**Title:**

Introducing Equations for Year 7

**Objective:**

Students will be able to understand the basics of equations, learn how to solve simple equations, and apply basic operations.

**Recap Activity:**

What is an equation? Can you give an example of an equation?

**Teaching:**

1. Begin with an introduction to equations, emphasizing their importance in math.
2. Discuss the properties of equations such as variables, constants, operations, and equality.
3. Explain the solving of a few simple equations using operations such as addition, subtraction, multiplication, and division.

**Practice:**

1. Provide students with solving equations worksheets, including a variety of simple equations such as a+b=10, c-4=5, and 2x=8.
2. Guide them through these equations and closely monitor and assist as needed.

**Exit Ticket:**

What knowledge have you gained today about solving equations that you did not know before?

**Worksheet:**

Attach worksheet of simple equation-solving problems.