### SOPHIA R. IACONIS

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#### **EDUCATION**

**University of Florida** 

Gainesville, FL

Bachelor of Science - Preprofessional Biology - Applied Physiology and Kinesiology.

**May 2026** 

• **GPA**: 4.00

*Relevant Coursework*: Genetics, Physics 2 & Lab, Integrative Principles of Biology 2 & Lab, Organic Chemistry 2 & Lab, Fundamentals of Human Nutrition, Applied Human Anatomy & Lab

### **EXPERIENCE**

# Cody's Original Roadhouse

The Villages, FL May 2023 – Present

Server, 35 hours per week

• Catered to 150+ guests per shift by taking orders, serving meals, and ensuring a positive dining experience.

- Demonstrated in-depth knowledge of the menu, including ingredients, preparation methods, and special dietary considerations, to make informed recommendations and accommodate customer preferences.
- Generated around \$1600 in sales for the company through customer engagement and sales promotions.
- Successfully managed high-pressure situations in 5-6 table sections during peak hours demonstrating multitasking skills while maintaining a welcoming and friendly demeanor.

# Macy's Sale's Associate, 40 hours per week

Gurnee, IL

**Sept 2021 – Aug 2022** 

- Assisted 300+ customers per shift in returning, purchasing, ordering, and picking up items.
- Worked collaboratively with a team of six coworkers to achieve and exceed the company's quarterly and yearly sales goals.
- Provided exceptional customer service while ensuring a neat and organized sales floor by actively restocking and arranging merchandise.
- Successfully promoted and enrolled approximately 40 customers in my company's credit card program, resulting in increased revenue and customer loyalty.
- Managed fulfillment order process by accurately scanning and organizing customer orders, ensuring timely delivery and customer satisfaction.

#### PROFESSIONAL DEVELOPMENT AND VOLUNTEERING

# Wesson Lab, Department of Pharmacology and Therapeutics, University of Florida *Research Assistant*

Gainesville, FL Sept 2023 – Present

- Collaborated closely on a research initiative with a graduate student to advance our project.
- Demonstrated precision utilizing a microtome to section mouse brains into approximately seventy-five 40 μm pieces spanning from the tubular striatum through the basal lateral amygdala.
- Transferred the delicate individual sections onto a slide to provide a comprehensive image of the brain structures for microscopic view.
- Executed tasks and provided valuable insight to achieve project goals, while adhering to the principal investigator's instructions and project guidelines.

# **Thrive of Lake County**

Gurnee, IL

Certified Nursing Assistant (CNA)

Jan – Jun 2020

- Completed a CNA certification course and gained hands-on experience providing care to up to 5 residents during clinical shifts.
- Provided compassionate assistance to residents with daily living tasks, including bathing, feeding, dressing, and mobility support.
- Maintained accurate and thorough records of resident health information, including vital signs, dietary intake, and other important data.

## ADDITIONAL INFORMATION

- **Memberships**: Society for Conservation Biology, Orthopedics and Athletic Medicine Club, Running Club, Habitat for Humanity
- Skills: Adaptability, Attention to Detail, Time Management, Problem Solving, Customer Service, Organization
- Awards: George and Liberty Modern Greek Language Scholarship, Emerging Scholars Program
- High School: Varsity Cross Country, Varsity Soccer, Varsity Track and Field, National Honor Society