

SOUTHAMPTON NEEDS A MEN'S SHED!

Mens Sheds are community workshops where retired men can go take part in interesting activities like woodwork, electronics and crafts. It keeps men active and can teach new skills and most importantly its somewhere where the men can meet up, make friends and have a good laugh.

We are holding a meeting on Friday 11th July at the Freemantle and Shirley community centre (Sweet Eve) at 8pm (please arrive no earlier than 7:30) to discuss the possibility of starting a Men's Shed in Southampton. If there is enough interest and people willing to help run the project, this could have massive potential and do great things for the community.

For more information about Men's Sheds please visit:
www.menssheds.org.uk

There's also a great video of our nearby Gosport Shed here:
www.vimeo.com/84392065

The Freemantle and Shirley Community centre is easy to find just off Randolph street near the swimming poole and bingo hall.

We hope to see you there but if you can't make or want to know more please email:

Chris@somakeit.org.uk