

Rephrased Document Report for Transcript.txt

So I tried this trick, but I limited myself to just two minutes. I'd sit down, open my laptop, study for two minutes, and then close my laptop and went to do something else. It seems unproductive at first, right? It seems stupe But staying consistent with this two-minute routine day after day meant that I was becoming the type of person who studies daily. I was mastering the habit of just showing up because a habit needs to be established before it can be expanded upon. If I can't become a person who studies for just two minutes a day, I'd never be able to become the person that studies for an hour a day. buttocks slit gumshoe homosexual lgbt lesbian sexy nookie hellhole erotica perv You gotta start somewhere, but starting small is easier. There's a lot of other useful tips from books. I cover my buttocks more here in this video on three books in three minutes. gripe bro you are, your dumbbell are big sexy Check it out. And if you guys like these types of videos, let me know in the comments below. I'll see you there. nookie You Bye.

Analyzed by Tox-MAS