Subject ID: 38B Date: 7-20-18

24 hr RECALL FORM - Study Visit

1 2 3 4 5 6 7 8 9 7-19-18 Date and time that dietary recall includes:

Time	Food/beverage item	How prepared	Quantity
- Inches		Day IV	200Z
	· pickle	Jimmy John's	7
	· Regular retato chips	Jimmy John's Jimmy John's	1
	(regular spack has)	J	
	· Dr. Pepper · pickle · Regular potato chips (regular snack bag) · Italian Night Club	Jimmy John's	1
	+ lalian Night Clas	Jimnig Verin	
	Sandwich		
	- Genoa salami		
	- Italian capicola - Smoked ham		
	- Smoked haim		
	- provolone cheese		<u> </u>
	- lettuce, tomato, onion,		
	- lettuce, tomato, onion, mayo, vinaigrette		The second secon
	· Garden Salad	. / / / / / / / /	
	- lettuce	Wal Mart (Marketplace	1 2 cups
	- tomato (medium siz	ed)	1 /2 cup 1 tsp
	- Green Bell Pepper - Italian Dressing		1/2 CUP
	- Italian Dressing	(Paul Newman)	1 tsp
	21411411 0133149		
0.27	·Nachos		
1.8x pm			2 ten
	- Guacamole	(Bush's)	2 / 1100
	- Black retried beans	(Pace)	2 cups 4 + b sp
	- Picante sauce	(K, f+)	207
	- Mexican shredded che	(Tostitos)	1
	- corn tortilla chips	(103/1103)	70Z
	· Dr. Pepper		102
	. /		

Completed	by:
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