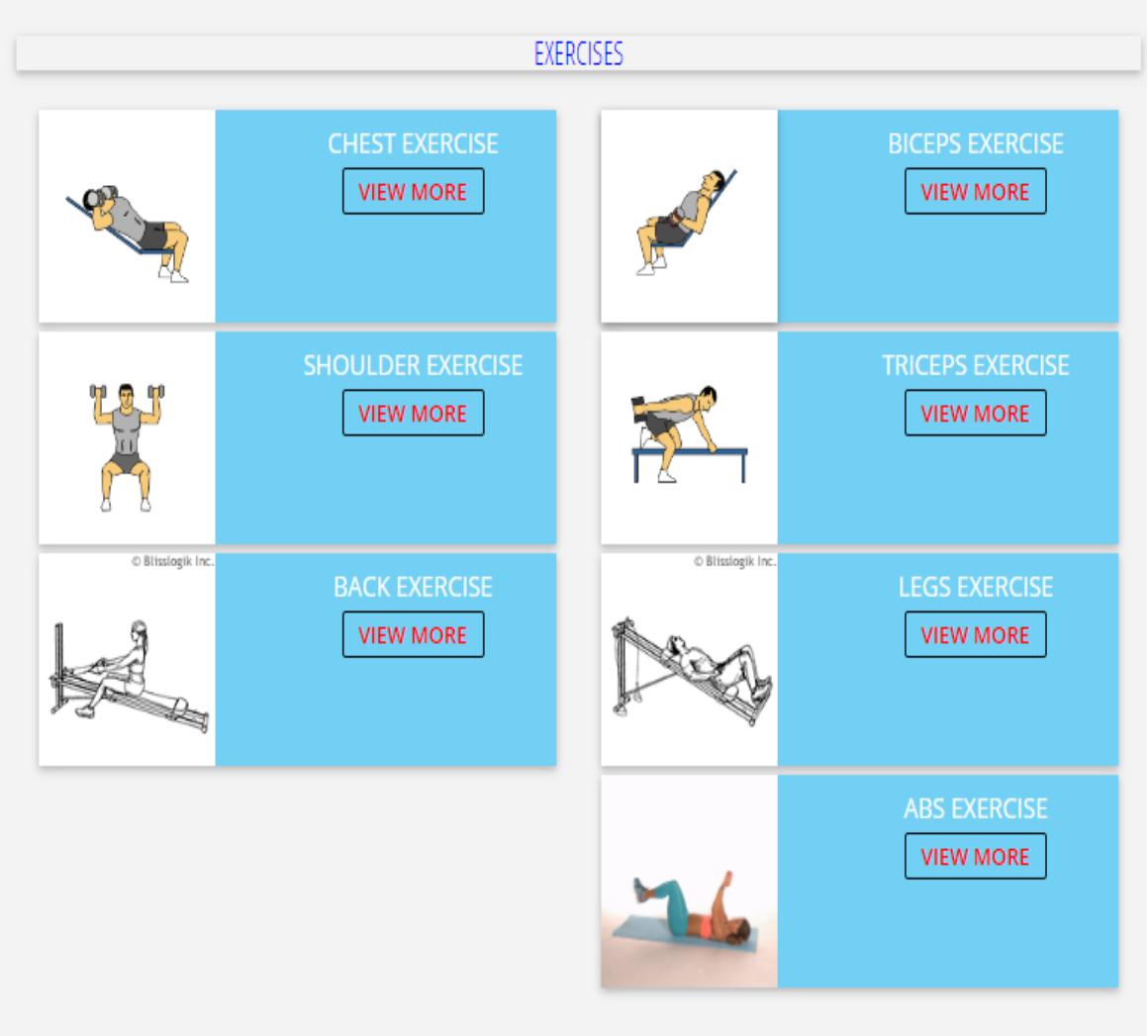
Click on image tab to view images and click on videos to view videos. These tab is in home page.

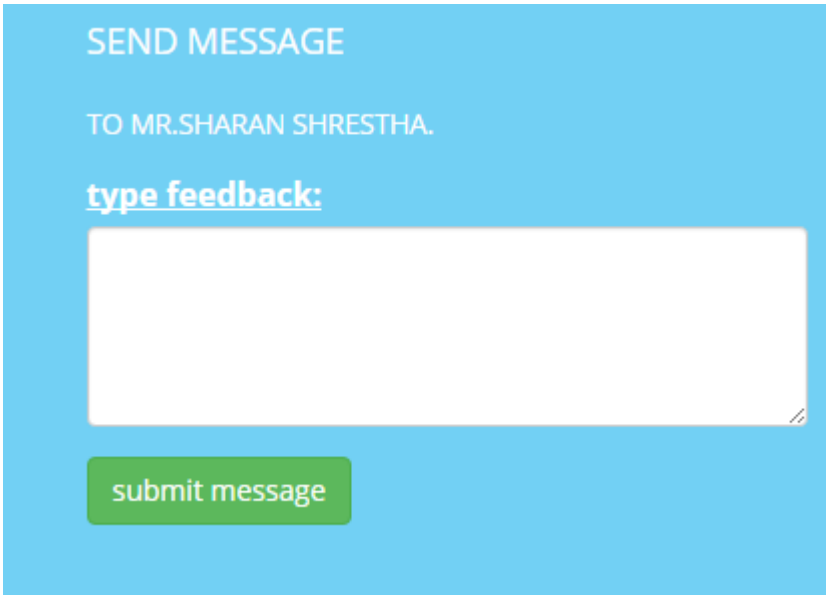
## How to view exercises:

There is exercise tab in menu bar of home page



Or there is exercise div and can get exercise of its own category




## How to send feedback:

There are div at footer of page to send feedback