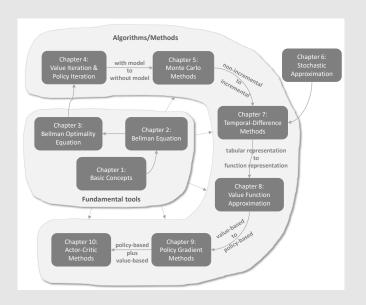
Lecture 9: Policy Gradient Methods

Shiyu Zhao



Shiyu Zhao 1/42

Introduction

In this lecture, we will move

- from value-based methods to policy-based methods
- from value function approximation to policy function approximation

Shiyu Zhao 2 / 42

- 1 Basic idea of policy gradient
- 2 Metrics to define optimal policies
 - Metric 1: Average value
 - Metric 2: Average reward
 - Summary of the two metrics
- 3 Gradients of the metrics
- 4 Gradient-ascent algorithm
- 5 Summary

Shiyu Zhao 3/42

- 1 Basic idea of policy gradient
- 2 Metrics to define optimal policies
 - Metric 1: Average value
 - Metric 2: Average reward
 - Summary of the two metrics
- 3 Gradients of the metrics
- 4 Gradient-ascent algorithm
- 5 Summary

Shiyu Zhao 4/42

Previously, policies have been represented by tables:

• The action probabilities of all states are stored in a table $\pi(a|s)$. Each entry of the table is indexed by a state and an action.

	a_1	a_2	a_3	a_4	a_5
s_1	$\pi(a_1 s_1)$	$\pi(a_2 s_1)$	$\pi(a_3 s_1)$	$\pi(a_4 s_1)$	$\pi(a_5 s_1)$
s ₉	$\pi(a_1 s_9)$	$\pi(a_2 s_9)$	$\pi(a_3 s_9)$	$\pi(a_4 s_9)$	$\pi(a_5 s_9)$

Shiyu Zhao 5 / 42

Now, policies can be represented by parameterized functions:

$$\pi(a|s,\theta)$$

where $\theta \in \mathbb{R}^m$ is a parameter vector.

- The function can be, for example, a neural network, whose input is s, output is the probability to take each action, and parameter is θ .
- Advantage: when the state space is large, the tabular representation will be
 of low efficiency in terms of storage and generalization.
- The function representation is also sometimes written as $\pi(a,s,\theta)$, $\pi_{\theta}(a|s)$, or $\pi_{\theta}(a,s)$.

Shiyu Zhao 6/42

Differences between tabular and function representations:

- First, how to define optimal policies?
 - In the tabular case, a policy π is optimal if it can maximize every state value.
 - In the function case, a policy π is optimal if it can maximize certain scalar metrics.

Shiyu Zhao 7 / 42

Differences between tabular and function representations:

- Second, how to access the probability of an action?
 - In the tabular case, the probability of taking a at s can be directly accessed by looking up the tabular policy.
 - In the function case, we need to calculate the value of $\pi(a|s,\theta)$ given the function structure and the parameter.

Shiyu Zhao 8/42

Differences between tabular and function representations:

- Third, how to update policies?
 - In the tabular case, a policy π can be updated by directly changing the entries in the table.
 - In the function case, a policy π cannot be updated in this way anymore. Instead, it can only be updated by changing the parameter θ .

Shiyu Zhao 9 / 42

The basic idea of the policy gradient is simple:

- First, metrics (or objective functions) to define optimal policies: $J(\theta)$, which can define optimal policies.
- Second, gradient-based optimization algorithms to search for optimal policies:

$$\theta_{t+1} = \theta_t + \alpha \nabla_\theta J(\theta_t)$$

Although the idea is simple, the complication emerges when we try to answer the following questions.

- What appropriate metrics should be used?
- How to calculate the gradients of the metrics?

These questions will be answered in detail in this lecture.

