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Arogya LakshmiAre you sure you want to sign out?CancelSign OutEngEnglish/à¤i,à¤,à¤,à¤;ीSign
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WomenDetailsTelangana government provides one nutritious meal every day to pregnant and lactating women and children below the
age of six through Anganwadi centers. The scheme was launched officially on January 1, 2015. This program under the Women
Development and Child Welfare Department of Telanganaï»; The Government of Telangana has launched Arogya Lakshmi Scheme.
Through this scheme, pregnant and lactating women are provided one full meal at the Anganwadi center along with iron and folic acid
tablets. Spot feeding of the meal is ensured through this scheme. The Government of Telangana launched this scheme on 1st January
2015. This scheme will be implemented through 31897 main Anganwadi centers and 4076 mini Anganwadi centers in the state.ï»; The
program aims to reduce maternal and infant mortality rates in Telangana by providing support to women who would otherwise be unable
to access quality healthcare services. The government hopes that this program will encourage more women to seek out prenatal and
postnatal care, and ultimately lead to better health outcomes for mothers and children in the state. "">
in the state." One full meal will consist of rice,
dal with leafy vegetables/sambhar, vegetables for a minimum of 25 days, boiled egg, and 200 ml milk for 30 days in a month."»¿For the
women, 200 ml of milk for 25 days a month and one egg each day will be given with meal. Children, aged between seven months and
three years are provided with 16 eggs a month in addition to a 2.5 kg food packet. For children aged between 3 and six years, one egg a
day in addition to rice, dal, vegetables, and snacks is supplied. A total 18,96,844 lactating mothers, 5,18,215 infants, and 21,58,479
pregnant women were covered under the scheme expending Rs 627.96 crore in the past year. The quantity of food items supplied under
the scheme has also been increased across all the categories.Objectives of "Arogya Laxmi programmeâ€â€¢ Enhance the quality
and acceptability of supplementary nutrition by the Pregnant and Lactating women• Ensure food supplied is consumed by only the
Pregnant and Lactating women rather than the whole family• Ensure that Pregnant and Lactating women consume 90+ IFA tablets.•
Improve the enrolment of mothers at AnganwadiCenters (AWCs).• Eliminate or decrease the number of Pregnant and Lactating
women with anemia/ who are undernourished.• Reduce the incidence of low birth babies and malnutrition among children.• Ensure
that Pregnant and Lactating women receive health checkups and immunization.• Reduce the incidence of infant mortality and maternal
mortality. ">¿BenefitsFor children between 7 months to 3 years, 16 eggs per month along with 2.5 Kg Balamrutham will be provided
Balamrutham†is the weaning food introduced under ICDS to provide improved supplementary nutrition to children between 7 months
to 3 years. The weaning food is a preparation of wheat, chana dal, milk powder, oil, and sugar. It is fortified and thus provides 50% of
iron, calcium, vitamins, and other RDA that children require per day. The composition and nutritive values of Balamrutham are indicated
in Table-I and II respectively. The recommended quantity is 100 gms which is to be given to children 3-5 times every day. For children
below one year, Balamrutham can be served as porridge mixed with hot water, and for older children, it can be given in the form of
"Ladduâ€. For children aged between 3 and six years, one egg a day in addition to rice, dal, vegetables, and snacks is
supplied. Pregnant and lactating women are provided one full meal at the Anganwadi centre along with iron and folic acid tablets 1 full
meal will consist of rice, dal with leafy vegetables/sambar, and vegetables for a minimum of 25 days. Boiled eggs and 200 ml milk for 30
days in a month. Eligibility The eligibility criteria for the Arogya Lakshmi program in Telangana, India, may vary depending on the
specific details of the program and the year in which it is implemented. However, some general eligibility criteria for the program
are: "»¿Residency: The pregnant woman or the family with a newborn must be a resident of Telangana. Pregnancy: The pregnant woman
must be in her first or second trimester of pregnancy to be eligible for the program. Delivery: The delivery must take place at a designated
healthcare facility or with the assistance of a qualified healthcare provider. in to note that these are just some of the general
eligibility criteria for the Arogya Lakshmi program, and that specific details and criteria may change from year to year. It's always best to
check with the relevant government agencies or healthcare providers for the most up-to-date information on eligibility
criteria. Exclusions 1. Nonpregnant/not lactic women are not allowed to apply to the scheme. 2. Children more than 6 years also not
eligible under this scheme.3. Men are not eligible for this schemeï», Application ProcessOffline Applicant can apply through the nearest
Anganwadi centeresProcedure To Apply Under Arogya Lakshmi Scheme Through Anganwadi Centre• Go to your nearest
Anganwadi centre• Ask for Arogya Lakshmi application form• Fill all the required information in this application form• Attach
all the required documents to the application form• Now submit this form in the Anganwadi centre• By following this procedure
you can apply under Arogya Lakshmi scheme through Anganwadi centreDocuments Required• Aadhar Card• Ration card•
Proof of age• Proof of income• Passport size photograph• Mobile numberFrequently Asked QuestionsWhat is the age of
children to use this scheme? The ages children between 7 months to 6 years. What are the benefits to children under this scheme? For
children between 7 months to 3 years 16 eggs per month will be provided and for children from 3 to 6 years 30 eggs per month will be
provided.Is Normal womens are eligible for this scheme ?No, only Pregnant and lactating mothers are eligibleWhat are the benefits to
are under this scheme ?Pregnant and lactating women are provided one full meal at the Anganwadi center along with iron and folic acid
tablets. What full meals contains ?1 full meal will consist of rice, dal with leafy vegetables/sambar, and vegetables for a minimum of 25
days. Boiled eggs and 200 ml milk for 30 days in a monthHow many categories of children are there ?Two categories are 1. Children,
aged between seven months and three years, 2. children aged between 3 and six years. What are benefits children age between 7months to
3 yeares? Children, aged between seven months and three years are provided with 16 eggs a month in addition to a 2.5 kg food packet.
What are benefits children age between 3 yeares to 6 years? For children aged between 3 and six years, one egg a day in addition to rice,
dal, vegetables and snacks is supplied. What are main object of this program? Enhance the quality and acceptability of supplementary
nutrition by the Pregnant and Lactating women Ensure food supplied is consumed by only the Pregnant and Lactating women rather than
the whole family What are procedure apply this scheme?• Go to your nearest Anganwadi centre • Ask for Arogya Lakshmi
application form • Fill all the required information in this application form • Attach all the required documents to the application
form • Now submit this form in the Anganwadi centre • By following this procedure you can apply under the Arogya Lakshmi
scheme through the Anganwadi centre What are the Eligibility Criteria And Required Documents Of Arogya Lakshmi Scheme?•
Applicant must be permanent resident of Telangana • Applicant must be pregnant or lactating • Aadhar Card • Ration card •
Proof of age • Proof of income • Passport size photograph • Mobile number What is the Balamrutham ?How it will be
useful?"Balamrutham†is the weaning food introduced under ICDS to provide improved supplementary nutrition to children between
7 months to 3 years. The weaning food is a preparation of wheat, chana dal, milk powder, oil, and sugar. It is fortified and thus provides
50% of iron, calcium, vitamins, and other RDA that children require per day. The composition and nutritive values of Balamrutham are
indicated in Table-I and II respectively. The recommended quantity is 100 gms which is to be given to children 3-5 times every day. For
children below one year, Balamrutham can be served as porridge mixed with hot water and for older children, it can be given in the form
of "Ladduâ€. Balamrutham is distributed in packets of 2.5 Kg per child per month. It is distributed on first day of every month on
Nutrition Health Day-1 to mothers of 7 months - 3 years children as Take Home Ration. Along with Balamrutham packet, these children
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also receive 2 eggs a week at the AWC under ICDS Food Model for 7 months to 3 years under ICDS is at Table III. It is expected that Balamrutham will serve as an effective supplementary nutrition during the child's crucial period of 7 months to 3 years and along with counseling to mother on IYCF practices will help to prevent incidence of chronic malnutrition. Balamrutham serves not only as a weaning food but also as a caloric-dense food to reduce malnutrition and is therefore used as part of Supervised feeding for malnourished children Sources And ReferencesICDS WebsiteTelangana Govt InitiativesGuide LinesUser ManualHelp DeskOkWas this helpful?News and UpdatesNo new news and updates availableShareSomething went wrong. Please try again later.OkYou need to sign in before applying for schemesCancelSign InSomething went wrong. Please try again later.OkIt seems you have already initiated your application earlier. To know more please visit Cancel Apply Now Check Eligibility Telangana Arogya Lakshmi Anganwadi Centers Arogya LakshmiChildrenLactating WomenPregnat WomenDetailsBenefitsEligibilityExclusionsApplication ProcessDocuments RequiredFrequently Asked QuestionsTelangana government provides one nutritious meal every day to pregnant and lactating women and children below the age of six through Anganwadi centers. The scheme was launched officially on January 1, 2015. This program under the Women Development and Child Welfare Department of Telanganaï», The Government of Telangana has launched Arogya Lakshmi Scheme. Through this scheme, pregnant and lactating women are provided one full meal at the Anganwadi center along with iron and folic acid tablets. Spot feeding of the meal is ensured through this scheme. The Government of Telangana launched this scheme on 1st January 2015. This scheme will be implemented through 31897 main Anganwadi centers and 4076 mini Anganwadi centers in the state."»¿The program aims to reduce maternal and infant mortality rates in Telangana by providing support to women who would otherwise be unable to access quality healthcare services. The government hopes that this program will encourage more women to seek out prenatal and postnatal care, and ultimately lead to better health outcomes for mothers and children in the state."»; One full meal will consist of rice, dal with leafy vegetables/sambhar, vegetables for a minimum of 25 days, boiled egg, and 200 ml milk for 30 days in a month.For the women, 200 ml of milk for 25 days a month and one egg each day will be given with meal . Children, aged between seven months and three years are provided with 16 eggs a month in addition to a 2.5 kg food packet. For children aged between 3 and six years, one egg a day in addition to rice, dal, vegetables, and snacks is supplied. A total 18,96,844 lactating mothers, 5,18,215 infants, and 21,58,479 pregnant women were covered under the scheme expending Rs 627.96 crore in the past year. The quantity of food items supplied under the scheme has also been increased across all the categories.Objectives of "Arogya Laxmi programmeâ€â€¢ Enhance the quality and acceptability of supplementary nutrition by the Pregnant and Lactating women• Ensure food supplied is consumed by only the Pregnant and Lactating women rather than the whole family• Ensure that Pregnant and Lactating women consume 90+ IFA tablets.• Improve the enrolment of mothers at AnganwadiCenters (AWCs).• Eliminate or decrease the number of Pregnant and Lactating women with anemia/ who are undernourished.• Reduce the incidence of low birth babies and malnutrition among children.• Ensure that Pregnant and Lactating women receive health checkups and immunization.• Reduce the incidence of infant mortality and maternal mortality. \(\tilde{\omega}\), OkWas this helpful? ShareNews and UpdatesNo new news and updates available©2024Powered byDigital India Corporation(DIC)Ministry of Electronics & IT (MeitY)Government of India®Quick LinksAbout UsContact UsScreen ReaderAccessibility StatementFrequently Asked QuestionsDisclaimerTerms & ConditionsUseful LinksGet in touch4th Floor, NeGD, Electronics Niketan, 6 CGO Complex, Lodhi Road, New Delhi - 110003, Indiasupportmyscheme[at]digitalindia[dot]gov[dot]in(011) 24303714Last Updated On: 28/03/2024 | v-2.1.1