

Date: 09-25-2010

24 hr RECALL FORM - Study Visit

1 2 3 4 (5) 6 7 8 9

Date and time that dietary recall includes:

9-24-18

Time	Food/beverage item	How prepared	Quantity
7:59 am	Blue Bell banana split sundae ice cream	Blue Bell	1 cup
1:11 pm	• Chicken breast ↳ w/ mushroom sauce	homeade	1 chicken breast
	• Corn (out of can)		2 Tbsp
	• Butter Potato's ↳ w/ Stove top dressing	homeade (stove top)	3 potatoes 1/2 cup
7:43 pm	• Chicken breast ↳ w/ mushroom sauce	homeade	1 chicken breast
	• Corn (out of can)		2 Tbsp
	• Butter Potatoes	homeade	3 potatoes
	• Diet Coke		12 FL oz
8:07 pm	• Angel Food cake		1 slice
	• Strawberries (crushed)		
	• whipped cream		2 Tbsp

Completed by: