



COURSE GUIDE

Name of Faculty: **JINAMARLYN B. DOCTOR | JAZMINE B. LASAM**
Reviewers: Mr. JOSHUA B. REMOLA, Ms. RIEGIL LYKA G. REYES, Ms. SALVE GRACE V. DE ASIS,
and Mr. JOHN CARL B. DOCOG
Subject: **INTEGRATIVE COURSE IN PSYCHOLOGY (ICOPSYCH) – Review Class**

Semester/School Year: **Second Semester 2024-2025**

Schedule: (Time): **10:30 AM – 2:30 PM**
(Day/s): **Saturday**

WEEK / DATE	TIME	TOPIC	COVERAGE (PER WEEK/SUBJECT) – Based on TOS	ACTIVITY	SECTION	MODALITY
1 March 1	10:30 AM – 2:30 PM	<ul style="list-style-type: none">OrientationDiscussion of VMGOIntroduction to ICOPSYCH	Review of the Course Syllabus, Learning Activities, Requirements, Policies and Assessment	Lecture-Discussion		
2 March 8	10:45 AM – 11:10 PM 11:20 AM – 12:00 PM 12:30 – 1:30 PM 1:30 PM – 2:30 PM	<ul style="list-style-type: none">All board courses	Abnormal Psychology (100 items) Industrial Psychology (100 items) Developmental Psychology (100 items) Psychological Assessment (150 items)	PRE-BOARD EXAM		
3 March 15	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 1: Abnormal Psychology & Industrial Psychology	Pre-Test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 1: Abnormal Psychology <i>Mr. Joshua B. Remola</i>	A. Manifestations of Behavior B. Psychological Disorders and Specific Symptoms based on DSM-5	Lecture-Discussion	BSP 4A	
		<ul style="list-style-type: none">Lecture 1 : Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i>	A. Organization Theory B. Organizational Structures and Systems		BSP 4B	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post-Test	<ul style="list-style-type: none">Lecture 1: Abnormal Psychology & Industrial PsychologyRationalization	Post-Test		
4 March 22	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 1: Abnormal Psychology & Industrial Psychology	Pre-Test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 1: Abnormal Psychology <i>Mr. Joshua B. Remola</i>	A. Manifestations of Behavior B. Psychological Disorders and Specific Symptoms based on DSM-5	Lecture-Discussion	BSP 4B	
		<ul style="list-style-type: none">Lecture 1 : Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i>	A. Organization Theory B. Organizational Structures and Systems		BSP 4A	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post-Test	<ul style="list-style-type: none">Lecture 1: Abnormal Psychology & Industrial PsychologyRationalization	Post-Test		
5 March 29	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 1: Psychological Assessment and Developmental Psychology			
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 1: Psychological Assessment <i>Mr. John Carl B. Docog</i>	A. Psychometric Properties and Principles B. Research Methods and Statistics	Lecture-Discussion	BSP 4A	
		<ul style="list-style-type: none">Lecture 1: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i>	A. Perspectives on Nature and Nurture B. Research Methods in Developmental Psychology and Ethical Considerations		BSP 4B	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post-Test	<ul style="list-style-type: none">Lecture 1: Psychological Assessment and Developmental PsychologyRationalization			
6 April 5	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 1: Psychological Assessment and Developmental Psychology	Pre-Test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 1: Psychological Assessment <i>Mr. John Carl B. Docog</i>	A. Perspectives on Nature and Nurture B. Research Methods in Developmental Psychology and Ethical Considerations	Lecture-Discussion	BSP 4B	
		<ul style="list-style-type: none">Lecture 1: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i>	A. Perspectives on Nature and Nurture B. Research Methods in Developmental Psychology and Ethical Considerations		BSP 4B	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 1: Psychological Assessment and Developmental PsychologyRationalization	Post-Test		
7 April 12	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 2: Abnormal Psychology and Industrial Psychology	Pre-Test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 2: Abnormal Psychology <i>Mr. Joshua B. Remola</i>	C. Theoretical Approaches in Explaining the Etiology of Psychological Disorders D. Therapeutic Interventions of Psychological Disorders	Lecture-Discussion	BSP 4A	
		<ul style="list-style-type: none">Lecture 2: Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i>	C. Human Resource Development and Human Resource Management D. Team Dynamics		BSP 4B	



COLLEGE OF ARTS AND SCIENCES

	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 2: Abnormal Psychology and Industrial PsychologyRationalization	Post-Test		
8 April 19	Holy Saturday					
9 April 26	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 2: Abnormal Psychology and Industrial Psychology	Pre-Test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 2: Abnormal Psychology <i>Mr. Joshua B. Remola</i>	C. Theoretical Approaches in Explaining the Etiology of Psychological Disorders D. Therapeutic Interventions of Psychological Disorders	Lecture-Discussion	BSP 4B	
		<ul style="list-style-type: none">Lecture 2: Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i>	C. Human Resource Development and Human Resource Management D. Team Dynamics		BSP 4A	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 2: Abnormal Psychology and Industrial Psychology Rationalization	Post Test		
10 May 3	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 2: Psychological Assessment and Developmental Psychology	Pre-Test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 2: Psychological Assessment <i>Mr. John Carl B. Docog</i>	C. Uses, Benefits, Limitations of Assessment Tools and Instruments D. Selection of Assessment Methods and Tools	Lecture-Discussion	BSP 4A	
		<ul style="list-style-type: none">Lecture 2: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i>	C. Developmental Theories D. Developmental Principles		BSP 4B	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 2: Psychological Assessment and Developmental PsychologyRationalization	Post Test		
11 May 10	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	Lecture 2: Developmental Psychology	Pre-Test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 2: Psychological Assessment <i>Mr. John Carl B. Docog</i>	C. Uses, Benefits, Limitations of Assessment Tools and Instruments D. Selection of Assessment Methods and Tools	Lecture-Discussion	BSP 4B	
		<ul style="list-style-type: none">Lecture 2: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i>	C. Developmental Theories D. Developmental Principles		BSP 4A	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 2: Psychological Assessment and Developmental PsychologyRationalization	Post Test		
12 May 17	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 3: Abnormal Psychology and Industrial Psychology	Pre-Test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 3: Abnormal Psychology <i>Mr. Joshua B. Remola</i>	E. Socio-cultural Factors and Ethical Principles in Diagnosing Cases of Abnormal Behavior F. Global Health Crisis and Mental Health Law	Lecture-Discussion	BSP 4A	
		<ul style="list-style-type: none">Lecture 3: Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i>	E. Organizational Change and Development		BSP 4B	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 3: Abnormal Psychology and Industrial PsychologyRationalization	Post Test		
13 May 24	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 3: Abnormal Psychology and Industrial Psychology	Pre-test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 3: Abnormal Psychology <i>Mr. Joshua B. Remola</i>	E. Socio-cultural Factors and Ethical Principles in Diagnosing Cases of Abnormal Behavior F. Global Health Crisis and Mental Health Law	Lecture-Discussion	BSP 4B	
		<ul style="list-style-type: none">Lecture 3: Industrial Psychology <i>Ms. Riegil Lyka G. Reyes</i>	E. Organizational Change and Development		BSP 4A	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 3: Abnormal Psychology and Industrial PsychologyRationalization	Post Test		
14 May 31	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 3: Psychological Assessment and Developmental Psychology	Pre-Test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 3: Psychological Assessment <i>Mr. John Carl B. Docog</i>	E. Test Administration, Scoring, Interpretation and Usage F. Ethical Principles and Standards of Practice	Lecture-Discussion	BSP 4A	
		<ul style="list-style-type: none">Lecture 3: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i>	E. Developmental Issues and Tasks on Developmental Stages F. Developmental Challenges and Milestones on Developmental Stages		BSP 4B	



COLLEGE OF ARTS AND SCIENCES

	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 3: Psychological Assessment and Developmental PsychologyRationalization	Post Test		
15 June 7	10:30 AM – 11:00 AM	<ul style="list-style-type: none">Pre-Test	<ul style="list-style-type: none">Lecture 3: Psychological Assessment and Developmental Psychology	Pre-Test		
	11:30 AM – 1:50 PM	<ul style="list-style-type: none">Lecture 3: Psychological Assessment <i>Mr. John Carl B. Docog</i>	E. Test Administration, Scoring, Interpretation and Usage F. Ethical Principles and Standards of Practice	Lecture-Discussion	BSP 4B	
		<ul style="list-style-type: none">Lecture 3: Developmental Psychology <i>Ms. Salve Grace V. De Asis</i>	E. Developmental Issues and Tasks on Developmental Stages F. Developmental Challenges and Milestones on Developmental Stages		BSP 4A	
	2:00 PM – 2:30 PM	<ul style="list-style-type: none">Post Test	<ul style="list-style-type: none">Lecture 3: Psychological Assessment and Developmental PsychologyRationalization	Post Test		
16 June 14	10:30 AM – 11:45 PM	<ul style="list-style-type: none">Abnormal Psychology	<ul style="list-style-type: none">All topics covered (Lectures 1-3)	MOCK BOARD EXAMINATION (100 items)		
	12:20 PM – 2:30 PM	<ul style="list-style-type: none">Industrial Psychology	<ul style="list-style-type: none">All topics covered (Lectures 1-3)	MOCK BOARD EXAMINATION (100 items)		
17 June 21	10:30 AM – 11:45 PM	<ul style="list-style-type: none">Psychological Assessment	<ul style="list-style-type: none">All topics covered (Lectures 1-3)	MOCK BOARD EXAMINATION (150 items)		
	12:20 PM – 2:30 PM	<ul style="list-style-type: none">Developmental Psychology	<ul style="list-style-type: none">All topics covered (Lectures 1-3)	MOCK BOARD EXAMINATION (100 items)		
18 June 28	10:30 AM	<ul style="list-style-type: none">Culminating Activity				