

24 hr RECALL FORM - Study Visit

1 2 3 4 5 6 7 8 9

Date and time that dietary recall includes:

08-14-2018

Date and time that dietary recall includes: 08-19-2010			
Time	Food/beverage item	How prepared	Quantity
8:10AM	Shake @ Ctrial with 60gram protein, 170 gram of carbohydrates, 52 ml of fat + 13 gram of pudding → sunflower oil	malto dextrose	
5:04pm	Veggie sandwich half Romaine lettuce tomato diced boars head pepperoni oatmeal cookie oatmeal cookie papaya blueberries	Jimmy Johns Jimmy Johns	1/2 1/2 sandwich 1/8 cup 2 slices 1/2 1/2 1 cup 1/4 cup

Completed by: