

SOPHIA PUNG

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Summary

Currently a high school senior, I am the co student body president at Armstrong High School, the co environmental club president, chess club founder, and a 4x state tournament participant. I am involved in my high school as a leader in the BARR program, mentoring and tutoring freshman, and as the Armstrong Media director. I am also a three sport captain and was a member of the 2019 cross country skiing state meet winning team, in addition to individually qualifying for state three times.

Experience

Golden Valley Country Club

Robbinsdale, MN

Golf Caddie

April 2016 – August 2021

- Earned the most prestigious rank of “Honor Caddie” through dedication and improvement over the course of two years (normally takes four).
- Over the course of career has caddied over 800 hours.
- Increased average/hr wage from \$14.25/hr to \$25/hr + over the course of career.

Bag Room Worker

August 2019 – August 2021

Responsible for managing the bags of the golfers and conversing with golfers before and after their match.

- Clean golf clubs, converse with members, solve problems such as broken equipment, unhappy members, finding solutions to issues.
- Work with other bag room members to assure quality service for all members.
- Cleaning golf carts, operating power washer, trash compactor, locking up various buildings on the golf course, responsible for handling tips and diffusing conflict.

Tutors.com

Robbinsdale, MN

Independent tutoring service for the St.Paul/Minneapolis and surrounding areas.

Algebra 1 Tutor

June 2020 – August 2020

- Tutoring freshman at private school who missed out on learning due to Covid-19.
- Working in an one-on-one environment, coming up with creative solutions to teach difficult concepts.

Education

Robbinsdale Armstrong Senior High

2018-2022

- Served in many leadership roles such as co-class president, captain of three sports, president of the environmental club, taken a total of 10 advanced placement classes; cumulative GPA 4.0/4.0.
- Taken ten advanced placement classes in total, including advanced placement biology, advanced placement chemistry, advanced placement physics, advanced placement calculus I and II, advanced placement environmental science, and advanced placement physics.

Additional

- Fluent in both 1) English, primary language, and 2) Spanish, attended a Spanish Immersion School
- Active member in NHS (National Honor Society), 1x Junior National participant for cross country skiing, 10x athletics letter winner, 3x academics letter winner, Spanish Honor Society and French Honor Society member.
- Armstrong Media Director- Film. Produce, direct, and edit films for the Armstrong Student Body, produced by the Armstrong student body. I've helped organized various projects such as Prom, Homecoming, “welcome back to Armstrong” and more.
- Independent Drone Work: I've been independently contracted to fly my drone in a wedding in addition to shooting shots in West Yellowstone, around my city and at Armstrong.

Volunteer Work

The Loppet Foundation

Trail Work

10+ Hours

- Trail work on the bike and running trails in Theodore Wirth Park, raking leaves from the trails, removing large rocks and clipping branches.

Mentoring/Teaching

10+ Hours

- Leading the annual “Loppet Games” event at Theodore Wirth, hosted by the Loppet Foundation. I’ve lead a group of 8-10 kids around the different athletic events such as med-ball throw, running race, box jumps, and other fitness tests.
- Working with North Minneapolis youth during strength, leading them through the workout and encouraging them to actively participate in the workout.

Race Volunteering/Cleanup

10+ Hours

- I’ve helped with race teardown and setup, setting up the course/roping off the course. I’ve helped remove stakes and signs in the woods after trail races and helped retrieve V-board after cross country ski races.
- I’ve volunteered at events such as the Surly Trail Loppet and the Sitka Salmon Trail Loppet.
- I’ve volunteered at North Commons park in the teardown of a Loppet Event along with teardown of events located in the lower stadium at Theodore Wirth Park.

MYSL (Minnesota Youth Ski League)

Level 5 Assistant Ski Instructor

- Led a group of middle schoolers in weekly ski practice during the 2020/2021 winter. Taught them how to V2, increased ski speed and helped coach technique. Taught proper ski jump technique and helped keep them safe.

Informational YouTube Videos

“How to Pass Plymouth Drivers Test Video”

- Video gives detailed description on how to pass the Plymouth, MN drivers exam. The video has over 50,000 views and over 700 comments.

“How to Pass Your AP Exams”

- I touch on how to pass your AP exams with 4s and 5s and what study methods worked for me. This video has over 30,000 views and 100 comments.

“Winning Student Body President Video”

- When running for Student Body President, I watched many videos on YouTube for inspiration. I posted my winning campaign video for future reference for other student body presidents. This video has over 4,000 views.

Extracurriculars

Environmental Club (Co-President)

Trash Cleanups/Recycling

- Planned, organized, and executed multiple trash cleanups in the stadium and parking lot. Managed and led the weekly Friday recycling collection at Armstrong, taking recycling from all three levels and depositing it in the recycling bin at the back of the school.

Milkweed Seed Collection

- Planned and helped package milkweed seeds for sale and eventually planting in our very own pollinator garden at Armstrong.

Chess Club (Founder and President)

- I’ve played chess since 5 years old, participating in the National Girls Chess Tournament, and winning local tournaments in elementary school and wanted to continue the chess program to the high school level at Armstrong.

Enrollment History

Start	End	Grade	School
09/05/2017	06/06/2018	08	Plymouth Middle School
09/04/2018	06/05/2019	09	Robbinsdale Armstrong High School
09/03/2019	06/03/2020	10	Robbinsdale Armstrong High School
09/08/2020	06/09/2021	11	Robbinsdale Armstrong High School
09/08/2021		12	Robbinsdale Armstrong High School

Transcript Statistics

Cumulative GPA (Unweighted)	4.000
Class Rank	1 of 434
Percentile	99.77%

Student #: 815451

Diploma Date:

Current Grade: 12

Birthdate: 03/12/2004

Gender: F

Comments

UNOFFICIAL TRANSCRIPT

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Courses Taken 2018-2019 Grade 09

from 053 Robbinsdale Armstrong High School

Course	Mark	Weight	Credit
1700 English 9 I	A	1.0000	1.000
1701 English 9 II	A	1.0000	1.000
2840 Pre-AP Human Geography I	A	1.0000	1.000
2841 Pre-AP Human Geography II	A	1.0000	1.000
3046 AP Environmental Science I	A	1.0000	1.000
3047 AP Environmental Science II	A	1.0000	1.000
4010 Algebra II 1	A	1.0000	1.000
4011 Algebra II 2	A	1.0000	1.000
7452 Freshman Orch I	A	1.0000	1.000
7453 Freshman Orch II	A	1.0000	1.000
8050 Spanish Immersion 9 I	A	1.0000	1.000
8051 Spanish Immersion 9 II	A	1.0000	1.000
8602 French 2 I	A	1.0000	1.000
8603 French 2 II	A	1.0000	1.000

Total Credits: 14.000

Courses Taken 2019-2020 Grade 10

from 053 Northern Star Online

Course	Mark	Weight	Credit
1100 OLL English 2	A	1.0000	1.000

Total Credits: 1.000

Courses Taken 2019-2020 Grade 10

from 053 Robbinsdale Armstrong High School

Course	Mark	Weight	Credit
1100 OLL English 2	A	1.0000	1.000
2800 AP U.S. History I	A	1.0000	1.000
2801 AP U.S. History II	A	1.0000	1.000
3540 AP Biology I	A	1.0000	1.000
3541 AP Biology II	A	1.0000	1.000
4801 AP Calculus 1 & 2 (Block)	A	2.0000	2.000
4803 AP Calculus 3	A	1.0000	1.000
5704 Health Science (Blended)	A	1.0000	1.000
8552 AP Spanish Lang and Culture I	A	1.0000	1.000
8553 AP Spanish Lang and Culture II	A	1.0000	1.000
8740 French 3 (Block)	A	2.0000	2.000

**Courses Taken 2020-2021 Grade 11
 from Northern Star Online**

Course	Mark	Weight	Credit
1100 OLL English 3	A	1.0000	1.000

Total Credits: 1.000

**Courses Taken 2020-2021 Grade 11
 from OLL Northern Star Online**

Course	Mark	Weight	Credit
1100 English 3	A	1.0000	1.000

Total Credits: 1.000

**Courses Taken 2020-2021 Grade 11
 from 053 cFitness Academy**

Course	Mark	Weight	Credit
1600 OLL Phy Ed	A	1.0000	1.000

Total Credits: 1.000

Total Credits: 13.000

**Courses Taken 2020-2021 Grade 11
 from Northern Star Online**

Course	Mark	Weight	Credit
1199 Economics	P	0.5000	0.500

Total Credits: 0.500

**Courses Taken 2020-2021 Grade 11
 from University of Minnesota**

Course	Mark	Weight	Credit
1199 PSEO Intro to Political Philosophy	P	2.0000	2.000
1699 PSEO BME Undergrad Seminar 1	A	0.5000	0.500
1699 PSEO BME Undergrad Seminar II	A	2.0000	2.000

Total Credits: 4.500

**Courses Taken 2020-2021 Grade 11
 from 053 Robbinsdale Armstrong High School**

Course	Mark	Weight	Credit
1846 AP English 12 I	A	1.0000	1.000
1847 AP English 12 II	A	1.0000	1.000
3740 Enriched Chemistry (Block)	A	2.0000	2.000
3741 AP Chemistry	A	1.0000	1.000
3842 Enriched Physics (Block)	A	2.0000	2.000
3843 AP Physics/calc-based	A	1.0000	2.000
4804 AP Calc. 4	A	1.0000	1.000
6017 Physical Education (Blended)	A	1.0000	1.000

Total Credits: 11.000

Credit Summary

<u>High School</u>	<u>Attempted</u>	<u>Earned</u>
Elective	10.500	10.500
English	8.000	8.000
Fine Arts	2.000	2.000
Health	1.000	1.000
Mathematics	6.000	6.000
Phy Ed	2.000	2.000
Science	11.000	11.000
Social Studies	6.500	6.500
Total	47.000	47.000

Total Credits

47.000

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