



**Public Health**  
Prevent. Promote. Protect.



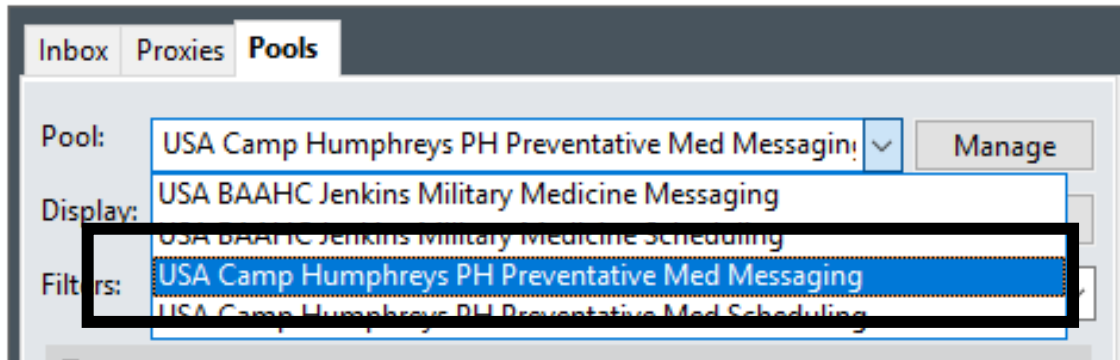
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# Public Health Nursing Resource Guide

**Information and guidance for  
treatment and reporting of  
diseases and conditions**

# Overview

- APHN oversees several programs including:  
Communicable diseases/DNBIs, STIs, Animal Bites, CYS, HIV/PrEP, LTBI, and P3T
- To refer a patient to APHN for any program, please utilize our MHS Genesis Message Pool within PowerChart



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# CONTENTS

**Purpose:** The Public Health Nursing Resource Guide has been created by the USAG Humphreys Public Health Nurses to serve as a informative reference guide for the treatment and reporting of disease and conditions. This is not an all-inclusive guide. Any questions should be directed to the Public Health Nurses at (315) 737-1462.

## CONTENTS:

- **Armed Forces Reportable List**
- **Smoking Cessation**
- **Animal bites/Rabies**
- **CYS Forms**
- **PrEP**
- **HIV**
- **Latent Tuberculosis (LTBI)**
- **Pregnancy Active Duty (P3T)**



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# Who We Are

## APHN falls under the Department of Public Health (DPH)

- Consists of:
- Armed Forces Wellness Center (AFWC) formerly Army Wellness Center (AWC)
- Army Public Health Nursing (APHN)
- Army Hearing (AH)
- Environmental Health (EH)
- Entomology
- Industrial Hygiene
- Occupational Health



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# What We Do

**APHN assists BDAACH and USFK initiatives in the following ways:**

- **Weekly Maude Hall Force Health Protection briefs during in-processing**
- **Capabilities brief at BDAACH Monthly provider's orientation**
- **Quarterly HIV information brief at Company Commanders/1SG Course**
- **Quarterly Rabies Advisory Board meetings**
- **STI briefs to units upon request**
- **Garrison Quarterly Prevention Day briefs**
- **Any other Public Health concern by request**



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## Armed Forces Reportable Medical Events

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1. Amebiasis
2. Anthrax
3. Arboviral diseases
4. Babesiosis
5. Botulism
6. Brucellosis
7. Campylobacteriosis
8. Chikungunya Virus Disease
9. Chlamydia trachomatis
10. Cholera O1 or O139
11. Coccidioidomycosis
12. Cold Weather Injuries
13. COVID-19
14. Cryptosporidiosis
15. Cyclosporiasis
16. Dengue Virus Infection
17. Diphtheria
18. Escherichia coli, Shiga toxin producing
19. Ehrlichiosis and Anaplasmosis
20. Filarial Infections
21. Giardiasis
22. Gonorrhea
23. Haemophilus influenzae, Invasive
24. Hantavirus Disease
25. Heat Illness
26. Hemorrhagic Fever, Viral
27. Hepatitis A
28. Hepatitis B, acute & chronic
29. Hepatitis C, acute & chronic
30. Influenza-Associated Hospitalization
31. Legionellosis
32. Leishmaniasis
33. Leprosy
34. Leptospirosis
35. Listeriosis
36. Lyme disease
37. Malaria
38. Measles
39. Meningococcal disease
40. Mumps
41. Norovirus Infection
42. Novel and Variant Influenza
43. Outbreak or Disease Cluster
44. Pertussis
45. Plague
46. Poliomyelitis
47. Post-Exposure Prophylaxis (PEP) against Rabies
48. Q fever
49. Rabies, Human
50. Relapsing Fever
51. Rift Valley Fever
52. Rubella
53. Salmonellosis
54. Schistosomiasis
55. Severe Acute Respiratory Syndrome
56. Shigellosis
57. Smallpox
58. Spotted Fever Rickettsiosis
59. Syphilis
60. Tetanus
61. Toxic Shock Syndrome
62. Trichinellosis
63. Trypanosomiasis
64. Tuberculosis
65. Tularemia
66. Typhoid Fever
67. Typhus Fever
68. Varicella
69. Yellow Fever
70. Zika Virus