Shiyu Zhao 10/42

- 1 Basic idea of policy gradient
- 2 Metrics to define optimal policies
 - Metric 1: Average value
 - Metric 2: Average reward
 - Summary of the two metrics
- 3 Gradients of the metrics
- 4 Gradient-ascent algorithm
- 5 Summary

Shiyu Zhao

- 1 Basic idea of policy gradient
- 2 Metrics to define optimal policies
 - Metric 1: Average value
 - Metric 2: Average reward
 - Summary of the two metrics
- 3 Gradients of the metrics
- 4 Gradient-ascent algorithm
- 5 Summary

Shiyu Zhao 12 / 42

The first metric is the average state value or simply called average value:

$$\bar{v}_{\pi} = \sum_{s \in \mathcal{S}} d(s) v_{\pi}(s)$$

- \bar{v}_{π} is a weighted average of the state values.
- $d(s) \ge 0$ is the weight for state s.

Since $\sum_{s \in \mathcal{S}} d(s) = 1$, we can interpret d(s) as a probability distribution. Then, the metric can be written as

$$\bar{v}_{\pi} = \mathbb{E}_{S \sim d}[v_{\pi}(S)]$$

Shiyu Zhao 13/42

An important equivalent expression:

You will see the following metric often in the literature:

$$J(\theta) = \lim_{n \to \infty} \mathbb{E}\left[\sum_{t=0}^{n} \gamma^{t} R_{t+1}\right] = \mathbb{E}\left[\sum_{t=0}^{\infty} \gamma^{t} R_{t+1}\right].$$

Question: What is its relationship to the metric we introduced just now?

Answer: They are the same. That is because

$$J(\theta) = \mathbb{E}\left[\sum_{t=0}^{\infty} \gamma^t R_{t+1}\right] = \sum_{s \in \mathcal{S}} d(s) \mathbb{E}\left[\sum_{t=0}^{\infty} \gamma^t R_{t+1} | S_0 = s\right]$$
$$= \sum_{s \in \mathcal{S}} d(s) v_{\pi}(s)$$
$$= \bar{v}_{\pi}$$

Shiyu Zhao 14/42

How to select the distribution d? There are two cases.

Case 1: d is **independent** of the policy π .

- This case is relatively simple because the gradient of the metric is easier to calculate.
- In this case, we specifically denote d as d_0 and \bar{v}_π as \bar{v}_π^0 .

How to select d_0 ?

- One trivial way is to treat all the states equally important and hence select $d_0(s) = 1/|\mathcal{S}|$.
- Another important case is that we are only interested in a specific state s_0 . For example, the episodes in some tasks always start from the same state s_0 . Then, we only care about the long-term return starting from s_0 . In this case,

$$d_0(s_0) = 1, \quad d_0(s \neq s_0) = 0$$

and hence $\bar{v}_{\pi} = v_{\pi}(s_0)$

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How to select the distribution d? There are two cases.

Case 2: d depends on the policy π .

- A common way is to select d as $d_{\pi}(s)$, which is the stationary distribution under π .
 - Details of stationary distribution can be found in the last lecture and the book.
- The interpretation of selecting d_{π} is as follows.
 - d_{π} reflects the long-run behavior of the Markov decision process under a given policy π .
 - If one state is frequently visited in the long run, it is more important and deserves more weight.
 - If a state is hardly visited, then we give it less weight.

Shiyu Zhao 16 / 42

- 1 Basic idea of policy gradient
- 2 Metrics to define optimal policies
 - Metric 1: Average value
 - Metric 2: Average reward
 - Summary of the two metrics
- 3 Gradients of the metrics
- 4 Gradient-ascent algorithm
- 5 Summary

Shiyu Zhao 17/42

Metric 2: average reward

The second metric is average one-step reward or simply average reward:

$$\bar{r}_{\pi} \doteq \sum_{s \in \mathcal{S}} d_{\pi}(s) r_{\pi}(s) = \mathbb{E}[r_{\pi}(S)],$$

where $S \sim d_{\pi}$,

$$r_{\pi}(s) = \sum_{a \in \mathcal{A}} \pi(a|s)r(s,a)$$

$$r(s,a) = \mathbb{E}[R|s,a] = \sum_r rp(r|s,a)$$

Remarks:

- $r_{\pi}(s)$ is the average immediate reward that can be obtained starting from state s.
- The weight d_{π} is the stationary distribution.
- \bullet As its name suggests, \bar{r}_{π} is simply a weighted average of immediate rewards.

