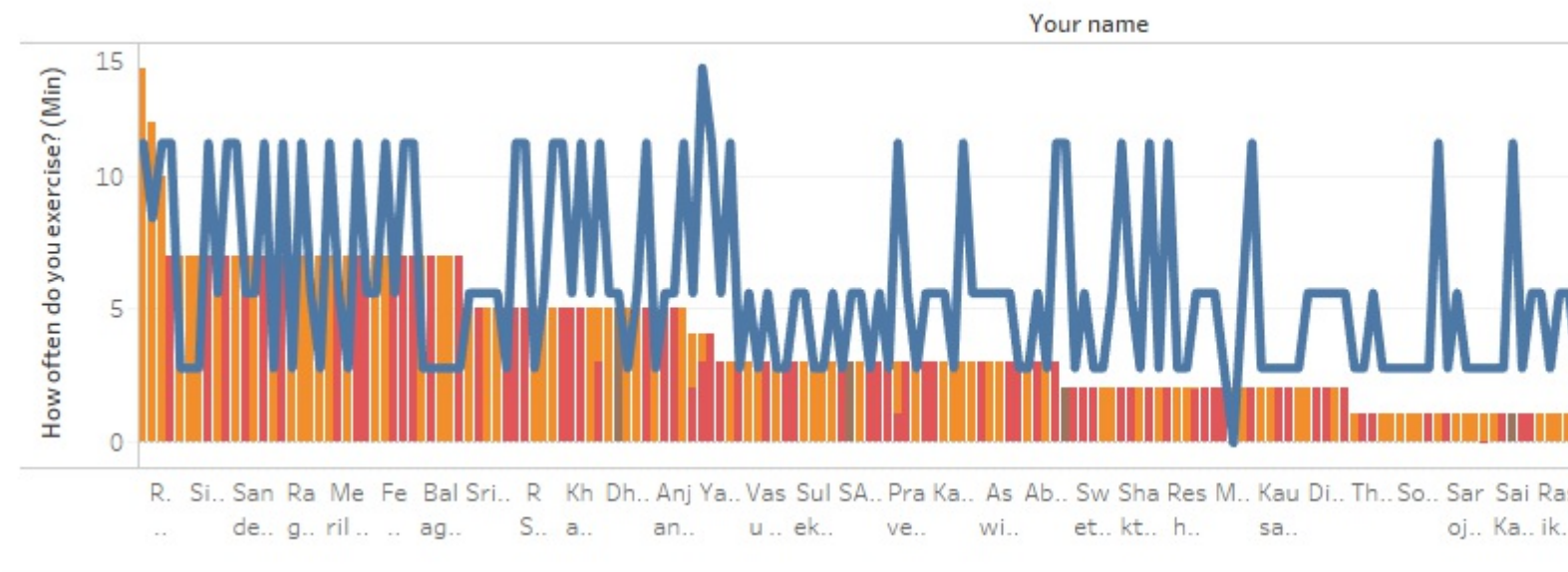
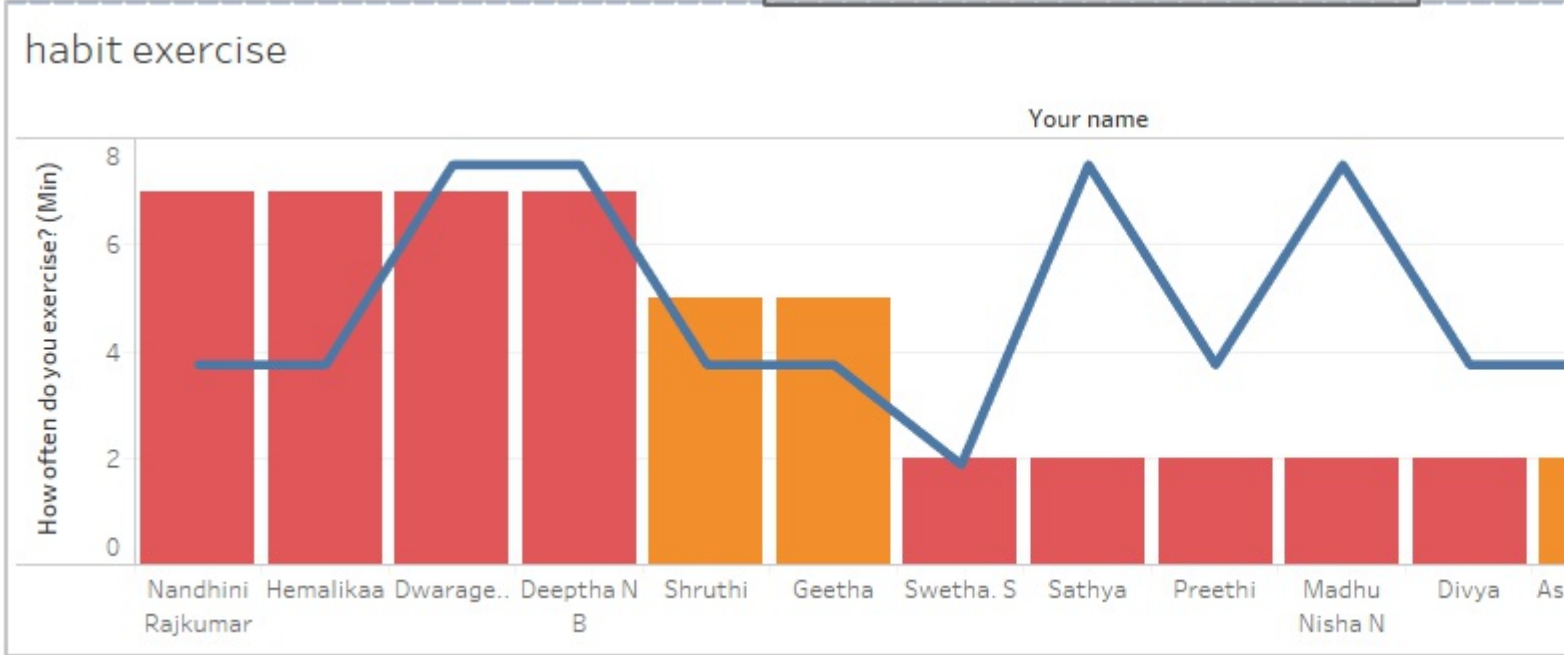
