38- macro

Subject ID: 38C Date: 08-17-2018

24 hr RECALL FORM - Study Visit 1 2 3 4 5 6 7 (8) 9

Date and time that dietary recall includes: 08-16-2018

Time	Food/beverage item	How prepared	Quantity
7:29AM	Shake: meal 1		
15	gram protein		
42.5	gram maltodextrin		
13	ml sunflower oil		
13	g pudding vanilla		
dinner 5pm	Jimmy Johns Sandwich #8 with turkey		
	coke		
	chocolate chip cookie		
	jalapeno potato chips		
	kettle ~~jalapeno~~ regular potato chips		250gram

Completed by: ✓