

Subject ID: 38E Date: 09-14-18

24 hr RECALL FORM - Study Visit

1 2 3 4 5 (6) 7 8 9

Date and time that dietary recall includes:

9-13-18

Time	Food/beverage item	How prepared	Quantity
5:19 pm	• Country Club (#11) - sliced turkey breast - real wood smoked ham - provolone cheese - lettuce, tomato, onion, + mayo	Jimmy John's	1
	• Jalapeno potato chips	Jimmy John's	1 (snack size bag)
	• pickle	Jimmy John's	1/4 of pickle
	• Diet Coke	Jimmy John's	15 oz
	• Hershey Kisses (regular milk chocolate)	Hershey	3 Kisses
	• Golden Oreos (mini)	Oreo	5 mini cookies
	• meal shake in morning		

Completed by:

Jeremiah