38- macro

Subject ID: 38B Date: 07-13-2008

24 hr RECALL FORM - Study Visit 1 2 3 4 (5) 6 7 8 9

Date and time that dietary recall includes:

Time	Food/beverage item	How prepared	Quantity
6:44am	1% milk		6 ounces
	scrambled eggs		2 eggs
	seasoning, oil?		
	sausage link (Hiton?)		1 small
1:45pm	Chex mix snack		1 cup
	1% milk		6 ounces
4:48	plum		1
	apricot		1
7:55pm	nacho chips (brand?)		
	refried beans		1/4 cup
	cheese (?)		1/8 cup
	picante sauce		2 tblespoon
	guacamole		2 ounces
	dr. pepper soda		8 ounces
	chocolate pudding dessert		1 cup

Completed by: