

Subject ID: 38H Date: 10-03-2018
1 2 3 4 (5) 6 7 8 9 (taken 10/09)

24 hr RECALL FORM - Study Visit

Date and time that dietary recall includes:

10-02-2018

Date and time that dietary recall includes: 10-02-2010			
Time	Food/beverage item	How prepared	Quantity
7:52	shake @ CTAL 30g protein 42.5g carbohydrates 26g fat 13g pudding 250ml H ₂ O		
4:41	carrots (petite) pine roasted nut hummus	Kroger brand Sabra	20 carrots
6:20	wine	Rosso dolce Prodotto D'Italia	2 glasses
6:27	English peas New potatoes gravy Grilled chicken	grilled	1/4 cup 1/4 cup 1/4 of chicken

Completed by:

Completed by: Lutley Mulyka