



COURSE GUIDE

Name of Faculty: **JINAMARLYN B. DOCTOR | JAZMINE B. LASAM**
Reviewers: Mr. JOSHUA B. REMOLA, Ms. RIEGIL LYKA G. REYES, Ms. SALVE GRACE V. DE ASIS
Subject: **INTEGRATIVE COURSE IN PSYCHOLOGY (ICOPSYCH) – Review Class**

Semester/School Year: **Second Semester 2024-2025**

Schedule: (Time): **10:30 AM – 2:30 PM**
(Day/s): **Saturday**

WEEK / DATE	TIME	LESSONS (Topics)	COVERAGE (PER WEEK/SUBJECT) – Based on TOS	ACTIVITY(IES)	MODALITY
1 March 1	10:30 AM – 2:30 PM	<ul style="list-style-type: none">• Orientation• Discussion of VMGO• Introduction to ICOPSYCH	Review of the Course Syllabus, Learning Activities, Requirements, Policies and Assessment	Lecture-Discussion	
2 March 8	10:45 AM – 11:10 PM	<ul style="list-style-type: none">• All board courses	Abnormal Psychology (100 items)	PRE-BOARD EXAM	
	11:20 AM – 12:00 PM		Industrial Psychology (100 items)		
	12:30 – 1:30 PM		Developmental Psychology (100 items)		
	1:30 PM – 2:30 PM		Psychological Assessment (150 items)		
3 March 15	10:30 AM – 11:00 AM	<ul style="list-style-type: none">• Pre-Test	<ul style="list-style-type: none">• Lecture 1: Abnormal Psychology	Pre-Test	
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">• Lecture 1: Abnormal Psychology - Mr. Joshua B. Remola	<p>A. Manifestations of Behavior</p> <ul style="list-style-type: none">• Normalcy and Abnormalcy<ul style="list-style-type: none">• Recognize normal and abnormal manifestations of behavior• Assess abnormal manifestations of behaviors based on the social contexts <p>B. Psychological Disorders and Specific Symptoms based on DSM-5</p> <ul style="list-style-type: none">• Differentiate Anxiety Disorders from other psychological disorders• Differentiate Trauma-and-Stressor Related Disorders from other psychological disorders• Differentiate Obsessive-Compulsive Related Disorders from other psychological disorders• Explain Somatic Symptom and Related Disorders from other disorders• Evaluate Dissociative Disorder from other psychological disorders• Illustrate Depressive Disorders from other psychological disorders• Explain Eating and Sleep Disorder from other disorders• Evaluate the different Sexual Dysfunctions, Paraphilic Disorders and Gender Dysphoria• Explain Substance-Related and Addictive Disorder from other psychological disorders• Explain Impulse Control Disorders from other disorders• Illustrate the different Personality Disorders and with the other psychopathologies of personalities• Illustrate Schizophrenia and Other Psychotic Disorders from other psychological disorders• Identify the different Neurodevelopmental Disorders based on DSM-5• Identify the different Neurocognitive Disorders based on DSM-5	Lecture-Discussion	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">• Post-Test	<ul style="list-style-type: none">• Lecture 1: Abnormal Psychology• Rationalization	Post Test	
4 March 22	10:30 AM – 11:00 AM	<ul style="list-style-type: none">• Pre-Test	<ul style="list-style-type: none">• Lecture 1: Industrial Psychology	Pre-Test	
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">• Lecture 1: Industrial Psychology - Ms. Riegil Lyka G. Reyes	<p>A. Organization Theory</p> <ul style="list-style-type: none">• Describe the different organizational theories• Apply the different theories of organizations to the overall understanding of human behavior in an organization setting• Determine the focus and analyze the differences between these Organization Theories: Classical Organization Theory, Neo-Classical Organizational Theory, Modern Organizational Theory, Contingency Theory, Motivation Theory and Open Systems Theory• Examine the importance of organization theory, particularly on how organizations use that	Lecture-Discussion	



			knowledge to help them improve organizational structure and design, leadership, managerial styles, group behavior, motivation, communication, operational efficiency and organizational culture. B. Organizational Structures and Systems <ul style="list-style-type: none">Evaluate the value and importance of knowing & understanding the various organizational models and systemsRecognize the pros and cons of the different types of organizational structures: functional, multi-divisional, flat, matrix, team, network, and hierarchical structures.Define the elements that create an organizational structure and their distinct relationships: job design, departmentation, delegation, span of control, and chain of command.Apply your understanding of organizational design to appreciate organizational roles and performance accountabilityExplain the importance of aligning the organizational structure with the business strategyApply your understanding of the 4 business elements that must be aligned to ensure profitable performance and business success.		
	2:00 PM – 2:30 PM	• Post-Test	• Lecture 1: Industrial Psychology • Rationalization		
5 March 29	10:30 AM – 11:00 AM	• Pre-Test	• Lecture 1: Psychological Assessment		
	11:30 AM – 1:50 PM	• Lecture 1: Psychological Assessment	A. Psychometric Properties and Principles <ul style="list-style-type: none">Ascertain psychometric properties essential in constructing, selecting, interpreting testsDescribe the value of different psychometric properties and principlesJustify the reason for accepting or rejecting instruments and tools based on psychometric propertiesManifest capacity to interpret and utilize test results based on the psychometric properties of the assessment instrumentExamine the ways psychometric principles are applied in the interpretation of results, and usage of assessment outcomesEvaluate the application of psychometric principles in the development of assessment instruments B. Research Methods and Statistics <ul style="list-style-type: none">Recognize statistics applied in research studies on tests and test developmentExplain: methods, statistics used in research studies and test constructionApply the appropriate research methods and statistics in test development and standardizationAnalyze the research and statistical methods applied in test development, test standardization, and studies on tests and their findingsAppraise the appropriateness of the statistics and methods of research applied for a given goal	Lecture-Discussion	
	2:00 PM – 2:30 PM	• Post-Test	• Lecture 1: Psychological Assessment • Rationalization		
6 April 5	10:30 AM – 11:00 AM	• Pre-Test	• Lecture 1: Developmental Psychology	Pre-Test	
	11:30 AM – 1:50 PM	• Lecture 1: Developmental Psychology - Ms. Salve Grace V. De Asis	A. Perspectives on Nature and Nurture <ul style="list-style-type: none">Explain the role of heredity and environment in human growth and developmentIllustrate the influence of heredity and environment on the development of personsIdentify the characteristics that pertain to heredity and environment. B. Research Methods in Developmental Psychology and Ethical Considerations <ul style="list-style-type: none">Identify the ethical consideration of various research method in developmental psychologyResearch methods in developmental psychology	Lecture-Discussion	



			<ul style="list-style-type: none">• Recognize the different basic research designs in studying human development• Differentiate cross-sectional and longitudinal studies in conducting research in investigation in human development.		
	2:00 PM – 2:30 PM	• Post Test	<ul style="list-style-type: none">• Lecture 1: Developmental Psychology• Rationalization	Post Test	
	10:30 AM – 11:00 AM	• Pre-Test	<ul style="list-style-type: none">• Lecture 2: Abnormal Psychology	Pre-Test	
7 April 12	11:30 AM – 1:50 PM	<ul style="list-style-type: none">• Lecture 2: Abnormal Psychology - <i>Mr. Joshua B. Remola</i>	<p>C. Theoretical Approaches in Explaining the Etiology of Psychological Disorders</p> <ul style="list-style-type: none">• Theoretical models in explaining the etiology of the psychological disorders and its prevalence<ul style="list-style-type: none">• Illustrate the genetic contributions in the development of mental disorders• Illustrate the role of biological and neurological bases in the development of psychological disorders• Illustrate the role of learning in the development of psychological disorders• Explain the cognitive theories in development of psychological disorders• Attribute the diathesis-stress model in the development of psychological disorders• Analyze the role of gene-environment interaction in the development of psychological disorders• Assess the role of culture, social interactions, and interpersonal factors in the development of psychological disorders <p>D. Therapeutic Interventions of Psychological Disorders</p> <ul style="list-style-type: none">• Appropriate psychological interventions for psychological disorders<ul style="list-style-type: none">• Explain the different psychological interventions used for treatment of psychological disorders• Illustrate the application of psychological interventions for the treatment of psychological disorders• Evaluate the efficacy of the psychological interventions for the treatment of psychological disorders	Lecture-Discussion	
	2:00 PM – 2:30 PM	• Post Test	<ul style="list-style-type: none">• Lecture 2: Abnormal Psychology• Rationalization	Post Test	
8 April 19	Holy Saturday				
	10:30 AM – 11:00 AM	• Pre-Test	<ul style="list-style-type: none">• Lecture 2: Industrial Psychology	Pre-Test	
9 April 26	11:30 AM – 1:50 PM	<ul style="list-style-type: none">• Lecture 2: Industrial Psychology - <i>Ms. Rieglil Lyka G. Reyes</i>	<p>C. Human Resource Development and Human Resource Management</p> <ul style="list-style-type: none">• Differentiate: (a) Human Resource Development and Human Resource Management (b) Human Resource Development and Organizational Development (c) Human Resource Development and Employee Training• Identify the activities involved in Human Resource Development• Examine the scope, coverage, and processes across the different areas of Human Resource Development (training, learning, career development, talent management, performance appraisal, employee engagement and empowerment)• Analyze the organizational activities involved in Human Resources Management (manpower planning, staffing, developing, monitoring, maintaining, managing relationship and evaluating)• Compare the role of the Human Resource Manager and the Human Resource Development Manager in Organization <p>D. Team Dynamics</p>	Lecture-Discussion	