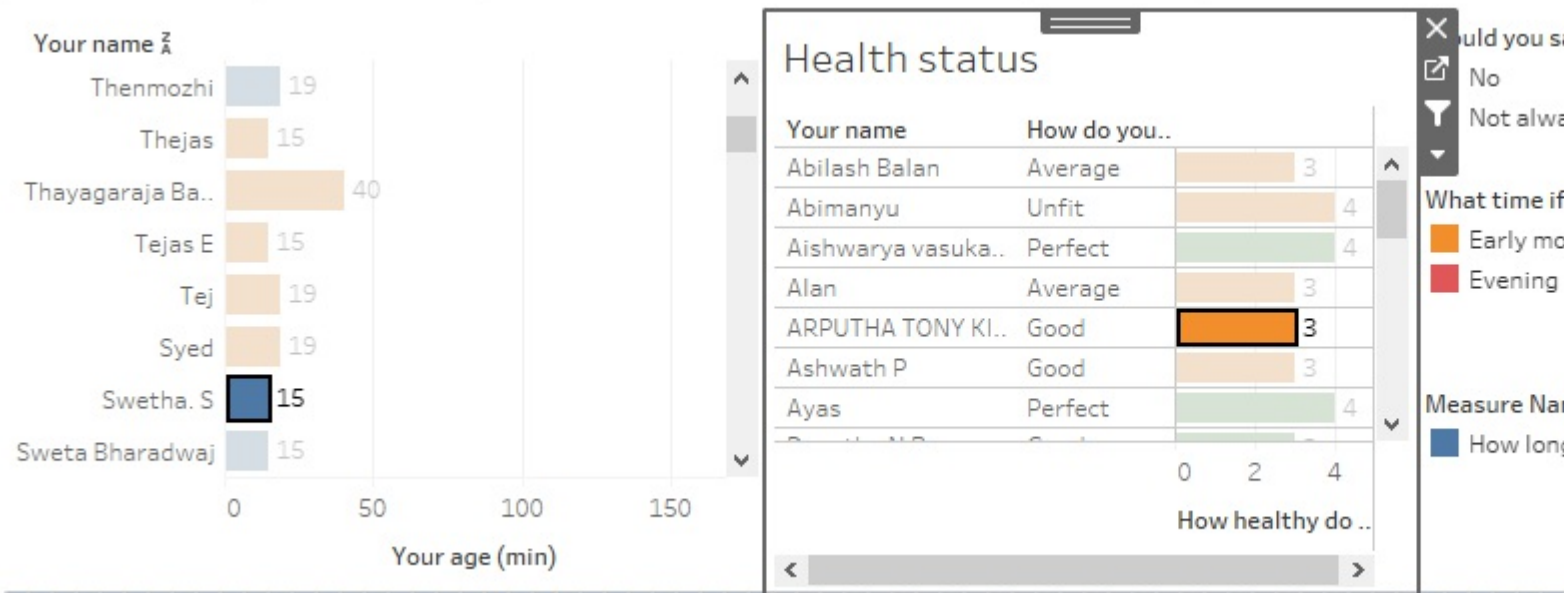


