38- macro

Subject ID: 38C Date: 07-30-2018

24 hr RECALL FORM - Study Visit (1) 2 3 4 5 6 7 8 9

Date and time that dietary recall includes:

Time	Food/beverage item	How prepared	Quantity
11:03AM	butter		1 teaspoon
	scrambled eggs		2
	biscuits		2
	butter		2 teaspoons
	honey smoked turkey breast		4 slices
	ham delifresh		~~[illegible]~~
	Coffee		3 cups
	mini-moos		3
3pm	popcorn salted bag	prepackaged/microwave	~~[illegible]~~ 1 bag
7:46pm	Ronzoni veggie rotini		3 cups
	spinach & cheese spagetti sauce	HEB	1 cup
	parmesan cheese		2 tablespoons
	biscuits		2
	milk		2 cups

Completed by: