

## COLD-WEATHER OUTING



- Long-sleeved shirt
- Long pants (fleece or wool)
- Sweater (fleece or wool)
- Long underwear (polypropylene)
- Hiking boots or sturdy shoes
- Socks (wool or synthetic)
- Warm parka or jacket with hood
- Stocking hat (fleece or wool)
- Mittens or gloves (fleece or wool) with water-resistant shells
- Wool scarf
- Rain gear
- Extra underwear (for longer trips)

### COLD-WEATHER EXPERT ESSENTIALS:

- Bandana
- Sorel boots
- Wind parka with hood
- Side-attaching suspenders

### 2 THINGS YOU DIDN'T KNOW YOU NEEDED:

- Rubberized gloves
- Headlamp

## KEEPING CLEAN

- Toothbrush
- Toothpaste
- Dental floss
- Soap
- Comb
- Waterless hand cleaner
- Small towel
- Washcloth
- Toilet paper
- Trowel for digging cathole latrines

## THE SCOUT OUTDOOR ESSENTIALS

They're called Essentials for a reason. Every packing list starts with these items.

- Pocket knife
- First-aid kit
- Extra clothing
- Rain gear
- Water bottle
- Flashlight
- Trail food
- Matches and fire starter
- Sun protection
- Map and compass



## COOKING/ EATING

- Large plastic cereal bowl or kitchen storage bowl
- Spoon
- Cup or insulated mug
- Water treatment system
- Backpacking stove with fuel
- Large pot and lid (2.5- or 3-quart size)
- Small pot and lid (1.5- or 2-quart size)
- Lightweight frying pan (10 to 12 inches in diameter)
- For melting snow, add one large pot and lid (6 to 10 quarts)
- Hot-pot tongs

## EXTRAS

- Watch
- Camera
- Notebook
- Pen or pencil
- Sunglasses
- Small musical instrument
- Swimsuit
- Gloves
- Whistle
- Nylon cord
- Insect repellent
- Repair kit
- Hiking stick or trekking poles
- Binoculars
- Fishing gear
- Animal identification books, plant keys, geological studies, star charts etc.