## habit exercise



Actions			
Actions let you create interactive relationships between data, dashboard objects, other workbook sheets, and the web.			
Name	Run On	Source	Fields
Filter1	Select	Analyze personal data (Persio...	What form(s) of exercise do you currently participate in?
Filter2	Select	Analyze personal data (Health...	How do you describe your current level of fitness?
Add Action >			
<input type="checkbox"/> Show actions for all sheets in this workbook			



**Lọc**

**Code bảng purpose lọc từ bảng What motivate:**

```

if CONTAINS([What motivates you to exercise?], 'I want to be flexible') then "I want to be flexible" ELSEIF
CONTAINS([What motivates you to exercise?], 'I want to relieve stress') then "I want to relieve stress"

ELSEIF CONTAINS([What motivates you to exercise?], 'I want to lose weight') then "I want to lose weight"

ELSEIF CONTAINS([What motivates you to exercise?], 'I want to achieve a sporting goal') then "I want to achieve a sporting
goal"

ELSEIF CONTAINS([What motivates you to exercise?], 'I want to be fit') then "I want to be fit"

End

```

**Code bảng fillter gym lọc từ What forms:**

```

if CONTAINS([What form(s) of exercise do you currently participate in?], 'Gym') then "Gym" else "Other"

end

```

**Code bảng cản trở chế độ ăn uống lọc từ What prevents you from eating a:**

```

if CONTAINS([What prevents you from eating a healthy balanced diet, If any?], 'Temptation and cravings') then "Temptation and

```



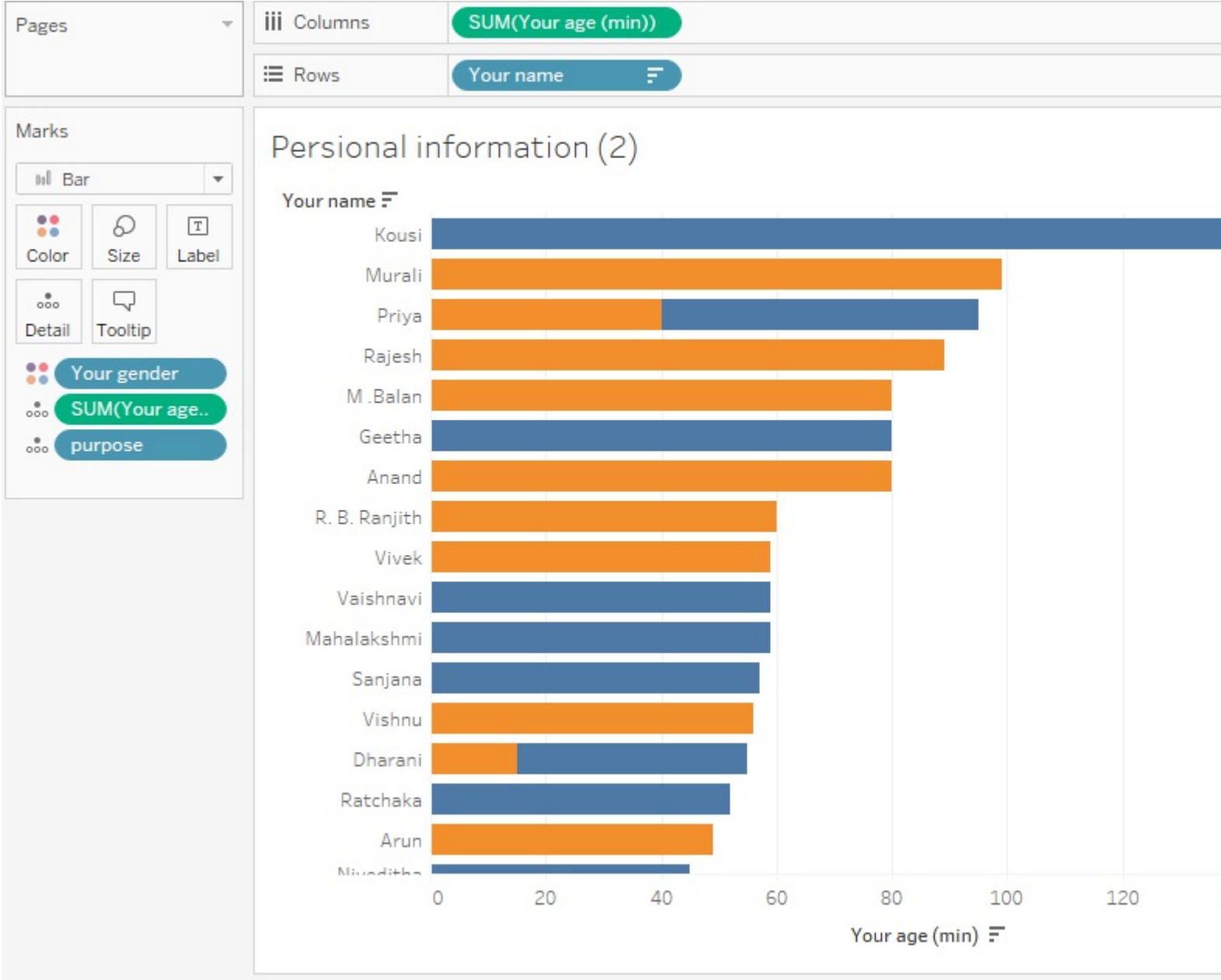
```
cravings" ELSEIF CONTAINS([What prevents you from eating a healthy balanced diet, If any?], 'Ease of access to fast food')
then "Ease of access to fast food"

ELSEIF CONTAINS([What prevents you from eating a healthy balanced diet, If any?], 'Cost') then "Cost"

ELSEIF CONTAINS([What prevents you from eating a healthy balanced diet, If any?], 'Lack of time') then "Lack of time"

else "other"

end
```



Pages

Filters

Action (purpose)

Action (Your nam..

Marks

☐ Automatic

Color

Size

Label

Detail

Tooltip

cản trở chế độ ..

filter gym

Columns

Rows

Your name

Trouble

Your name

A ANKIT Sai

A Harish Kumar

A. SIMAN RAAHEEL

Aadhith

Aakash.V

Aaron Abraham Mathew

Abhay Krishna

Abhimanyu Gulia

Abhinaya V

Abhirami sotta

Abhishek Santhanam

Abilash Balan

Abimanyu

Abinandha

Abinesh

Afshiyaa Ameen

Aishwarya Divaker

Aishwarya vasukannakum..

Ajay MP

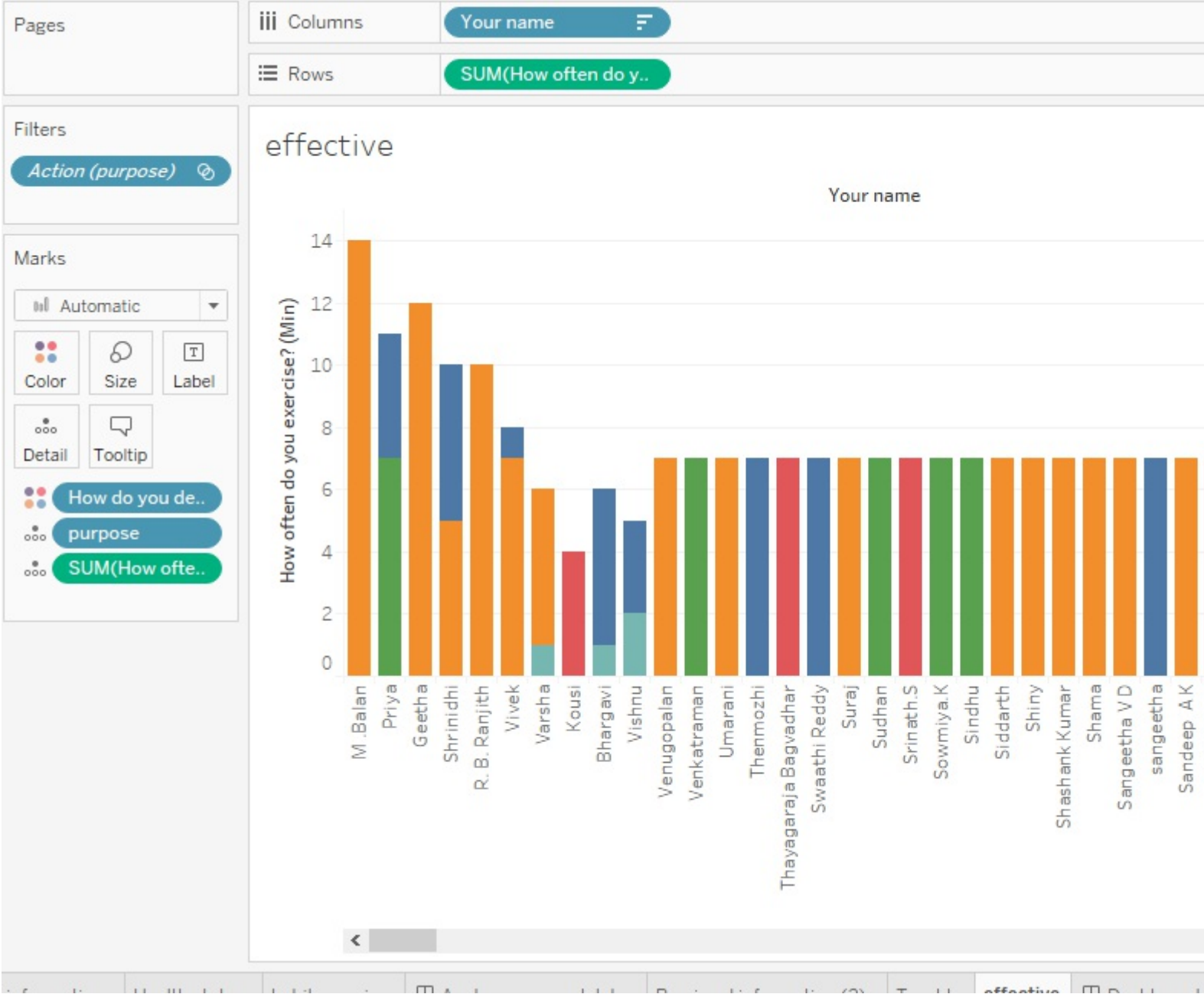
Ajay wk

AJJ

Akhil Pisharody

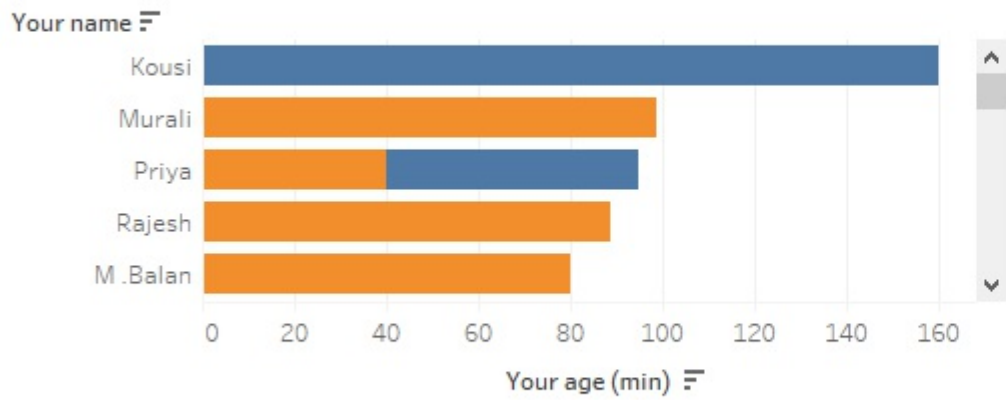
Akila

Akshaya L





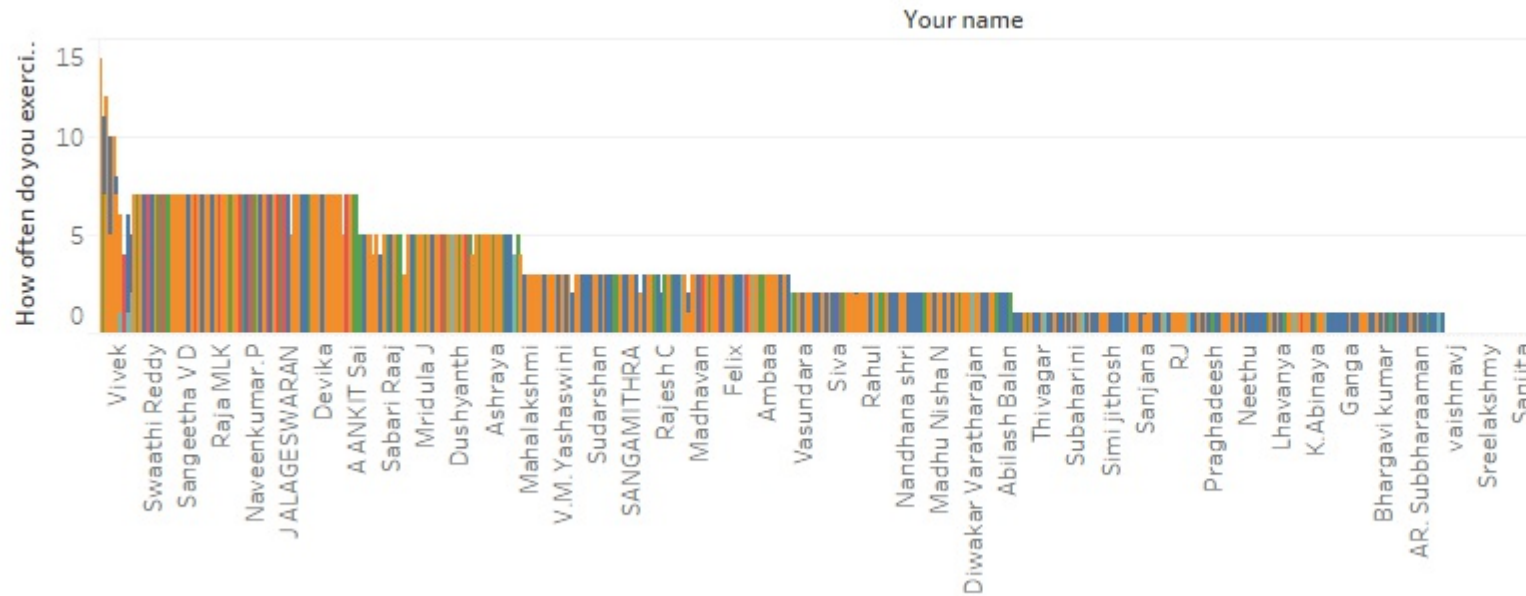
Persional information (2)