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An important equivalent expression:

- Suppose an agent follows a given policy and generate a trajectory with the rewards as $(R_1, R_2, ...)$.
- The average single-step reward along this trajectory is

$$\lim_{n \to \infty} \frac{1}{n} \mathbb{E} \Big[R_1 + R_2 + \dots + R_n | S_0 = s_0 \Big]$$

$$= \lim_{n \to \infty} \frac{1}{n} \mathbb{E} \left[\sum_{t=0}^{n-1} R_{t+1} | S_0 = s_0 \right]$$

where s_0 is the starting state of the trajectory.

Shiyu Zhao 19/42

Metrics to define optimal policies - Remarks

An important fact is that

$$\lim_{n \to \infty} \frac{1}{n} \mathbb{E} \left[\sum_{t=0}^{n-1} R_{t+1} | S_0 = s_0 \right] = \lim_{n \to \infty} \frac{1}{n} \mathbb{E} \left[\sum_{t=0}^{n-1} R_{t+1} \right]$$
$$= \sum_{s} d_{\pi}(s) r_{\pi}(s)$$
$$= \bar{r}_{\pi}$$

Remarks:

- The derivation of the above equation is nontrivial and can be found in my book.
- ullet Highlight: the starting state s_0 does not matter.

Shiyu Zhao 20 / 42

- 1 Basic idea of policy gradient
- 2 Metrics to define optimal policies
 - Metric 1: Average value
 - Metric 2: Average reward
 - Summary of the two metrics
- 3 Gradients of the metrics
- 4 Gradient-ascent algorithm
- 5 Summary

Shiyu Zhao 21 / 42

Metric	Expression 1	Expression 2	Expression 3	
\bar{v}_{π}	$\sum_{s \in \mathcal{S}} d(s) v_{\pi}(s)$	$\mathbb{E}_{S \sim d}[v_{\pi}(S)]$	$\lim_{n\to\infty} \mathbb{E}\left[\sum_{t=0}^n \gamma^t R_{t+1}\right]$	
\bar{r}_{π}	$\sum_{s \in \mathcal{S}} d_{\pi}(s) r_{\pi}(s)$	$\mathbb{E}_{S \sim d_{\pi}}[r_{\pi}(S)]$	$\lim_{n\to\infty} \frac{1}{n} \mathbb{E}\left[\sum_{t=0}^{n-1} R_{t+1}\right]$	

Table: Summary of the different but equivalent expressions of \bar{v}_{π} and \bar{r}_{π} .

Shiyu Zhao 22 / 42

Remark 1 about the metrics:

- All these metrics are functions of π .
- Since π is parameterized by θ , these metrics are functions of θ .
- ullet In other words, different values of heta can generate different metric values.

Therefore, we can search for the optimal values of $\boldsymbol{\theta}$ to maximize these metrics.

This is the basic idea of policy gradient methods.

Shiyu Zhao 23 / 42

Remark 2 about the metrics:

- One complication is that the metrics can be defined in either the discounted case where $\gamma \in (0,1)$ or the undiscounted case where $\gamma = 1$.
- The undiscounted case is nontrivial.
- We only consider the discounted case so far in this book. For details about the undiscounted case, see the book.

Shiyu Zhao 24/42

Remark 3 about the metrics:

- Intuitively, \bar{r}_{π} is more short-sighted because it merely considers the immediate rewards, whereas \bar{v}_{π} considers the total reward over all steps.
- However, the two metrics are equivalent to each other. Specifically, in the discounted case where $\gamma < 1$, it holds that

$$\bar{r}_{\pi} = (1 - \gamma)\bar{v}_{\pi}.$$

Therefore, they can be optimized simultaneously. See the proof in the book.

Shiyu Zhao 25 / 42

- 1 Basic idea of policy gradient
- 2 Metrics to define optimal policies
 - Metric 1: Average value
 - Metric 2: Average reward
 - Summary of the two metrics
- 3 Gradients of the metrics
- 4 Gradient-ascent algorithm
- 5 Summary

Shiyu Zhao 26/42

Given a metric, we next

- derive its gradient
- and then, apply gradient-based methods to optimize the metric.

