(1) Experimental design.

Suppose Innoqua receives a project from a major cosmetics company on the effects of sunscreens on corals. The budget is between 1 and 5 million yen.

You are required to prepare an experimental plan on how you will design this experiment within the Innoqua laboratory, using the limited equipment available within Innoqua.

Based on your previous research, please describe your experimental plan, time schedule, and budget including purchased items and working costs (1100 yen per hour for a part-time person).

- 1. Dissolved oxygen (DO)
- 2. Chlorophyll Fluorometer (Pulse-amplitude modulated (PAM) fluorometry)
- 3. Digital balance
- 4. Waterproof camera with macro mode
- 5. Water high pressure spray
- 6. Quantum flux
- 7. Sonicator
- 8. Vortex
- 9. Digi-Microscope
- 10. Hand-Microscope
- 11. Microscope
- 12. Stereomicroscope
- 13. Centrifuge machine
- 14. Current meter
- 15. Seawater refractometer
- 16. pH meter

RESPONSE:

(I assume that the instruments listed above are available at Innoqua)

Objective:

To study how exposure of sunscreen affects coral by parameters such as photosynthesis efficiency, chlorophyll fluorescence, dissolved oxygen (DO) levels and overall coral health.

Motivation:

Underwater ecosystems like coral reefs attract large visitors via tourism and result in great economic benefits. Furthermore, the value of the marine ecosystems combined with the organisms is unquantifiable. Its complex interactions with other marine flora and fauna are being understood. Their ecosystem is under threat due to overfishing, agricultural and industrial pollutants and anthropogenic factors. Furthermore, overtourism may cause additional stress via chemical pollutants such as dermal sunscreen released into sea water. Hence, it becomes necessary to understand what are the effects of sunscreen components on coral health, if any. This study comes at a critical time when global warming events are already causing widespread coral bleaching and pose great threat to such fragile marine ecosystems.

Outcomes:

The outcomes of this research will be following: We will answer if the chemical components of sunscreen formulation (hereby labelled as SF) cause any detrimental effect on coral health or not. We will also report what is the minimum concentration at which the negative effect(s) of SF are observed, if any.

Previous studies and relevance:

The effect of chemical pollutants to coral and associated marine life has been studied by several techniques looking at various aspects. We focus on the active chemical components of sunscreen formulations. Some of the chemical components such as TiO₂, ZnO, oxybenzone, etc. have been detected in coastal waters.^{3–6} Crucially, some of the common sunscreen formulations available in US and European markets based on organic UV filters (such as benzophenone derivatives, camphor derivatives, salicylates) have been shown to induce lytic viral cycle causing eventual coral bleaching at concentrations of $10\mu g/L$.⁷ This is relatively low concentration suggesting that corals are very sensitive to the local chemical environment. Hence, the presently proposed study is very relevant to assess the effect of the target sunscreen.

Experimental Plan:

Controlled experiments with coral samples placed in tanks will be exposed to different concentrations of sunscreen listed in Table 1 to observe effect of exposure on coral health via biochemical parameters listed in Table 2, over a period of 5 weeks. Commonly used coral fragments of species such as - *Acropora* or *Pocillopora* will be used.

We will have five experimental setups (along with its 2 replicates) and one control set up (in total 11 tanks with corals, of which 10 are being exposed to sunscreen in varying concentrations).

Table 1: Plan of water tanks for the experiment			
Tank label	Concentration of sunscreen ($\mu g/L$ of seawater)		
Control	0		
A1	5		
A2	5		
B1	10		
B2	10		
C1	25		
C2	25		
D1	50		
D2	50		
E1	100		
E2	100		

Table 2: Parameters in the study			
Physical parameters	Biochemical parameters		
Color change	Photosynthetic activity via chlorophyll fluorescence		
Weight change			
Bleaching			
Dissolved oxygen of sea water	Tissue damage		

The physical and biological parameters under investigation to assess coral health are listed in Table 2. Their relevance and principle of technique is discussed briefly.

Corals (*Anthozoa/Cnidaria*) being colonial marine invertebrates build calcareous skeletal framework and have zooxanthellae (*Symbiodinium*) as a symbiont in tissues. Most importantly, the symbiont is photosynthetic and provides nutrition to the coral by performing the process during the day. About 30-40% mass of the coral is contributed via zooxantheallae.

Expulsion of symbiont eventually results in coral death, a phenomenon known as coral bleaching. Since, the symbiont is very crucial for coral health, it is widely used as a biomarker of its health via color and photosynthetic activity.

Degradation of coral health is typically marked by following processes:

- worsening photosynthetic activity resulting in decolouration
- complete colour change to white is a mark of coral bleaching, evidence of the elimination of symbiont.

Through following experimental techniques, we will assess the health of the corals.

1.) Fluorescence of Chlorophyll of the symbiont.

Maximum photochemical efficiency of PSII via the ratio of variable fluorescence (F_V) to maximum fluorescence (F_M) in dark adapted corals. This technique is widely used to assess the stress in photosynthetic systems. (In plants, the value in normal leaves is found to be 0.83 while it is less than 0.83 in stressed and/or diseased state)^{8,9}. In the present case, the reference value would have to be assessed from initial readings of the coral (without sunscreen exposure and from the control group).

2.) Dissolved oxygen level.

Photosynthesis by symbiont produces oxygen which is released in the seawater. In normal corals an oscillation of dissolved O_2 is expected due to the variation of sunlight during day and night. The amplitude of this oscillation suggests the absolute amount of photosynthetic activity and hence coral health.

3.) Weight of the coral mass.

Change in the weight of the coral overtime gives us information about how healthy the corals are. For this, wet weight (without excess water) will be measured on a digital balance at the start of the study and will be followed every two weeks. A comparison with control will give us evidence of any retardation on the growth.

- 4.) Colour change via photographs.

 Symbiont provides colour to corals via photosynthetic pigments. A colour change has been directly correlated to the health of corals via standard colour analysis of photographs.^{7,10}
- 5.) Tissue damage status via microscopic section. A cross-section of the coral can be taken to understand pattern of skeletal deposition to assess the effect on growth. Further, dark/coloured regions indicating symbiont in tissue sections give direct evidence of the status of zooxanthellae Such comparison with control group will give unequivocal evidence of any effect on the host-symbiont relationship due to chemical exposure.

Simulation of natural environmental condition:

The proposed experiment involves placing and acclimatizing them in a controlled environment prepared in a water tank for experiment. Maintaining a controlled environment for coral growth in critical for the proposed experiment. Water quality including amounts of trace chemicals, biological waste, pH has to precisely recorded and controlled. This requires a regular measurement of pH (using a pH meter), salinity (using the seawater refractometer), and light intensity (using the light flux meter) to ensure that all conditions are within the optimal range for coral survival. Standard flow setup with pump and water pressure spray for simulating water current will be used. A tight control of the physical conditions are needed to ensure valid results. For this automated measurement can be established via microcontrollers to record data automatically.

US-NOAA has provided detailed recommendations for establishing aquariums for experiments on coral, and the present planning is based on this document.¹¹

Required items/instruments:

pH meter
seawater refractometer
light flux meter
thermometer
microcontroller (Arduino)
PAR fluorometer (for photosynthetic activity)
Portable DO meter
Digital microscope (with camera)
Photographic camera
Digital balance
Sonicator

Tanks, piping, pumps

Wet lab items: glass-wares, pipette

Chemicals: calibration reference for pH meter, salinity refractometer, and for

DO meter, DI water, acetone, NaOH standard solution.

Sea salt mix or natural sea water (200 L, assuming tank volume of 15L)

Disinfectants: ethanol or isopropyl alcohol, bleach

Coral feed

Notebook / PC for data logging

Data analysis plan:

This involves comparison of recorded data from 10 tanks with sunscreen exposure to that of the control. Compared parameters are listed in Table 2. For statistical analysis and data presentation open-source scientific tools (NumPy, SciPy and matplotlib)^{12–14} will be used. This involves digitizing the recorded data as arrays on a PC.

Proposed Schedule:

1. Week 1-2: Initial Setup of Water Tank:

- o Coral samples are collected and fragmented to approximate size of 4-5 cm. This is appropriate for 15L of circulating water per tank.
- o Tanks with volume 15L and pump for circulation are set up.
- o Artificial Sea water is prepared using sea-salt mix and filtered, and sterilized. Preparation of artificial sea water is preferred due to the logistical cost of moving large amount of natural sea water. Using product #S9883 from Merck, 600g of sea salt per 15 L of DI water is needed. pH adjusted using dilute solution of NaOH to 8.1-8.3.¹¹
- o Light source of intensity between 50-100 μ mol/m²/s (or equivalent) for 10-12 hours/day is set up with a timer (microelectronic controller). Lower light intensity is preferred to promote growth of symbiont alga.
- o Temperature, and pH are constantly monitored (if possible, using a microcontroller). If not, available daily measurements will be performed.
- o Corals are placed and we wait for their acclimatization (1-2 weeks)
- o Prepare sunscreen with different concentrations for the introduction in the tanks. This involves testing the solubility of sunscreen in a transfer agent (ethanol or acetone). For control tank, the same amount of transfer agent will be added (without any sunscreen).

2. Week 3 - Exposure to sunscreen:

- o Expose the corals to varying concentrations of sunscreen (in tanks A1 to E2).
- o Daily measurements of chlorophyll fluorescence, dissolved oxygen and photograph, pH and temperature. Record data in a log book.
- o Continuous monitoring of environmental conditions (temperature, salinity, pH, water flow, light).

3. Week 4 to Week 5 - Data Collection and Analysis

- o Continue measuring chlorophyll fluorescence, dissolved oxygen and other parameters. Record data in a log book.
- o Record growth data using digital balances and take photos for analysis. Record data in a log book.
- o Microscopic investigation of the tissue section at the end of experiment to observe evidences of cellular damage or changes in coral structure. Record optical images.
- o Prepare a report based on available data (for control and 10 tanks). Develop interpretation based on results.

Budget estimation:

Category	Item	Cost per item	No.	Total	Ref.
General equipmen t	Water tanks	6500	11	71500	https://www.kotobuki- kogei.co.jp/en/product/?cid=29
	Pump	2500	11	27500	<u> </u>
	Microcontroll er (with temperature, pH sensor)	4600	11	50600	https://axel.as- 1.co.jp/asone/d/68-2108- 35/?q=arduino%20micro
	Sensors	5000	11	55000	
	Lighting	4000	7	28000	https://shorturl.at/1kPA1
	Beakers	2000	2	4000	
	Gloves	5000	2	10000	

		4950		14850	https://axel.as-
	Tubing	0	3	0	1.co.jp/asone/d/80-0011-16/
	50mL sample				https://axel.as-
	tubes	5795	1	5795	1.co.jp/asone/d/4-3632-02/
					,,
		0.405			
		8425	_		https://www.jp.omega.com/ppt
	Thermometer	0	1	84250	st/HH911T-HH912T.html
	Glass				https://axel.as-
	container				1.co.jp/asone/g/NCGK072659/
	(250ml)	5100	4	20400	?cfrom=D0070100
	(2001111)	0100	•	20100	. 6116111-26616166
	Class				https://ovol.co
	Glass				https://axel.as-
	container				1.co.jp/asone/g/NCGK072659/
	(500ml)	5500	4	22000	?cfrom=D0070100
	Glass				https://axel.as-
	container				1.co.jp/asone/g/NCGK072659/
	(1000ml)	7200	4	28800	?cfrom=D0070100
_	Miscellaneou	1200	•	20000	. 6110111-2007 6100
				75000	
	S			73000	
	Shipping			50000	
	Gppg			00000	
_					
					https://lahcham
Charriagi				24420	https://labchem-
Chemical	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	0.400	00	21120	wako.fujifilm.com/jp/product/de
S	Water (5L)	6400	33	0	tail/W01W0104-1678.html
	Sea salt mix	1830		14640	https://www.sigmaaldrich.com/
	(1kg)	0	8	0	JP/ja/product/sigma/s9883
	(''\g/		<u> </u>		or rjarproduct digitiar 55000
	Sodium				
	chloride (for				
	calibration of				
	seawater				https://labchem-
					· .
	refractometer	1050	0	0400	wako.fujifilm.com/jp/product/de
	sample prep)	1050	2	2100	tail/W01W0119-0166.html

		1			
	Sodium hydroxide (1N)	2150 0	1	21500	https://labchem- wako.fujifilm.com/jp/product/de tail/W01ALF035629.html
	Acetone (3L)	5100	1	5100	https://labchem- wako.fujifilm.com/jp/product/de tail/W01W0101-0035.html
	Ethanol(1L)	4800	2	9600	https://labchem- wako.fujifilm.com/jp/product/de tail/W01W0105-0920.html
	Bleach (100g)	2650	2	5300	https://labchem- wako.fujifilm.com/jp/product/de tail/W01W0103-1624.html
	Coral feed	3200	1	3200	https://algaeresearchsupply.co m/collections/algae-research- supply-filter-feeder-formula- algae-culture/products/live- algae-filter-feeder-formula- 1000ml
	pH meter calibration solution (500ml each for pH 4.0, 7.0 and 10)	1200 0	1	12000	https://www.jp.omega.com/ppt st/PHA4_7_10.html
	miscellaneou s			75756	
	Notebook PC	2489 99	1	24899 9	https://axel.as- 1.co.jp/asone/d/67-7578-30/
Human resource	5 weeks, 5 hou	ırs per		13750 0	
Total (JPY)					1560000

References:

- (1) Moberg, F.; Folke, C. Ecological Goods and Services of Coral Reef Ecosystems. *Ecol. Econ.* **1999**, *29* (2), 215–233. https://doi.org/10.1016/S0921-8009(99)00009-9.
- (2) Hughes, T. P.; Baird, A. H.; Bellwood, D. R.; Card, M.; Connolly, S. R.; Folke, C.; Grosberg, R.; Hoegh-Guldberg, O.; Jackson, J. B. C.; Kleypas, J.; Lough, J. M.; Marshall, P.; Nyström, M.; Palumbi, S. R.; Pandolfi, J. M.; Rosen, B.; Roughgarden, J. Climate Change, Human Impacts, and the Resilience of Coral Reefs. *Science* **2003**, *301* (5635), 929–933. https://doi.org/10.1126/science.1085046.
- (3) Tovar-Sánchez, A.; Sánchez-Quiles, D.; Basterretxea, G.; Benedé, J. L.; Chisvert, A.; Salvador, A.; Moreno-Garrido, I.; Blasco, J. Sunscreen Products as Emerging Pollutants to Coastal Waters. *PLOS ONE* **2013**, *8* (6), e65451. https://doi.org/10.1371/journal.pone.0065451.
- (4) Daughton C G; Ternes T A. Pharmaceuticals and Personal Care Products in the Environment: Agents of Subtle Change? *Environ. Health Perspect.* **1999**, *107* (suppl 6), 907–938. https://doi.org/10.1289/ehp.99107s6907.
- (5) Sánchez-Quiles, D.; Tovar-Sánchez, A. Are Sunscreens a New Environmental Risk Associated with Coastal Tourism? *Environ. Int.* **2015**, *83*, 158–170. https://doi.org/10.1016/j.envint.2015.06.007.
- (6) Giokas, D. L.; Salvador, A.; Chisvert, A. UV Filters: From Sunscreens to Human Body and the Environment. *TrAC Trends Anal. Chem.* **2007**, *26* (5), 360–374. https://doi.org/10.1016/j.trac.2007.02.012.
- (7) Danovaro Roberto; Bongiorni Lucia; Corinaldesi Cinzia; Giovannelli Donato; Damiani Elisabetta; Astolfi Paola; Greci Lucedio; Pusceddu Antonio. Sunscreens Cause Coral Bleaching by Promoting Viral Infections. *Environ. Health Perspect.* **2008**, *116* (4), 441–447. https://doi.org/10.1289/ehp.10966.
- (8) Brooks, M. D.; Niyogi, K. K. Use of a Pulse-Amplitude Modulated Chlorophyll Fluorometer to Study the Efficiency of Photosynthesis in Arabidopsis Plants. In *Chloroplast Research in Arabidopsis: Methods and Protocols, Volume II*; Jarvis, R. P., Ed.; Humana Press: Totowa, NJ, 2011; pp 299–310. https://doi.org/10.1007/978-1-61779-237-3 16.
- (9) Björkman, O.; Demmig, B. Photon Yield of O2 Evolution and Chlorophyll Fluorescence Characteristics at 77 K among Vascular Plants of Diverse Origins. *Planta* **1987**, *170* (4), 489–504. https://doi.org/10.1007/BF00402983.
- (10) Apprill, A.; Girdhar, Y.; Mooney, T. A.; Hansel, C. M.; Long, M. H.; Liu, Y.; Zhang, W. G.; Kapit, J.; Hughen, K.; Coogan, J.; Greene, A. Toward a New Era of

- Coral Reef Monitoring. *Environ. Sci. Technol.* **2023**, *57* (13), 5117–5124. https://doi.org/10.1021/acs.est.2c05369.
- (11) Bartlett, T. C. Small Scale Experimental Systems for Coral Research: Considerations, Planning, and Recommendations. **2013**.
- (12) Harris, C. R.; Millman, K. J.; van der Walt, S. J.; Gommers, R.; Virtanen, P.; Cournapeau, D.; Wieser, E.; Taylor, J.; Berg, S.; Smith, N. J.; Kern, R.; Picus, M.; Hoyer, S.; van Kerkwijk, M. H.; Brett, M.; Haldane, A.; del Río, J. F.; Wiebe, M.; Peterson, P.; Gérard-Marchant, P.; Sheppard, K.; Reddy, T.; Weckesser, W.; Abbasi, H.; Gohlke, C.; Oliphant, T. E. Array Programming with NumPy. *Nature* **2020**, *585* (7825), 357–362. https://doi.org/10.1038/s41586-020-2649-2.
- (13) Virtanen, P.; Gommers, R.; Oliphant, T. E.; Haberland, M.; Reddy, T.; Cournapeau, D.; Burovski, E.; Peterson, P.; Weckesser, W.; Bright, J.; van der Walt, S. J.; Brett, M.; Wilson, J.; Millman, K. J.; Mayorov, N.; Nelson, A. R. J.; Jones, E.; Kern, R.; Larson, E.; Carey, C. J.; Polat, İ.; Feng, Y.; Moore, E. W.; VanderPlas, J.; Laxalde, D.; Perktold, J.; Cimrman, R.; Henriksen, I.; Quintero, E. A.; Harris, C. R.; Archibald, A. M.; Ribeiro, A. H.; Pedregosa, F.; van Mulbregt, P.; Vijaykumar, A.; Bardelli, A. P.; Rothberg, A.; Hilboll, A.; Kloeckner, A.; Scopatz, A.; Lee, A.; Rokem, A.; Woods, C. N.; Fulton, C.; Masson, C.; Häggström, C.; Fitzgerald, C.; Nicholson, D. A.; Hagen, D. R.; Pasechnik, D. V.; Olivetti, E.; Martin, E.; Wieser, E.; Silva, F.; Lenders, F.; Wilhelm, F.; Young, G.; Price, G. A.; Ingold, G.-L.; Allen, G. E.; Lee, G. R.; Audren, H.; Probst, I.; Dietrich, J. P.; Silterra, J.; Webber, J. T.; Slavič, J.; Nothman, J.; Buchner, J.; Kulick, J.; Schönberger, J. L.; de Miranda Cardoso, J. V.; Reimer, J.; Harrington, J.; Rodríguez, J. L. C.; Nunez-Iglesias, J.; Kuczynski, J.; Tritz, K.; Thoma, M.; Newville, M.; Kümmerer, M.; Bolingbroke, M.; Tartre, M.; Pak, M.; Smith, N. J.; Nowaczyk, N.; Shebanov, N.; Pavlyk, O.; Brodtkorb, P. A.; Lee, P.; McGibbon, R. T.; Feldbauer, R.; Lewis, S.; Tygier, S.; Sievert, S.; Vigna, S.; Peterson, S.; More, S.; Pudlik, T.; Oshima, T.; Pingel, T. J.; Robitaille, T. P.; Spura, T.; Jones, T. R.; Cera, T.; Leslie, T.; Zito, T.; Krauss, T.; Upadhyay, U.; Halchenko, Y. O.; Vázquez-Baeza, Y.; SciPy 1.0 Contributors. SciPy 1.0: Fundamental Algorithms for Scientific Computing in Python. Nat. Methods 2020, 17 (3), 261–272. https://doi.org/10.1038/s41592-019-0686-2.
- (14) J. D. Hunter. Matplotlib: A 2D Graphics Environment. *Comput. Sci. Eng.* **2007**, 9 (3), 90–95. https://doi.org/10.1109/MCSE.2007.55.

