



COLLEGE OF ARTS AND SCIENCES

COURSE GUIDE

Name of Faculty: JINAMARLYN B. DOCTOR | JAZMINE B. LASAM

Semester/School Year: Second Semester 2024-2025

Reviewers: Mr. JOSHUA B. REMOLA, Ms. RIEGIL LYKA G. REYES, Ms. SALVE GRACE V. DE ASIS,
and Mr. JOHN CARL B. DOCOG

Subject: INTEGRATIVE COURSE IN PSYCHOLOGY (ICOPSYCH) – Review Class

Schedule: (Time): 10:30 AM – 2:30 PM
(Day/s): Saturday

| WEEK / DATE | TIME | TOPIC | COVERAGE (PER WEEK/SUBJECT) – Based on TOS | ACTIVITY | SECTION | MODALITY |
|-------------|--|--|---|---|----------------------|----------|
| 1 March 1 | 10:30 AM – 2:30 PM | <ul style="list-style-type: none"> Orientation Discussion of VMGO Introduction to ICOPSYCH | Review of the Course Syllabus, Learning Activities, Requirements, Policies and Assessment | Lecture-Discussion | | |
| 2 March 8 | 10:45 AM – 11:10 PM 11:20 AM – 12:00 PM 12:30 – 1:30 PM 1:30 PM – 2:30 PM | <ul style="list-style-type: none"> All board courses | Abnormal Psychology (100 items) Industrial Psychology (100 items) Developmental Psychology (100 items) Psychological Assessment (150 items) | PRE-BOARD EXAM | | |
| 3 March 15 | 10:30 AM – 11:00 AM 11:30 AM – 1:50 PM 2:00 PM – 2:30 PM | <ul style="list-style-type: none"> Pre-Test Lecture 1: Abnormal Psychology & Industrial Psychology <i>Mr. Joshua B. Remola</i> Lecture 1 : Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i> Post-Test | A. Manifestations of Behavior B. Psychological Disorders and Specific Symptoms based on DSM-5 A. Organization Theory B. Organizational Structures and Systems | Pre-Test Lecture-Discussion Post-Test | BSP 4A BSP 4B | |
| 4 March 22 | 10:30 AM – 11:00 AM 11:30 AM – 1:50 PM 2:00 PM – 2:30 PM | <ul style="list-style-type: none"> Pre-Test Lecture 1: Abnormal Psychology <i>Mr. Joshua B. Remola</i> Lecture 1 : Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i> Post-Test | A. Manifestations of Behavior B. Psychological Disorders and Specific Symptoms based on DSM-5 A. Organization Theory B. Organizational Structures and Systems | Pre-Test Lecture-Discussion Post-Test | BSP 4B BSP 4A | |
| 5 March 29 | 10:30 AM – 11:00 AM 11:30 AM – 1:50 PM 2:00 PM – 2:30 PM | <ul style="list-style-type: none"> Pre-Test Lecture 1: Psychological Assessment and Developmental Psychology <i>Mr. John Carl B. Docog</i> Lecture 1: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i> Post-Test | A. Psychometric Properties and Principles B. Research Methods and Statistics A. Perspectives on Nature and Nurture B. Research Methods in Developmental Psychology and Ethical Considerations | Lecture-Discussion | BSP 4A BSP 4B | |
| 6 April 5 | 10:30 AM – 11:00 AM 11:30 AM – 1:50 PM 2:00 PM – 2:30 PM | <ul style="list-style-type: none"> Pre-Test Lecture 1: Psychological Assessment and Developmental Psychology <i>Mr. John Carl B. Docog</i> Lecture 1: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i> Post Test | A. Perspectives on Nature and Nurture B. Research Methods in Developmental Psychology and Ethical Considerations | Lecture-Discussion | BSP 4B BSP 4B | |
| 7 April 12 | 10:30 AM – 11:00 AM 11:30 AM – 1:50 PM | <ul style="list-style-type: none"> Pre-Test Lecture 2: Abnormal Psychology and Industrial Psychology <i>Mr. Joshua B. Remola</i> Lecture 2: Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i> | C. Theoretical Approaches in Explaining the Etiology of Psychological Disorders D. Therapeutic Interventions of Psychological Disorders C. Human Resource Development and Human Resource Management D. Team Dynamics | Lecture-Discussion | BSP 4A BSP 4B | |



