

Code and Output

```
% Ask the user for input on SpO2 and body temperature
spo2_before = input('Enter SpO2 level before exercise
(%): ');

temp_before_f = input('Enter body temperature before
exercise (F): ');

temp_before = (temp_before_f - 32) * 5/9; % Convert
Fahrenheit to Celsius

spo2_after = input('Enter SpO2 level after exercise (%): ');
temp_after_f = input('Enter body temperature after
exercise (F): ');

temp_after = (temp_after_f - 32) * 5/9; % Convert
Fahrenheit to Celsius

% Define exercise intensity levels
x = 1:0.1:10;

% Define the effect of exercise on different organs as a
function of exercise intensity
y_heart_before = 30*(1 - exp(-0.2*x));    % Heart rate
increases by 30% of baseline
```

y_lungs_before = 40*(1 - exp(-0.3*x)); % Oxygen
consumption increases by 40% of baseline

y_muscles_before = 50*(1 - exp(-0.4*x)); % Oxygen
uptake increases by 50% of baseline

y_heart_after = 30*(1 - exp(-
0.2*x))*((spo2_after/100)/(spo2_before/100))^0.25*((te
mp_after+273.15)/(temp_before+273.15))^0.15;

y_lungs_after = 40*(1 - exp(-
0.3*x))*((spo2_after/100)/(spo2_before/100))^0.25*((te
mp_after+273.15)/(temp_before+273.15))^0.15;

y_muscles_after = 50*(1 - exp(-
0.4*x))*((spo2_after/100)/(spo2_before/100))^0.25*((te
mp_after+273.15)/(temp_before+273.15))^0.15;

% Perform cubic spline interpolation

xq = linspace(min(x), max(x), 1000);

yq_heart_before = interp1(x, y_heart_before, xq,
'spline');

yq_lungs_before = interp1(x, y_lungs_before, xq,
'spline');

```
yq_muscles_before = interp1(x, y_muscles_before, xq, 'spline');
```

```
yq_heart_after = interp1(x, y_heart_after, xq, 'spline');
```

```
yq_lungs_after = interp1(x, y_lungs_after, xq, 'spline');
```

```
yq_muscles_after = interp1(x, y_muscles_after, xq, 'spline');
```

```
% Plot the effect of exercise on different organs before exercise
```

```
figure;
```

```
hold on;
```

```
plot(xq, yq_heart_before, 'r', 'LineWidth', 2); % Heart rate before exercise
```

```
plot(xq, yq_lungs_before, 'g', 'LineWidth', 2); % Oxygen consumption before exercise
```

```
plot(xq, yq_muscles_before, 'b', 'LineWidth', 2); % Oxygen uptake before exercise
```

```
xlabel('Exercise Intensity (METs)');
```

```
ylabel('Effect on Organ (%)' );
```

```
title('Before Exercise');
```

```
legend('Heart Rate', 'Oxygen Consumption', 'Oxygen  
Uptake by lungs');
```

```
% Plot the effect of exercise on different organs after  
exercise
```

```
figure;
```

```
hold on;
```

```
plot(xq, yq_heart_after, 'r', 'LineWidth', 2); % Heart  
rate after exercise
```

```
plot(xq, yq_lungs_after, 'g', 'Linewidth', 2);
```

```
plot(xq, yq_muscles_after, 'b', 'Linewidth', 2);
```

```
xlabel('Exercise Intensity (METs)');
```

```
ylabel('Effect on Organ (%)' );
```

```
title('After Exercise');
```

```
legend('Heart Rate', 'Oxygen Consumption', 'Oxygen  
Uptake by lungs');
```

