

■ DMFB – Daily Magic Frequency Balance

Course Overview

Daily Magic Frequency Balance (DMFB) is a transformative energy healing practice designed to harmonize your mind, body, and spirit using sound, vibration, and frequency alignment. Created and guided by Master Healer Padma Pavani, this course helps you tune into your body's natural frequency, clear energetic blockages, and restore inner peace and flow. DMFB empowers you to activate your personal vibration of joy, abundance, and vitality—every single day.

■ Course Curriculum (Detailed)

Module 1: Introduction to Frequency Healing

- Understanding the science of energy and vibration
- The concept of frequency balance in daily life
- How thoughts and emotions create energetic patterns
- The connection between your energy field and life experiences

Module 2: Foundations of DMFB Practice

- What is Daily Magic Frequency Balance (DMFB)?
- The five core principles of frequency alignment
- Tools used in DMFB – sound, color, intention, and breath
- Setting energetic intentions for healing and manifestation

Module 3: Daily Energy Alignment Techniques

- Morning frequency activation rituals
- How to balance your emotional and mental vibrations
- Evening reset and protection techniques
- Using sound frequencies and mantras for energy cleansing

Module 4: Clearing and Reprogramming Energies

- Identifying and removing energetic blockages
- Reprogramming limiting beliefs and low-frequency emotions
- Activating the heart frequency for joy and gratitude
- Practical techniques for raising your vibration instantly

Module 5: Advanced Frequency Work

- Integrating DMFB with numerology, chakras, and aura healing
- Using frequency balancing for relationships, money, and health
- Creating personalized frequency grids and affirmations
- Long-term frequency maintenance for spiritual growth

■ What You'll Gain

- Deep understanding of energy, frequency, and vibrational healing
- Daily practices to maintain emotional balance and positivity
- Skills to shift low vibrations and manifest high-frequency realities
- Ability to heal yourself and others through sound and intention
- Increased intuition, mental clarity, and emotional resilience
- A practical, spiritual toolset to live in alignment with your higher self

■ Who Should Join

- Individuals seeking inner peace, emotional stability, and energetic clarity
- Professionals wanting to manage stress, burnout, and negative energy
- Healers, coaches, and therapists who want to integrate frequency work into their practice
- Anyone curious about sound healing, energy medicine, or spiritual development
- People looking to raise their vibration and manifest a harmonious, abundant life

■ Why Learn From Padma Pavani?

With 20 years of training and coaching experience and 15 years of dedicated spiritual practice, Padma Pavani brings unparalleled expertise to this sacred healing art. As a published author of 'Redesign Your Life' and master practitioner in multiple healing modalities including Aura Reset, Chakra Balancing, Akashic Records Reading, and Ancestral Healing, she offers a uniquely comprehensive approach to Hawaiian Healing. Her background in corporate training and life coaching ensures that you receive not just spiritual wisdom, but practical, applicable techniques that integrate seamlessly into modern life.

■ Ready to Begin Your Healing Journey?

Contact Padma Pavani

■ Email: [Your Email]

■ WhatsApp: [Your WhatsApp Number]

■ Website: [Your Website]

- Facebook: [Your Facebook Page]
- Instagram: [Your Instagram Handle]

Limited Seats Available!

This intimate course is limited to 20 participants to ensure personalized attention and deep transformational work.

Next Batch Starts: [Date]

Registration Deadline: [Date]