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Learning Styles

In middle school, I recall first learning about different styles of taking in information. Naturally as humans we all have our own different processors. We all take in stimuli and sort it out in our brains in our own way. There are nature or nurture reasons for our processes and there are educational tactics to better help your strength in learning. Most people have heard that you're either an auditory visual or a tactile learner.

We took a test in school to find out what kind of learner we are. I was more auditory with some visual, and a little bit of tactile. The combination of those learning styles always help you learn, depending on what the material is. I know that I am more of an auditory learner as the test results said.

Through my experience, I grew up with dyslexia. It took me a long time to learn how to phonetically read. Therefore, I wasn't much of a visual learner, when it came to someone writing stuff down for me. I couldn't read it if it was written down. I always needed people to tell me and I would better remember the subject. As I've gotten older, I do think my learning styles have shifted. There are certain things that I need visually explained, or physically explained. I think learning styles are important to understand as they're just skills to help us better interpret information. Knowing I am more auditory helped me learn better. I use audibles for books in class. I will enable dictation so that I can have my assignment spoke to me on the computer. I understand it better that way and why would I not want to improve my learning.