Use custom fonts in a PDF file compiled from Rmarkdown

1. Run capabilities() in Console.

If **cairo** shows up in the output as TRUE, you are ready to proceed!

> capabilities()

jpeg	png	tiff	tcltk
TRUE	TRUE	TRUE	TRUE
NLS	Rprof	profmem	cairo
TRUE	TRUE	TRUE	TRUE

2. In YAML, add the following:

header-includes:

- \usepackage[default]{opensans}
- \usepackage[T1]{fontenc}

mainfont: opensans

Does not work if you omit header-includes:

3. Notes

All these three formats work!

mainfont: opensans
mainfont: OpenSans
mainfont: Open Sans

No need to set a latex_engine.

Now, you are ready to customise your font!

References

See [Cecina Babich Morrow's page] https://babichmorrowc.github.io/post/changing-fonts-in-rmarkdown-pdfs/