

24 hr RECALL FORM - Study Visit

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Date and time that dietary recall includes:

Time	Food/beverage item	How prepared	Quantity
8AM	Scrambled eggs		2
	biscuit		1
	steens pure cane syrup		1 tablespoon
	coffee black		3 cups
	mini-moos cream		3
	half & half		
lunch	meatloaf	Buppy catering	2 slices
	gravy		
	Roasted potatoes		
	Vegetable medley		
	Carrots		
	green beans		
	Squash		
8:32pm	veggie rotini pasta	Ranzoni	2 cups
	parmesan cheese		
	flour tortilla		
	Smoked turkey breast		
	honey smoked		
	delifresh		
	pasta sauce, spinach	HEB	1 cup
	and cheese spaghetti sauce		

Completed by: ✓