

Sophia Ristuben

Mercer Island High School

GPA: 3.931 (un-weighted) ACT - 36 SAT 2 Math 2 - 800

Advanced Academics

AP Comparative Government (12)	UW Spanish 103 (11)
AP Calculus (12)	Honors English (10)
AP Biology (12)	Honors Modern World History (10)
AP Computer Science (12)	Honors Algebra 2 (10)
Honors English (12)	Honors Chemistry/Physics 2 (10)
AP English Language(11)	Honors Chemistry/Physics 1 (9)
AP US History (11)	Honors Geometry (9)
AP Chemistry (11)	Honors English (9)
Honors Precalculus (11)	

Leadership

National Charity League Evergreen Chapter	7-12
VP of Philanthropy (10): <i>Organized and led group activities for grade level philanthropy project at Mary's Place</i>	
VP of Programs (12): <i>Helped with meeting agendas and set up meeting speakers</i>	
Seattle Youth Symphony Orchestra	7-12
Seattle Youth Symphony Orchestra rotating Principal (11)	
Junior Orchestra Principal horn all concerts (10)	
Debut Orchestra Principal horn all concerts (9)	
Mercer Island Band Food Drive	10-12
<i>Co-organized collecting 10+ tons of food for our local and regional food banks MIYFS and Northwest Harvest</i>	
Destination Imagination Club Officer	10-12
President (12), Vice President (11), Secretary (10)	
<i>Set up recruitment meetings, DI workshop for elementary school</i>	
Section leader Mercer Island High School marching band	11-12
<i>Lead sectionals and team bonding for the mellophones</i>	
<i>Co-mellophone section during MIHS Tournament of Roses parade (11)</i>	
Section leader for French Horns for Mercer Island Wind Ensemble	12
Spanish Honor Society	11

Co President (founding member)

Started the Chapter at our school recruited members, and implemented policies/bylaws

Organized cultural events including Latin dance, salsa making, Spanish movies

Created various volunteer opportunities for chapter members

Volunteer and Work Experience

National Charity League	7-12
<i>150+ hours of service to charities including Juvenile Diabetes Research Foundation, Humane Society, Swedish Hospital and Special Olympics</i>	
Lifeguard at the Mercer Island ShoreClub	9-12
Girls Rock Math Camp Counselor	8-11
<i>Volunteered 2-3 weeks each summer for elementary school girls teaching math and art.</i>	
National Honor Society	10-11
<i>Service for non profit coding camp and volunteered at Jingle Bell run for the Arthritis Foundation</i>	
Mercer Island Safe Rides	11
<i>Free and confidential rides for teenagers on Mercer Island at night</i>	
Mercer Island Band Boosters Auction	9-11
<i>Set-up, parking traffic and clean up for the yearly auction in November</i>	
Seattle Music Partners	10
<i>Gave weekly music lessons on trumpet at Madrona Elementary</i>	

Honors and Awards

WMEA All State Honor Groups	9-11
Washington State solo and ensemble	9-11
Brass Ensemble - 1st place (10)	
Eastshore Regional solo and ensemble	9-11
French horn solo - 1 st place (11)	
Woodwind Quintet – 1 st place (11)	
Brass duet – 1 st place (10)	
National Charity League Evergreen Modelette Award for Service	10-11
<i>Chapter award given to most philanthropy hours in a grade level</i>	
Destination Imagination Global Finals	10-11
Engineering Challenge (11) - 4th place top 5%	
<i>Awarded Renaissance Award for excellence in technological design</i>	
Scientific Challenge (10) -18 th place top 20%	
Mercer Island High School Gold level community service	11
<i>Recognized for 260+ hours of community service during MIHS</i>	

Sports

Mercer Island Girls Varsity Swim and Dive	9-12
<i>Qualified for King County district dive meet</i>	10
Mercer Island Girls Water Polo	10

Summer Programs

Girls Who Code	12
Marrowstone Music Festival	11
<i>Accepted for orchestral program with instruction from Dale Clevenger</i>	
UW Women's Leadership Summit	11
<i>Selected for summer business program at UW Foster School of Business</i>	
Biomedical Coding	10