

## EDUCATION

### University of Florida

**Gainesville, FL**

*Bachelor of Science – Preprofessional Biology – Applied Physiology and Kinesiology.*

**May 2026**

- **GPA:** 4.00

**Relevant Coursework:** Genetics, Physics 2 & Lab, Integrative Principles of Biology 2 & Lab, Organic Chemistry 2 & Lab, Fundamentals of Human Nutrition, Applied Human Anatomy & Lab

## EXPERIENCE

### Cody's Original Roadhouse

**The Villages, FL**

*Server, 35 hours per week*

**May 2023 – Present**

- Catered to 150+ guests per shift by taking orders, serving meals, and ensuring a positive dining experience.
- Demonstrated in-depth knowledge of the menu, including ingredients, preparation methods, and special dietary considerations, to make informed recommendations and accommodate customer preferences.
- Generated around \$1600 in sales for the company through customer engagement and sales promotions.
- Successfully managed high-pressure situations in 5-6 table sections during peak hours demonstrating multitasking skills while maintaining a welcoming and friendly demeanor.

### Macy's

**Gurnee, IL**

*Sale's Associate, 40 hours per week*

**Sept 2021 – Aug 2022**

- Assisted 300+ customers per shift in returning, purchasing, ordering, and picking up items.
- Worked collaboratively with a team of six coworkers to achieve and exceed the company's quarterly and yearly sales goals.
- Provided exceptional customer service while ensuring a neat and organized sales floor by actively restocking and arranging merchandise.
- Successfully promoted and enrolled approximately 40 customers in my company's credit card program, resulting in increased revenue and customer loyalty.
- Managed fulfillment order process by accurately scanning and organizing customer orders, ensuring timely delivery and customer satisfaction.

## PROFESSIONAL DEVELOPMENT AND VOLUNTEERING

### Wesson Lab, Department of Pharmacology and Therapeutics, University of Florida

**Gainesville, FL**

*Research Assistant*

**Sept 2023 – Present**

- Collaborated closely on a research initiative with a graduate student to advance our project.
- Demonstrated precision utilizing a microtome to section mouse brains into approximately seventy-five 40  $\mu\text{m}$  pieces spanning from the tubular striatum through the basolateral amygdala.
- Transferred the delicate individual sections onto a slide to provide a comprehensive image of the brain structures for microscopic view.
- Executed tasks and provided valuable insight to achieve project goals, while adhering to the principal investigator's instructions and project guidelines.

### Thrive of Lake County

**Gurnee, IL**

*Certified Nursing Assistant (CNA)*

**Jan – Jun 2020**

- Completed a CNA certification course and gained hands-on experience providing care to up to 5 residents during clinical shifts.
- Provided compassionate assistance to residents with daily living tasks, including bathing, feeding, dressing, and mobility support.
- Maintained accurate and thorough records of resident health information, including vital signs, dietary intake, and other important data.

## ADDITIONAL INFORMATION

- **Memberships:** Society for Conservation Biology, Orthopedics and Athletic Medicine Club, Running Club, Habitat for Humanity
- **Skills:** Adaptability, Attention to Detail, Time Management, Problem Solving, Customer Service, Organization
- **Awards:** George and Liberty Modern Greek Language Scholarship, Emerging Scholars Program
- **High School:** Varsity Cross Country, Varsity Soccer, Varsity Track and Field, National Honor Society