



FREE PROGRAMS **FOR FAMILIES!**



Healthy Families

A public health nurse is offering a home visit to all families in Trail and Rivervale with children 12 months of age or younger. This is an opportunity to answer parents' questions and show simple ways to

promote children's health and wellbeing, and prevent lead exposure.

Healthy Homes

Our home and garden team has a comprehensive program for Trail and Rivervale families who are expecting children or have children 36 months of age or younger. We offer soil testing and a home visit with information and advice on easy ways to keep the home healthy and dust-free, home renovation support, and yard & garden advice.



WORKING TOGETHER
Creating a healthy environment



**FOR MORE INFORMATION
PLEASE CONTACT:**

HEALTHY FAMILIES

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HEALTHY HOMES

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