Subject ID: 38B Date: 06/22/2018

## 24 hr RECALL FORM - Study Visit

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Date and time that dietary recall includes:

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Time	Food/beverage item	How prepared	Quantity
5:04 am	2 Jimmu Dean Say Sage		
	2 Jimmy Dean Say Sage bis Suits nochees or egg		
	2 waffles (plain) (Eggo)		
	Me Butterworth surun		1 Thsp 1 cup 16 02
	Black catter		1,000
	Ms. Butterworth syrup Black coffee Orange juice (Minute Maid		16 02
	Jaree minare mana	/	
10:20 am	Chex Mix snack		402
10 000	Chex Mix snack original		1 4 4 -
	- J. Hall		
12:36 pm	Paul Newman Italian Dressing		1 Tsp
l l	tomato cheddar cheese lettuce (packaged mix)		I Tsp I small tomato
shark	cheddar cheese.		1 Thsp
4	lettuce (packaged mix)		2 Thsp 30Z
	Chinese pepper steak	Prepared by HEB	702
	- rice' '		602
	- green bellpepper - onion		(1/4 bellpepper) (1/4 onion)
	- onion		(1/4 onion)
7:12 pm	Garden salad lettuce tomato irpcheddar cheese (KRAF)		302
	tomato		I small tomato
sh	irpCheddar cheese (KRAF)	<u></u>	2 Th5p
		7	
	LemonachicKen pepper	Prepared by HEB	<b>6</b> 0Z
	pepper		· · · · · · · · · · · · · · · · · · ·
	10/ 1/2 ///		- comp
	1% white milk		70z
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Completed by: Jeremiah