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Subject ID: 38H Date: 10-04-2018 Taken 1 2 3 4 5 6 7 8 9 (10/04)

24 hr RECALL FORM - Study Visit 1
and time that dietary recall includes: 10-03-2017

and time th	hat dietary recall includes: 10-03-2018	How prepared	Quantity
Time	Food/beverage item		
	2 m A)		
12	Shake @ CTRAL		
12			
	170g of carbonydrates		
	170% of car borige.		
	260 fat		
	13 N budding		
	headen Had		
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AND THE RESERVE			
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Completed by: Lutth Watth