38- macro

Subject ID: 38B Date: 7-27-18

## 24 hr RECALL FORM - Study Visit 1 2 3 4 5 6 7 8 9

Date and time that dietary recall includes: 7-26-18

| Time | Food/beverage item | How prepared | Quantity |
|---|---|---|---|
| 4:41pm | • Jimmy John's #14 sub (Bootlegger Club) | | 1 |
| | - roast beef | | |
| | - turKey breast | | |
| | - lettuce | | |
| | - tomato | | |
| | - mayo | | |
| | • Regular Potato chips (regular snack bag) | Jimmy John's | 1 |
| | • picKle | Jimmy John's | 1 |
| | • Dr. Pepper | | 20 oz |
| 8:35pm | • sliced turKey | Hilton cafeteria | 1 oz |
| | • cubed cheese ↳ pepper jack | | 1/4 oz |
| | • salmon (raw sliced) | | 1 oz |
| | • crescent roll | | 1 |
| | • 1% milK | | 6 oz |

Completed by: Jeremiah