The Basic Tenets of Islam

Follow the 5 pillars

1. Shahdah: There is only one god—Allah

2. Salah: Pray 5 times everyday in the direction of the Kabba—the holiest place in Mecca

3. Sawm: Fast during the month Ramadan (no eating while the sun is out)

4. Zakat: Give 2.5% of your money to the less fortunate each year

5. Hajj: Go to the Mecca once in your lifetime for the Kabba (see above).

Muhammed is the founder (like Jesus is the founder of Christianity). He was sent from Allah and guided by prophets. Jesus is a prophet, not the son of God. Moses and Abraham are also acknowledged prophets. Mohammed was the last prophet and the only hope left for people.

The major holiday is Eid, which is followed by Ramadan and a second time during the year Eidalfitr. Ramadan is based on Mohammed who had to fast for 30 days after hiding in a forest from oppressors. It is also to help understand the poor.

Qu'ran = The Islamic holy book (like Christianity's bible) and it is from God Hadiths are rules from Muhammed.