Subject ID: 38A Date: 07-27-2018

24 hr RECALL FORM - Study Visit

1 2 3 4 5 6 7 8 9

| Date and time tha | at dietary recall includes: | 1-26 10 | | 7 |
|-------------------|---|--------------------|-----------------------|-------|
| Time | Food/beverage item | How prepared | Quantity | - |
| 10:55 am | · Kashi Go Lean Original | | Quantity 802 (proj | 1 |
| | cereal | | 174 | 96/9 |
| | , , , , , , , , , , , , , , , , , , , | Blue Diamond unswe | etened 402 | 1,632 |
| | · almond milk | almond breeze | Terre . | |
| | | orrange programme | | |
| 2:13 pm | · Salad blend/mix | Dole | 80Z 40Z | |
| | · Diced tomato · Wild caught pink salmon (packaged pouch) | V | 402 | |
| | · wild caught pink salmon | Kroger | 10z | |
| | (pachaged pouch) | | 102 | , |
| | · olive oil + vinegar dressing | Kens | 276512 | K |
| | The art of megal wing | ACT - | | |
| 7:40 pm | · Salad blend/mix | Dole | 120Z | |
| 10.0 | · Diced tomato | V | 40Z | |
| B- | · Hozarella Mozzarella | Kroger | 20Z | |
| | · Wild caught pink salmon | Kroger | 10Z | |
| | (MacKaged agueh) | 1, 0 9 51 | | |
| | oclive oiltvinegar | Kenls | 2 tbsp | |
| | (packaged pouch) olive oiltvinegar salad gressing | | , | - |
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Completed by: Jeremich