

Why do I act this way?
Because I can't control it

I Have



Tourette's Syndrome

A medical condition that causes me to frequently make involuntary movements, twitches and noises called tics. Treatment is limited and there is no known cure.

It is involuntary. I can't control it and it's exhausting.

Thank you for your kind understanding and empathy.

[Flip over](#) to learn more ! >

Raising Awareness

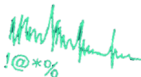
Tourette's Syndrome is a neurobiological disorder that affects approximately 1% of school-age children and adolescents world-wide. Tourette's is an inheritable disease that emerges in childhood and is characterized by involuntary and repetitive motor/vocal tics.



Simple Vocal Tics

Sudden, meaningless sounds or noises

*Throat clearing
Coughing
Spitting
Barking*



Complex Vocal Tics

Sudden, more meaningful utterances

*Repetitive words or phrases :
"shut up" or "stop that"

Echoing one's own or another's words/phrases*

"Coprolalia" – uttering obscene or socially unacceptable phrases



Simple Motor Tics

Sudden, brief movements

*Eye blinking
Jerking
Lip pouting
Tooth clicking*



Complex Motor Tics

Slower, longer movements

*Throwing
"Copropraxia" - Obscene Gestures
Biting
Banging*