20 0	nacro

Subject ID: 380 Date: 08-20-2018

24 hr RECALL FORM - Study Visit 1 2 3 4 5 6 7 8 9

Date and time that dietary recall includes: 08-19-2018

and time tha	t dietary recall includes: 00-19	How prepared	Quantity
Time	Food/beverage item		
		fried	3
20AM	a eggs olive oil	Flacos	1 table spoon
71/1	olius oil		
			0.5 gram
	salt		0.5 gram
	verer	1:	1
	HEB Flour torfilla med	ive	4 ounces
1516	100 at 1018		4 Cans
:15Ah	ainag lali la laina mi X		
	girandenii rosargy	24	
	aapu Cholada Mai	1.6	1/2 cup
+	added 1/2 cup bittisweet a	nabar	1/2 cmp :
	1/2 cup walnuts		1 = CIAD
22/1/10	blue bereries		1.5 00/
:22pm	browne girardenli haking mix daph Chocdate browned added 1/2 up bittes weet of 1/2 up walnuts blue berries		
100-1111-00-0			
155pm	mix veggies		
3/1	1000000		
	Carliflour 2 together		
	Cantifued July		
	brocoli (1 cuy		
	beans		1 cup
	pasta Salad		1
	La Rayers pasta		
	pasta		
	olives		
	onions		
	spinach		3 table spoons
	marinarasauce		1 gram
	marinarasance garlic Hakes		1 gram
	pepper floros		1 1000
	TALL		19ram
	2/12 01		17able Spoon
	olive oil		V
100000000000000000000000000000000000000			

Completed	by:	
Completed	by:	