

Le Gourmet

Le Gourmet business hours: 6:00am - 9:30pm

Catering for ALL occasions Le Gourmet Gift Certificates available (minimum \$10)

Le Gourmet 1267 1st. Ave (68th Street) New York, NY 10065

www.LeGourmetNYC.com

Le Gourmet



delivery menu



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LeGourmetNYC.COM

breakfast with le gourmet

breakfast with le gourmet

- choose your sliced bread, roll, bagel, english muffin or bialy for egg sandwich
- one egg on roll.....1.69
 - two eggs or egg white on roll.....2.49
 - two eggs, cheese on roll.....3.59
 - two eggs (bacon/turkey bacon/ham/sausage patty or beef sausage).....3.59
 - two eggs, cheese (bacon, turkey bacon, sausage patty or beef sausage).....4.49
 - two eggs, cheese (bacon, turkey bacon, lettuce, tomato) on sandw. or wrap.... 4.49
 - b.l.t (bacon or turkey bacon, lettuce, tomato) on sandw. or wrap.... 4.49

breakfast wrap.....4.99

- 1. delux egg white wrap**
w/ egg white, grilled veggie, mushroom on wrap
- 2. south western wrap**
w/ egg white, ham, cheddar, scallion, roasted red pepper on w.w. wrap
- 3. european wrap**
w/ egg, feta cheese, fresh spinach, mushroom on spinach wrap
- 4. all american wrap**
w/ egg, ham, american cheese, home fries on plain wrap

omelet platters

(served with home fries and toast)

- two eggs platter any style.....4.99**
- vegetarian omelet platter.....5.99**
w/ egg white, mix vegetables
- western omelet platter.....5.99**
w/ cheese, ham, peppers, onion
- healthy omelet platter.....5.99**
w/ egg white, turkey bacon, vegetables, mushroom
- european omelet platter.....5.99**
w/ egg, feta cheese, spinach
- mexican omelet platter.....5.99**
w/ egg, cheddar cheese, jalapeno, tomato, onion

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desserts

brownie and bars 2.99

- european chocolate brownie • reeses bar
- mississippi mud brownie• key lime bar
- carrot brownie • snicker brownie
- cheesecake brownie • pecan bar
- raspberry-apricot bar • lemon bar
- marshmallow-chocolate brownie
- coconut-chocolate chip bar
- cherry crumb bar...and more

individual pastries 3.99 - 5.99

- assorted cheesecake
- mango-kiwi
- tiramisu
- napoleon
- coffee cake
- éclair
- chocolate mousse cake
- cream brûlée
- our signature fresh fruit tart
- paris brest ...and more

cup cakes sm 2.99 / lg. 3.99

- red velvet
- reeses • snickers
- carrot • smores
- devil dog (chocolate bottom, cream filling)
- hostess (chocolate bottom w/ chocolate ganache)
- vanilla • m&m • oreo...and more

giant cookies 1.99

- chocolate chip
- oatmeal-raisin
- ginger snap
- m&m
- peanut butter
- black & white
- pecan choc. chip

- | | |
|--|----------|
| • assortment rugulach (kosher) | 13.99/lb |
| • huge selection of pound cookies, macaroons | 12.99/lb |
| • rice pudding | 3.99 |
| • assorted fruit jello | 3.49 |

traditional sliced cakes 3.99 4.49

- plain cheesecake
- blueberry cheesecake
- oreo cheesecake
- cherry cheesecake
- red velvet cake
- chocolate mousse cake

custom

custom crafted cakes for every occasion, custom inscriptions are available

- **cheesecake**- graham cracker crust, cheese filling
- **chocolate mousse**- thin chocolate sponge, vanilla syrup, dark milk chocolate mousse
- **black forest**- cherry confits, chocolate sponge cake, vanilla cream, milk chocolate cherry
- **st. honore**- puff pastry, cream puff, vanilla custard, whipped cream, caramel
- **creole**- chocolate sponge cake, white dark chocolate mousse, coffee syrup, thin layer's of chocolate
- **napoleon**- puff pastry, vanilla custard, fondant
- **coco-fraise**- vanilla sponge cake, strawberry coconut mousse, strawberry syrup
- **red velvet**- chocolate cake, vanilla filling

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buffet

cold buffet 7.99/lb

- greek salad
- tabouleh
- string beans almandine
- tuscan baby spinach
- shepherd salad
- assorted fresh fruit
- homemade hummus
- cucumber, dill & feta
- penne pesto salad
- balsamic chicken
- red beets
- fresh mozzarella & tomato, basil
- honey dijon chicken
- wild rice
- teriyaki chicken
- grilled mixed vegetables
- mushrooms
- chicken salad
- orzo salad
- arugula salad
- corn salad

hot buffet 7.99/lb

ask for hot buffet specials.
(we offer everyday more than 20 hot specials)

- beef stew
- teriyaki beef
- sweet&sour beef
- meat loaf
- corned beef
- chipotle chicken
- sesame chicken
- shanghai chicken
- chicken marsala
- chicken adana
- stir fried chicken
- chicken picatta
- chicken loaf
- chicken fingers
- chicken savoy
- bbq chicken
- chicken scampi
- honey glazed pork chops
- teriyaki pork chops
- stuffed pork chops
- sweet & sour chicken
- chicken francaise
- yellow rice
- stir fried rice w/shrimp
- cajun rice w/vegetables
- penne vodka
- macaroni cheese
- risotto
- paella w/shrimp & chicken
- eggplant mussaka
- eggplant rollatin
- tilapia
- basa fillet
- salmon

we offer free delivery for orders

minimum 10.00 dollars and

minimum charges for credit cards 10.00 dollars.

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café bar

le gourmet café bar

(medium 12-oz) (large 16 oz)

- le gourmet house blend coffee..... 1.69...1.99
- decaffeinated coffee..... 1.69...1.99
- hazelnut or french vanilla coffee..... 1.69...1.99
- espresso(single shot)..... 1.79
- cappuccino..... 2.99...3.99
- mochaccino..... 3.49...3.99
- café latte..... 2.99...3.99
- hot chocolate..... 2.59...2.99
- chai tea latte..... 2.59...2.99
- herbal tea (reg. & decaf)..... 1.49...1.79
- extra shot of espresso..... 1.79
- extra flavor syrup (caramel, vanilla, or hazelnut)..... 0.50
- lipton tea..... 1.29...1.69

chilled drinks

(medium 16-oz) (large 24 oz)

- iced coffee (reg & decaf)..... 2.25....2.75
- flavored ice coffee (hazelnut or vanilla) 2.25....2.75
- iced latte or cappuccino 3.75....4.25
- iced mochaccino..... 4.00....4.50
- iced chai tea latte..... 3.00....3.50
- unsweetened fresh iced tea..... 2.25....2.75

did you know:

we have 10% off for hospital employers
if you have \$10.00 minimum order

beverages

coke (reg., diet) • orangina • perrier
pepsi (reg., diet) • honest tea • pellegrino
snapple (reg., diet) • red bull • poland spring
vitamin water • nantucket nectars • evian water
tropicana • mash • smart water
gatorade • boylan • fiji water
arizona • v8 juice • hint water
fuze • pom • dasani water
mistic • naked juice • aquafina water
canada dry • apple & eve • zico coconut water

delivery time: 7:00 am - 9:00 pm

breakfast served until 10:30 am

Credit card charge

Minimum: \$ 10.00

Breakfast: \$ 7.00

• Prices and items subject to change without notice

• Select menu items may not available all the times.

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italian grilled panini \$5.99

available on plain or whole wheat. served w/ chips & pickles

cuban

ham, swiss, pickles & mustard

tuna melt

fresh tuna, cheddar, lettuce & plum tomato

delightful

fresh honey glazed turkey, swiss, coleslaw & honey mustard

siciliano

prosciutto, ham, mozzarella, arugula & sun dried tomato

capri

smoked turkey, pepperoni, provolone, spinach, peppers & honey mustard

chicken parmigian

breaded chicken breast, fresh mozzarella, marinara sauce, fresh basil & parmesan cheese

eggplant parmigian

oven roasted eggplant, fresh mozzarella, fresh basil, marinara sauce & parmesan cheese

the combo

beef pastrami, provolone, lettuce, tomato, mustard & house special dressing

tuscan

fresh mozzarella, fresh plum tomato, fresh basil, fresh spinach, fresh sun dried tomato spread

chicken fajita

grilled chicken breast, cheddar, roasted peppers, caramelized onions & salsa

toasted monte cristo

layers of ham & smoked turkey, swiss, cheddar, lettuce, tomato & honey mustard

russian

roast beef, muenster cheese, caramelized onions, lettuce, plum tomato & russian dressing

the italiano

grilled chicken breast, roasted peppers, fresh mozzarella & pesto sauce

vegetarian

grilled mix vegetables & fresh mozzarella

wraps \$6.99

available on plain, whole wheat, spinach or tomato

turkey delight

roasted turkey, hummus, plum tomatoes, cucumber, baby spinach, alfalfa on wrap

california wrap

grilled chicken breast, guacamole, roasted red peppers, alfalfa sprouts on wrap

southwest wrap

smoked turkey, bacon, avocado, sliced cucumber, tomato, alfalfa sprouts, roasted red peppers on wrap

chicken caesar

grilled chicken breast, romaine lettuce, tomatoes, parmesan cheese, caesar dressing on wrap

tuna salad

tuna salad, plum tomatoes, parmesan cheese, caesar dressing on wrap

portabella mushroom

grilled portabella mushroom, roasted red peppers, sundried tomatoes, pesto sauce with fresh mozzarella on wrap

san francisco

grilled lemon chicken, avocado, roasted red peppers, lettuce, tomatoes, swiss, kalamata olive on spinach wrap

pizza

brick oven pizza

our standart pizza with a thin crust is made with fresh mozzarella marzano tomato sauce and topped with romano and fresh basil.

create your own diet whole wheat pizza with any topping.

med (12") large (16")

• marinara (without cheese) tomato sauce, garlic, oregano	6.99	9.99
• margherita tomato, basil, fresh mozzarella	8.99	12.99
• le gourmet prosciutto, fresh mozzarella, arugula	10.99	17.99
• caprisciosa ham, black olives, mushrooms, artichokes, fresh mozzarella	10.99	16.99
• quattro formaggi pecorino romano, parmesano, provolone, fresh mozzarella	9.99	16.99
• white pizza fresh mozzarella, parmesano and ricotta cheese	9.99	16.99
• milano sausage, roasted peppers, onion, spinach, mozzarella	9.99	16.99

med (12") large (16")

• funghi tomato, fresh mozzarella, fresh oven baked mushroom	9.99	16.99
• chix avocado grilled chicken, mozzarella, avocado	10.99	17.99
• honolulu hawaiian pizza fresh mozzarella, ham, pineapple, pepperoni, honey dew	10.99	17.99

we welcome corporate accounts.
we accept all major credit cards,
cash and company checks.
prices are subject to change without notice.

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slice 2.50 with one topping 3.25

veggie: md:1.50 / lg: 3.00

- plum tomato
- cherry tomato
- sundried tomato
- mushroom
- zucchini
- roasted vegetables
- jalapeño
- red onion
- artichoke
- spinach
- broccoli
- eggplant
- garlic
- arugula
- portabella mushroom
- roasted red pepper
- capers
- basil

cheese: md:2.00 / lg: 4.00

- blue cheese
- pecorino romano
- provolone cheese

feta

cheddar

swiss

seafood: md:3.00 / lg: 6.00

- shrimps
- calamari
- clams
- smoked salmon

meat: md:2.00 / lg: 4.00

- pepperoni
- sausage
- ham
- prosciutto
- pastrami
- meatball
- bacon
- chicken

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main courses- entrees

sandwich plate

beef kebab	6.99	8.99
chicken kebab	6.99	8.99
eggplant parmagiana	6.99	8.99
chicken parmagiana	6.99	8.99
falafel	5.99	6.99
philly cheese steak	6.99	8.99
grilled salmon steak		12.99

*sandwiches served w/ lettuce, tomato, onion
plate served w/ two side dishes, tzatziki sauce, hot sauce,
free side order for plate (choice of two):*

- roasted potato
- roasted sweet potato
- rice
- grilled vegetable
- shepherd salad
- french fries

le gourmet grill bar

deluxe served w/ lettuce, tomato, french fries

	burger only	burger deluxe
beef burger	5.49	6.99
cheese burger	5.49	6.99
veggie burger	5.49	6.99
turkey burger	5.49	6.99
bacon, cheese burger	5.99	7.99

our signature gourmet soup

large (16 oz.)..... 3.95

chicken noodle • new england clam chowder
tomato basil • manhattan clam chowder
lentil • cream of mushroom
split pea • cream of broccoli
minestrone • tomato orzo
garden vegetable • cream of spinach
carrot ginger • french onion
mushroom barley • shrimp bisque
beef barley • chicken thai
chicken barley • cream of zucchini
roasted eggplant • cream of potato
butternut squash • potato leek

*soups available seasonally, subject to change.
ask for daily specials*

tex-mex specials

1. quesadilla.....7.95

- cheese quesadilla
- south western chicken quesadilla
- feta cheese, spinach

2. taco bowl7.95

- beef
- chicken
- vegetables

served w/ yellow rice, black beans, guacamola, sour cream, cheese, lettuce, tomato, salsa, jalapeno

3. burrito.....7.95

- beef & beans
- chicken & beans
- vegetables & beans
- cheese
- enchilada 8.95

served w/ yellow rice, black beans, guacamole, sour cream, cheese lettuce, tomato, salsa

salads

our favorite salad combinations

	sm.	lg.	sm. lg.
• cobb salad			
grilled chicken, avocado, bacon, blue cheese, egg, tomato, blue cheese dressing w/ romaine hearts.....	7.95	9.95	
• garden salad			
cherry tomato, green beans, radish, persian cucumber, carrots, asparagus, red wine vinaigrette w/ romaine or organic mesclun.....	7.95	9.95	
• grilled chicken salad			
grilled chicken, tomato, cucumber, pepper, cheddar cheese, BV dressing w/ romaine hearts.....	7.95	9.95	
• vegetarian salad			
broccoli, edamame, carrots, sunflower seeds, walnuts, green apple, golden raisins, balsamic vinaigrette, extra virgin olive oil w/ baby spinach..	7.95	9.95	
• le gourmet salad			
avocado, green apple, mandarin orange, walnuts, cranberry, BV with baby spinach.....	7.95	9.95	

create your own salad

organic mesclun, romaine or baby spinach **(sm 32 oz) 3.00 (lg. 64 oz) 4.00**

add.....0.50	add.....0.75	add.....1.00	add.....1.50	add.....2.00
• Apple	• Alfa alfa	• Baby Corn	• Avocado	• Almond
• Bell pepper	• Beets	• Blue cheese	• Artichoke hearts	• Bacon
• Carrot	• Black olives	• Cheddar	• Asparagus	• Dry tuna
• Celery	• Broccoli	• Cherry tomato	• Brussel sprout	• Grilled chicken
• Chickpeas	• Cauliflower	• Eggplant	• Cashewnuts	• Ham
• Corn	• Egg	• Grape leaves	• Cranberry	• Hearts of palm
• Crouton	• Eggwhite	• Kalamata olives	• Feta cheese	• Tuna salad
• Cucumber	• Grapes	• Parmesan cheese	• Mix vegetables	• Turkey
• Kidney beans	• Green olives	• Roasted pepper	• Mozzarella	• Walnuts
• Onion	• Mandarin	• Tofu	• Portabella mushroom	
• Pasta	• Mushroom	• Snowpeas	• Soybeans	
• Pinto beans	• Sweet green peas		• Sundried tomato	
• Radish			• Sunflower seeds	
• Tomato				
		add.....2.50		
		• Balsamic chicken		
		• Cajun chicken	add.....4.00	add.....4.50
		• Chicken cutlet		
		• Lemon chicken		
		• Pesto chicken		
		• Sesame chicken		
		• add \$ 1.00 for chop salad.		

dressing

- balsamic vinaigrette
- classic ranch
- crème caesar
- chunky blue cheese
- l.f. honey dijon
- light italian
- roasted garlic red wine
- french
- russian
- feta cheese
- sesame ginger
- extra virgin olive oil
- cranberry vinaigrette

fat free:

- balsamic vinegar
 - fresh lemon juice
 - raspberry vinaigrette
 - honey mustard
 - italian
 - red wine
- Each additional dressing is 50 cents.

pasta

Create your own pasta dish, adding your favorite sauce, all pasta made w/ parmesan cheese, butter or extra virgin olive oil - fresh basil
choose your pasta homemade sauce

\$ 7.99

choose main ingredient

veggie: 1.50	meet & chicken: 2.50	sea food: 4.00
broccoli	grilled chicken	shrimp
spinach	meatballs	clam
zucchini	italian sausage	calamari
onion	ground beef	scallops
eggplant	bacon	
tomato		
mushroom		
red pepper		
sundried tomato		

our signature pastas

- penne marinara 7.99
- chicken corvette 9.99
w/ grilled chicken, pesto sauce and your choice of pasta
- chicken pulcinella 9.99
w/ grilled chicken, broccoli, spinach and your choice of pasta
- penne alavodka 8.49
w/ tomato & vodka sauce, basil, parmesan
- frutti di mare 9.99
w/ mix sea food in marinara sauce
- shrimp scampi 10.99
w/ shrimp, spinach, garlic, parsley, lemon, white wine & olive oil
- fettuccini alfredo 7.99
- penne primavera 8.99
w/ grilled mix vegetables, roasted red pepper, cherry tomato, garlic and olive oil
- chicken belladonna 9.99
w/ chicken, mushroom in marinara sauce
- meat lasagna 8.49
- fresh baked ziti 8.49

signature sandwiches

	slice	roll	hero
1. fresh mozzarella with sun dried tomato & basil	4.99	5.99	6.99
2. ham with cheese, lettuce, & tomato	4.99	5.99	6.99
3. turkey with cheese, lettuce & tomato	4.99	5.99	6.99
4. tuna fish with lettuce & tomato	4.99	5.99	6.99
5. grilled chicken with lettuce & tomato	4.99	5.99	6.99
6. black forest ham with lettuce & tomato	5.49	6.49	6.99
7. honey turkey with brie cheese, green apple slices & lettuce	5.99	6.49	7.49
8. roast beef with lettuce & tomato	4.99	5.99	6.49
9. prosciutto with provolone cheese & roasted red peppers	5.99	6.49	6.99
10. grilled chicken with grilled vegetables & parmesan cheese	5.99	6.49	6.99
11. grilled vegetables with lettuce & tomato	4.99	5.99	6.49
12. italian combo with pepperoni, mortadella, provolone, roasted red peppers, lettuce & capers	5.99	6.99	7.49
13. classic deli club turkey, ham, genoa salami, swiss cheese, mesclun lettuce & tomato	5.99	6.99	7.49

brick oven sandwiches

our trademark brick oven sandwich is a homemade mediterranean style flat bread made from a combination of wheat and corn flour and fresh yeast made as regular & whole wheat.
this bread is prepared right in front of the customer.
you can choose one of our signatures or create your own.

1. buffalo chicken, blue cheese and celery	7.49
2. grilled chicken with tomato, basil & fresh mozzarella	7.49
3. tomato, basil & fresh mozzarella	7.49
4. grilled chicken w/ roasted red peppers, cheddar cheese spread & vinaigrette	7.49
5. tandoore grilled chicken (curry) w/ roasted red peppers & vinaigrette	7.49
6. cranberry roasted turkey w/ portobello mushrooms	7.49
7. smoked turkey, brie cheese & honey mustard	7.99
8. tuna with cheddar cheese & vinaigrette	7.49
9. caesar salad & grilled chicken	7.49
10. le gourmet w/ prosciutto, smoked mozzarella & fresh basil	7.49
11. baked virginia ham w/ muenster cheese, tomato & russian dressing	7.49
12. black forest ham, brie and sun dried tomato	7.49
13. smoked salmon & cream cheese w/ onion and tomato	8.99
14. ham, grilled eggplant & roasted red peppers w/ lettuce & dijon mustard	7.49
15. ham & swiss with lettuce & dijon mustard	7.49
16. roast beef with blue cheese spread & lettuce	7.49
17. tuscan pesto chicken w/ sun dried tomato spread & lettuce	7.49
18. grilled vegetables w/ marinated mushrooms, cucumber	7.49
19. hummus & fresh vegetables w/ tomato, cucumber, onion & basil	7.49
20. grilled salmon w/ tomato, cucumber, baby spinach & yogurt dill dressing extra veggie- 50¢, cheese + meat- \$1.00	8.99