

24 hr RECALL FORM - Study Visit

Subject ID:

38E

Date:

09-13-2018

5 4 3 2 1

6 7 8 9

09-12-2018

Date and time that dietary recall includes:

Time	Food/beverage item	How prepared	Quantity
9:49am	Sparkling water (black cherry)	Zevia	12 FL oz
	watermelon		3 slices
	yogurt (strawberry)	6-gurt	2.25 oz (stick)
1:37pm	chicken breast - salt + pepper + other seasonings added	homemade	1/2 chicken breast
5:22pm	Golden Oreo's (mini)	Oreo	12 mini cookies
	Hershey Kisses	Hershey	16 Kisses
6:55pm	Pork BBQ sandwich - pulled pork - hamburger buns	Kroger	1 set 3oz
	Guacamole	homemade	1/4 - 1/2 cup
	Tortilla chips	Doritos	6 chips

Completed by:

Jernwach