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# Armed Forces Reportable Communicable Diseases

- Commonly seen Reportable Events:
  - Norovirus
  - Gonorrhea
  - Chlamydia
  - Syphilis
- Send Message to: USA Camp Humphreys PH Preventive Med Messaging Pool on MHS Genesis or call (315) 737-1462
- Any knowledge via secure message or other method of communication, that a patient has been tested and/or tested positive, send message to: USA Camp Humphreys PH Preventive Med Messaging Pool and contact APHN for follow-up.
- Direct questions to APHN or utilize attached Armed Forces Reportable Medical Events PDF



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# STI AWARENESS

At least **1** in **5** Americans has an **STI**.  
Do you have a **S**exually **T**ransmitted **I**nfection?



**Get Tested!**

## AREA NORTH CAMP CASEY

CASEY HEALTH  
CLINIC BLDG 807

LAB HOURS  
MON-WED, FRI:  
0830-1130  
1300-1630  
THURS:  
1300-1630

## AREA III CAMP HUMPHREYS

BDAACH  
BLDG 3031  
LAB HOURS  
MON-FRI:  
0730-1630

KIM'S CLINIC,  
BLDG 6370  
LAB HOURS  
MON-FRI:  
0800-1130  
1300-1615

## AREA IV CAMP CARROLL/WALKER

CARROLL SCMH  
BLDG S180  
LAB HOURS  
MON-THURS:  
0830-1200 1300-1700  
FRI: 0830-1200  
1300-1600

WALKER WOOD PCMH  
BLDG 221  
LAB HOURS  
MON-WED, FRI:  
0830-1200 1300-1630  
THURS: 1300-1630

## Walk-in, Asymptomatic Testing Available!

You will be notified of positive results via telephone consult.  
Please call [Army Public Health Nursing](#) for other testing locations, treatment options, and questions.

## ARMY PUBLIC HEALTH NURSING

Area North  
DSN: 315-737-5134  
COMM: 050-3337-5134

Area III  
DSN: 315-737-1462  
COMM: 050-3337-1462

Area IV  
DSN: 315-737-5646  
COMM: 050-3337-5646



**PREVENTION  
METHODS**



**HIV PrEP**



**TREATMENT  
GUIDELINES**





# Smoking Cessation

- APHN can assist providing education regarding smoking cessation to patients
- Providers can refer smoking cessation candidates to Pharmacy, where clinical pharmacists can order medication and provide education
- POC for Clinical Pharmacy: Kathleen Kauffman DSN: 315-737-2083 or Kathleen.a.kauffman.civ@health.mil


Smoking is the leading cause of preventable disease, disability, and death in the United States.

More than 10 times as many U.S. citizens have died prematurely from cigarette smoking than have died in all the wars fought by the United States.








Tried before? Try again.

**Quitting is hard. We can help.**

There are proven treatments that can improve your chance of quitting for good:

Nicotine Replacement Therapy (NRT)		
Patch (Long Acting NRT)	Mini Lozenge (Short Acting NRT)	Gum (Short Acting NRT)
Typically worn for 24 hours at a time, nicotine absorbed slowly through skin to decrease cravings.	Used to prevent cravings, every 1-2 hours. Allow to slowly dissolve, do not chew or swallow lozenge.	Used to prevent cravings, every 1-2 hours. Chew minimally, park between teeth and cheek. Re-chew when tingling is gone.
Medications		
	Varenicline (Chantix)	Bupropion (Zyban)
	Nicotine receptor activator designed to decrease cravings and reduce withdrawal. Start 2-4 weeks before quit date	Nicotine receptor blocker. Designed to reduce cravings and withdrawal. Start 2-4 weeks before quit date.