The gradient calculation is one of the most complicated parts of policy gradient methods! That is because

- first, we need to distinguish different metrics \bar{v}_π , \bar{r}_π , \bar{v}_π^0
- second, we need to distinguish the discounted and undiscounted cases.

Shiyu Zhao 27 / 42

I simply give the expression of the gradient without proof:

$$\nabla_{\theta} J(\theta) = \sum_{s \in \mathcal{S}} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a)$$

The above is a unified expression of many cases:

- $J(\theta)$ can be \bar{v}_{π} , \bar{r}_{π} , or \bar{v}_{π}^{0} .
- "=" may denote strict equality, approximation, or proportional to.
- \bullet η is a distribution or weight of the states.

The derivation of this expression is very complex.

Details are not given here. Interested readers can read my book.

For most readers, it is sufficient to know this expression.

Shiyu Zhao 28 / 42

A compact and useful form of the gradient:

$$\nabla_{\theta} J(\theta) = \sum_{s \in \mathcal{S}} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a)$$
$$= \mathbb{E}_{S \sim \eta, A \sim \pi} \left[\nabla_{\theta} \ln \pi(A|S, \theta) q_{\pi}(S, A) \right]$$

First, why is this expression useful?

• Because we can use samples to approximate the gradient:

$$\nabla_{\theta} J \approx \nabla_{\theta} \ln \pi(a|s,\theta) q_{\pi}(s,a)$$

where s, a are samples. This is the idea of stochastic gradient descent.

Shiyu Zhao 29 / 4

A compact and useful form of the gradient:

$$\nabla_{\theta} J(\theta) = \sum_{s \in \mathcal{S}} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a)$$
$$= \mathbb{E}_{S \sim \eta, A \sim \pi} \left[\nabla_{\theta} \ln \pi(A|S, \theta) q_{\pi}(S, A) \right]$$

Second, how to prove the above equation?

Consider the function $\ln \pi$ where \ln is the natural logarithm. It is easy to see that

$$\nabla_{\theta} \ln \pi(a|s,\theta) = \frac{\nabla_{\theta} \pi(a|s,\theta)}{\pi(a|s,\theta)}$$

and hence

$$\nabla_{\theta} \pi(a|s,\theta) = \pi(a|s,\theta) \nabla_{\theta} \ln \pi(a|s,\theta).$$

Shiyu Zhao 30 / 42

A compact and useful form of the gradient:

$$\begin{split} \nabla_{\theta} J(\theta) &= \sum_{s \in \mathcal{S}} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s,\theta) q_{\pi}(s,a) \\ &= \mathbb{E}_{S \sim \eta, A \sim \pi} \left[\nabla_{\theta} \ln \pi(A|S,\theta) q_{\pi}(S,A) \right] \end{split}$$

Then, we have

$$\nabla_{\theta} J = \sum_{s} \eta(s) \sum_{a} \nabla_{\theta} \pi(a|s,\theta) q_{\pi}(s,a)$$

$$= \sum_{s} \eta(s) \sum_{a} \pi(a|s,\theta) \nabla_{\theta} \ln \pi(a|s,\theta) q_{\pi}(s,a)$$

$$= \mathbb{E}_{S \sim \eta} \left[\sum_{a} \pi(a|S,\theta) \nabla_{\theta} \ln \pi(a|S,\theta) q_{\pi}(S,a) \right]$$

$$= \mathbb{E}_{S \sim \eta, A \sim \pi} \left[\nabla_{\theta} \ln \pi(A|S,\theta) q_{\pi}(S,A) \right]$$

Shiyu Zhao 31/42

Remarks: It is required by $\ln \pi(a|s,\theta)$ that for any s,a,θ

$$\pi(a|s,\theta) > 0$$

- This can be achieved by using softmax functions that can normalize the entries in a vector from $(-\infty, +\infty)$ to (0, 1).
 - For example, for any vector $x = [x_1, \dots, x_n]^T$,

$$z_i = \frac{e^{x_i}}{\sum_{j=1}^n e^{x_j}}$$

where $z_i \in (0,1)$ and $\sum_{i=1}^n z_i = 1$.

• Specifically, the policy function has the form of

$$\pi(a|s,\theta) = \frac{e^{h(s,a,\theta)}}{\sum_{a' \in \mathcal{A}} e^{h(s,a',\theta)}}$$

where $h(s, a, \theta)$ is another function to be learned.

Shiyu Zhao 32/42

Remarks:

- Such a form based on the softmax function can be realized by a neural network whose input is s and parameter is θ . The network has $|\mathcal{A}|$ outputs, each of which corresponds to $\pi(a|s,\theta)$ for an action a. The activation function of the output layer should be softmax.
- Since $\pi(a|s,\theta) > 0$ for all a, the parameterized policy is stochastic and hence exploratory.
 - There also exist deterministic policy gradient (DPG) methods. We will study in the next lecture.

Shiyu Zhao 33 / 42

- 1 Basic idea of policy gradient
- 2 Metrics to define optimal policies
 - Metric 1: Average value
 - Metric 2: Average reward
 - Summary of the two metrics
- 3 Gradients of the metrics
- 4 Gradient-ascent algorithm
- 5 Summary

Shiyu Zhao 34/42

Now, we are ready to present the first policy gradient algorithm to find optimal policies!

ullet The gradient-ascent algorithm maximizing $J(\theta)$ is

$$\theta_{t+1} = \theta_t + \alpha \nabla_{\theta} J(\theta)$$

$$= \theta_t + \alpha \mathbb{E} \Big[\nabla_{\theta} \ln \pi(A|S, \theta_t) q_{\pi}(S, A) \Big]$$

Since the true gradient is unknown, we can replace it by a stochastic one:

$$\theta_{t+1} = \theta_t + \alpha \nabla_{\theta} \ln \pi(a_t|s_t, \theta_t) q_{\pi}(s_t, a_t)$$

ullet Furthermore, since q_π is unknown, it can be replaced by an estimate:

$$\theta_{t+1} = \theta_t + \alpha \nabla_\theta \ln \pi(a_t|s_t, \theta_t) q_t(s_t, a_t)$$

Shiyu Zhao 35 / 42

- If $q_{\pi}(s_t, a_t)$ is estimated by Monte Carlo estimation, the algorithm has a specifics name, REINFORCE.
- REINFORCE is one of earliest and simplest policy gradient algorithms.
- Many other policy gradient algorithms such as the actor-critic methods can be obtained by extending REINFORCE (next lecture).

Pseudocode: Policy Gradient by Monte Carlo (REINFORCE)

```
Initialization: Initial parameter \theta; \gamma \in (0,1); \alpha > 0. Goal: Learn an optimal policy to maximize J(\theta). For each episode, do  \begin{aligned} & \text{Generate an episode } \{s_0, a_0, r_1, \dots, s_{T-1}, a_{T-1}, r_T\} \text{ following } \pi(\theta). \\ & \text{For } t = 0, 1, \dots, T-1 \text{:} \\ & Value \text{ update: } q_t(s_t, a_t) = \sum_{k=t+1}^T \gamma^{k-t-1} r_k \\ & Policy \text{ update: } \theta \leftarrow \theta + \alpha \nabla_{\theta} \ln \pi(a_t | s_t, \theta) q_t(s_t, a_t) \end{aligned}
```

Shiyu Zhao 36 / 42

Remark 1: How to do sampling?

$$\mathbb{E}_{S \sim \eta, A \sim \pi} \Big[\nabla_{\theta} \ln \pi(A|S, \theta_t) q_{\pi}(S, A) \Big] \longrightarrow \nabla_{\theta} \ln \pi(a|s, \theta_t) q_{\pi}(s, a)$$

- \bullet How to sample S?
 - $S \sim \eta$, where the distribution η is a long-run behavior under π .
 - In practice, people usually do not care about it.
- How to sample A?
 - $A \sim \pi(A|S,\theta)$. Hence, a_t should be sampled following $\pi(\theta_t)$ at s_t .
 - Therefore, the policy gradient method is on-policy.

