

24 hr RECALL FORM - Study Visit

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Date and time that dietary recall includes:

07-18-2018

Time	Food/beverage item	How prepared	Quantity
6:39AM	Scrambled eggs → from Hilton hotel		2
	Sausage link		1
	biscuit		1/4
	1% milk		6 ounces
	Seasoning → pepper		
	5 small baked potatoes pieces		
	other → little pieces of ham		
	baked in oil or butter		
	oil		
12:00pm	2 bread white		2 slices
	pickle		1
	Salad → 3 tomato		1 medium
	lettuce		2 cups
	paul newman		1 table spoon
	italian dressing		
	1% milk		6 ounces
	ketchup		2 table spoons
	chicken patty		2 pieces
	cheese		1 slice
	chicken patties		2 pieces
12:21pm	jell-o chocolate pudding		1 cup
6:41pm	2 chicken fajitas		
	chicken fajita meat frozen	3 microwave	2 cups
	guacamole		2 ounces
	bell pepper		1 cup
	tomato		1 medium
	dr. pepper		8 ounces
	tortillas flour large		2 pieces
8:53	plum		1
	dr. pepper		8 ounces

Completed by:

Raz