**HEALTH BENEFITS OF QUITTING SMOKING**

-  **IMPROVES** health and **INCREASES** life expectancy
-  **LOWERS** risk of 12 types of cancer
-  **LOWERS** risk of cardiovascular diseases
-  **LOWERS** risk of chronic obstructive pulmonary disease (COPD)
-  **LOWERS** risk of some poor reproductive health outcomes
-  **BENEFITS** people who have already been diagnosed with coronary heart disease or COPD
-  **BENEFITS** people at any age - even people who have smoked for years or have smoked heavily will benefit from quitting

\*E-cigarettes and vaping products are not FDA approved smoking aids and may lead to "dual use" with tobacco products and/or lung injury.

## Thinking about Quitting?

Make an appointment and talk to someone who can help you build your quit plan:

Appointment Line-DSN 737-2273/0503-337-2273



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# Animal Bites/Rabies PEP

- ED/clinic staff provide initial wound care
- ED/clinic staff initiate DD FORM 2341—Report of Animal Bite
  - Required for patient's own animal or stray
- ED/clinic staff determine Rabies risk and need for post-exposure prophylaxis (PEP)
- Initiate PEP, if indicated—APHN will consult, if available
- Any knowledge via secure message or other method of communication, that a patient has had an animal bite, send message to: USARMY Camp Humphreys 65 Med Bde Mailbox APHN Rabies AND USARMY Camp Humphreys 65 Med Bde Mailbox Vet Clinic distro emails or MHS Genesis USA Camp Humphreys PH Preventive Med Messaging Pool and contact APHN for follow-up.
- Reference AK Reg 40-6



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# CYS

- **Forms:**

- Health Assessment/Sports Physical
- Health Screening Tool (DA 7725)
- MIATs (DA 7729)
- Medical Action Plans:
  - Allergy (7727)
  - Diabetes (DA 7719)
  - Respiratory (DA 7718)
  - Seizure (DA 7717)
  - Special Diet (DA 7720)

- **We teach Medication Administration , Blood-borne pathogen, and Communicable Diseases classes**

- Reference: AR 608-10



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# PrEP

## PrEP Initial Screening:

- Baseline Lab Tests by PCM: HIV, eCrCl, RPR, CT/GC, Lipid Panel, Hep ABC Panel
- Medication Options: Truvada or Descovy (30 day initial supply)
- Reference: PRE-EXPOSURE PROPHYLAXIS FOR THE PREVENTION OF HIV INFECTION IN THE UNITED STATES – 2021 UPDATE A CLINICAL PRACTICE GUIDELINE @
  - <https://www.cdc.gov/hiv/pdf/risk/prep/cdc-hiv-prep-guidelines-2021.pdf>
- Send Message to: USA Camp Humphreys PH Preventive Med Messaging Pool
  - ⇒APHN cannot perform initial testing, we will refer soldier to PCM and then follow-up for PrEP management
- See attached Documents for reference



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# HIV

- APHN will receive positive HIV notification from Defense Public Health and contact service member's Commander
- Commander will not notify SM, will escort SM to APHN where the Preventative Medicine Provider will notify SM of results and conduct counseling
  - Newly diagnosed HIV+ soldiers CANNOT stay in Korea
  - Undetectable, asymptomatic soldiers with HIV may PCS/attend rotation to Korea through ETP process.
- HIV+ soldiers are primarily managed by APHN
- Reference: A6 600-110



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# Latent Tuberculosis (LTBI)

- Positive IGRA
  - or-
- TST reaction  $\geq 10$  mm
  - $\geq 5$  mm immune compromised
- Evaluate for S/S Active TB and **order CXR**
  - If active TB suspected, initiate respiratory precautions
  - Contact APHN@ (315) 737-1462 or USA Camp Humphreys PH Preventive Med Messaging MHS Genesis Pool
- Reference: MEDCOME Reg 40-64
- For continuation of LTBI treatment from another duty station, send message to: USA Camp Humphreys PH Preventive Med Messaging Pool
  - ⇒ APHN will follow-up for LTBI management and provide completion memo at the end of treatment



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# P3T Information

## For Pregnant Active Duty Service Members:

- Have SM complete confirmatory pregnancy test
- Place Pregnancy Profile in MEDPROS
- APHN does not manage enrollment to P3T but helps coordinate trainings for P3T during SST/LTT



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