			<ul style="list-style-type: none">• Explain the importance and impact of team dynamics in an organization• Identify the stages of team development• Examine group processes that affect team effectiveness• Identify the common problems that occur in teams• Apply your knowledge of team dynamics to address team problems and improve team performance		
	2:00 PM – 2:30 PM	• Post Test	• Lecture 2: Industrial Psychology • Rationalization	Post Test	
10 May 3	10:30 AM – 11:00 AM	• Pre-Test	• Lecture 2: Psychological Assessment	Pre-Test	
	11:30 AM – 1:50 PM	• Lecture 2: Psychological Assessment	C. Uses, Benefits, Limitations of Assessment Tools and Instruments <ul style="list-style-type: none">• State purposes of given assessment: methods and tools• Describe benefits derived from different assessment methods and tools• Determine appropriate selection tools for given populations and settings• Analyze the strengths and limitations of assessment tools• Assess the appropriateness of selected assessment tools and instruments D. Selection of Assessment Methods and Tools <ul style="list-style-type: none">• Identify appropriate assessment methods, tools for specific purposes• Clarify rationale for selecting assessment methods, tools for specific populations and purposes• Specify areas of assessment and/or tools needed for specific populations, settings, circumstances• Determine the best assessment methods and/or tools for individual and groups.	Lecture-Discussion	
	2:00 PM – 2:30 PM	• Post Test	• Lecture 2: Psychological Assessment • Rationalization	Post Test	
11 May 10	10:30 AM – 11:00 AM	• Pre-Test	Lecture 2: Developmental Psychology	Pre-Test	
	11:30 AM – 1:50 PM	• Lecture 2: Developmental Psychology - <i>Ms. Salve Grace V. De Asis</i>	C. Developmental Theories <ul style="list-style-type: none">• Theories of development explaining personality and other human attributes.• Assess the development of personality in the light of psychosexual theory of Freud• Illustrate and evaluate the development of personality in the light of psychosocial theory of Erikson• Illustrate the cognitive development of a person across the life span based on Piaget.• Differentiate and illustrate the moral development of a person across the life span based on Kohlberg.• Illustrate the impact of ecological model in the development of personality based on Bronfenbrenner• Apply the socio-cultural theory in the development of personality by Vygotsky• Illustrate the role of attachment in the development of personality and other human attributes based on Ainsworth and Mahler• Illustrate the theory of identity formation during adolescence period based on Marcia• Compare the different learning theories in explaining the development of personality and other human attributes based on behaviorism and social learning• Analyze the evolutionary theory of development of Wilson D. Developmental Principles <ul style="list-style-type: none">• Explain appropriate developmental principles in the study of life-span development	Lecture-Discussion	
	2:00 PM – 2:30 PM	• Post Test	• Lecture 2: Developmental Psychology • Rationalization	Post Test	
12	10:30 AM – 11:00 AM	• Pre-Test	• Lecture 3: Abnormal Psychology	Pre-Test	



