# **SOPHIYA GURUNG**

#### **SKILLS SUMMARY**

- Good communication Skills (Multilingual)- Fluent in English, Hindi, and Nepali.
- > Teamwork- Excellent team player with focus on collaboration, team building and customer relations.
- Money Math Skills- Responsible for handling cash at Point of Sales (POS) and Telephone Orders.
- Additional Skills- Quick learner, detailed oriented, Responsible, Good presentation skills, Punctual, Honest, Positive attitude, Ability to work in a multicultural environment.
- Excellent at using Computer skills like Microsoft Office (Word, PowerPoint, Excel).
- Able to move up to 50lbs and remain in a stationary or standing position for entire shifts.

#### **EDUCATION**

- Currently studying at Centennial College, Progress Campus.
- Completed high school from New Horizon College, Nepal.

### **EXPERIENCE**

### Freight Associate

### The Home Depot, Wicksteed Avenue, Toronto.

April 2023 - Current

- Shown commitment to learn and apply The Home Depot's Business and People Leadership principles while working.
- Facilitated enthusiastic approach to taking on new opportunities and challenges.
- ➤ Ability to collaborate fluently with cross-functional partners.
- > Skills to set clear objectives with an emphasis on accountability while striving to reach the highest potential.
- Excellent working with Warehouse Management systems.
- Commitment to quality and investing in results that add value and drive the business.
- A sense of urgency executing job responsibilities, prioritizing urgent and important work.
- An understanding and a passion for the industry.
- > Taking accountability to stock shelves, set up displays, and ensured that store looks well-presented.
- Assessed the overall presentation of merchandise and appearance of the store noting deficiencies for correct action and executes merchandising display changes where required.

### **Warehouse Associate (Overnight)**

## Fleet Optics Inc, North York, Canada.

October 2022 - April 2023

- Ability in lifting to 50lbs repetitively.
- > Self-motivated to drive completion of tasks quickly.
- Ability to assist others to achieve production results.
- > Ensured that defective merchandise is taken care of.
- Excellent decision-making ability and problem-solving skills.
- Ability to stock and lift.
- Ability to do staging, sorting, and scanning accurately.
- Excellent organizing skills on the floor.

### **AVAILABILITY:**

Monday:	Anytime	*Open to night shift
Tuesday:	Anytime	*Open to night shift
Wednesday:	Anytime	*Open to night shift
Thursday:	Anytime	*Open to night shift
Friday:	Anytime	*Open to night shift
Saturday:	Anytime	*Open to night shift
Sunday:	Anytime	*Open to night shift
	Tuesday: Wednesday: Thursday: Friday: Saturday:	Tuesday: Anytime Wednesday: Anytime Thursday: Anytime Friday: Anytime Saturday: Anytime