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|---------------|---------------------|--|--|--------------------|--------|--|
| | 2:00 PM – 2:30 PM | • Post Test | • Lecture 2: Abnormal Psychology and Industrial Psychology • Rationalization | Post-Test | | |
| 8 April 19 | | | Holy Saturday | | | |
| 9 April 26 | 10:30 AM – 11:00 AM | • Pre-Test | • Lecture 2: Abnormal Psychology and Industrial Psychology | Pre-Test | | |
| | 11:30 AM – 1:50 PM | • Lecture 2: Abnormal Psychology <i>Mr. Joshua B. Remola</i> | C. Theoretical Approaches in Explaining the Etiology of Psychological Disorders D. Therapeutic Interventions of Psychological Disorders | Lecture-Discussion | BSP 4B | |
| | | • Lecture 2: Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i> | C. Human Resource Development and Human Resource Management D. Team Dynamics | | BSP 4A | |
| | 2:00 PM – 2:30 PM | • Post Test | • Lecture 2: Abnormal Psychology and Industrial Psychology Rationalization | Post Test | | |
| 10 May 3 | 10:30 AM – 11:00 AM | • Pre-Test | • Lecture 2: Psychological Assessment and Developmental Psychology | Pre-Test | | |
| | 11:30 AM – 1:50 PM | • Lecture 2: Psychological Assessment <i>Mr. John Carl B. Docog</i> | C. Uses, Benefits, Limitations of Assessment Tools and Instruments D. Selection of Assessment Methods and Tools | Lecture-Discussion | BSP 4A | |
| | | • Lecture 2: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i> | C. Developmental Theories D. Developmental Principles | | BSP 4B | |
| | 2:00 PM – 2:30 PM | • Post Test | • Lecture 2: Psychological Assessment and Developmental Psychology • Rationalization | Post Test | | |
| 11 May 10 | 10:30 AM – 11:00 AM | • Pre-Test | Lecture 2: Developmental Psychology | Pre-Test | | |
| | 11:30 AM – 1:50 PM | • Lecture 2: Psychological Assessment <i>Mr. John Carl B. Docog</i> | C. Uses, Benefits, Limitations of Assessment Tools and Instruments D. Selection of Assessment Methods and Tools | Lecture-Discussion | BSP 4B | |
| | | • Lecture 2: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i> | C. Developmental Theories D. Developmental Principles | | BSP 4A | |
| | 2:00 PM – 2:30 PM | • Post Test | • Lecture 2: Psychological Assessment and Developmental Psychology • Rationalization | Post Test | | |
| 12 May 17 | 10:30 AM – 11:00 AM | • Pre-Test | • Lecture 3: Abnormal Psychology and Industrial Psychology | Pre-Test | | |
| | 11:30 AM – 1:50 PM | • Lecture 3: Abnormal Psychology <i>Mr. Joshua B. Remola</i> | E. Socio-cultural Factors and Ethical Principles in Diagnosing Cases of Abnormal Behavior F. Global Health Crisis and Mental Health Law | Lecture-Discussion | BSP 4A | |
| | | • Lecture 3: Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i> | E. Organizational Change and Development | | BSP 4B | |
| | 2:00 PM – 2:30 PM | • Post Test | • Lecture 3: Abnormal Psychology and Industrial Psychology • Rationalization | Post Test | | |
| 13 May 24 | 10:30 AM – 11:00 AM | • Pre-Test | • Lecture 3: Abnormal Psychology and Industrial Psychology | Pre-test | | |
| | 11:30 AM – 1:50 PM | • Lecture 3: Abnormal Psychology <i>Mr. Joshua B. Remola</i> | E. Socio-cultural Factors and Ethical Principles in Diagnosing Cases of Abnormal Behavior F. Global Health Crisis and Mental Health Law | Lecture-Discussion | BSP 4B | |
| | | • Lecture 3: Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i> | E. Organizational Change and Development | | BSP 4A | |
| | 2:00 PM – 2:30 PM | • Post Test | • Lecture 3: Abnormal Psychology and Industrial Psychology • Rationalization | Post Test | | |
| 14 May 31 | 10:30 AM – 11:00 AM | • Pre-Test | • Lecture 3: Psychological Assessment and Developmental Psychology | Pre-Test | | |
| | 11:30 AM – 1:50 PM | • Lecture 3: Psychological Assessment <i>Mr. John Carl B. Docog</i> | E. Test Administration, Scoring, Interpretation and Usage F. Ethical Principles and Standards of Practice | Lecture-Discussion | BSP 4A | |
| | | • Lecture 3: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i> | E. Developmental Issues and Tasks on Developmental Stages F. Developmental Challenges and Milestones on Developmental Stages | | BSP 4B | |



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|---------------|---------------------|---|--|---------------------------------------|--------|--|
| | 2:00 PM – 2:30 PM | <ul style="list-style-type: none">Post Test | <ul style="list-style-type: none">Lecture 3: Psychological Assessment and Developmental PsychologyRationalization | Post Test | | |
| 15 June 7 | 10:30 AM – 11:00 AM | <ul style="list-style-type: none">Pre-Test | <ul style="list-style-type: none">Lecture 3: Psychological Assessment and Developmental Psychology | Pre-Test | | |
| | 11:30 AM – 1:50 PM | <ul style="list-style-type: none">Lecture 3: Psychological Assessment <i>Mr. John Carl B. Docog</i>Lecture 3: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i> | <p>E. Test Administration, Scoring, Interpretation and Usage F. Ethical Principles and Standards of Practice</p> <p>E. Developmental Issues and Tasks on Developmental Stages F. Developmental Challenges and Milestones on Developmental Stages</p> | Lecture-Discussion | BSP 4B | |
| | 2:00 PM – 2:30 PM | <ul style="list-style-type: none">Post Test | <ul style="list-style-type: none">Lecture 3: Psychological Assessment and Developmental PsychologyRationalization | | BSP 4A | |
| 16 June 14 | 10:30 AM – 11:45 PM | <ul style="list-style-type: none">Abnormal Psychology | <ul style="list-style-type: none">All topics covered (Lectures 1-3) | MOCK BOARD EXAMINATION (100 items) | | |
| | 12:20 PM – 2:30 PM | <ul style="list-style-type: none">Industrial Psychology | <ul style="list-style-type: none">All topics covered (Lectures 1-3) | MOCK BOARD EXAMINATION (100 items) | | |
| 17 June 21 | 10:30 AM – 11:45 PM | <ul style="list-style-type: none">Psychological Assessment | <ul style="list-style-type: none">All topics covered (Lectures 1-3) | MOCK BOARD EXAMINATION (150 items) | | |
| | 12:20 PM – 2:30 PM | <ul style="list-style-type: none">Developmental Psychology | <ul style="list-style-type: none">All topics covered (Lectures 1-3) | MOCK BOARD EXAMINATION (100 items) | | |
| 18 June 28 | 10:30 AM | <ul style="list-style-type: none">Culminating Activity | | | | |