We want you to carefully highlight and identify `text-spans` that correspond to being claims, personal experiences, and/or questions. If a given post (block of text) doesn't contain any relevant of the said elements (claims, experiences, questions), you can simply select `No entities to label` and move on to the next document. If an element appears appears in more than a single span, **mark all corresponding spans of that element with the relevant tag** (even if they're overlapping). There are a number of examples down below to help you understand the nature of these annotations, rationales behind annotating certain words in a certain way, and what we ideally expect from you.

The data you'd be annotating is taken from Reddit. Specifically, it contains people's experiences with medical conditions (specified as "Topic" on every post you will annotate to provide you with additional context). People often talk about symptoms associated with a medical condition, interventions (drugs, therapeutics, etc) they've been trying or prescribed, outcomes associated with certain interventions, and so on. If you're unsure about certain terms/words in a given post, we encourage you to Google it to get a better idea.

You can rely on the following informal definitions to make decisions --

- **Claim:** A post is classified as a claim **if and only if** there exists any *explicit* or *implicit* relationship (regardless of directionality) between an **intervention** and an **outcome** (e.g.: my friend took X, and Y happened; I was having X symptoms and my doctor prescribed me Z for treatment). To effectively identify a claim, you must ask yourself this question -- "Does this piece of text *affect* other people's perception about any XYZ?", and if the answer is *yes* then the given post *more likely than not* satisfies the criteria.

- **Question:** Relatively straightforward. You check this box if a span of text contains is styled as a question (e.g.: Is this normal?; Should I increase/decrease my dosage?; etc).

- **Personal Experience:** When people describe or relate specific outcomes/symptoms to a population/intervention. Anything on the lines of "I experienced X", "I took A for B and D happened", "I have experienced X, Y & Z symptoms" etc. When describing personal experiences, people maybe talking about themselves or someone they know (children, parent, partner, friend etc) *personally*. For example --
  - "My girlfriend went to the doctor because she was having X, Y & Z symptoms!" --> This **is** a personal experience.
  - "I heard X works for Y" --> This **is not** a personal experience since it's based on heresy. However, given the context, such a text span may affect other's perception about "X", and therefore, such a span can be classified as a claim.

You may encounter a number of examples where there's some ambiguity between personal experiences and claims. That is normal. Not all claims are personal experiences (e.g. "i have heard X works for children uner 7") and vice versa ("I have a condition X and have been having ABC problems" -- notice there is no implied relationship between an *intervention* and an *outcome*).

In summary, your task is:

1. **Read** the text carefully.
2. **Highlight** spans in the text which correspond to medically relevant claim, personal experiences, and questions respectively.
3. **Choose** the span that best matches what you have highlighted (**using shortcuts can help speed things up as your go**).
4. To **change** a label, choose highlighted text and select a new label.
5. To **remove** a label from highlighted text, choose the X next to the abbreviated label name on the highlighted text.

You may select "No entities to label" in cases where there are no relevant spans to be marked **or** you believe that the given post is incomplete in any way (text is abruptly ended, missing image, etc). These posts will be verified across different workers so only this option sparingly.

Examples:

1. **Text:** Does gylco make you bone dry? I have been having VERY bad sweating episodes recently after a good two years since discovering ionto. It has made me depressed, and ive since ordered 1.5mg glyco pills. I am relying on these to work. How well do they work? If the 1.5 pill dosent work should I keep having more until I am dry? Alcohol is the only thing making me bone dry at the moment, and i am thinking off drinking before work each day to get me to an acceptable level of dryness and go from there if glyco dosent work right. Yes it sounds stupid but I am getting desperate.

   Topic: Hyperhidrosis

   Rationales: We have the following elements highlighted in the given post:
   - **Claim & Personal Experience**
     1. "having VERY bad sweating episodes recently after a good two years since discovering ionto"
   - **Question(s)** (marked separately)
     1. "Does gylco make you bone dry?"
     2. "How well do they work?"
   - **Personal Experience(s)**
     1. "It has made me depressed"
     2. "Alcohol is the only thing making me bone dry at the moment"

   There are no standalone claims being made in this post.

2. **Text:** Miradry treatment Ive made an appointment to get the miradry treatment done next Saturday. Has anyone had this done? Ive tried everything else from topicals, oral medications, Botox, but nothing has helped for that long. I appreciate any advice.

   Topic: Hyperhidrosis

   Rationales: We have the following elements highlighted in the given post:
   - **Question(s)** (marked separately)
     1. "Has anyone had this done?"
   - **Personal Experience(s)**
     1. " Ive tried everything else from topicals, oral medications, Botox, but nothing has helped for that long"

   There are no claims being made in this post.

3. **Text:** Is iontophoresis suitable for young children ie 7 yrs old? I have HH and one of my kids has it too. All my life, I've been struggling and didn't even know about ionto till now! I've bought a Dermadry, hoping to be able to help my kid lessen the sweats (it bothers me less now, plus I have very dry skin on my hands as I wash alot of dishes lols). Can anyone tell me if it's safe for kids this young? I tried asking our dermatologist and he said yeah it should be (?) I guess it's not that widely treated a problem in my country? Also I read another post where people were saying that they've been using it for over 10 years

with no side effects which is great. I'm just worried that I might damage any of her sensitive still-growing nerves or something!

Topic: Hyperhidrosis

Rationales: We have the following elements highlighted in the given post:
- **Claim & Personal Experience**
    1. "I tried asking our dermatologist and he said yeah it should be"
- **Question(s)** (marked separately)
    1. "Is iontophoresis suitable for young children ie 7 yrs old?"
    2. "Can anyone tell me if it's safe for kids this young?"
- **Personal Experience(s)**
    1. "I have very dry skin"
- **Claim(s)**
    1. "people were saying that they've been using it for over 10 years with no side effects"