

Sanitary Napkin SchemeAre you sure you want to sign out?CancelSign OutEngEnglish/à¹à²à³,à´àµ€Sign  
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InSomething went wrong. Please try again later.OkIt seems you have already initiated your application earlier.To know more please visit  
CancelApply NowCheck EligibilityUttarakhandSanitary Napkin SchemeGirlsHealthSanitary PadDetailsRecognizing the importance of  
menstrual hygiene management, the Uttarakhand government's Department of Women Empowerment and Child Development  
introduced the "Sanitary Napkin Scheme," a social security initiative focused on adolescent girls and women. This program tackles the  
issue of period poverty by making sanitary napkins readily available at a subsidized cost. By ensuring affordability, the scheme  
empowers girls and women to manage their menstrual cycles hygienically and confidently. This not only promotes good health but also  
allows them to participate fully in all aspects of daily life, including education and work. The "Sanitary Napkin Scheme" serves as a  
significant step towards breaking the silence around menstruation and fostering a culture of menstrual health awareness in  
Uttarakhand.BenefitsSanitary napkins are distributed to adolescent girls/women at â,¹ 6/-.»¿EligibilityBeneficiary should be a  
permanent resident of Uttarakhand.Beneficiary should be a girl/woman.»¿Application ProcessOfflineStep-1: Concerned girls/women  
should visit their nearest Anganwadi Centre.Step-2: They can buy sanitary napkins from there at a minimum cost of â,¹ 6/-..Documents  
RequiredNo documents are required.Note: Beneficiaries can directly approach their nearest Anganwadi Centre and buy sanitary  
napkins.»¿Frequently Asked QuestionsWhat is the objective of the scheme?â€œSanitary Napkin Schemeâ€ is a social security scheme  
by the Department of Women Empowerment and Child Development, Government of Uttarakhand, that aims to distribute sanitary  
napkins to adolescent girls/women.Which department has launched this Scheme?This scheme has been launched by the Department of  
Women Empowerment and Child Development, Government of Uttarakhand.Who are the targeted beneficiaries under this scheme?  
Girls/women of the state are the targeted beneficiaries under this scheme.What kind of assistance can be availed through this scheme?  
This scheme provides sanitary napkins at a minimum cost of â,¹ 6/- to the girls/women of the state.What should be the age criteria for the  
beneficiaries?There are no specific age criteria for the beneficiaries.How can one avail the benefits?Concerned women should visit their  
nearest Anganwadi Center and buy sanitary napkins from there.What documents are required ?No documents are required.Can the  
beneficiary get the benefit online?No, only from the Anganwadi Center. Sources And ReferencesGuidelinesOkWas this helpful?News  
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