How to make the concentration of chemical A from 0.1g/L to 300ug/L and 200ug/L for 600 ml

RESPONSE:

To dilute chemical A from 0.1 g/L to 300 μ g/L and 200 μ g/L for 600 mL, we need to perform serial dilutions based on the formula:

C1V1=C2V2

where

- C1 is the initial concentration (0.1 g/L),
- V1 is the volume of stock solution
- C2 is the desired concentration (300 μg/L or 200 μg/L),
- V2 is the final volume (600 mL or 0.6 L).
- 1. To prepare 300 μg/L in 600 mL:

C1=0.1 g/L or 100000 µg/L

C2=300 µg/L

V2=600 mL

Using the dilution formula:

C1V1=C2V2

 $V1=300 \mu g/L \times 600 mL / 100000 \mu g/L$

V1=1.8mL

So, we need to add 1.8 mL of the stock solution to a 600 mL container and then dilute with solvent up to the 600 mL mark.

2. To prepare 200 µg/L in 600 mL:

C1=0.1 g/L or 100000µg/L

C2=200 µg/L

V2=600 mL

again using the dilution formula:

C1V1=C2V2

V1=200µg/Ll x 600mL/100000µg/L

V1=1.2ml

So, we need to add 1.2 mL of the stock solution to a 600 mL container and then dilute with solvent up to the 600 mL mark.

Mr.A wants to know the effect of the Food A to the growth rate of the fish. A san starts feeding a fish everyday with Food A. And he thinks the fish has faster growth. Do you think this is a scientific experiment? Why or why not?

In my opinion this is not a scientific experiment in its current form.

Following are the reasons:

- 1. There is no control group to which Mr. A can compare his observation. Control group must be included in every experiment for a comparison.
- 2. Merely thinking that fish growth is occurring is not justifiable. Mr. A should measure it systematically while measuring parameters such as weight, length etc. over a specific period, and only such procedure will work in the direction of scientifically valid conclusion.
- 3. Here the growth of fish is to be tested with certain food. Then the amount of food must be regulated in a controlled way. There is no such description. Hence, it's difficult to draw any specific conclusion.
- 4. For reliable results scientific experiments should be replicated for reducing chances of errors. Here this experiment should be performed either with multiple fish or in multiple trials for valid results.

Mr.A made the mistake about the concentration of the chemical among the experiment for 1 time. Do you think A san should mention it in the report? Why or why not?

RESPONSE

Yes, A San should mention the mistake in the report, as hiding mistakes will dilute the credibility and integrity of research. Scientific research values honesty and accuracy. If concentration of chemical is incorrect it would have impacted the result of the experiment. One should acknowledge any factor that can influence the outcome and by discussing it, others may suggest possible steps to rectify it and alleviate the issue in future experiments. Reporting mistakes also provides an opportunity to learn and improve techniques.

In the experiment, there are 6 tanks of coral in different concentrations

- 1. 1mg/L 2 tanks
- 2. 2mg/L 2 tanks
- 3. 3mg/L 2 tanks

Mr.A wants to remove the 25% of the water in all tanks, but he has only 1 syringe. What should he do?

If A san has more than 1 syringe, what should he do?

RESPONSE:

Case1:

If A-San has only one syringe to remove 25% of the water from all six tanks. He should work on each tank sequentially. If the volume of water is same in each tank for example one liter, he would need to remove 250ml per tank. He should repeat this for all six tanks. Since concentrations are different in each tank, the syringe should be cleaned before working on each tank to avoid any contamination.

Case2:

If A-San has more than one syringe, process can be done quickly. He can assign one syringe to each of the three concentrations; 1mg/L, 2mg/L, and 3mg/L. With use of multiple syringes, 25% of water can be removed from multiple tanks at the same time. The need to clean syringes between tanks is not required in this case. This makes the process a little faster. Also, there is a smaller chance of contamination in this case.

What is your hobby?
RESPONSE:
I love sketching, drawing and cooking. In my free time I also like to read books, especially fiction novels.
If you have a holiday for 2 days what should you do?
RESPONSE:
If I have a holiday for 2 days, I would arrange some time for relaxing in which I would do some skincare, watch some funny movies and enjoy time with my family. I get a chance to go outside, I prefer to go hiking.
If you go to sea, do you want to go there alone or who do you want to go with?
RESPONSE:
If I get a chance to go to sea, I would prefer going either with my family or along with my friends. This gives the idea of rejuvenation and spending some time with nature. I would love to watch the water quietly by sitting at the sea shore.
Sonam Gupta (2024.11.27)