Shiyu Zhao 37/42

Remark 2: How to interpret this algorithm?

Since

$$\nabla_{\theta} \ln \pi(a_t|s_t, \theta_t) = \frac{\nabla_{\theta} \pi(a_t|s_t, \theta_t)}{\pi(a_t|s_t, \theta_t)}$$

the algorithm can be rewritten as

$$\theta_{t+1} = \theta_t + \alpha \nabla_{\theta} \ln \pi(a_t | s_t, \theta_t) q_t(s_t, a_t)$$

$$= \theta_t + \alpha \underbrace{\left(\frac{q_t(s_t, a_t)}{\pi(a_t | s_t, \theta_t)}\right)}_{\beta_t} \nabla_{\theta} \pi(a_t | s_t, \theta_t).$$

Therefore, we have the important expression of the algorithm:

$$\theta_{t+1} = \theta_t + \alpha \beta_t \nabla_\theta \pi(a_t | s_t, \theta_t)$$

Shiyu Zhao 38 / 42

The interpretation of

$$\theta_{t+1} = \theta_t + \alpha \beta_t \nabla_\theta \pi(a_t | s_t, \theta_t)$$

is as follows.

Math: When $\theta_{t+1} - \theta_t$ is sufficiently small, the definition of differential implies

$$\pi(a_t|s_t, \theta_{t+1}) \approx \pi(a_t|s_t, \theta_t) + (\nabla_{\theta}\pi(a_t|s_t, \theta_t))^T(\theta_{t+1} - \theta_t)$$

$$= \pi(a_t|s_t, \theta_t) + \alpha\beta_t(\nabla_{\theta}\pi(a_t|s_t, \theta_t))^T(\nabla_{\theta}\pi(a_t|s_t, \theta_t))$$

$$= \pi(a_t|s_t, \theta_t) + \alpha\beta_t\|\nabla_{\theta}\pi(a_t|s_t, \theta_t)\|^2$$

Interpretation:

• If $\beta_t > 0$, the probability of choosing (s_t, a_t) is increased:

$$\pi(a_t|s_t,\theta_{t+1}) > \pi(a_t|s_t,\theta_t)$$

• If $\beta_t < 0$, the probability of choosing (s_t, a_t) is lower:

$$\pi(a_t|s_t,\theta_{t+1}) < \pi(a_t|s_t,\theta_t)$$

Shiyu Zhao 39 / 42

$$\theta_{t+1} = \theta_t + \alpha \underbrace{\left(\frac{q_t(s_t, a_t)}{\pi(a_t|s_t, \theta_t)}\right)}_{\beta_t} \nabla_{\theta} \pi(a_t|s_t, \theta_t)$$

Interpretation (continued): β_t can balance exploration and exploitation.

The reason is as follows.

• First, β_t is proportional to $q_t(s_t, a_t)$.

greater
$$q_t(s_t, a_t) \Longrightarrow$$
 greater $\beta_t \Longrightarrow$ greater $\pi(a_t|s_t, \theta_t)$

Therefore, the algorithm intends to exploit actions with greater values.

• Second, β_t is inversely proportional to $\pi(a_t|s_t,\theta_t)$.

smaller
$$\pi(a_t|s_t, \theta_t)) \Longrightarrow$$
 greater $\beta_t \Longrightarrow$ greater $\pi(a_t|s_t, \theta_t)$

Therefore, the algorithm intends to explore actions that have low probabilities.

Shiyu Zhao 40 / 42

- 1 Basic idea of policy gradient
- 2 Metrics to define optimal policies
 - Metric 1: Average value
 - Metric 2: Average reward
 - Summary of the two metrics
- 3 Gradients of the metrics
- 4 Gradient-ascent algorithm
- 5 Summary

Shiyu Zhao 41/42

Summary

Contents of this lecture:

- Metrics for optimality
- Gradients of the metrics
- Gradient-ascent algorithm
- A special case: REINFORCE

Next lecture: Actor-critic

 Shiyu Zhao
 42/42