Trouble



effective



Actions

Actions let you create interactive relationships between data, dashboard objects, other workbook sheets, and the web.

Name	Run On	Source
Filter3	Select	Dashboard 2 (Persional information (2))
Filter4	Select	Dashboard 2 (effective)

Add Action >

Show actions for all sheets in this workbook



Dashboard

Layout

Default

Phone

Device Preview

Size

Automatic

Sheets

- Personal in...
- Health status
- habit exerci...
- Personal in...
- Trouble
- effective

Objects

- Horizon...
- Blank
- Vertical
- Navigati...
- Text
- Download
- Image
- Extension
- Web Page

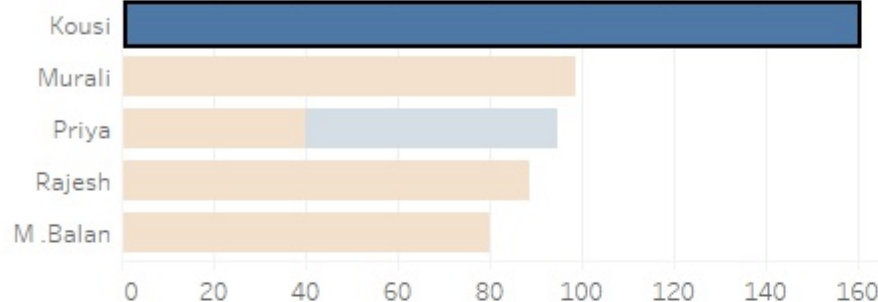
Tiled

Floating

Show dashboard ti...

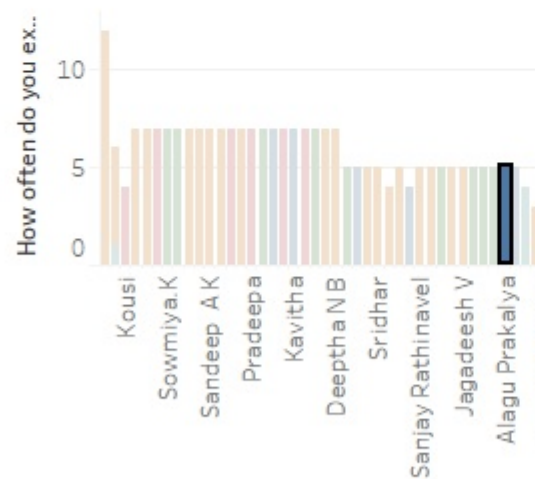
## Personal information (2)

Your name



Your age (min)

## effective



Keep Only

Exclude

purpose:

How do you describe your current level of fitness?:

Your name:

How often do you exercise? (Max):

How often do you exercise? (Min):

Data Source

Personal information

Health status

habit exercise

Analyze personal data

Personal information (2)

Tr

1 of 165 marks 1 row by 164 columns SUM(How often do you exercise? (Min)): 5