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May 17	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 3: Abnormal Psychology - <i>Mr. Joshua B. Remola</i>	<p>E. Socio-cultural Factors and Ethical Principles in Diagnosing Cases of Abnormal Behavior</p> <ul style="list-style-type: none">Socio-cultural factors<ul style="list-style-type: none">Identify socio-cultural factors that may impact diagnosing of mental disordersEthics in Diagnosing Mental Disorders<ul style="list-style-type: none">Apply appropriate ethical principles and standards of practice in diagnosing abnormal behavior <p>F. Global Health Crisis and Mental Health Law</p> <ul style="list-style-type: none">Recognize the different issues and concerns in various settings (educational, occupational, community) on the impact of (COVID-19) on the mental health condition of people and the challenges of the implementation of RA11036.Evaluate the impact of global health crisis (COVID-19) and other mental health conditions on the implementation of RA11036.	Lecture-Discussion	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 3: Abnormal PsychologyRationalization	Post Test	
13 May 24	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 3: Industrial Psychology	Pre-test	
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 3: Industrial Psychology - <i>Ms. Riegil Lyka G. Reyes</i>	<p>E. Organizational Change and Development</p> <ul style="list-style-type: none">Distinguish the difference between: (a) Organizational Change and Organizational Development (b) Organizational Development and Organizational TransformationAnalyze the different factors driving organizational changeIdentify the different types of large-scale organizational changesEvaluate the different types of Organizational Interventions used to enhance organizational effectiveness, employee well-being and productivityExamine the different strategies and techniques organizations use to manage change, and/or cope with change to achieve organizational efficiency	Lecture-Discussion	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 3: Industrial PsychologyRationalization	Post Test	
14 May 31	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 3: Psychological Assessment	Pre-Test	
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 3: Psychological Assessment	<p>E. Test Administration, Scoring, Interpretation and Usage</p> <ul style="list-style-type: none">Detect errors in test: selection, administration, scoringShow recognition of errors in test: administration, scoring, interpretationRespond appropriately to challenges in test: usage, administration, scoring, interpretationExplore anomaly in test: administration, interpretation, usageAppraise usefulness of tests under carrying conditions of test administration, scoring, and interpretation <p>F. Ethical Principles and Standards of Practice</p> <ul style="list-style-type: none">Identify ethical principles that pertain to test: interpretation, and usageExpound on what makes a situation or activity a violation of ethics and standard of good practiceAppropriately handle different situations that may challenge the application of ethical principles and standards	Lecture-Discussion	



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15 June 7			<ul style="list-style-type: none">Explore the different possibilities for avoiding ethical violations<ul style="list-style-type: none">Evaluate ethical appropriateness of the way psychometric matters had been handled		
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 3: Psychological AssessmentRationalization	Post Test	
	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 3: Developmental Psychology	Pre-Test	
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 3: Developmental Psychology - <i>Ms. Salve Grace V. De Asis</i>	<p>E. Developmental Issues and Tasks on Developmental Stages</p> <ul style="list-style-type: none">Developmental Tasks Across the Lifespan<ul style="list-style-type: none">Explain the critical issues pertaining to heredity and environmental influences during prenatal developmentIllustrate the critical issues related to physical, cognitive, socio-emotional development during pre-natal developmentAssess the developmental issues concerning physical, cognitive, and socio-emotional development during childhood, adolescence, and adulthood stages of developmentIdentify critical issues concerning death and bereavementDevelopmental Tasks Across the Lifespan<ul style="list-style-type: none">Explain the expected developmental tasks in physical, cognitive, and socio-emotional during childhood, adolescence, and adulthood stages of developmentAssess the expected developmental tasks in physical, cognitive, and socio-emotional during childhood and adolescence stage of developmentIllustrate developmental tasks in physical, cognitive, and socio-emotional expected during adulthood stage of development <p>F. Developmental Challenges and Milestones on Developmental Stages</p> <ul style="list-style-type: none">Developmental Challenges Across the Lifespan<ul style="list-style-type: none">Explain the challenges faced during prenatal and childhood stages of developmentIllustrate the challenges faced during the adolescence and adulthood stages of developmentDifferentiate the challenges concerning prenatal, childhood, adolescence, and adulthoodIdentify the challenges of coping with death of another personDevelopmental Milestones Across the Lifespan<ul style="list-style-type: none">Point out the expected developmental milestones on physical, cognitive, and socio-emotional development during childhood, adolescence, and adulthoodIllustrate developmental milestones on physical, cognitive, and socio-emotional development during childhood, adolescence, and adulthood stages of developmentIllustrate issues involved in decisions about death	Lecture-Discussion	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 3: Developmental PsychologyRationalization	Post Test	



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16 June 14	10:30 AM – 11:45 PM	<ul style="list-style-type: none">Abnormal Psychology	<ul style="list-style-type: none">All topics covered (Lectures 1-3)	MOCK BOARD EXAMINATION (100 items)	
	12:20 PM – 2:30 PM	<ul style="list-style-type: none">Industrial Psychology	<ul style="list-style-type: none">All topics covered (Lectures 1-3)	MOCK BOARD EXAMINATION (100 items)	
17 June 21	10:30 AM – 11:45 PM	<ul style="list-style-type: none">Psychological Assessment	<ul style="list-style-type: none">All topics covered (Lectures 1-3)	MOCK BOARD EXAMINATION (150 items)	
	12:20 PM – 2:30 PM	<ul style="list-style-type: none">Developmental Psychology	<ul style="list-style-type: none">All topics covered (Lectures 1-3)	MOCK BOARD EXAMINATION (100 items)	
18 June 28	10:30 AM	<ul style="list-style-type: none">Culminating Activity			